



INSPIRED SENIOR LIVING

March 2025

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Legend</p> <p>Cypress (CY) Cedar (CE) Alder (AL) Arbutus (AR) Hawthorne (HA) Holly (HO) Oakwood Community Center (OCC) Barn (BN) Village Community (VC) Community Outing (CO)</p>	<p>Calendar Legend</p> <p>Outing Signature Programs Cruise Week Programs Special Programs</p>	 <p>Mardi Gras</p>	<p>Sign Up Required Life Enrichment Programs</p> <p>Dinner Date Wednesday, March 12 @4:30pm RSVP at lem.tvl@verveseniorliving.com by March 7</p> <p>Lunch Outing: McDonalds Wednesday, March 12 @12noon RSVP at lem.tvl@verveseniorliving.com by March 7</p> <p>Pub Night with Live Music - The Shoe Shakers Wednesday, March 26th @ 6pm RSVP at lem.tvl@verveseniorliving.com</p> <p>Mediterranean Cruise Week - March 20 to March 27 1-1 Support Available For Families with Karen Tyrell - Register at Reception</p>	 <p>St. Patrick's Day</p>	<p>9:15 Helping Hands at the Barn (OCC) 1 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Party Games (OCC) 4:00 Helping Hands at the Barn (OCC) 6:00 Creative Hands: Arts and Crafts (HO)</p>	
<p>9:15 Helping Hands at the Barn (OCC) 2 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 3 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visits with Natasha (AR) 4:00 Helping Hands at the Barn (OCC)</p>	<p>Music with Meg (One to Ones) (AH) 4 Mardi Gras (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 2:00 Mardi Gras Social (VC) 3:30 Sing Fit (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 5 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 11:00 Music with Meg (Arbutus) (AR) 12:30 Barn Visit (BN) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 6:00 Games Night: Bingo! (OCC)</p>	<p>Spirit Day - Wear Jeans (VC) 6 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Nurturing Therapy: Parent Group (OCC) 12:30 Barn Visit (BN) 1:30 Coffee & Friends (OCC) 1:30 Music with Meg (Cedar) (CE) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 3:30 Men's Club: Bowling (CE) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (AR)</p>	<p>9:15 Helping Hands at the Barn (OCC) 7 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (AR) 10:30 Can Fit Pro: Disco Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visit with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 4:00 Helping Hands at the Barn (VC)</p>	<p>National Mocktail Day (OCC) 8 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Mocktails (OCC) 6:00 Creative Hands: French Inspired Arts and Crafts (HO)</p>
<p>9:15 Helping Hands at the Barn (OCC) 9 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 10 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visit with Natasha (AL) 4:00 Helping Hands at the Barn (OCC)</p>	<p>Music with Meg (One to Ones) (AH) 11 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 1:00 Helping Hands - Grocery Delivery (VC) 2:00 Helping Hands - Mail Delivery (NEW) (OCC) 3:15 Sing Fit (AR) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 12 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Drumfit with Hannah (OCC) 10:45 Fireside Spa (CY) 11:00 Music with Meg (Arbutus) (AR) 12:00 Lunch Outing: McDonalds (CO) 12:30 Barn Visit (BN) 3:15 Nurturing Therapy (CE) 4:15 Helping Hands at the Barn (OCC) 4:30 Dinner Date (OCC) 6:00 Family Council (Virtual) (OCC)</p>	<p>Spirit Day - Wear Jeans (VC) 13 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Nurturing Therapy: Parent Group (OCC) 12:30 Barn Visit (BN) 1:00 Walk 4 Life: Goat Walking Club (BN) 1:30 Coffee & Friends (OCC) 1:30 Music with Meg (Cedar) (CE) 1:30 Helping Hands - Grocery Delivery (VC) 1:30 Walk 4 Life: Cruise Tour (VC) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 3:30 Men's Club: Solitaire (CE) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (AR)</p>	<p>9:15 Helping Hands at the Barn (OCC) 14 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (HA) 10:30 Can Fit Pro: Disco Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visit with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 4:00 Helping Hands at the Barn (VC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 15 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Shamrock Shakes (OCC) 6:00 Creative Hands: Arts and Crafts (HO)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:15 Helping Hands at the Barn (OCC) 16</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:30 Nature and Gardening with Natasha (OCC)</p> <p>12:30 Barn Visit (BN)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:00 NEW: Hymn Along *villager lead program (HO)</p> <p>4:15 Helping Hands at the Barn (OCC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>St. Patrick's Day *Wear Green (VC) 17</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Prayer Group (AL)</p> <p>10:30 Fun & Fitness (OCC)</p> <p>11:45 Lunch Date (CY)</p> <p>12:30 Barn Visit with Natalie (BN)</p> <p>2:00 St. Patrick Day: Party Games (OCC)</p> <p>3:30 Sing Fit (CE)</p> <p>4:00 Helping Hands at the Barn (OCC)</p>	<p>Music with Meg (One to Ones) (AH) 18</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Fitness (CE)</p> <p>10:30 Drumfit with Natalie (OCC)</p> <p>10:45 Nurturing Therapy (CY)</p> <p>10:45 The Village Choir (CE)</p> <p>12:30 Barn Visit (BN)</p> <p>1:00 Helping Hands - Grocery Delivery (VC)</p> <p>2:00 Helping Hands - Mail Delivery (NEW) (OCC)</p> <p>3:15 Sing Fit (AL)</p> <p>4:00 Helping Hands at the Barn (BN)</p> <p>6:00 Artful Enrichment - Paint and Sip (OCC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 19</p> <p>9:30 Coffee and Friends (OCC)</p> <p>10:15 Music with Meg (AL)</p> <p>10:30 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:00 Music with Meg (Arbutus) (AR)</p> <p>12:30 Barn Visit (BN)</p> <p>2:15 Nurturing Therapy (CE)</p> <p>3:15 Fireside Spa (CY)</p> <p>4:15 Helping Hands at the Barn (OCC)</p> <p>6:00 Games Night: Jeopardy (OCC)</p>	<p>Port: Monaco (HO) 20</p> <p>Spirit Day - Dress to Impress! (VC)</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:30 Monaco Grand Prix - Formula 1 Races (HO)</p> <p>11:00 Monaco Post Card Photo Op (HO)</p> <p>12:30 Barn Visit (BN)</p> <p>1:00 Walk 4 Life: Goat Walking Club (BN)</p> <p>1:30 Music with Meg (Cedar) (CE)</p> <p>2:00 Casino Monte Carlo (OCC)</p> <p>2:15 Music with Meg (CY) (CY)</p> <p>4:00 Helping Hands at the Barn (OCC)</p> <p>6:00 Java Music Club with Hannah *Travel Topic (HO)</p>	<p>Port: Morocco (CY) 21</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) *Enjoy a Cup of Mint Tea (OCC)</p> <p>10:00 Helping Hands - Morocco Cooking (CY)</p> <p>10:30 Can Fit Pro: Belly Dance Infused Fitness with Natalie (OCC)</p> <p>12:30 Barn Visit (BN)</p> <p>1:15 Walk 4 Life: Cruise Tour (VC)</p> <p>2:00 Belly Dance Performance (OCC)</p> <p>2:30 Morocco Post Card Photo Op (CY)</p> <p>2:45 Mint Tea Social with Hannah (CE)</p> <p>3:30 Moroccan Themed Music & Tea with Hannah (CY)</p> <p>4:00 Helping Hands at the Barn (VC)</p>	<p>Port: France (AL) 22</p> <p>Spirit Day: Dress French Attire</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day French Café (Bistro) (OCC)</p> <p>10:30 Drumfit with Hannah (OCC)</p> <p>11:30 Lunch in Paris Date (CY)</p> <p>12:30 Barn Visit (BN)</p> <p>1:30 France Post Card Photo Op (AL)</p> <p>2:00 Happy Hour: French Wine and Cheese Tasting (OCC)</p> <p>3:00 Walk 4 Life: Cruise Tour (VC)</p> <p>4:00 Helping Hands at the Barn (OCC)</p> <p>6:00 Creative Hands: French Inspired Arts and Crafts (AL)</p>
