




INSPIRED SENIOR LIVING

May 2026

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Life Enrichment Special Events & Programs Requiring Sign Up							
<p>Wednesday, May 6th @ 12:30pm - Outing: Brydon Lagoon Nature Stroll *Sign up required. Sign up via email: lem.tvl@verveseniorliving.com by Monday, May 4th</p> <p>Sunday, May 10th @12:30pm (Community Center) - Mother's Day Brunch *RSVP by May 6th at reception OR via email: recpt.tvl@verveseniorliving.com \$25 plus tax per guest.*See more details in May's Newsletter</p> <p>Wednesday, May 13th @4:30pm (Elroy's Bistro)- Dementia Friendly Restaurant Experience *RSVP by May 8th via email: lem.tvl@verveseniorliving.com \$20 per guest.*See more details in May's Newsletter</p> <p>Saturday, May 23rd - Alzheimer's Society Fundraiser from 10am-2pm(Main Street) - Car Wash Fundraiser</p> <p>Wednesday, May 27th from 4:30pm to 7pm - Volunteer Appreciation BBQ with Music Performance by Brian Zalo</p>				 <p>MOTHER'S DAY</p>		<p>10:00 Artful Enrichment Week: Creative Fruit Skewer Design (AL) 1</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds: Coffee Club with Hannah (OCC)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:30 Men's Club: Car Talk with Natalie (CE)</p> <p>6:00 Artful Enrichment: Historical Art Film *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 2</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Coffee and Word Games (OCC)</p> <p>2:00 R.E Mountain Secondary School: Student Music Performance (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Creative Hands: Scrapbook Club (HO)</p>
<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 3</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Coffee and Friends with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Prayer Group (AL) 4</p> <p>10:00 Fitness with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>3:00 Sensory Experience with Natasha (CY)</p> <p>6:00 Evening Short Stories *Program time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 5</p> <p>Cino De Mayo (OCC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>1:00 Go 4 Life Walking: Village Strolls with Hannah (VC)</p> <p>2:00 Cino De Mayo Social: Bingo & Margaritas (Community Center) with Hannah and Natasha (OCC)</p> <p>3:15 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:30 Sing Fit with Hannah (CE)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:00 Coffee Talk with Natalie (OCC) 6</p> <p>10:30 Drum Fit with Nik (OCC)</p> <p>12:30 Nature Outing: Brydon Lagoon Stroll (CO)</p> <p>3:30 Sing Fit with Nik (CY)</p> <p>3:30 Nurturing Therapy with Hannah (CE)</p> <p>6:00 Games Night with Hannah: Music Bingo! (OCC)</p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 7</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:15 Intergenerational Program with Glenwood Elementary Grade Class *Spring Craft (OCC)</p> <p>3:15 Sensory Experience with Hannah (CY)</p> <p>6:00 Java Music Club with Hannah (AL)</p>	<p>10:00 Helping Hands: Baking (HA) 8</p> <p>10:00 Go 4 Life Walking: Village Strolls with Natalie (VC)</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>2:00 Fit Minds: Coffee Club with Natalie (OCC)</p> <p>3:30 Helping Hands - Mail Delivery with Natalie (OCC)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 9</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Coffee and Word Games with Nik (OCC)</p> <p>1:00 House Visit: Disco Party with Hannah (CE)</p> <p>2:00 Active Game: Parachute Game with Nik (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Mother's Day Craft (HO)</p>	
<p>Happy Mother's Day (VC) 10</p> <p>12:30 Mother's Day Brunch (OCC)</p> <p>2:30 Mother's Day Photo Booth with Nik (VC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Prayer Group (AL) 11</p> <p>10:00 Fitness with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>2:30 Sensory Experience with Natasha (CY)</p> <p>6:00 Evening Short Stories *Program time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 12</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Hannah (AL)</p> <p>3:15 Sing Fit with Natasha (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>National Apple Pie Day (OCC) 13</p> <p>10:15 Music with Meg, Music Therapist (AL)</p> <p>10:30 Drum fit with Hannah (OCC)</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>1:00 Go 4 Life Walking: Village Strolls with Hannah (VC)</p> <p>2:00 Apple Pie Social with Hannah (OCC)</p> <p>4:30 Restaurant Dining Experience with Hannah & Natalie (OCC)</p> <p>6:30 Family Council *Virtual (OCC)</p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 14</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:15 Sensory Experience with Hannah (CY)</p> <p>6:00 Java Music Club with Hannah (HA)</p>	<p>10:00 Helping Hands: Baking (HO) 15</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds: Coffee Club with Hannah (OCC)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:30 Men's Club: Patio Visit with Natalie (CE)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 16</p> <p>12:30 Coffee and Word Games with Nik (OCC)</p> <p>12:30 Villager's Family Wedding Ceremony (VC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Scrapbook Club with Nik (HO)</p>	



