

#### Lunch

Week 1							
	Sun Apr 2, 2023	Mon Apr 3, 2023	Tue Apr 4, 2023	Wed Apr 5, 2023	Thur Apr 6, 2023	Fri Apr 7, 2023	Sat Apr 8, 2023
Soup	Cream of Squash	Chicken Curry Soup	Cream of Tomato	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day
Entrée 1	Smoked Salmon & Cream Cheese	Baked Macaroni & Cheese	Salmon Salad Sandwich	Hot Beef Dip	Sliced Turkey & Bacon on Light Rye	Egg Salad Sandwich	BLT Sandwich
Side	Toasted Bagel	Garlic Toast	Marinated Vegetables	French Fries	Vinaigrette Coleslaw	Pasta Salad	Potato Bites
Entrée 2	Sliced Black Forest Ham Sandwich	Montreal Smoked Meat Sandwich	Chicken & Mushroom in White Wine Mustard Sauce	Lobster Sensation	Fresh Fruit Plate	Crab Cakes	Oriental Salad
Side	Caesar Salad	Mixed Bean Salad	Tossed Salad	Potato Salad	Banana Loaf	Tossed Salad	Bistro Bun
Dessert	Watermelon	Whipped Jello	Lemon Bar	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
				Dinner			
Appetizer	Cheese Plate	Spring Rolls	Cottage Cheese w/ Pineapple	Bruschetta	Am XX	Spinach Salad	Waldorf Salad
Entrée 1	Chicken Cordon Bleu	Grilled Ham Steak w/Pineapple	Turkey Snitzel w/ Cranberry Sauce	English Style Corned Beef w/Cabbage	HAPPY PASSOVER	Catch of the Day	Poached Chicken Breast w/ Tarragon Sauce
Side	O'Brien Potatoes	Lyonnaise Potatoes	Mashed Potatoes	O'Brien Potatoes		Boiled Potatoes	Mashed Potatoes
Entrée 2	Spanish Steak	Breaded Perch w/ Rice	Spaghetti Bolognese w/ Garlic Toast	Catch of the Day	Passover Dinner	Baked French Canadian Tourtiere	Breaded Beef Liver w/ Onions & Bacon
Side	O'Brien Potatoes	Rice	Garlic Bread	O'Brien Potatoes		Boiled Potatoes	Mashed Potatoes
Vegetable	Cauliflower	Brussel Sprouts	Garden Mixed Vegetables	Green Peas	HAPPY **	Baked Cauliflower	Sauerkraut
Vegetable	Acorn Squash	Turnips	Baked Yam	Baked Squash	PASSOVER	Peas & Carrots	Green Beans w/ Almonds
Dessert	Green Tea Ice Cream	Tiramisu	Cinnamon Roll	Chef's Choice	Oberitad from Grandiste John Grandis	Chef's Choice	Chef's Choice

<sup>\*</sup> Menu item contains a Superfood.





Living Loving Local

Sun Apr 2, 2023

Soup of the day

Cream of Squash

Entrée 1

Smoked Salmon & Cream Cheese

<u>Side</u>

Toasted Bagel

Entrée 2

Sliced Black Forest Ham Sandwich

Side

Caesar Salad

**Dessert** 

Watermelon

# DINNER

Sun Apr 2, 2023

**Appetizer** 

Cheese Plate

Entrée 1

Chicken Cordon Bleu

Entrée 2

Spanish Steak

**Starch** 

O'Brien Potatoes

**Vegetables** 

Cauliflower

Acorn Squash

**Dessert** 

Green Tea Ice Cream

fruit juice, fresh brewed coffee, assorted teas full bar service available







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fruit juice, fresh brewed coffee, assorted teas full bar service available

