



INSPIRED
SENIOR LIVING

October 2023

Thornebridge Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Knit & Stitch (2ND) 1</p> <p>2:00 JAVA Music Club (MUL)</p> <p>4:00 Stretch Class (MUL)</p> <p>5:00 Visits with Bhavin (LOBB)</p> <p>7:00 Scrabble Sundays (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 2</p> <p>10:30 Morning Exercise (MUL)</p> <p>11:30 Visits with Bhavin (EB)</p> <p>1:00 Documentary Mondays (MUL)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Mind Matters (MUL)</p> <p>7:00 Crib & Bridge (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 3</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Bingo (MUL)</p> <p>4:00 Strength Exercise (MUL)</p> <p>6:30 Trivia Time (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 4</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Music with Shannon (MUL)</p> <p>4:00 Drum Fit (MUL)</p> <p>6:30 Name that Tune (MUL)</p> <p>7:00 Crib and Bridge (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 5</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Birthday Party and Welcome Tea (DR)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Visits with Wendy (EB)</p> <p>6:30 Giant Crossword Game (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 6</p> <p>10:30 Morning Exercise (MUL)</p> <p>1:30 Dental Hygiene Presentation (MUL)</p> <p>2:00 You be the Judge (L)</p> <p>3:00 Happy Hour (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 7</p> <p>10:30 Balance Exercises (MUL)</p> <p>2:00 Riddle Game (MUL)</p> <p>7:00 Mexican Train (CK)</p>
<p>Thanksgiving Dinner Tonight 8</p> <p>9:30 Knit & Stitch (2ND)</p> <p>2:00 JAVA Music Club (MUL)</p> <p>4:00 Stretch Class (MUL)</p> <p>5:00 Visits with Bhavin (LOBB)</p> <p>7:00 Scrabble Sundays (MUL)</p>	<p>Thanksgiving Day: No 3:30 pm Yoga today 9</p> <p>9:30 Knit & Stitch (2ND)</p> <p>10:30 Morning Exercise (MUL)</p> <p>11:30 Visits with Bhavin (EB)</p> <p>2:00 Documentary Mondays (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Mind Matters (MUL)</p> <p>7:00 Crib & Bridge (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 10</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Bingo (MUL)</p> <p>4:00 Balloon Volleyball (MUL)</p> <p>6:30 Trivia Time (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 11</p> <p>10:30 Morning Exercise (MUL)</p> <p>11:00 Connect Hearing Clinic (L)</p> <p>2:00 Wii Bowling (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Name that Tune (MUL)</p> <p>7:00 Crib and Bridge (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 12</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Music with Jennifer Lauren (DR)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Visits with Wendy (EB)</p> <p>6:30 Giant Crossword Game (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 13</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 You be the Judge (L)</p> <p>2:00 MOMA: Museum of Modern Art (MUL)</p> <p>3:00 Happy Hour (MUL)</p> <p>7:15 Spa Sensations: Hand Massage (MUL)</p>	<p>National Dessert Day 14</p> <p>9:30 Knit & Stitch (2ND)</p> <p>10:30 Balance Exercises (MUL)</p> <p>2:00 Painting Social (MUL)</p> <p>7:00 Mexican Train (CK)</p>
