




INSPIRED SENIOR LIVING

June 2026

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>National Donut Day</p>	<p>Green Care Farm (BN) 1</p> <p>10:00 Prayer Group (AL)</p> <p>10:00 GCF: Chicken Visit (BN)</p> <p>10:30 GCF: Gardening (BN)</p> <p>11:00 Can Fit Pro: Outdoor Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:00 GCF: Nature Craft (BN)</p> <p>1:00 Fit Minds: Coffee and Friends (OCC)</p> <p>3:00 Fitness with Natasha (CE)</p> <p>6:00 Evening Patio Time *Patio visit time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 2</p> <p>10:00 Coffee Talk (OCC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery (OCC)</p> <p>2:30 House Program with Hannah (AL)</p> <p>3:15 Sing Fit (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 3</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Fit Minds with Hannah (OCC)</p> <p>2:00 Sound Bowl Therapy with Tracy Riley (CE)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>6:00 Games Night: Music Bingo with Hannah (OCC)</p>	<p>10:00 Coffee Talk with Natalie (OCC) 4</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:00 Intergenerational Program with Glenwood Elementary Grade Class *Gardening (OCC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>2:30 Bicycle Rides with Natalie (VC)</p> <p>3:15 Sensory Experience with Hannah (CY)</p> <p>6:00 Java Music Club with Hannah (AL)</p>	<p>National Donut Day (VC) 5</p> <p>10:00 Helping Hands: Flower Picking & Arrangements (VC)</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>2:00 Street Party & Dounuts (OCC)</p> <p>3:00 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 6</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Fit Minds at the Bistro with Nik (OCC)</p> <p>2:00 House Visit: Disco Dance Party with Nik (CE)</p> <p>2:00 Active Game: Bowling with Hannah (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Rock Painting (WKSP)</p>	
	<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 7</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Fit Minds at Bistro with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>Green Care Farm (BN) 8</p> <p>10:00 Prayer Group (AL)</p> <p>10:00 GCF: Chicken Visit (BN)</p> <p>10:30 GCF: Gardening (BN)</p> <p>11:00 Can Fit Pro: Outdoor Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:00 GCF: Nature Craft (BN)</p> <p>1:00 Fit Minds: Coffee and Friends (OCC)</p> <p>3:00 Fitness with Natasha (CE)</p> <p>6:00 Evening Patio Time *Patio visit time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 9</p> <p>10:00 Coffee Talk with Natasha (OCC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Natasha (AL)</p> <p>3:15 Sing Fit with Hannah (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 10</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>11:00 Outing: Lunch at Krause Berry Farm (CO)</p> <p>12:30 Coffee Talk with Volunteer (OCC)</p> <p>2:00 Sound Bowl Therapy with Tracy Riley (CY)</p> <p>4:30 Restaurant Dining Experience with Hannah & Nik (OCC)</p> <p>6:30 Family Council *Virtual (OCC)</p>	<p>10:00 Coffee Talk with Natalie (OCC) 11</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>1:30 CanFit Pro: Seated Yoga with Natalie (OCC)</p> <p>2:30 Bicycle Rides with Natalie (VC)</p> <p>3:15 Sensory Experience with Hannah (CY)</p> <p>6:00 Java Music Club with Hannah (AR)</p>	<p>10:00 Helping Hands: Flower Picking & Arrangements (VC) 12</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>2:30 Men's Club: Car Talk with Natalie (CE)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 13</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Fit Minds at the Bistro with Nik (OCC)</p> <p>2:00 R.E Mountain Secondary School: Student Music Performance (OCC)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Rock Painting (WKSP)</p>
	<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 14</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Fit Minds at the Bistro with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>Green Care Farm (BN) 15</p> <p>10:00 Prayer Group (AL)</p> <p>10:00 GCF: Chicken Visit (BN)</p> <p>10:30 GCF: Gardening (BN)</p> <p>11:00 Can Fit Pro: Outdoor Yoga with Natalie (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:00 GCF: Nature Craft (BN)</p> <p>1:00 Fit Minds: Coffee and Friends (OCC)</p> <p>3:00 Fitness with Natasha (CE)</p> <p>6:00 Evening Patio Time *Patio visit time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 16</p> <p>10:00 Coffee Talk with Natasha (OCC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Hannah (AL)</p> <p>3:15 Sing Fit with Natasha (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>National Game Show Day (OCC) 17</p> <p>10:00 Sing Along with Natalie (AL)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Fit Minds with Hannah (OCC)</p> <p>2:00 Sound Bowl Therapy with Tracy Riley (CE)</p> <p>2:15 Nurturing Therapy with Hannah (CE)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>6:00 Games Night: Jeopardy (OCC)</p>	<p>10:00 Coffee Talk with Natalie (OCC) 18</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Village Choir: The Song Birds Performance (OCC)</p> <p>2:15 Bicycle Rides with Natalie (VC)</p> <p>3:15 House Program with Hannah (AL)</p> <p>6:00 Java Music Club with Hannah (HA)</p>	<p>10:00 Helping Hands: Flower Picking & Arrangements (VC) 19</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:30 Men's Club: Corn Hole with Natalie (CE)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 20</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Fit Minds at the Bistro with Nik (OCC)</p> <p>2:00 Active Game: Bocce Ball with Nik (LWN)</p> <p>2:00 House Visit: Disco Dance Party with Hannah (CE)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Rock Painting (WKSP)</p>



