



April 2024

The Roxborough Retirement Residence



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|--|
| | <p>Tuck Shop Open: 12:30-1:30pm (TS) 1 Wear Bunny Ears for Easter Monday (BW) April Fool's Day 9:30 Morning Coffee & Tea (RB) 10:30 Wii Bowling (T) 10:30 Drum Fit Exercise (MP) 1:30 Knotty Knitters Group (DL) 2:00 Fall Prevention Fitness with Yasmine (MP) 2:30 Alligator Wrestling (RB) 3:00 Easter Hop Party with Live Music by Jay Franco (Keyboard, Vocals & Violin) (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Resident Choice Movie Night (T)</p> | <p>9:00 Fitness Class with Kaushaljit (MP) 2 10:00 Java Music (RB) 11:00 Computer Help (ISA) 1:30 Go4Life Walking Club (DL) 2:00 Live Artful Workshop: Artful Workshop: Children's Illustration (MP) 2:00 Easter Egg Hunt (RB) 3:00 Tasting Tuesdays: Ice Cream (RB) 6:30 Cribbage Night (C) 7:00 Funny Movie Night: The Bucket List (T)</p> | <p>Beautiful You Hair & Esthetics (HS) 3 Tuck Shop Open: 12:30-1:30pm (TS) 9:30 Morning Smoothies (RB) 10:30 Fitness Class with Yasmine (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 1:30 Meet me in AFRICA at the MoMa Lecture - Kelani Abass (T) 2:00 Live Artfull Workshop: Solar Eclipse (MP) 3:00 Fit Minds Program (RB) 3:15 Toonie Bingo (MP) 7:00 Classic Movie Night - The Little Princess Starring Shirley Temple (T) 7:00 Pub Night - Scattergories (RB)</p> | <p>9:00 Fitness Class with Carly (MP) 4 10:00 Morning Meditation (T) 10:00 Outing: Dollarama (ML) 10:30 Wii Bowling (T) 10:30 1 on 1's with Life Enrichment (BW) 1:30 Go4Life Walking Club (DL) 2:00 Listen Up! Roxy's Audio Book Club (T) 2:00 Afternoon Coffee & Tea (DL) 3:00 Live Music by Fanny Maciel (Vocals) (RB) 6:45 Poker Night- Free (MP) 7:00 Musical Movie Night - Barbra The Concert (T)</p> | <p>Living Loving Local Dinner Featuring- Lamb (D) 5 9:00 Fitness Class - Cardio & Strength Training (MP) 10:00 Arm Chair Travel Experience: Finland (T) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 3:00 1/2 Priced Happy Hour: Shuffleboard (RB) 3:30 Fitness Class with Carly (MP) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - All Roads Lead Home (T)</p> | <p>9:30 Fall Prevention Fitness Class with Nicholas (MP) 6 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 2:00 Art at your Leisure (MP) 2:00 Documentary Movie Matinee - Human, The World Within (ep. 1) Eract (T) 6:30 Rummikub (C) 7:00 New Release Movie Night - A Perfect Murder (T)</p> |
| <p>New Puzzles at Reception! (ML) 7 International Beer Day (BW) 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 10:00 Receive the Eucharist (T) 11:00 Corona Sunrise Cocktail for International Beer Day (RB) 2:00 Bridge (C) 2:00 Animal Documentary Movie Matinee - Horses Of Suffield (T) 2:00 George's 103rd Birthday Party (RB) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night - Rare Birds (T)</p> | <p>Tuck Shop Open: 12:30-1:30pm (TS) 8 Solar Eclipse Day 9:30 Morning Coffee & Tea (RB) 10:30 Wii Bowling (T) 10:30 Drum Fit Exercise (MP) 1:30 Knotty Knitters Group (DL) 1:30 Lianne Harris Presents: The Garden (T) 2:00 Fall Prevention Fitness with Yasmine (MP) 2:30 Solar Eclipse Viewing (Wear Your Provided Eye Protection) (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Resident Choice Movie Night (T)</p> | <p>9:00 Fitness Class with Kaushaljit (MP) 9 10:00 Java Music (RB) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (DL) 1:30 Outing: Upper Canada Mall (ML) 2:00 Meet Me in AFRICA at the MoMa Painting - Kelani Abass (MP) 3:00 Tasting Tuesdays: Lamb (RB) 6:30 Cribbage Night (C) 7:00 Funny Movie Night - Due Date (T)</p> | <p>Beautiful You Hair & Esthetics (HS) 10 Tuck Shop Open: 12:30-1:30pm (TS) 9:30 Morning Smoothies (RB) 10:30 Fitness Class with Yasmine (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Live Artfull Workshop: O'Keeffe's Flower (MP) 2:30 April Birthday Party with Live Music with Tony Puglisi (Vocals) (RB) 6:30 Night Cap Cocktail: White Russian (RB) 7:00 Classic Movie Night - Norma Rae (Starring Sally Fields) (T)</p> | <p>9:00 Fitness Class with Carly (MP) 11 10:00 Morning Meditation (T) 10:30 Wii Bowling (T) 10:30 1 on 1's with Life Enrichment (BW) 1:30 Go4Life Walking Club (DL) 1:30 Visits With Lori's Dog Cooper (MP) 2:00 Fit Minds Program (RB) 3:00 Resident Forum Meeting (T) 6:45 Poker Night- Free (MP) 7:00 Musical Movie Night - Andre Rieu (T)</p> | <p>9:30 Morning Coffee & Tea (RB) 12 10:00 Dance and Movement Therapy with Ayana (MP) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 2:30 Listen Up! Roxy's Audio Book Club (T) 3:00 1/2 Priced Happy Hour: Shuffleboard (RB) 3:30 Fitness Class with Carly (MP) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - Snowbound (T)</p> | <p>9:30 Fall Prevention Fitness Class with Nicholas (MP) 13 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 2:00 Art at your Leisure (MP) 2:00 Documentary Movie Matinee - Human The World Within (ep2) Pulse (T) 6:30 Rummikub (C) 7:00 New Release Movie Night - Spaceman (T)</p> |
| <p>New Puzzles at Reception! (ML) 14 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 2:00 Bridge (C) 2:00 Art at your Leisure (MP) 2:00 Animal Documentary Movie Matinee: Animal - Apes (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night - Seven Pounds Starring Will Smith (T)</p> | <p>Tuck Shop Open: 12:30-1:30pm (TS) 15 9:30 Morning Coffee & Tea (RB) 10:30 Wii Bowling (T) 10:30 Drum Fit Exercise (MP) 1:30 Knotty Knitters Group (DL) 2:00 Fall Prevention Fitness with Yasmine (MP) 2:00 Women's Support Network Presents: Mental Health Safety Planning (T) 3:00 Happy Hour - Ouzo Lemonade (RB) 3:15 Toonie Bingo (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Resident Choice Movie Night (T)</p> | <p>8:30 Ladies Breakfast - Sign up at Reception (D) 16 9:00 Fitness Class with Kaushaljit (MP) 10:00 Java Music (RB) 11:00 Computer Help (ISA) 1:30 Go4Life Walking Club (DL) 2:00 Live Artfull Workshop: Tulips (MP) 3:00 Tasting Tuesdays: Wine And Cheese with Live Music by David Toms (Piano) (RB) 6:30 Cribbage Night (C) 7:00 Funny Movie Night - My Big Fat Greek Wedding (T)</p> | <p>Beautiful You Hair & Esthetics (HS) 17 Tuck Shop Open: 12:30-1:30pm (TS) 8:30 Men's Breakfast - Sign up at Reception (D) 10:30 Fitness Class with Yasmine (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Meet Me in the NETHERLANDS at the MoMa Lecture - Rembrandt Vanrijn (T) 2:30 Finish Your Turkish Lamp Craft (MP) 3:00 Marshmallow Tower Contest (MP) 7:00 Classic Movie Night - Lassie (1951) (T) 7:00 Outing: Newmarket Stage Company Performance: The Hallelujah Girls (ML)</p> | <p>9:00 Fitness Class with Carly (MP) 18 10:00 Morning Meditation (T) 10:30 Wii Bowling (T) 10:30 1 on 1's with Life Enrichment (BW) 1:30 Go4Life Walking Club (DL) 2:00 Fit Minds Program (RB) 2:00 Afternoon Coffee & Tea (DL) 3:15 Toonie Bingo (MP) 6:45 Poker Night- Free (MP) 7:00 Musical Movie Night - Alice In Wonderland (Musical) (T)</p> | <p>9:00 Fitness Class - Cardio & Strength Training (MP) 19 10:00 Arm Chair Travel Experience: Wales (T) 1:30 Toonie Bingo (MP) 2:00 Cards and Games (C) 2:30 Listen Up! Roxy's Audio Book Club (T) 3:00 1/2 Priced Happy Hour: Shuffleboard (RB) 3:30 Fitness Class with Carly (MP) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - Baker's Hawk (T)</p> | <p>9:30 Fall Prevention Fitness Class with Nicholas (MP) 20 10:00 Good Morning Roxborough! Saturday Morning Coffee And Conversations With Lori (RB) 10:30 Wii Bowling (T) 1:30 Cards & Games (C) 1:30 Toonie Bingo (MP) 2:00 Documentary Movie Matinee - Human The World Within (ep3) Fuel (T) 3:00 Happy Hour - Darts (RB) 6:30 Rummikub (C) 7:00 New Release Movie Night - Freelance (T)</p> |