<p>Port: Egypt (CE) 23</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:30 Armchair Travel: Egypt (CE)</p> <p>11:15 Walk 4 Life: Cruise Tour (VC)</p> <p>12:30 Barn Visit (BN)</p> <p>1:30 Egypt Post Card Photo Op (CE)</p> <p>2:00 Artful Enrichment - Expressive Arts: Heiroglyphics Inspired (CE)</p> <p>2:00 Coffee and Friends *Enjoy a Nile Nectar beverage (OCC)</p> <p>3:00 NEW: Hymn Along *villager lead program (HO)</p> <p>4:15 Helping Hands at the Barn (OCC)</p> <p>6:00 Artful Enrichment - Expressive Arts: Heiroglyphics Inspired (OCC)</p> <p>6:00 Movie Night: The Mummy (AH)</p>	<p>Port: Greece (OCC) 24</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Prayer Group (AL)</p> <p>10:30 Ancient Greece Olymic Games (Fitness) (OCC)</p> <p>11:30 Cruise Captian Lunch (AH)</p> <p>11:45 Lunch in Greece Date (CY)</p> <p>12:30 Barn Visit with Natalie (BN)</p> <p>2:00 Theatrical Mythology Role Playing (OCC)</p> <p>2:45 Greece Post Card Photo Op (OCC)</p> <p>4:00 Helping Hands at the Barn (OCC)</p> <p>6:00 Movie Night: Mama Mia (AH)</p>	<p>Music with Meg (One to Ones) (AH) 25</p> <p>Port: Slovenia (HA)</p> <p>Spirit Day: Dress like a Tacky Tourist (VC)</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Fitness (CE)</p> <p>10:30 Drumfit with Natalie (OCC)</p> <p>10:45 Nurturing Therapy (CY)</p> <p>10:45 The Village Choir (CE)</p> <p>12:30 Barn Visit (BN)</p> <p>1:15 Walk 4 Life: Cruise Tour (VC)</p> <p>2:00 Meet Me at the MOMA - Art Appreciation (Hawthorne) (HA)</p> <p>3:15 Sing Fit (AL)</p> <p>4:00 Helping Hands at the Barn (BN)</p> <p>6:00 Artful Enrichment - Slovenia Inspired Paint Lesson (OCC)</p>	<p>Port: Italy (AR) 26</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 Cappincino and Friends (OCC)</p> <p>10:15 Music with Meg (AL)</p> <p>10:30 Active Game: Indoor Soccer (AR)</p> <p>11:00 Music with Meg (Arbutus) (AR)</p> <p>12:30 Barn Visit (BN)</p> <p>1:00 Walk 4 Life: Cruise Tour (VC)</p> <p>2:00 Tombola! (OCC)</p> <p>2:15 Nurturing Therapy (CE)</p> <p>3:15 Fireside Spa (CY)</p> <p>4:15 Helping Hands at the Barn (OCC)</p> <p>6:00 Pub Night: Live Music with The Shoe Shakers (OCC)</p>	<p>Spirit Day - Wear Jeans (VC) 27</p> <p>Return to Canada- Cruise Week *Wear Canadian Attire (OCC)</p> <p>9:15 Helping Hands at the Barn (OCC)</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Nurturing Therapy: Parent Group (OCC)</p> <p>12:30 Barn Visit (BN)</p> <p>1:00 Walk 4 Life: Goat Walking Club (BN)</p> <p>1:00 Building Bonds: Leadership & Community (OCC)</p> <p>1:30 Music with Meg (Cedar) (CE)</p> <p>1:30 Coffee & Friends *Canada Trivia (OCC)</p> <p>2:15 Music with Meg (CY) (CY)</p> <p>3:15 Sensory Experience (CY)</p> <p>3:30 Men's Club: Lumber Jack Races (CE)</p> <p>4:00 Helping Hands at the Barn (OCC)</p> <p>6:00 Java Music Club with Hannah (HA)</p>	<p>9:15 Helping Hands at the Barn (OCC) 28</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Helping Hands - Baking (HO)</p> <p>10:30 Can Fit Pro: Disco Fitness with Natalie (OCC)</p> <p>12:30 Barn Visit (BN)</p> <p>1:00 Outing: Walk the Block (CO)</p> <p>2:00 Townhall Meeting (Community Center) (OCC)</p> <p>2:30 House Visit with Hannah (CE)</p> <p>3:30 Sing Fit with Hannah (CY)</p> <p>4:00 Helping Hands at the Barn (VC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 29</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:30 Drumfit with Hannah (OCC)</p> <p>11:30 Lunch Date (CY)</p> <p>12:30 Barn Visit (BN)</p> <p>2:00 Happy Hour: Beer Garden and Fit Minds - Trivia (OCC)</p> <p>6:00 Creative Hands: Arts and Crafts (HO)</p>
<p>9:15 Helping Hands at the Barn (OCC) 30</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:30 Nature and Gardening with Natasha (OCC)</p> <p>12:30 Barn Visit (BN)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:00 NEW: Hymn Along *villager lead program (HO)</p> <p>4:15 Helping Hands at the Barn (OCC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>9:15 Helping Hands at the Barn (OCC) 31</p> <p>9:30 All Day Café (Bistro) (OCC)</p> <p>10:00 Prayer Group (AL)</p> <p>10:30 Fun & Fitness (OCC)</p> <p>11:45 Lunch Date (CY)</p> <p>12:30 Barn Visit with Natalie (BN)</p> <p>2:00 Sing Fit (CE)</p> <p>3:00 House Visits with Natasha (AL)</p> <p>4:00 Helping Hands at the Barn (OCC)</p>	 <p>Verve Senior Living's Majestic Mediterranean Odyssey</p>		<p>Be Limitless</p>		