INSPIRED SENIOR LIVING

June 2026

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Father's Day (VC) 21</p> <p>11:30 Father's Day BBQ (AH)</p> <p>2:00 Outdoor Game: Bocce Ball Match (HAWL)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>Green Care Farm (BN) 22</p> <p>10:00 Prayer Group (AL)</p> <p>10:00 GCF: Chicken Visit (BN)</p> <p>10:30 GCF: Gardening (BN)</p> <p>11:00 Can Fit Pro: Outdoor Fitness (OCC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:00 GCF: Nature Craft (BN)</p> <p>1:00 Fit Minds: Coffee and Friends (OCC)</p> <p>3:00 Fitness with Natasha (CE)</p> <p>6:00 Evening Patio Time *Patio visit time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 23</p> <p>10:00 Coffee Talk with Natasha (OCC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Natasha (OCC)</p> <p>3:00 House Program with Natasha (AL)</p> <p>3:15 Sing Fit with Hannah (AR)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p>10:15 Music with Meg, Music Therapist (AL) 24</p> <p>11:00 Music with Meg, Music Therapist (AR)</p> <p>11:00 Drum Fit with Natalie (OCC)</p> <p>12:30 Fit Minds with Hannah (OCC)</p> <p>2:00 Sound Bowl Therapy with Tracy Riley (CY)</p> <p>3:15 Fireside Spa with Hannah (CY)</p> <p>6:00 Games Night: Music Bingo with Hannah (OCC)</p>	<p>12:30 Fit Minds at the Bistro with Hannah (OCC) 25</p> <p>1:30 Helping Hands - Grocery Delivery with Hannah (VC)</p> <p>1:30 Music with Meg, Music Therapist (CE)</p> <p>1:30 CanFit Pro: Seated DrumFit (OCC)</p> <p>2:15 Music with Meg, Music Therapist (CY)</p> <p>3:30 House Program with Hannah (AL)</p> <p>6:00 Java Music Club with Hannah (HO)</p>	<p>10:00 Helping Hands: Flower Picking & Arrangements (VC) 26</p> <p>11:00 CanFit Pro: Disco Fitness with Natalie (OCC)</p> <p>1:00 Outing: Walk the Block with Natalie (CO)</p> <p>1:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Townhall Meeting (Community Center) (OCC)</p> <p>2:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:30 Men's Club: Patio Visit with Natalie (CE)</p> <p>6:00 Movie Night *Program time may vary depending on house routine (AH)</p>	<p>10:30 Drumfit with Hannah (OCC) 27</p> <p>11:30 Lunch Date with Hannah (CECY)</p> <p>12:30 Fit Minds at the Bistro with Nik (OCC)</p> <p>2:00 Active Game: Bowling (OCC)</p> <p>2:00 House Visit: Disco Dance Party with Nik (CE)</p> <p>3:00 Helping Hands: Mail Delivery with Nik (VC)</p> <p>6:00 Creative Hands: Rock Painting (WKSP)</p>	
