



## Lunch

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Potato Leek	Cream of Mushroom	Minestrone & Kale	French Lentil Soup	* Cream of Broccoli	Country Vegetable	* Cream of Cauliflower
Entrée 1	Chicken Salad Sandwich on Whole Wheat	Crispy Chicken Burger on Brioche Bun Lettuce, Tomato & Cajun Mayonnaise	Crab Salad on Croissant	Turkey Sandwich Cranberry Aioli	* Egg Salad Sandwich	Black Forest Ham Sandwich Lettuce, Tomato & Dijon Mayonnaise	Curried Chicken Salad Plate
side	Mixed Green Salad	Homefried Potatoes	Caesar Salad	Vinaigrette Coleslaw	House Salad	Homefried Potatoes	Spring Salad
Entrée 2	Strawberry Waffles and Sausage	Leek & Bacon Quiche	Grilled Ham Brie & Maple Mayonnaise Sandwich	Filet of Fish on Bun with Lettuce, Tomato & Tartar Sauce	Ham & Green Pea Penne	French Beef Dip Sandwich	* Tuna Salad on Whole Wheat
Side	Mixed Green Salad	Homefried Potatoes	Caesar Salad	Vinaigrette Coleslaw	House Salad	Homefried Potatoes	Spring Salad
Dessert	Danish	Mandarine Oranges	Cherry Tart	Apricot	Chocolate Banana Cake	Chocolate Pudding	Maple Danish

## DINNER

Appetizer	Caesar Salad	Sausage roll	Tomato and Cucumber Salad	Garden Salad	Garlic Cheese Bread	Spring Salad	Tossed Salad
Entrée 1	* Spinach And Ricotta Cannelloni	Butter Chicken with seasoned Rice	Beef Pot Roast with Pan Sauce	Beef Lasagna/Garlic Bread& Caesar Salad	Roast Chicken Leg Rotisserie Sauce	Chicken Pot Pie with Puff Pastry Crust	Maple Orange Glazed Salmon
Side	Potato Wedges	Steamed Rice	Mashed Potatoes	Garlic Bread	Mashed Potatoes	O'Brien Potatoes	Roasted Potatoes
Entrée 2	Mild Spiced Jerk Pork Tenderloin	Baked Tilapia w/Coconut Cream Sauce	Grilled chicken breast	Tuscan Roast Pork Loin	Shepherds Pie	Red Snapper Mango Salsa	Chicken Cordon Bleu
Side	Potato Wedges	Steamed Rice	Mashed Potatoes	Roasted Potatoes	Mashed Potatoes	O'Brien Potatoes	Roasted Potatoes
Vegetable	Seasoned Peas	* Seasoned Broccoli	Roasted Asparagus, Pepper & Zucchini	Yellow Waxed Beans	* Green Beans Almondine	* Seasoned Broccoli	*Cauliflower
Vegetable	Roasted Cauliflower	Sweet Corn	Roasted Parsnips	Roasted Beets	Baked Squash	Roasted Carrots	Seasoned Peas
Dessert	Coupe Romanoff	German Chocolate Cake	English Trifle	Orange Cake with Frosting	Fruit Crisp	Cinnamon Roll	Boston Cream Pie

\* Menu item contains a Superfood.



Choose Superfoods more often for optimal health

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea