


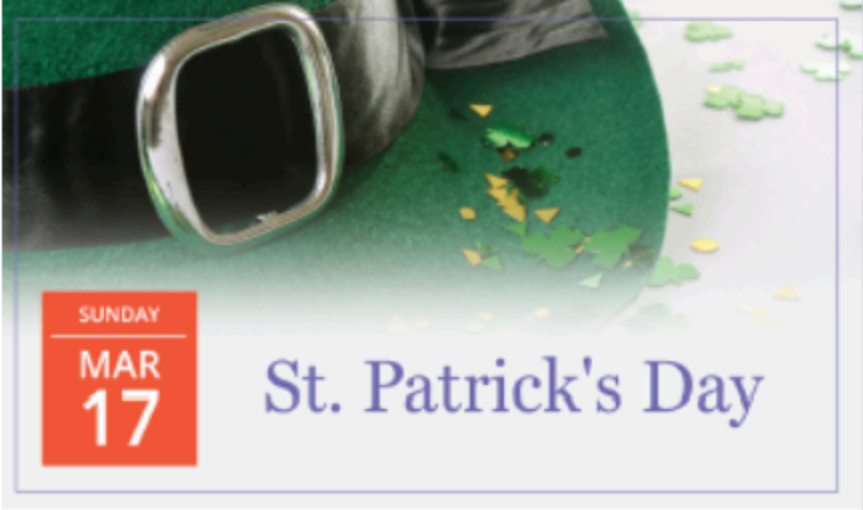


INSPIRED  
SENIOR LIVING

# March 2024

## Thornebridge Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>FRIDAY MAR 8</div> <div>International Women's Day</div>	 <div>SUNDAY MAR 17</div> <div>St. Patrick's Day</div>					
<div>9:30 Knit &amp; Stitch (2ND) 3</div> <div>2:00 JAVA Music Club (MUL)</div> <div>4:00 Stretch Class (MUL)</div> <div>5:00 Visits with Bhavin (LOBB)</div> <div>7:00 Scrabble Sundays (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 4</div> <div>10:30 Morning Exercise (MUL)</div> <div>1:30 Documentary Mondays (MUL)</div> <div>3:30 Yoga with Beate (MUL)</div> <div>4:00 Go 4 Life Walking (LOBB)</div> <div>6:30 Mind Matters (MUL)</div> <div>6:30 Bridge (BST)</div> <div>7:00 Crib (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 5</div> <div>10:30 Morning Exercise (MUL)</div> <div>12:30 Visits with Life Enrichment Staff (EB)</div> <div>2:00 Bingo (MUL)</div> <div>4:00 Wii Bowling (MUL)</div> <div>6:30 Trivia Time (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 6</div> <div>10:30 Zumba Exercise (MUL)</div> <div>11:00 5th Avenue Jewelry (L)</div> <div>2:00 Drum Fit (MUL)</div> <div>4:00 Go 4 Life Walking (LOBB)</div> <div>6:30 Name that Tune (MUL)</div> <div>6:30 Bridge (BST)</div> <div>7:00 Crib (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 7</div> <div>10:30 Morning Exercise (MUL)</div> <div>2:00 Birthday and Welcome Tea (DR)</div> <div>3:30 Yoga with Beate (MUL)</div> <div>4:00 Go 4 Life Walking (LOBB)</div> <div>6:30 Giant Crossword Game (MUL)</div>	<div>National Dress in Blue Day 1</div> <div>9:30 Knit &amp; Stitch (2ND)</div> <div>10:30 Morning Exercise (MUL)</div> <div>1:00 Scenic Drive: Burnaby Mountain (LOBB)</div> <div>2:00 You be the Judge (L)</div> <div>2:00 MOMA: Museum of Modern Art (MUL)</div> <div>3:00 Happy Hour (PAPD)</div> <div>7:00 Canasta (2ND)</div>	<div>9:30 Knit &amp; Stitch (2ND) 2</div> <div>10:30 Balance Exercises (MUL)</div> <div>2:00 Bingo (MUL)</div> <div>4:00 Riddle Game (MUL)</div> <div>7:00 Mexican Train (CK)</div>
<div>9:30 Knit &amp; Stitch (2ND) 10</div> <div>2:00 JAVA Music Club (MUL)</div> <div>4:00 Stretch Class (MUL)</div> <div>5:00 Visits with Bhavin (LOBB)</div> <div>7:00 Scrabble Sundays (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 11</div> <div>10:30 Morning Exercise (MUL)</div> <div>1:00 Shoe Shakers Duo (DR)</div> <div>3:30 Yoga with Beate (MUL)</div> <div>6:30 Mind Matters (MUL)</div> <div>6:30 Bridge (BST)</div> <div>7:00 Crib (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 12</div> <div>10:30 Morning Exercise (MUL)</div> <div>12:30 Visits with Life Enrichment Staff (EB)</div> <div>2:00 Bingo (MUL)</div> <div>4:00 Wii Bowling (MUL)</div> <div>6:30 Trivia Time (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 13</div> <div>10:30 Zumba Exercise (MUL)</div> <div>2:00 Drum Fit (MUL)</div> <div>4:00 Go 4 Life Walking (LOBB)</div> <div>6:30 Name that Tune (MUL)</div> <div>6:30 Bridge (BST)</div>	<div>9:30 Knit &amp; Stitch (2ND) 14</div> <div>10:30 Morning Exercise (MUL)</div> <div>2:00 Sing-Along (MUL)</div> <div>3:30 Yoga with Beate (MUL)</div> <div>4:00 Go 4 Life Walking (LOBB)</div> <div>6:30 Giant Crossword Game (MUL)</div>	<div>9:30 Knit &amp; Stitch (2ND) 15</div> <div>10:30 Morning Exercise (MUL)</div> <div>1:00 Outing: Honey Bee Centre (LOBB)</div> <div>2:00 You be the Judge (L)</div> <div>2:00 MOMA: Museum of Modern Art (MUL)</div> <div>3:00 Happy Hour (PAPD)</div> <div>7:00 Canasta (2ND)</div>	<div>9:30 Knit &amp; Stitch (2ND) 16</div> <div>10:30 Balance Exercises (MUL)</div> <div>2:00 Bingo (MUL)</div> <div>4:00 Riddle Game (MUL)</div> <div>7:00 Mexican Train (CK)</div>



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## Thornebridge Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>St. Patrick's Day 17</b> 9:30 Knit & Stitch (2ND) 2:00 JAVA Music Club (MUL) 4:00 Stretch Class (MUL) 5:00 Visits with Bhavin (LOBB) 7:00 Scrabble Sundays (MUL)	<b>18</b> 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 1:30 Documentary Mondays (MUL) 3:30 Yoga with Beate (MUL) 4:00 Go 4 Life Walking (LOBB) 6:30 Mind Matters (MUL) 6:30 Bridge (BST) 7:00 Crib (MUL)	<b>19</b> 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 2:00 Bingo (MUL) 4:00 Wii Bowling (MUL) 6:30 Trivia Time (MUL)	<b>20</b> 9:30 Knit & Stitch (2ND) 10:30 Zumba Exercise (MUL) 11:15 Resident Forum (MUL) 2:00 Drum Fit (MUL) 6:30 Name that Tune (MUL) 6:30 Bridge (BST)	<b>21</b> "Kick off to Cruise Week. Sail Away With Us!" 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 2:00 Beauty Shop Dolls Singers (DR) 3:30 Yoga with Beate (MUL) 4:00 Go 4 Life Walking (LOBB) 4:30 Spanish Theme Dinner (DR) 6:30 Giant Crossword Game (MUL)	<b>22</b> 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 11:30 Lunch Outing: Trolls Restaurant (LOBB) 11:30 Moroccan Lunch (DR) 2:00 You be the Judge (L) 2:00 MOMA: Moroccan Art (MUL) 3:00 Happy Hour (PAPD) 7:00 Canasta (2ND)	<b>23</b> 9:30 Knit & Stitch (2ND) 10:30 Balance Exercises (MUL) 2:00 Italian Opera and Classic Pop Show (DR) 4:30 Italian Dinner (DR) 7:00 Mexican Train (CK)
<b>National Cocktail Day 24</b> 9:30 Knit & Stitch (2ND) 11:30 Turkish Lunch (DR) 2:00 JAVA Music Club (MUL) 3:15 Cruise week beverage feature (LOBB) 4:15 Stretch Class (MUL) 5:00 Visits with Bhavin (LOBB) 7:00 Scrabble Sundays (MUL)	<b>25</b> 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 11:15 Travelogue: Greece (MUL) 2:00 Music Variations Duo (MUL) 3:30 Yoga with Beate (MUL) 6:30 Mind Matters (MUL) 6:30 Bridge (BST) 7:00 Crib (MUL)	<b>26</b> Wear Your Cruise Outfit 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 11:30 Croatian Lunch (DR) 2:00 Bingo (MUL) 4:00 Documentary: Coatia's Secret Animal Paradise (MUL) 6:30 Trivia Time (MUL)	<b>27</b> 9:30 Knit & Stitch (2ND) 10:30 Zumba Exercise (MUL) 11:15 Food Forum (MUL) 2:00 Lauren's Food Demo (MUL) 3:00 Artful Craft (MUL) 4:30 French Dinner (DR) 6:30 Men's Club (MUL) 6:30 Bridge (BST) 7:00 Crib (MUL)	<b>28</b> 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 2:00 Sing-Along (MUL) 3:30 Yoga with Beate (MUL) 4:00 Go 4 Life Walking (LOBB) 6:30 Giant Crossword Game (MUL)	<b>29</b> 9:30 Knit & Stitch (2ND) 10:30 Morning Exercise (MUL) 1:00 Outing: Fibres West Show (LOBB) 2:00 You be the Judge (L) 2:00 MOMA: Museum of Modern Art (MUL) 3:00 Happy Hour (PAPD) 7:00 Canasta (2ND)	<b>30</b> National Take a Walk in the Park Day 9:30 Knit & Stitch (2ND) 10:30 Balance Exercises (MUL) 2:00 Painting Social (MUL) 4:00 Go 4 Life Walking (LOBB) 7:00 Mexican Train (CK)
<b>Easter Sunday 31</b> 9:30 Knit & Stitch (2ND) 11:30 Easter Brunch Today (DR) 2:00 JAVA Music Club (MUL) 4:00 Stretch Class (MUL) 5:00 Visits with Bhavin (LOBB) 6:15 Music with Robin (LOBB) 7:00 Scrabble Sundays (MUL)				<b>Locations Legend</b> <div>Multipurpose Room (MUL) 2nd floor (2ND) Lobby (LOBB) Dining Room (DR) Bistro (BST)</div> <div>Library (L) Pub and Private Dining Room (PAPD) County Kitchen (CK) Entire Building (EB)</div>		<b>Calendar Legend</b> <div>All Day</div> <div>Outing</div> <div>Special Program</div> <div>Resident Request</div> <div>Meet Me at the MOMA</div> <div>Go 4 Life Walking</div> <div>Java Music Club</div> <div>Cruise Week</div> <div>Signature Program</div> <div>Resident Run</div> <div>Drumfit</div>