<p>10:00 Walk 4 Life: Village Stroll with Natasha *weather permitting (VC) 28</p> <p>10:30 GCF: Nature and Gardening with Natasha (OCC)</p> <p>1:00 Fit Minds at the Bistro with Nik (OCC)</p> <p>2:00 Drumfit with Nik (OCC)</p> <p>3:30 Piano Music by Charis (volunteer) (OCC)</p> <p>4:15 Helping Hands: Mail Delivery with Volunteer (VC)</p> <p>6:00 Artful Enrichment - Expressive Arts with Nik (OCC)</p>	<p>Green Care Farm (BN) 29</p> <p>10:00 Prayer Group (AL)</p> <p>10:00 GCF: Gardening (BN)</p> <p>10:45 Nature Scavenger Hunt (VC)</p> <p>11:30 Lunch Group with Natasha (AL)</p> <p>12:00 GCF: Nature Craft (BN)</p> <p>1:00 Fit Minds: Coffee and Friends (OCC)</p> <p>3:00 Fitness with Natasha (CE)</p> <p>6:00 Evening Patio Time *Patio visit time may vary depending on house routine (AH)</p>	<p>Music with Meg, Music Therapist (One to Ones) (AH) 30</p> <p>10:00 Coffee Talk with Natasha (OCC)</p> <p>10:30 Fun & Fitness with Natasha (OCC)</p> <p>10:45 The Village Choir with Meg (Music Therapist) (CE)</p> <p>12:30 Fit Minds at the Bistro with Hannah (OCC)</p> <p>1:30 Helping Hands - Mail Delivery with Hannah (OCC)</p> <p>2:00 Meet Me at the MOMA - Art Appreciation with Natasha (HO)</p> <p>3:00 House Program with Hannah (AL)</p> <p>6:00 Artful Enrichment - Paint and Sip with Hannah (OCC)</p>	<p><u>Life Enrichment Special Events & Programs Requiring Sign Up</u></p> <p>Wednesday, June 10th @11am - Outing: Lunch at Krause Farm *Sign up required. Sign up via email: lem.tvl@verveseniorliving.com by June 7th.</p> <p>Wednesday, June 10th @4:30pm - Dementia Friendly Restaurant Experience *RSVP by June 7th via email: lem.tvl@verveseniorliving.com \$20 per guest *See newsletter for more information</p> <p>Thursday, June 18th @ 1:30pm (Community Center) - Village Choir, The Songbirds - Performance</p> <p>Sunday, June 21st @ 11:30am - Father's Day BBQ *RSVP at Reception or email: recpt.tvl@verveseniorliving.com by June 14th.</p>				



Father's Day



Pride Month

Be Among Friends

Oakwood Community Centre (OCC)

Village Community (VC)

Alder (AL)

Cedar (CE)

Barn (BN)

Locations Legend

All Households (AH)

Cypress (CY)

Arbutus (AR)

Community Outing (CO)

Cedar/Cypress (CECY)

Workshop (WKSP)

Holly (HO)

Hawthorne (HA)

Arbutus Lawn (LWN)

Hawthorne Lawn (HAWL)

Calendar Legend

Outing

Special Program

Cruise Week

Living, Loving, Local

Signature Program