

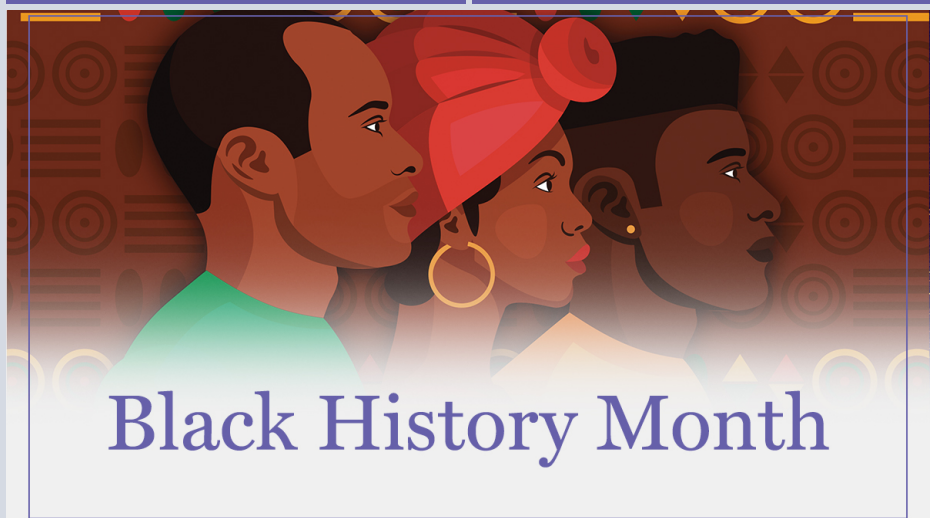


# February 2024

## The Roxborough Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**4**  
**New Puzzles at Reception! (ML)**  
 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)  
 10:00 Receive the Eucharist (T)  
 2:00 Bridge (C)  
 2:00 Art at your Leisure (MP)  
 2:00 Animal Documentary Movie Matinee "David Attenborough's: A Life on Our Planet" (T)  
 3:00 Snooker (B)  
 6:30 Cards & Games (C)  
 7:00 Feel Good Movie Night - Cinderella Man (T)

**5**  
**Last Day to Sign up for Mobile Hearing Clinic with Martin (ML)**  
**2nd & 3rd Floor Pendant Check & Cleaning at Reception (9:00am-3:00pm) (ML)**  
 Tuck Shop Open: 12:30-1:30pm (TS)  
 10:30 Wii Bowling (T)  
 10:30 Drum Fit Exercise - Revamped! (MP)  
 1:30 Knotty Knitters Group (DL)  
 1:30 JACKPOT Loonie-a-Card Bingo! (MP)  
 2:00 Cards and Games (C)  
 3:00 James Kekanovich Presents "Popular Love Songs" (T)  
 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)  
 6:30 Bid Euchre Night (C)  
 7:00 Resident Choice Movie Night (T)

**6**  
**4th Floor Pendant Check & Cleaning at Reception (9:00am-3:00pm) (ML)**  
 9:00 Seated Exercise with Lori (MP)  
 10:00 Java Music (RB)  
 10:00 Outing: 404 Plaza Walmart (ML)  
 11:00 Go4Life Walking Club (DL)  
 1:30 Computer Help (ISA)  
 2:00 Live Artfull Workshop: Cherry Blossom Painting (MP)  
 2:00 New Program: Audio Book Group 1st Meeting (plan book) (L)  
 3:00 Tasting Tuesdays (Living Loving Local)- Beets (RB)  
 6:30 Cribbage Night (C)  
 7:00 Funny Movie Night - Robin Williams In, Jack (T)  
 7:00 Learn to Play Euchre (CK)

**7**  
**Beautiful You Hair & Esthetics (HS)**  
**5th Floor Pendant Check & Cleaning at Reception (9:00am-3:00pm) (ML)**  
 Tuck Shop Open: 12:30-1:30pm (TS)  
 10:30 Fitness Class - Strength Training (MP)  
 1:30 Bid Euchre (C)  
 1:30 Go4Life Walking Club (DL)  
 1:30 Loonie-a-card Bingo (MP)  
 2:00 Meet me in China - MoMa Art Lecture (T)  
 3:00 February Birthday Party with Live Music by Brian Larter (Keyboard and Vocals) (RB)  
 7:00 Classic Movie Night - Gone With The Wind (T)  
 7:00 Sip And Paint With Lori (MP)

**8**  
**Sonita's Accessories Sale (10:00am-3:00pm) (DL)**  
**6th Floor Pendant Check & Cleaning at Reception (9:00am-3:00pm) (ML)**  
 9:00 Fitness Class with Kaushaljit (MP)  
 10:00 Morning Meditation (T)  
 10:30 Wii Bowling (T)  
 1:30 Go4Life Walking Club (DL)  
 2:00 Fit Minds Program (RB)  
 2:00 Reminiscing Ball Toss (MP)  
 3:00 Wine & Cheese Social (RB)  
 6:45 Poker Night- Free (MP)  
 7:00 Musical Movie Night "ABBA: Super Troupe" (T)

