



March 2024

The Roxborough Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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SUNDAY
MAR
17

St. Patrick's Day



SUNDAY
MAR
31

Easter

3
New Puzzles at Reception! (ML)
9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)
10:00 Receive the Eucharist (T)
2:00 Bridge (C)
2:00 Art at your Leisure (MP)
2:00 Animal Documentary Movie Matinee - Dancing With The Birds (T)
3:00 Snooker (B)
6:30 Cards & Games (C)
7:00 Feel Good Movie Night: Overcomer (T)

4
Tuck Shop Open: 12:30-1:30pm (TS)
9:00 Sarah Ann's Foot Care Services (9:00am- 5:00pm) (OS)
10:30 Wii Bowling (T)
10:30 Drum Fit Exercise (MP)
1:30 Knotty Knitters Group (DL)
1:30 Go4Life Walking Club (DL)
2:00 Fit Minds Program (RB)
2:00 Fall Prevention Fitness with Yasmine (MP)
2:00 1 on 1's with Life Enrichment (BW)
3:00 Happy Hour Wheel of Fortune (RB)
3:15 Toonie Bingo (MP)
4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)
6:30 Bid Euchre Night (C)
7:00 Resident Choice Movie Night (T)

5
9:00 Fitness Class with Kaushaljit (MP)
10:00 Java Music Party Bring A Friend! (RB)
11:00 Computer Help (ISA)
1:00 Outing: Staples, Winners, DSW, Walmart and Home Sense (ML)
2:00 Live Artful Workshop: Pastel Sunset (MP)
3:00 Tasting Tuesdays: All Things Maple (RB)
6:30 Cribbage Night (C)
7:00 Funny Movie Night - Plus One (T)
7:00 Learn to Play Bridge Night (CK)

6
Beautiful You Hair & Esthetics (HS)
Tuck Shop Open: 12:30-1:30pm (TS)
10:30 Fitness Class with Yasmine (MP)
1:30 Bid Euchre (C)
1:30 Go4Life Walking Club (DL)
2:00 Meet me in USA at the MOMA Lecture - Andy Warhol (T)
2:00 Riddle Me This (RB)
3:00 March Birthday Party with Live Music by Ed Smith (Vocals) (RB)
6:45 Flower Arranging With Lori & Featured Cocktail "Fuzzy Navel" (RB)
7:00 Classic Movie Night - Good Will Hunting (T)

7
9:00 Fitness Class with Carly (MP)
10:00 Morning Meditation (T)
10:30 Wii Bowling (T)
10:30 1 on 1's with Life Enrichment (BW)
1:30 Go4Life Walking Club (DL)
1:30 Meet Lori's Dog "Cooper" (MP)
2:00 Listen Up! Roxy's Audio Book Club (T)
3:00 1/2 Priced Happy Hour with Shuffleboard (RB)
6:45 Poker Night- Free (MP)
7:00 Musical Movie Night - Quincy Jones (T)

8
International Women's Day (BW)
9:30 Healthy Breakfast with Life Enrichment - Avocado Toast (RB)
10:30 Dance and Movement Therapy with Ayana (MP)
1:30 Toonie Bingo (MP)
2:00 Cards and Games (C)
3:00 International Women's Day High Tea - All are Welcome (RB)
3:30 Fitness Class with Carly (MP)
6:30 Euchre & Bid Euchre Night (C)
7:00 Popcorn & A Movie - The Devil Wears Prada (T)

9
9:00 Morning Coffee & Tea with Lori (RB)
9:30 Fall Prevention Fitness Class with Nicholas (MP)
10:30 Wii Bowling (T)
10:30 Conversation Ball Toss (MP)
1:30 Cards & Games (C)
1:30 Scrapbooking with Lori (MP)
2:00 Documentary Movie Matinee - Kiss The Ground (T)
3:00 Happy Hour - Scatergories (RB)
6:30 Rummikub (C)
7:00 New Release Movie Night - This Is Me Now (T)

10
New Puzzles at Reception! (ML)
Day Light Savings: Spring Forward 1 Hour (BW)
9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)
2:00 Bridge (C)
2:00 Art at your Leisure (MP)
2:00 Animal Documentary Movie Matinee - Surviving Paradise, A Family Tail (T)
3:00 Snooker (B)
6:30 Cards & Games (C)
7:00 Feel Good Movie Night: Awakenings (T)

