



March 2023

Thornebridge Gardens

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cruise Week March 24- 30 		9:30 Knit & Stitch 1 10:30 Morning Exercise 2:00 Wheel of Fortune 4:00 Go 4 Life Walking 6:30 Name that Tune 7:00 Crib and Bridge	9:30 Knit & Stitch 2 10:30 Morning Exercise 2:00 Birthday Party and Welcome Tea 3:30 Yoga with Beate 6:30 Giant Crossword Puzzle	9:30 Knit & Stitch 3 10:30 Morning Exercise 2:00 Museum of Modern Art Presentation 2:00 You be the Judge 3:00 Happy Hour	9:30 Knit & Stitch 4 10:30 Balance Exercises 11:15 Go 4 Life Walking 2:00 Painting Social 7:00 Mexican Train 
9:30 Knit & Stitch 5 2:00 JAVA Music Club 4:00 Afternoon Stretch Class 5:00 Visits with Bhavin 7:00 Scrabble Sundays	9:30 Knit & Stitch 6 10:30 Morning Exercise 1:30 See Clear Optical 2:00 Movie Matinee 3:30 Yoga with Beate 6:30 Mind Matters 7:00 Crib & Bridge	9:30 Knit & Stitch 7 10:30 Morning Exercise 2:00 Bingo 4:00 Balloon Volleyball 6:30 Trivia Time 	9:30 Knit & Stitch 8 10:30 Morning Exercise 2:00 Wheel of Fortune 4:00 Go 4 Life Walking 6:30 Name that Tune 7:00 Crib and Bridge	9:30 Knit & Stitch 9 10:30 Morning Exercise 2:00 Sing-Along with Sadia 3:30 Yoga with Beate 6:30 Giant Crossword Puzzle	9:30 Knit & Stitch 10 10:30 Morning Exercise 2:00 Museum of Modern Art Presentation 2:00 You be the Judge 3:00 Happy Hour 7:15 Spa Sensations	9:30 Knit & Stitch 11 10:30 Balance Exercises 11:15 Go 4 Life Walking 1:00 Bus Trip: Reifel Bird Sanctuary 2:00 Riddle Game 7:00 Movie Night 7:00 Mexican Train 
9:30 Knit & Stitch 12 2:00 JAVA Music Club 4:00 Afternoon Stretch Class 5:00 Visits with Bhavin 7:00 Scrabble Sundays	9:30 Knit & Stitch 13 10:30 Morning Exercise 1:30 Colour Workshop with Sandra 2:30 Entertainment with Darcy 3:30 Yoga with Beate 6:30 Mind Matters 7:00 Crib & Bridge	9:30 Knit & Stitch 14 10:30 Morning Exercise 2:00 Bingo 4:00 Balloon Volleyball 6:30 Trivia Time 	9:30 Knit & Stitch 15 10:30 Morning Exercise 11:15 Residents Forum 2:00 Wheel of Fortune 4:00 Go 4 Life Walking 6:30 Name that Tune 7:00 Crib and Bridge	9:30 Knit & Stitch 16 10:30 Morning Exercise 2:30 Tea Social 3:30 Yoga with Beate 6:30 Giant Crossword Puzzle	St. Patrick's Day. Wear Green!! 9:30 Knit & Stitch 10:30 Morning Exercise 2:00 Museum of Modern Art Presentation 2:00 You be the Judge 3:00 Happy Hour	9:30 Knit & Stitch 18 10:30 Balance Exercises 11:15 Go 4 Life Walking 2:00 Riddle Game 7:00 Mexican Train 

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<div> 9:30 Knit & Stitch 19 2:00 JAVA Music Club 4:00 Afternoon Stretch Class 5:00 Visits with Bhavin 7:00 Scrabble Sundays </div> 	<div> 9:30 Knit & Stitch 20 10:30 Morning Exercise 2:00 Entertainment: Peter Tam 3:30 Yoga with Beate 6:30 Mind Matters 7:00 Crib & Bridge </div>	<div> 9:30 Knit & Stitch 21 10:30 Morning Exercise 2:00 Bingo 4:00 Balloon Volleyball 6:30 Trivia Time </div>	<div> 9:30 Knit & Stitch 22 10:30 Morning Exercise 2:00 Food Demo with Lauren 4:00 Go 4 Life Walking 6:30 Name that Tune 7:00 Crib and Bridge </div> 	<div> 9:30 Knit & Stitch 23 10:30 Morning Exercise 2:00 Sing-Along with Sadia 3:30 Yoga with Beate 6:30 Giant Crossword Puzzle </div>	<div> 9:30 Knit & Stitch 24 10:30 Caribbean Dance Exercise Class 11:15 Rick Steves: Jamaica 2:00 Museum of Modern Art Presentation 2:00 You be the Judge 2:30 Sail Away Party </div>	<div> Wear Your Tropical Shirt Day!! 25 9:30 Knit & Stitch 11:15 Go 4 Life Walking 1:00 Bus Trip: Bloedel Conservatory 1:30 Sweet Pan Steel Band 7:00 Mexican Train 7:00 Movie Night </div>
<div> 9:30 Knit & Stitch 26 2:00 JAVA Music Club 4:00 Afternoon Stretch Class 5:00 Visits with Bhavin 6:15 Piano Music with Robin Goodfellow 7:00 Scrabble Sundays </div>	<div> 9:30 Knit & Stitch 27 10:30 Morning Exercise 11:15 Expoza travel: Cayman Islands 1:30 Mojito Madness 1:30 Colour Workshop with Sandra 3:30 Yoga with Beate 6:30 Mind Matters 7:00 Crib & Bridge </div>	<div> 9:30 Knit & Stitch 28 10:30 Morning Exercise 1:00 Scavenger Hunt 2:00 Bingo 6:30 Cruise Week Trivia </div> 	<div> 9:30 Knit & Stitch 29 10:30 Morning Exercise 11:15 Food Forum 2:00 Entertainment with Mike Kinal 3:30 Travelogue: Cuba 6:30 Name that Tune 7:00 Crib and Bridge </div>	<div> 9:30 Knit & Stitch 30 10:30 Morning Exercise 2:30 Do the Limbo 3:30 Yoga with Beate 6:30 Karaoke: Tropical Music </div> 	<div> 9:30 Knit & Stitch 31 10:30 Morning Exercise 11:00 5th Avenue Jewelry 2:00 Museum of Modern Art Presentation 2:00 You be the Judge 3:00 Happy Hour 7:15 Spa Sensations </div>	