**9**  
**7th Floor Pendant Check & Cleaning at Reception (9:00am-3:00pm) (ML)**  
 9:30 Coffee & Conversations (RB)  
 10:00 Dance and Movement Therapy with Ayana (MP)  
 1:30 Toonie Bingo (MP)  
 2:00 Cards and Games (C)  
 2:00 Audio Book Listening Group (T)  
 3:00 1/2 Priced Happy Hour: Shuffleboard (RB)  
 3:30 Fitness Class with Kaushaljit (MP)  
 6:30 Euchre & Bid Euchre Night (C)  
 7:00 Popcorn & A Movie - Indiana Jones, 2 Temple Of Doom (T)

**10**  
**Happy Lunar New Year! Year of the Dragon - Wear Red (BW)**  
**Chinese New Year Dinner (D)**  
 9:30 Fall Prevention Fitness with Betty (MP)  
 10:00 Arm Chair Travel Experience: China (T)  
 11:00 Wii Bowling (T)  
 1:30 Cards & Games (C)  
 2:00 Movie Matinee - Columbo Mystery Movie Collection (T)  
 2:00 Dragon Door Decor Craft (MP)  
 3:00 Chinese New Year Celebration- Featured Drink: Sake (RB)  
 6:30 Rummikub (C)  
 7:00 New Release Movie Night - Fool Me Once (T)

**11**  
**New Puzzles at Reception! (ML)**  
**Last Day to Sign up for Brunch at Reception! (ML)**  
 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)  
 2:00 Bridge (C)  
 2:00 Art at your Leisure (MP)  
 2:00 Animal Documentary Movie Matinee "The Elephant Whisperers" (T)  
 3:00 Snooker (B)  
 6:30 Cards & Games (C)  
 7:00 Feel Good Movie Night - Pushing Tin (T)

**12**  
**Mobile Hearing Clinic with Martin from 1:30-3:30pm (OS)**  
 Tuck Shop Open: 12:30-1:30pm (TS)  
 10:30 Wii Bowling (T)  
 10:30 Drum Fit Exercise - Revamped! (MP)  
 11:00 Go4Life Walking Club (DL)  
 1:30 Knotty Knitters Group (DL)  
 2:00 Fit Minds Program (RB)  
 2:00 Cards and Games (C)  
 3:00 Lianne Harris Presents: Bella Italia (T)  
 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)  
 6:30 Bid Euchre Night (C)  
 7:00 Resident Choice Movie Night (T)

**13**  
**Wear Purple Green and Gold for Mardi Gras! (BW)**  
**9:30 Pancake Tuesday Breakfast with Life Enrichment (RB)**  
 10:30 Seated Exercise with Deanna (MP)  
 10:30 Java Music (RB)  
 11:00 Computer Help (ISA)  
 1:30 Arm Chair Travel Experience: New Orleans (T)  
 2:00 Live Artfull Workshop: Candy Heart Card (MP)  
 3:00 Mardi Gras Party with Live Music by Jay Franco (Keyboard, Violin and Vocals) (RB)  
 6:30 Cribbage Night (C)  
 7:00 Funny Movie Night - Fire House Dog (T)  
 7:00 Learn to Play Euchre (CK)

**14**  
**Beautiful You Hair & Esthetics (HS)**  
**Wear Pink or Red for Valentines Day! (BW)**  
 Valentine's Themed Dinner  
 Tuck Shop Open: 12:30-1:30pm (TS)  
 10:30 Fitness Class - Strength Training (MP)  
 1:30 Bid Euchre (C)  
 1:30 Go4Life Walking Club (DL)  
 2:00 Chocolate Making Demo with Greg (MP)  
 3:00 Valentine's Day Party with Live Music by Cara Chisholm (Vocals) (RB)  
 6:30 Night Cap Cocktail: Raspberry Martini (RB)  
 7:00 Romantic Movie Night - The Wedding Planner (T)

**15**  
 9:00 Fitness Class with Kaushaljit (MP)  
 10:00 Morning Meditation (T)  
 10:30 Wii Bowling (T)  
**11:30 Outing: Lunch at the Crows Nest (ML)**  
 1:30 Go4Life Walking Club (DL)  
 2:00 Meet me in China - MoMa Painting & Creative Colouring (MP)  
 2:00 Audio Book Listening Group (T)  
 3:00 Newmarket Back in the Day Social (RB)  
 3:15 Toonie Bingo (MP)  
 6:45 Poker Night- Free (MP)  
 7:00 Musical Movie Night - Andre Rieu (T)