11
Tuck Shop Open: 12:30-1:30pm (TS)
10:30 Wii Bowling (T)
10:30 Drum Fit Exercise (MP)
1:30 Knotty Knitters Group (DL)
1:30 Go4Life Walking Club (DL)
2:00 Fit Minds Program (RB)
2:00 Fall Prevention Fitness with Yasmine (MP)
3:15 Toonie Bingo (MP)
4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)
6:30 Bid Euchre Night (C)
7:00 Resident Choice Movie Night (T)

12
Sarah Ann's Foot Care Services (9:30am- 5:00pm) (OS)
8:30 Ladies Breakfast - Sign up at Reception (D)
9:00 Fitness Class with Kaushaljit (MP)
10:00 Java Music (RB)
11:00 Computer Help (ISA)
2:00 Live Artful Workshop: Clover Field (MP)
2:00 Happy Hour - Numbered Bean Bag Toss (RB)
3:00 Tasting Tuesdays: Pie (RB)
3:00 1 on 1's with Life Enrichment (BW)
6:30 Cribbage Night (C)
7:00 Funny Movie Night: Dumplin (T)
7:00 Learn to Play Bridge Night (CK)

13
Beautiful You Hair & Esthetics (HS)
Tuck Shop Open: 12:30-1:30pm (TS)
8:30 Men's Breakfast - Sign up at Reception (D)
10:30 Fitness Class with Yasmine (MP)
12:00 Listen Up! Roxy's Audio Book Club Lunch - Members Only (PDR)
1:30 Bid Euchre (C)
1:30 Go4Life Walking Club (DL)
2:00 Afternoon Coffee & Tea (RB)
2:00 Meet me in USA at the MoMA Painting - Andy Warhol (MP)
3:00 Activity Meeting: Cruise Week (T)
6:30 1/2 Priced Happy Hour Pub Night - Cards and games (RB)
7:00 Classic Movie Night - South Pacific "1958" (T)

14
National Potato Chip Day (BW)
9:00 Fitness Class with Carly (MP)
10:00 Morning Meditation (T)
10:00 Outing: Gateway Casino and Lunch (Innisfil) (ML)
10:30 Wii Bowling (T)
10:30 1 on 1's with Life Enrichment (BW)
1:30 Go4Life Walking Club (DL)
2:00 Happy Hour - Axe Throwing (RB)
2:30 St. Pauls Anglican Church Service In-Person (T)
3:00 Potato Chip Social with Trivia, Tasting, and Facts (RB)
6:45 Poker Night- Free (MP)
7:00 Musical Movie Night - Andre Rieu (T)

15
Wear Green for St. Patrick's Celebration Day! (BW)
9:30 Healthy Breakfast with Life Enrichment - Green Smoothies (RB)
10:00 Baking - No Bake Mini Grasshopper Pies (MP)
1:30 Toonie Bingo (MP)
2:00 Cards and Games (C)
2:30 Listen Up! Roxy's Audio Book Club (T)
3:00 St. Patrick's Day Celebration with Green Beer and Live Music from The Coyote's (RB)
3:30 Fitness Class with Carly (MP)
6:30 Euchre & Bid Euchre Night (C)
7:00 Popcorn & A Movie - Mr Right (T)

16
9:30 Fall Prevention Fitness Class with Nicholas (MP)
10:30 Wii Bowling (T)
1:30 Cards & Games (C)
2:00 Art at your Leisure (MP)
2:00 Documentary Movie Matinee - Unknown Cave Of Bones (T)
6:30 Rummikub (C)
7:00 New Release Movie Night - And So It Goes (T)



March 2024

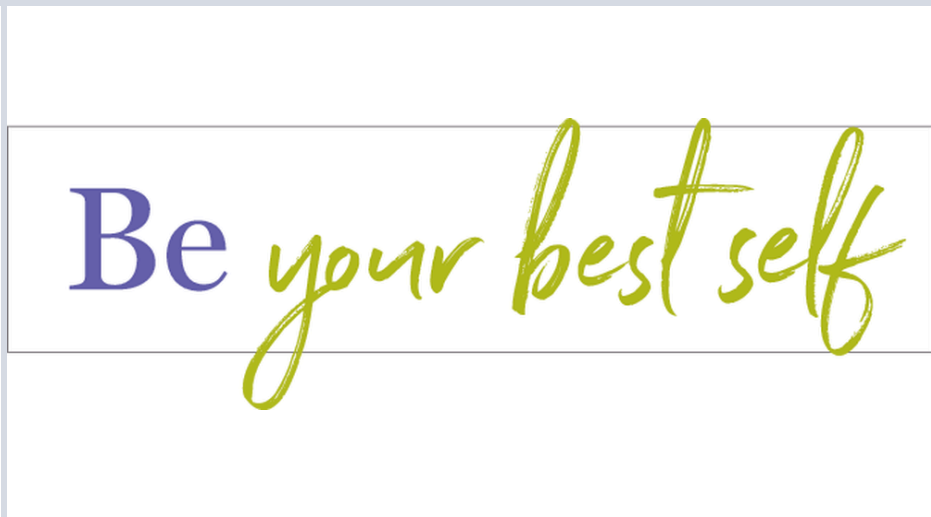
The Roxborough Retirement Residence



INSPIRED SENIOR LIVING WITH 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>New Puzzles at Reception! (ML) 17 Wear Green for St. Patrick's Day (BW)</p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>10:00 Receive the Eucharist (T)</p> <p>2:00 Bridge (C)</p> <p>2:00 Art at your Leisure (MP)</p> <p>2:00 Animal Documentary Movie Matinee - Kangaroo Valley (T)</p> <p>3:00 Snooker (B)</p> <p>4:15 Irish Themed Dinner (Regular Seating Times) (D)</p> <p>6:30 Cards & Games (C)</p> <p>7:00 Irish Movie Night - Belfast (T)</p>	<p>Tuck Shop Open: 12:30-1:30pm (TS) 18</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 Drum Fit Exercise (MP)</p> <p>1:30 Knotty Knitters Group (DL)</p> <p>2:00 Fall Prevention Fitness with Yasmine (MP)</p> <p>2:00 Fit Minds Program (RB)</p> <p>3:15 Toonie Bingo (MP)</p> <p>4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Resident Choice Movie Night (T)</p>	<p>First Day of Spring (BW) 19</p> <p>9:00 Fitness Class with Kaushaljit (MP)</p> <p>10:00 Java Music (RB)</p> <p>11:00 Computer Help (ISA)</p> <p>11:00 Go4Life Walking Club (DL)</p> <p>1:30 Outing: Upper Canada Mall (ML)</p> <p>1:30 Movie Matinee: Penguin Bloom (T)</p> <p>2:00 Afternoon Coffee & Tea (RB)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 Funny Movie Night: Crossroads (T)</p> <p>7:00 Learn to Play Bridge Night (CK)</p>	<p>Beautiful You Hair & Esthetics (HS) 20</p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>9:30 Mediterranean Cruise Ports Video (T)</p> <p>10:30 Fitness Class with Yasmine (MP)</p> <p>1:30 Bid Euchre (C)</p> <p>1:30 Go4Life Walking Club (DL)</p> <p>2:00 Meet me in IRELAND at the MoMA Lecture - Charles Jervas (T)</p> <p>7:00 Spain Travelogue (T)</p>	<p>Cruise Week - Spain (BW) 21 Cruise Store: Avon Vendor Sale from 10:00am - 3:00pm (DL)</p> <p>Last Day to Sign up for the Mobile Hearing Clinic (OS)</p> <p>9:00 Fitness Class with Carly (MP)</p> <p>10:00 Sounds of the Spanish Ocean Meditation (T)</p> <p>10:30 Design Your Own Spanish Hand Fan (MP)</p> <p>1:30 Walk the Deck with Go4Life Walking Club (DL)</p> <p>2:00 Churro Tasting (RB)</p> <p>2:30 Resident & Staff Deck Game: Water Pong (RB)</p> <p>3:15 Happy Hour on the Lido Deck: Spanish Sangria (RB)</p> <p>4:15 Collect your Boarding Pass at the Opening Gala Dinner with Live Piano by Patricia Duffy (Regular Seating Times) (D)</p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Morocco Travelogue (T)</p>	<p>Cruise Week - Morocco - Wear Colourful Prints (BW) 22 Cruise Store: 5th Avenue Jewellery Vendor Sale from 11:00am - 3:00pm (DL)</p> <p>9:30 Moroccan Mint Morning Tea (RB)</p> <p>10:30 Dance and Movement Therapy with Ayana- Cruise Week Edition (MP)</p> <p>1:30 Moroccan Handmade Lamp Craft (MP)</p> <p>2:00 Cards and Games (C)</p> <p>2:00 Guess the Spice (RB)</p> <p>2:30 Resident & Staff Deck Game: Table Top Tennis (RB)</p> <p>3:15 Happy Hour on the Lido Deck: Mojito's (RB)</p> <p>3:30 Fitness Class with Carly (MP)</p> <p>6:30 Euchre & Bid Euchre Night (C)</p> <p>7:00 Italy Travelogue (T)</p>	<p>Cruise Week - Italy (BW) 23 Roxborough Open House (From 1-4pm) (BW)</p> <p>Cruise Store: Stained Glass Vendor Sale from 10:00am - 3:00pm (DL)</p> <p>9:00 Caffe Lattes with Sambuca and Cannoli's (RB)</p> <p>9:30 Fall Prevention Fitness Class with Nicholas (MP)</p> <p>10:30 Virtual Italian Cathedrals Tours (T)</p> <p>1:30 Artfull Cruise Workshop: Ocean View (MP)</p> <p>2:00 Taste the Mediterranean, Music, Caricature Portraits & Prosecco Mimosa's (RB)</p> <p>6:30 Rummikub (C)</p> <p>7:00 Türkiye Travelogue (T)</p>