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Mon Apr 3, 2023

Soup of the day

Chicken Curry Soup

Entrée 1

Baked Macaroni & Cheese

Side

Garlic Toast

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Entrée 2

Montreal Smoked Meat Sandwich **Side** 

Mixed Bean Salad

**Dessert** 

Whipped Jello

# **DINNER**

Mon Apr 3, 2023

**Appetizer** 

Spring Rolls

Entrée 1

Grilled Ham Steak w/Pineapple

Entrée 2

Breaded Perch w/ Rice

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Starch

Lyonnaise Potatoes

**Vegetables** 

Brussel Sprouts Turnips

**Dessert** 

**Tiramisu** 

fruit juice, fresh brewed coffee, assorted teas full bar service available



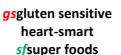




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## Tue Apr 4, 2023

### Soup of the day

Cream of Tomato

### Entrée 1

Salmon Salad Sandwich

#### Side

Marinated Vegetables

### Entrée 2

Chicken & Mushroom in White Wine

### <u>Side</u>

Tossed Salad

#### **Dessert**

Lemon Bar

fruit juice, fresh brewed coffee, assorted teas full bar service available















### Tue Apr 4, 2023

### **Appetizer**

Cottage Cheese w/ Pineapple

#### Entrée 1

Turkey Snitzel w/ Cranberry Sauce

#### Entrée 2

Spaghetti Bolognese w/ Garlic Toast

Starch

Mashed Potatoes

**Vegetables** 

Garden Mixed Vegetables Baked Yam

**Dessert** 

Cinnamon Roll

fruit juice, fresh brewed coffee, assorted teas full bar service available

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## Wed Apr 5, 2023

Soup of the day

Soup of The Day

Entrée 1

Hot Beef Dip

**Side** 

French Fries

Entrée 2

Lobster Sensation

Side

Potato Salad

**Dessert** 

Assorted Desserts

fruit juice, fresh brewed coffee, assorted teas full bar service available

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# DINNER

# Wed Apr 5, 2023

### **Appetizer**

Bruschetta

#### Entrée 1

English Style Corned Beef w/Cabbage

### Entrée 2

Catch of the Day

Starch

O'Brien Potatoes

**Vegetables** 

Green Peas

Baked Squash

**Dessert** 

Chef's Choice

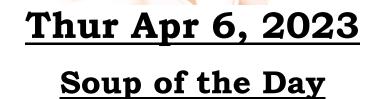
fruit juice, fresh brewed coffee, assorted teas full bar service available











Soup of The Day

### Entrée 1

Sliced Turkey & Bacon on Light Rye

### Side

Vinaigrette Coleslaw

Entrée 2

Fresh Fruit Plate

**Side** 

Banana Loaf

**Dessert** 

Assorted Desserts

fruit juice, fresh brewed coffee, assorted teas full bar service available











Spinach Salad

### Entrée 1

Poached Chicken Breast w/Tarragon

### Entrée 2

Grilled Veal Liver w/Grilled Onions

Starch

Duchesse Potato

**Vegetables** 

Braised Red Cabbage Jardiniere of Vegetables

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available

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Fri Apr 7, 2023

Soup of the day

Soup of The Day

Entrée 1

Egg Salad Sandwich

<u>Side</u>

Pasta Salad

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Entrée 2

Crab Cakes

**Side** 

Tossed Salad

**Dessert** 

Assorted Desserts

### DINNER

Fri Apr 7, 2023

**Appetizer** 

Spinach Salad

Entrée 1

Catch of the Day

Entrée 2

Baked French Canadian Tourtiere

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**Starch** 

**Boiled Potatoes** 

**Vegetables** 

Baked Cauliflower

Peas & Carrots

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available







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Sat Apr 8, 2023

Soup of the Day

Soup of The Day

Entrée 1

BLT Sandwich

<u>Side</u>

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Entrée 2

Oriental Salad

<u>Side</u>

Bistro Bun

**Dessert** 

Assorted Desserts

fruit juice, fresh brewed coffee, assorted teas full bar service available







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# DINNER

Sat Apr 8, 2023

**Appetizer** 

Waldorf Salad

Entrée 1

Poached Chicken Breast w/ Tarragon Sauce

Entrée 2

Breaded Beef Liver w/ Onions & Bacon

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Starch

Mashed Potatoes

**Vegetables** 

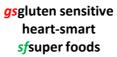
Sauerkraut

*Green Beans w/ Almonds* 

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available









#### **ALTERNATIVE MENU**



#### Build your own Caesar Salad

Shrimp, Calamari, Chicken Breast

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#### **Build your own Omelette**

Ham, Mushroom, Shrimp, Fresh Herbs, Cheese

#### Fresh Fruit Plate

With Cottage Cheese







#### **ALTERNATIVE MENU**



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Shrimp, Calamari, Chicken Breast

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#### Fresh Fruit Plate

With Cottage Cheese





