



INSPIRED SENIOR LIVING

April 2026

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Life Enrichment Special Events & Programs Requiring Sign Up						
<p>Saturday, April 4th @1:15pm to 2pm - Chocolate Easter Egg Hunt <i>*Family and Friends of The Village are welcome</i></p> <p>Sunday, April 5th @4:30pm (All Houses/Cottages) - Easter Dinner. <i>*Family and Friends of The Village must RSVP at reception via email: recpt.tvl@verveseniorliving.com by April 1st.</i></p> <p>Friday, April 17th to Thursday, April 23rd - Cruise Week <i>*Each house/cottage will be hosting a country. See April Newsletter for Cruise Week details</i></p> <p>Saturday, April 25th to May 1st - Artful Enrichment Week</p> <p>Saturday, April 25th(Community Center)- Meet the Artist Gallery <i>*Villager's Art Display</i></p> <p>Wednesday, April 29th @4:30pm (Bistro) - Restaurant Dining Experience <i>*RSVP Required by Sunday, April 26th by email: lem.tvl@verveseniorliving.com</i></p>			<p>10:15 Music with Meg, Music Therapist (AL) 1</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>2:15 Nurturing Therapy with Hannah (CE)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>6:00 Games Night with Hannah: Easter Themed Bingo! (OCC)</p>	<p>National Tea Day (OCC) 2</p> <p>10:00 CanFit Pro: Yoga with Natalie (OCC)</p> <p>12:30 Tea & Friends with Hannah (OCC)</p> <p>1:00 Easter High Tea (AR)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:30 Sing Fit with Hannah (AL)</p> <p>6:00 Java Music Club with Hannah (AR)</p>	<p>Good Friday (OCC) 3</p> <p>10:00 Helping Hands: Baking (AR)</p> <p>11:00 Drum Fit (OCC)</p> <p>1:00 Outing: Walk the Block with Hannah (CO)</p> <p>2:00 Fit Minds: Coffee Club (OCC)</p> <p>2:30 SingFit with Hannah (AR)</p> <p>3:00 Helping Hands - Mail Delivery with volunteer (OCC)</p> <p>6:00 Movie Night <i>*Program time may vary depending on house routine (AH)</i></p>	<p>10:30 Drumfit with Hannah (OCC) 4</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Coffee and Word Games with Nik (OCC)</p> <p>1:15 Chocolate Easter Egg Hunt with Hannah & Nik (VC)</p> <p>2:00 Tea Time (Bistro) (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Scrapbook Club with Nik (HO)</p>
<p>Easter Sunday (VC) 5</p> <p>10:00 Walk 4 Life: Village Stroll with Natasha <i>*weather permitting (VC)</i></p> <p>10:30 GCF: Nature and Indoor Gardening with Natasha (OCC)</p> <p>1:00 Easter High Tea (AL)</p> <p>3:00 Drumfit with Nik (OCC)</p> <p>3:45 Helping Hands: Mail Delivery with Nik (VC)</p> <p>4:30 Easter Dinner (AH)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Prayer Group (AL) 6</p> <p>10:00 Fitness with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>3:00 Sensory Experience with Natasha (CY)</p> <p>6:00 Evening Short Stories <i>*Program time may vary depending on house routine (AH)</i></p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 7</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Natasha (AL)</p> <p>3:15 Sing Fit with Hannah (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:00 Sing Along with Natalie (AL) 8</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>2:15 Nurturing Therapy with Hannah (CE)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>6:00 Games Night with Hannah: Music Bingo! (OCC)</p> <p>6:30 Family Council <i>*Virtual (OCC)</i></p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 9</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:15 House Program with Hannah (AR)</p> <p>6:00 Java Music Club with Hannah (AL)</p>	<p>10:00 Helping Hands: Baking (AL) 10</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>2:00 Fit Minds: Coffee Club with Natalie (OCC)</p> <p>2:00 SingFit with Hannah (CE)</p> <p>3:00 Helping Hands - Mail Delivery with Natalie (OCC)</p> <p>6:00 Movie Night <i>*Program time may vary depending on house routine (AH)</i></p>	<p>10:30 Drumfit with Hannah (OCC) 11</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Coffee and Word Games with Nik (OCC)</p> <p>2:00 Active Game: Bowling with Hannah (OCC)</p> <p>2:00 House Visit: Disco Party with Nik (CE)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Scrapbook Club with Nik (HO)</p>
<p>10:00 Walk 4 Life: Village Stroll with Natasha <i>*weather permitting (VC)</i> 12</p> <p>10:30 GCF: Nature and Indoor Gardening with Natasha (OCC)</p> <p>1:00 Coffee and Friends with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:45 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Prayer Group (AL) 13</p> <p>10:00 Fitness with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>3:00 Sensory Experience with Natasha (CY)</p> <p>6:00 Evening Short Stories <i>*Program time may vary depending on house routine (AH)</i></p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 14</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Hannah (AL)</p> <p>3:15 Sing Fit with Natasha (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 15</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>2:15 Nurturing Therapy with Hannah (CE)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>6:00 Games Night with Hannah: Music Bingo! (OCC)</p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 16</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:30 House Program with Hannah (AL)</p> <p>6:00 Java Music Club with Hannah (HA)</p>	<p>Port to Mexico (VC) 17</p> <p>9:30 Fit Minds: Morning Coffee Club - Mexico Trivia (OCC)</p> <p>10:30 House Program with Hannah and Natalie: Pinata Game and Margaritas (AL)</p> <p>12:30 Walk 4 Life: Port to Port Tour with Hannah (VC)</p> <p>1:00 Cruise Games: Minute to Win It! with Natalie (AH)</p> <p>2:00 Urban Safari Rescue Society Reptiles Visit (OCC)</p> <p>3:30 Helping Hands - Mail Delivery with Natalie (OCC)</p> <p>4:30 Mexcian Cuisine Dinner (AH)</p> <p>6:00 Movie Night <i>*Program time may vary depending on house routine (AH)</i></p>	<p>Port to Jamaica (VC) 18</p> <p>10:00 Walk 4 Life: Port to Port Tour with Hannah (VC)</p> <p>1:00 Cruise Week Open House (VC)</p> <p>1:00 Artful Enrichment - Caribbean Themed Paint and Sip with Nik (OCC)</p> <p>1:00 Cruise Games: Minute to Win It! with Hannah (AH)</p> <p>1:00 Live Music Performance by Music Variations (VC)</p> <p>3:30 Helping Hands: Mail Delivery with Nik (VC)</p> <p>4:30 Jamiacian Themed Dinner (AH)</p> <p>6:00 Creative Hands: Arts and Crafts with Nik <i>*Jamaican Theme Craft (HO)</i></p>