<p>New Puzzles at Reception! (ML) 24 Cruise Week - Türkiye - Wear your Sun Hat (BW)</p> <p>Last Day to Sign up for Brunch at Reception! (ML)</p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>9:30 Turkish Coffee and Baklava (CK)</p> <p>10:30 Water Colour Painting on Sand Dollars (MP)</p> <p>1:30 Turkish Bracelet Making - Evil Eye and its Origin (MP)</p> <p>2:00 Bridge (C)</p> <p>2:30 Resident & Staff Deck Game: Minute-to-Win-It (RB)</p> <p>3:00 Snooker (B)</p> <p>3:15 Sunset Social with Featured Cocktail: Swinging Sultan (RB)</p> <p>6:30 Cards & Games (C)</p> <p>7:00 Greece Travelogue (T)</p>	<p>Cruise Week - Greece Wear White and Blue (BW) 25 Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>Cruise Store: Adrian's Family Clothing Vendor (10:00am-2:30pm) (DL)</p> <p>9:30 Drum Fit Exercise - ABBA Playlist (MP)</p> <p>10:30 Olive Bar Tasting (RB)</p> <p>11:15 Cruise Captains Lunch (Regular Seating Times) (D)</p> <p>1:00 Toonie Bingo with Mediterranean Themed Prizes (MP)</p> <p>1:30 Knotty Knitters Group (DL)</p> <p>2:00 Fall Prevention Fitness with Yasmine (MP)</p> <p>2:00 Chef Cooking Demonstration (RB)</p> <p>2:30 Resident & Staff Deck Game Toilet Paper Toga Challenge (RB)</p> <p>3:15 Greek Ouzo Lemonade with Greek Mythology Trivia (RB)</p> <p>4:00 St. John Therapy Dog Visit with Laura and Aerial (DL)</p> <p>6:30 Bid Euchre Night (C)</p> <p>7:00 Croatia Travelogue (T)</p>	<p>Cruise Week - Croatia - Tacky Tourist Day (BW) 26 Cruise Store: Nancy's Craft Sale (10:00am-3:00pm) (DL)</p> <p>9:00 Fitness Class with Kaushaljit (MP)</p> <p>10:00 Java Music - Cruise Stories (RB)</p> <p>11:00 Computer Help (ISA)</p> <p>11:00 Walk The Deck with Go4Life Walking Club (DL)</p> <p>2:00 Chef Cooking Demonstration (RB)</p> <p>2:30 Resident & Staff Deck Game: Shuffleboard (RB)</p> <p>3:30 CROcktail's with Traditional Croatian Music (RB)</p> <p>6:30 Cribbage Night (C)</p> <p>7:00 France Travelogue (T)</p>	<p>Beautiful You Hair & Esthetics (HS) 27 Cruise Week - France Wear Stripes (BW)</p> <p>Tuck Shop Open: 12:30-1:30pm (TS)</p> <p>Cruise Store: A Million Little Things (10:00am-3:00pm) (DL)</p> <p>9:30 Baking: Chocolate Croissants (MP)</p> <p>10:00 Blood Pressure & Weight Clinic (MRC)</p> <p>10:30 Fitness Class with Yasmine (MP)</p> <p>1:30 Bid Euchre (C)</p> <p>1:30 French Tip Manicures with Life Enrichment (MP)</p> <p>1:30 Walk the Deck with Go4Life Walking Club (DL)</p> <p>2:30 Resident & Staff Deck Game: Baguette Baseball (RB)</p> <p>3:15 French Wine, Cheese and Pastry Tasting (MP)</p> <p>4:15 Semi Formal Cruise Gala Dinner (Regular Seating Times) (D)</p> <p>6:30 Evening in France with Champagne and Live Music by Filipa Sousa and Alex Toslkov (Vocals & Violin) (RB)</p> <p>7:00 Canada Travelogue (T)</p>	<p>Cruise Week - Return Home to Canada (BW) 28 Mobile Hearing Clinic (10:00am - 12:00pm) (OS)</p> <p>Place your Passports on your Shelf Outside your Suite for Pick up by 10:00am (BW)</p> <p>9:00 Fitness Class with Carly (MP)</p> <p>9:15 Outing: Giant Tiger Plaza (ML)</p> <p>9:45 Canadian Breakfast - Pancakes with Maple Syrup (RB)</p> <p>10:00 Morning Meditation with Canadian Landscapes (T)</p> <p>10:30 Wii Bowling (T)</p> <p>10:30 Live Artful Workshop: Baby Chicks (MP)</p> <p>10:30 1 on 1's with Life Enrichment (BW)</p> <p>1:30 Walk the Deck with Go4Life Walking Club (DL)</p> <p>2:00 Meet me at the MoMA Painting - Charles Jervas (MP)</p> <p>2:00 Fit Minds Program (RB)</p> <p>3:00 Cruise Week Award Ceremony (1st, 2nd and 3rd Prizes) (RB)</p> <p>6:45 Poker Night- Free (MP)</p> <p>7:00 Musical Movie Night - Andre Rieu (T)</p>	<p>Good Friday (BW) 29</p> <p>10:00 Wii Bowling (T)</p> <p>2:00 Cards and Games (C)</p> <p>2:00 Animal Documentary Movie Matinee - Our Planet Behind The Scenes (T)</p> <p>6:30 Euchre & Bid Euchre Night (C)</p> <p>7:00 Religious Movie Night - The Greatest Story Ever Told (1965) (T)</p>	<p>10:30 Wii Bowling (T) 30</p> <p>1:30 Cards & Games (C)</p> <p>2:00 Art at your Leisure (MP)</p> <p>2:00 Documentary Movie Matinee - Einstein And The Bomb (T)</p> <p>6:30 Rummikub (C)</p> <p>7:00 New Release Movie Night - Jewel (T)</p>