**16**  
 9:30 Fitness Class - Seated Yoga (MP)  
 10:00 Coffee & Conversations (RB)  
 1:30 Toonie Bingo (MP)  
 2:00 Cards and Games (C)  
 3:00 1/2 Priced Happy Hour: Basketball Tournament (RB)  
 3:30 Fitness Class with Kaushaljit (MP)  
 6:30 Euchre & Bid Euchre Night (C)  
 7:00 Popcorn & A Movie - Indiana Jones, 3 The Last Crusade (T)

**17**  
 9:30 Fall Prevention Fitness with Betty (MP)  
 10:30 Wii Bowling (T)  
 1:30 Cards & Games (C)  
 2:00 Movie Matinee - Columbo Mystery Movie Collection (T)  
 2:00 Art at your Leisure (MP)  
 6:30 Rummikub (C)  
 7:00 New Release Movie Night - Mahalia (T)





# February 2024

## The Roxborough Retirement Residence

**THE ROXBOROUGH**  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>18</b></p> <p>New Puzzles at Reception! (ML) <b>Sunday Brunch - Reserve your Seats with Reception (D)</b></p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>10:00 Receive the Eucharist (T)</p> <p>2:00 Bridge (C)</p> <p>2:00 Art at your Leisure (MP)</p> <p>2:00 Animal Documentary Movie Matinee: "Dancing with the Birds" (T)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards &amp; Games (C)</p> <p>7:00 Feel Good Movie Night - The Thorn Birds (T)</p>	<p><b>19</b></p> <p>Family Day (BW) Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 <b>Drum Fit Exercise - Revamped! (MP)</b></p> <p>11:00 <b>Go4Life Walking Club (DL)</b></p> <p>1:30 Knotty Knitters Group (DL)</p> <p>1:30 Toonie Bingo (MP)</p> <p>2:00 Cards and Games (C)</p> <p>2:30 Baking: Blueberry and Lemon Biscuits (MP)</p> <p>4:00 <b>St. John Therapy Dog Visit with Laura and Aerial (DL)</b></p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Resident Choice Movie Night (T)</p>	<p><b>20</b></p> <p>9:00 Seated Exercise with Lori (MP)</p> <p>10:00 <b>Java Music Party Bring A Friend (RB)</b></p> <p>11:00 Computer Help (ISA)</p> <p>1:30 <b>Outing: Michaels Craft Store &amp; Plaza (ML)</b></p> <p>2:00 <b>Meet Me in Japan - MoMa Art Lecture (T)</b></p> <p>3:00 Tasting Tuesdays- French Fries (RB)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 Funny Movie Night - Pink Panther (Starring Steve Martin) (T)</p> <p>7:00 Learn to Play Euchre (CK)</p>	<p><b>21</b></p> <p>Beautiful You Hair &amp; Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>10:30 Fitness Class - Strength Training (MP)</p> <p>1:30 Bid Euchre (C)</p> <p>1:30 <b>Go4Life Walking Club (DL)</b></p> <p>2:00 <b>Live Artfull Workshop: Underwater Turtles (MP)</b></p> <p>2:00 <b>Fit Minds Program (RB)</b></p> <p>3:00 <b>Live Music by Rosita Stone (Vocals) (RB)</b></p> <p>6:30 1/2 Priced Happy Hour with Popcorn and Board Games (RB)</p> <p>7:00 Classic Movie Night - Norma Rae (Starring Sally Fields) (T)</p>	<p><b>22</b></p> <p>National Margarita Day (BW)</p> <p>9:00 Fitness Class with Kaushaljit (MP)</p> <p>10:00 Morning Meditation (T)</p> <p>10:30 Wii Bowling (T)</p> <p>1:30 <b>Go4Life Walking Club (DL)</b></p> <p>2:00 <b>Specialty Margarita Social (RB)</b></p> <p>3:00 <b>Resident Forum Meeting (T)</b></p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - Andre Rieu (T)</p>	<p><b>23</b></p> <p>Italian Carnival Day (BW) Italian Dinner with Complementary Wine</p> <p>9:30 <b>Caffe Latte's and Biscotti (RB)</b></p> <p>10:00 <b>Dance and Movement Therapy with Ayana (MP)</b></p> <p>1:30 Toonie Bingo (MP)</p> <p>2:00 Cards and Games (C)</p> <p>2:00 Audio Book Listening Group (T)</p> <p>3:00 <b>Happy Hour with Aperol Spritz &amp; Shuffleboard (RB)</b></p> <p>3:30 Fitness Class with Kaushaljit (MP)</p> <p>6:30 Euchre &amp; Bid Euchre Night (C)</p> <p>7:00 Popcorn &amp; A Movie - Bruce Almighty (T)</p>	<p><b>24</b></p> <p>9:30 Fall Prevention Fitness with Betty (MP)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 Introduction to Scrapbooking with Lori (MP)</p> <p>1:30 Cards &amp; Games (C)</p> <p>1:30 Baking: Chocolate Chip Banana Bread (MP)</p> <p>2:00 Movie Matinee - Columbo Mystery Movie Collection (T)</p> <p>3:00 Happy Hour Game: The Price is Right (RB)</p> <p>6:30 Rummikub (C)</p> <p>7:00 New Release Movie Night - The Hill (T)</p>
<p><b>25</b></p> <p>New Puzzles at Reception! (ML)</p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>2:00 Bridge (C)</p> <p>2:00 Art at your Leisure (MP)</p> <p>2:00 Animal Documentary Movie Matinee "Horses of Suffield" (T)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards &amp; Games (C)</p> <p>7:00 Feel Good Movie Night - Charlie And The Chocolate Factory (T)</p>	<p><b>26</b></p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 <b>Drum Fit Exercise - Revamped! (MP)</b></p> <p>11:00 <b>Go4Life Walking Club (DL)</b></p> <p>1:30 Knotty Knitters Group (DL)</p> <p>2:00 <b>Fit Minds Program (RB)</b></p> <p>2:00 Cards and Games (C)</p> <p>3:00 <b>Learn to Line Dance with Heather Eugene (RB)</b></p> <p>4:00 <b>St. John Therapy Dog Visit with Laura and Aerial (DL)</b></p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Resident Choice Movie Night (T)</p>	<p><b>27</b></p> <p>Black T-Shirt Day (BW)</p> <p>8:30 <b>Ladies Breakfast - Sign up at Reception (D)</b></p> <p>9:00 Seated Exercise (MP)</p> <p>10:00 <b>Java Music (RB)</b></p> <p>11:00 Computer Help (ISA)</p> <p>1:30 Toonie Bingo in the Bar (MP)</p> <p>2:00 <b>Live Artfull Workshop: Winter Chickadee (MP)</b></p> <p>3:00 <b>Tasting Tuesdays (Black History Month) - Jamaican Beef Patties (RB)</b></p> <p>6:30 Cribbage Night (C)</p> <p>6:30 <b>Special Guest Bingo Night: Newmarket Sparks Kids (FREE PLAY) (MP)</b></p> <p>7:00 Funny Movie Night - Shall We Dance (Richard Gere) (T)</p>	<p><b>28</b></p> <p>Beautiful You Hair &amp; Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>8:30 <b>Men's Breakfast - Sign up at Reception (D)</b></p> <p>10:00 <b>Blood Pressure &amp; Weight Clinic (MRC)</b></p> <p>10:30 Fitness Class - Strength Training (MP)</p> <p>1:30 Bid Euchre (C)</p> <p>1:30 <b>Go4Life Walking Club (DL)</b></p> <p>2:00 <b>Meet Me in Japan - MoMa Painting &amp; Creative Colouring (MP)</b></p> <p>3:00 <b>Live Music by Marcus Schwan (Guitar and Vocals) (RB)</b></p> <p>6:30 <b>Night Cap Cocktail: Strawberry Cranberry Champagne Punch (RB)</b></p> <p>7:00 Classic Movie Night - To Kill a Mockingbird (Starring Gregory Peck) (T)</p>	<p><b>29</b></p> <p>Leap Year- Bonus Day! (BW)</p> <p>9:00 Fitness Class with Kaushaljit (MP)</p> <p>10:00 Morning Meditation (T)</p> <p>10:30 Wii Bowling (T)</p> <p>1:30 <b>Go4Life Walking Club (DL)</b></p> <p>1:30 <b>Outing: Upper Canada Mall (ML)</b></p> <p>2:00 Clay Crafting Workshop (MP)</p> <p>3:00 <b>Leap Year Competitive Team Challenges with Staff (RB)</b></p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - Andre Rieu (T)</p>	<p><b>WEDNESDAY</b> <b>FEB 14</b> <b>Valentine's Day</b></p>	

**THURSDAY**  
**FEB 22**

**National Margarita Day**

*Be your best self*

- Locations Legend**
- Roxy Theatre (T)
  - Multi Purpose Room (MP)
  - Cards & Games Room (C)
  - Roxy Bar (RB)
  - Dietrich Lounge (DL)
  - Main Lobby (ML)
  - Building Wide (BW)
  - Tuck Shop (TS)

- Calendar Legend**
- Dining Room (D)
  - Billiards Room (B)
  - In Suite Activity (ISA)
  - Hair Salon (HS)
  - Country Kitchen (CK)
  - Niven Library (L)
  - O'Hara Spa (OS)
  - Meeting Room/Chapel (MRC)
- Outing**  
**Special Program**  
**Living, Loving, Local**  
**Signature Program**