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Port: Aruba (VC) 19</p> <p>10:00 Walk 4 Life: Port to Port Tour with Natasha *weather permitting (VC)</p> <p>10:30 Sensory Experience at Flamingo Beach with Natasha (CY)</p> <p>11:30 Aruba Themed Lunch (AH)</p> <p>1:00 Fit Minds: Coffee and Trivia on Aruba with Nik (OCC)</p> <p>2:00 Beach Themed Bingo (OCC)</p> <p>3:45 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>Port to Belize (VC) 20</p> <p>10:00 Prayer Group (AL)</p> <p>10:00 Minute to Win It Games with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga in Belize with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>11:30 Belize Themed Lunch (AH)</p> <p>12:30 Fit Minds: Coffee and Tivia on Belize with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>3:00 Cruise Theme Craft: Posterboard Bikini Craft & Photo Booth with Natalie & Natasha (HA)</p> <p>6:00 Evening Short Stories: Travel Themed *Program time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 21</p> <p>Spirit Day: Dress like a Tacky Tourist (VC)</p> <p>Port to Costa Ricca (VC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Fit Minds: Coffee and Tivia on Costa Ricca with Hannah (OCC)</p> <p>2:00 Cruise Week Active Game: Beach Volleyball with Hannah (CE)</p> <p>2:45 Cruise Week: Shift Exchange Dance & Limbo Party (OCC)</p> <p>3:15 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>6:00 Artful Enrichment - Beach Themed Paint and Sip with Hannah (OCC)</p>	<p>Port to Bahamas (VC) 22</p> <p>10:00 Walk 4 Life: Port to Port Tour with Natalie (VC)</p> <p>10:15 Music with Meg, Music Therapist (AL)</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Fit Minds: Coffee and Trivia on Bahamas with Hannah (OCC)</p> <p>2:30 Pirate Themed Party and Games (AR)</p> <p>4:30 Bahamas Themed Dinner (AH)</p> <p>6:00 Tikki Night in the Bahamas with Duo Del Mar (OCC)</p>	<p>Port to Canada (VC) 23</p> <p>Staff Spirit Day: Dress in Red and White (VC)</p> <p>10:00 CanFit Pro: Yoga with Natalie (OCC)</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:30 Intergenerational Program: Students Reading to Villagers - Canadian Themed Stories (OCC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:30 Sing Fit with Hannah (AR)</p> <p>6:00 Java Music Club with Hannah *Topic on Canadian Culture (HO)</p>	<p>10:00 Helping Hands: Baking (HA) 24</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>2:00 Fit Minds: Coffee Club with Natalie (OCC)</p> <p>2:30 SingFit with Hannah (AR)</p> <p>3:00 Helping Hands - Mail Delivery with Natalie (OCC)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 25</p> <p>12:30 Artful Enrichment: Villagers Art Gallery (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Scrapbook Club with Nik (HO)</p>
<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 26</p> <p>10:30 GCF: Floral Arrangement with Natasha (OCC)</p> <p>1:00 Coffee and Friends with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:45 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Prayer Group (AL) 27</p> <p>10:00 Fitness with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natalie (VC)</p> <p>2:00 Meet Me at the MOMA - Art Appreciation with Natasha (HO)</p> <p>4:00 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>6:00 Artful Enrichment: Evening Storytelling: Historical Artists *Program time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 28</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 Artful Enrichment: House Program - Clay work with Natasha (AL)</p> <p>3:15 Sing Fit with Hannah (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 29</p> <p>10:30 Go 4 Life Walking: Village Strolls with Hannah (VC)</p> <p>11:00 Drum Fit with Nik (OCC)</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>12:30 Fit Minds: Coffee and Friends with Nik (OCC)</p> <p>1:30 Artful Enrichment: Photography with Nik (AH)</p> <p>2:00 Artful Enrichment: Sound Bowl Therapy with Tracy Riley (CECY)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>4:30 Restaurant Dining Experience with Hannah & Nik (OCC)</p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 30</p> <p>12:30 Fit Minds: Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>1:30 Townhall Meeting with Natalie (OCC)</p> <p>2:30 Sing Along with Natalie (CE)</p> <p>3:00 Sing Along with Natalie (CY)</p> <p>3:30 Artful Enrichment Week: House Program - Learn How to Draw with Hannah (HA)</p> <p>6:00 Java Music Club with Hannah (AR)</p>	 <p>Cruise Week Open House</p>	



Easter

Be Welcomed

Oakwood
Community Centre (OCC)
Village Community (VC)
Alder (AL)

Locations Legend

All Households (AH)
Cedar (CE)
Arbutus (AR)
Cypress (CY)
Holly (HO)

Hawthorne (HA)
Community Outing (CO)
Cedar/Cypress (CECY)

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program