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 17</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Coffee and Friends with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Fitness with Natasha (CE) 18</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with volunteer (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>2:30 Sensory Experience with Natasha (CY)</p> <p>6:00 Evening Short Stories *Program time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 19</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Natasha (AL)</p> <p>3:15 Sing Fit with Hannah (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 20</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>2:15 Nurturing Therapy with Hannah (CE)</p> <p>3:15 Fireside Spa with Hannah (CY)</p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 21</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:15 Sensory Experience with Hannah (CY)</p> <p>3:30 House Program with Hannah (AL)</p> <p>6:00 Java Music Club with Hannah (HO)</p>	<p>10:00 Helping Hands: Baking (AR) 22</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds: Coffee Club with Hannah (OCC)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:30 Men's Club: ShuffleBoard with Natalie (CE)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:00 Alzheimer Society Fundraiser - Car Wash & BBQ (VC) 23</p> <p>2:00 Active Game: Remote Car Racing with Nik (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Hannah (VC)</p> <p>6:00 Creative Hands: Scrapbook Club with Nik (HO)</p>
<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 24</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Coffee and Friends with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>10:00 Prayer Group (AL) 25</p> <p>10:00 Fitness with Natasha (CE)</p> <p>11:00 Can Fit Pro: Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:30 Fit Minds: Coffee and Friends with Natalie (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Natasha (VC)</p> <p>2:30 Sensory Experience with Natasha (CY)</p> <p>6:00 Evening Short Stories *Program time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 26</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Natasha (AL)</p> <p>3:15 Sing Fit with Hannah (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 27</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Coffee and Friends with Hannah (OCC)</p> <p>2:15 Nurturing Therapy with Hannah (CE)</p> <p>4:30 Volunteer Appreciation BBQ with Live Music - Brian Zalo (OCC)</p>	<p>10:00 CanFit Pro: Yoga with Natalie (OCC) 28</p> <p>12:30 Coffee & Friends with Hannah (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:15 Sensory Experience with Hannah (CY)</p> <p>3:30 House Program with Hannah (AL)</p> <p>6:00 Java Music Club with Hannah (AR)</p>	<p>10:00 Helping Hands: Baking (AL) 29</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds: Coffee Club with Hannah (OCC)</p> <p>2:00 Townhall Meeting (Community Center) (OCC)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:30 Men's Club: Corn Hole with Natalie (CE)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 30</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Coffee and Word Games with Nik (OCC)</p> <p>2:00 House Visit: Disco Dance Party with Nik (CE)</p> <p>2:00 Active Game: Target Game with Hannah (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Scrapbook Club with Nik (HO)</p>
<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 31</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Coffee and Friends with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>			<p>Be Among Friends</p>		<p>Locations Legend</p> <p>Oakwood Community Centre (OCC)</p> <p>Village Community (VC)</p> <p>Cedar (CE)</p> <p>Alder (AL)</p> <p>All Households (AH)</p> <p>Cypress (CY)</p> <p>Arbutus (AR)</p> <p>Holly (HO)</p> <p>Community Outing (CO)</p> <p>Cedar/Cypress (CECY)</p> <p>Hawthorne (HA)</p>	<p>Calendar Legend</p> <p>Outing</p> <p>Special Program</p> <p>Living, Loving, Local Signature Program</p>