<p>New Puzzles at Reception! (ML) 31 Easter Sunday (BW)</p> <p>9:00 St. Elizabeth Seton Roman Catholic Parish Live Stream Church Service (T)</p> <p>10:00 Receive the Eucharist (T)</p> <p>10:30 Sunday Brunch (10:30am - 2:00pm) (D)</p> <p>2:00 Bridge (C)</p> <p>2:00 Art at your Leisure (MP)</p> <p>2:00 Canada A Year In The Wild - Spring (T)</p> <p>3:00 Snooker (B)</p> <p>6:30 Cards & Games (C)</p> <p>7:00 Easter Movie: Peter Rabbit 2 (T)</p>



- Locations Legend**
- Roxy Theatre (T)
 - Multi Purpose Room (MP)
 - Roxy Bar (RB)
 - Cards & Games Room (C)
 - Dietrich Lounge (DL)
 - Building Wide (BW)
 - Main Lobby (ML)
 - Dining Room (D)

- Locations Legend**
- Tuck Shop (TS)
 - Billiards Room (B)
 - O'Hara Spa (OS)
 - In Suite Activity (ISA)
 - Country Kitchen (CK)
 - Hair Salon (HS)
 - Private Dining Room (PDR)
 - Meeting Room/Chapel (MRC)

- Calendar Legend**
- Outing
 - Special Program
 - Cruise Week
 - Living, Loving, Local
 - Signature Program