<p>9:30 Knit & Stitch (2ND) 15</p> <p>2:00 JAVA Music Club (MUL)</p> <p>4:00 Stretch Class (MUL)</p> <p>5:00 Visits with Bhavin (LOBB)</p> <p>7:00 Scrabble Sundays (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 16</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Classical music with Patrick Ray (DR)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Mind Matters (MUL)</p> <p>7:00 Crib & Bridge (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 17</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 Bingo (MUL)</p> <p>4:00 Strength Exercise (MUL)</p> <p>6:30 Trivia Time (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 18</p> <p>10:30 Morning Exercise (MUL)</p> <p>11:15 Resident Forum (MUL)</p> <p>2:00 Wii Bowling (MUL)</p> <p>4:00 Go 4 Life Walking (LOBB)</p> <p>6:30 Name that Tune (MUL)</p> <p>7:00 Crib and Bridge (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 19</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:30 Tea Social (DR)</p> <p>3:30 Yoga with Beate (MUL)</p> <p>4:30 Visits with Wendy (EB)</p> <p>6:30 Giant Crossword Game (MUL)</p>	<p>9:30 Knit & Stitch (2ND) 20</p> <p>10:30 Morning Exercise (MUL)</p> <p>2:00 You be the Judge (L)</p> <p>2:00 MOMA: Museum of Modern Art (MUL)</p> <p>3:00 Happy Hour (MUL)</p>	<p>National Apple Day 21</p> <p>9:30 Knit & Stitch (2ND)</p> <p>10:30 Balance Exercises (MUL)</p> <p>2:00 Video presentation: maiden voyage of Purple Porpoise (MUL)</p> <p>7:00 Mexican Train (CK)</p>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Knit & Stitch (2ND) 22 2:00 JAVA Music Club (MUL) 4:00 Stretch Class (MUL) 5:00 Visits with Bhavin (LOBB) 7:00 Scrabble Sundays (MUL)	9:30 Knit & Stitch (2ND) 23 10:30 Morning Exercise (MUL) 3:30 Yoga with Beate (MUL) 4:00 Go 4 Life Walking (LOBB) 6:30 Mind Matters (MUL) 7:00 Crib & Bridge (MUL)	9:30 Knit & Stitch (2ND) 24 10:30 Morning Exercise (MUL) 2:00 Bingo (MUL) 4:00 Balloon Volleyball (MUL) 6:30 Trivia Time (MUL)	9:30 Knit & Stitch (2ND) 25 10:30 Morning Exercise (MUL) 11:15 Food Forum (MUL) 2:00 Lauren's Food Demo (MUL) 4:00 Go 4 Life Walking (LOBB) 6:30 Men's Club (MUL) 7:00 Crib and Bridge (MUL)	9:30 Knit & Stitch (2ND) 26 10:30 Morning Exercise (MUL) 2:00 Tea Cup Floral Arrangement Program (MUL) 3:30 Yoga with Beate (MUL) 4:30 Visits with Wendy (EB) 6:30 Giant Crossword Game (MUL)	9:30 Knit & Stitch (2ND) 27 10:30 Morning Exercise (MUL) 2:00 You be the Judge (L) 2:00 MOMA: Museum of Modern Art (MUL) 3:00 Happy Hour (MUL) 7:15 Spa Sensations: Hand Massage (MUL)	9:30 Knit & Stitch (2ND) 28 10:30 Balance Exercises (MUL) 2:00 Painting Social (MUL) 7:00 Mexican Train (CK)
9:30 Knit & Stitch (2ND) 29 2:00 JAVA Music Club (MUL) 4:00 Stretch Class (MUL) 5:00 Visits with Bhavin (LOBB) 7:00 Scrabble Sundays (MUL)	9:30 Knit & Stitch (2ND) 30 10:30 Morning Exercise (MUL) 3:30 Yoga with Beate (MUL) 4:00 Go 4 Life Walking (LOBB) 6:30 Mind Matters (MUL) 7:00 Crib & Bridge (MUL)	9:30 Knit & Stitch (2ND) 31 10:30 Morning Exercise (MUL) 11:30 Visits with Bhavin (EB) 2:00 Bingo (MUL) 4:00 Pumpkin Decorating (MUL) 6:30 Trivia Time (MUL)				



October Bus Trips: please refer to the postings board outside the multipurpose room for future bus trips. We are looking for a new driver.

Calendar Legend

- All Day
- Outing
- Special Program
- Meet Me at the MOMA
- Living, Loving, Local
- Signature Program
- Artful Enrichment
- Drumfit

Locations Legend

- Multipurpose Room (MUL)
- 2nd floor (2ND)
- Lobby (LOBB)
- Entire Building (EB)
- Library (L)
- Dining Room (DR)
- County Kitchen (CK)