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|--|
| 21 New Puzzles at Reception! (ML) 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 10:00 Receive the Eucharist (T) 2:00 Bridge (C) 2:00 Art at your Leisure (MP) 2:00 Animal Documentary Movie Matinee: Animal - Dolphins (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night - Dead Poets Society (T) | 22 Tuck Shop Open: 12:30-1:30pm (TS) Wear Green for Earth Day (BW) Artful Enrichment Week (BW) 9:00 Drum Fit Exercise (MP) 10:00 Earth Day Herb Planting (MP) 10:30 Wii Bowling (T) 1:30 Knotty Knitters Group (DL) 2:00 Fit Minds Program (RB) 2:00 Fall Prevention Fitness with Yasmine (MP) 3:00 Art Class with Juliana (MP) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Resident Choice Movie Night (T) | 23 Artful Enrichment Week (BW) National Book Day (BW) 9:00 Fitness Class with Kaushaljit (MP) 10:00 Java Music (RB) 10:30 Design Your Own Life-Book Cover (MP) 11:00 Computer Help (ISA) 11:00 Go4Life Walking Club (DL) 1:30 Meet me in the NETHERLANDS at The MoMa Painting - Rembrant Vanrijn (MP) 2:00 Live Artful Workshop: Glass Painting (Spring Flowers) (MP) 3:00 Tasting Tuesdays: Food Art (RB) 6:30 Cribbage Night (C) 7:00 Funny Movie Night - The Nanny Diaries (T) | 24 Artful Enrichment Week (BW) Beautiful You Hair & Esthetics (HS) Tuck Shop Open: 12:30-1:30pm (TS) 9:30 Morning Smoothies (RB) 10:00 Blood Pressure & Weight Clinic (MRC) 10:30 Fitness Class with Yasmine (T) 1:00 Resident Art Show (MP) 1:30 Bid Euchre (C) 1:30 Go4Life Walking Club (DL) 2:00 Afternoon Coffee & Tea (DL) 6:45 Clay Art With Lori (MP) 7:00 Classic Movie Night - Rudyard Kipling's The Jungle Book, Starring Sabu (T) | 25 Artful Enrichment Week (BW) 9:00 Fitness Class with Carly (MP) 10:00 Morning Meditation (T) 10:30 Wii Bowling (T) 11:00 Outing: McMichael Gallery and Lunch at The Cabin (ML) 1:30 Go4Life Walking Club (DL) 2:00 Oil Pastel Art Workshop (MP) 3:00 1/2 Priced Happy Hour: Shuffleboard (RB) 6:45 Poker Night- Free (MP) 7:00 Musical Movie Night - Andre Rieu (T) | 26 Artful Enrichment Week (BW) 9:30 Morning Coffee & Tea (RB) 10:00 Dance and Movement Therapy with Ayana (MP) 1:00 Toonie Bingo (MP) 2:00 Cards and Games (C) 2:00 Listen Up! Roxy's Audio Book Club (T) 3:00 Knights in the Classroom Present: The Art of Puppetry (RB) 3:30 Fitness Class with Carly (MP) 6:30 Euchre & Bid Euchre Night (C) 7:00 Popcorn & A Movie - Castle Rock (T) | 27 9:30 Fall Prevention Fitness Class with Nicholas (MP) 10:30 Wii Bowling (T) 10:30 Scrapbooking with Lori (MP) 1:30 Cards & Games (C) 2:00 Documentary Movie Matinee - Human The World Within (ep4) Defend (T) 2:00 "Living" Wall Art Craft (MP) 3:00 Happy Hour Wheel of Fortune (RB) 6:30 Rummikub (C) 7:00 New Release Movie Night - Eraser (T) |
| 28 New Puzzles at Reception! (ML) 9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T) 2:00 Bridge (C) 2:00 Art at your Leisure (MP) 2:00 Animal Documentary Movie Matinee: Animal - Bears (T) 3:00 Snooker (B) 6:30 Cards & Games (C) 7:00 Feel Good Movie Night: Forgotten Love (T) | 29 Tuck Shop Open: 12:30-1:30pm (TS) Dance Day (RB) 9:30 Morning Coffee & Tea (RB) 10:30 Wii Bowling (T) 10:30 Drum Fit Exercise (MP) 1:30 Knotty Knitters Group (DL) 2:00 Fall Prevention Fitness with Yasmine (MP) 2:00 Davis Drive Construction Viewing (DL) 2:00 Fit Minds Program (RB) 3:00 Heather Eugene: Dance Party (RB) 4:00 St. John Therapy Dog Visit with Laura and Aerial (DL) 6:30 Bid Euchre Night (C) 7:00 Resident Choice Movie Night (T) | 30 9:00 Fitness Class with Kaushaljit (MP) 10:00 Java Music (RB) 11:00 Computer Help (ISA) 1:30 Go4Life Walking Club (DL) 2:00 Live Artful Workshop: Artful Workshop: Angelou's Caged Bird (MP) 3:00 Sing Along with David Pilkey (Piano) (RB) 6:30 Cribbage Night (C) 7:00 Funny Movie Night - And So It Goes (T) | <p>MONDAY APR 1 April Fool's Day</p> | | <p>MONDAY APR 22 Earth Day</p> | |



| Locations Legend | Calendar Legend |
|--|---|
| Roxy Theatre (T) Multi Purpose Room (MP) Roxy Bar (RB) Cards & Games Room (C) Dietrich Lounge (DL) Building Wide (BW) Tuck Shop (TS) | Main Lobby (ML) In Suite Activity (ISA) Hair Salon (HS) Billiards Room (B) Dining Room (D) Meeting Room/Chapel (MRC) |

| Calendar Legend |
|---|
| Outing Special Program Living, Loving, Local Signature Program |