

### Lunch

Week 3	Sun Apr 23, 2023	Mon Apr 24, 2023	Tue Apr 25, 2023	Wed Apr 26, 2023	Thur Apr 27, 2023	Fri Apr 28, 2023	Sat Apr 29, 2023
Soup	Lentil & Vegetable Soup	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day
Entrée 1	Smoked Salmon w/ Cream Cheese	Cold Seafood Platter	Hot Dog	Ham & Asparagus	Turkey & Cranberry Wrap	BBQ Pork on a Bun	Toasted BLT Sandwich
Side	Toasted Bagel	Potato Salad	French Fries	Tater Tots	Marinated Vegetables	Onion Rings	Potato Wedges
Entrée 2	Chicken Quesadilla	Hamburger on Bun	Egg Salad Sandwich	Tuna Salad Sandwich	Shrimp Caesar Salad	Toasted Waffles	Crab Cakes
Side	Tater Tots	French Fries	Sliced Fruit	Apple & Raisin Slaw	Croissant	Sausage	Tossed Salad
Dessert	Fruit Yogurt	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
Dinner							
Appetizer	Spring Roll	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Entrée 1	Citrus Glazed Ham	Beef Petite Tenders w/Wild Mushroom Sauce	Beef Meatball Stroganoff	Chicken Souvlaki	Chicken Cordon Bleu	Grilled Turkey Cutlet w/Mushroom Sauce	Roasted Pork
Side	Scalloped Potatoes	Mashes Potatoes	Egg Noodles	Boiled Potatoes	Lyonnaise Potatoes	Rice	O'Brien Potatoes
Entrée 2	Lamb Chops	Catch of the Day	Pasta Night	Catch of the Day	Braised Lamb Shank w/Mint Jelly	Catch of the Day	Butter Chicken w/Naan Bread
Side	Scalloped Potatoes	Rice	Scalloped Potatoes	Boiled Potatoes	Lyonnaise Potatoes	Rice	O'Brien Potatoes
Vegetable	Acorn Squash	Vichy of Carrots	Baked Yams	Green Beans	Swiss Chard	Peas & Carrots	Jardiniere of Vegetables
Vegetable	Lima Beans	Snap Peas	Baby Bok Choy	Mexican Corn	Baked Squash	Baked Cauliflower	Sauteed Spinach
Dessert	Green Tea Ice Cream	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice

<sup>\*</sup> Menu item contains a Superfood.





Living Loving Local

Sun Apr 23, 2023

Soup of the day

Lentil & Vegetable Soup

Entrée 1

Smoked Salmon w/ Cream Cheese

<u>Side</u>

Toasted Bagel

Entrée 2

Chicken Quesadilla

**Side** 

Tater Tots

**Dessert** 

Fruit Yogurt

DINNER

Sun Apr 23, 2023

**Appetizer** 

Spring Roll

Entrée 1

Citrus Glazed Ham

Entrée 2

Lamb Chops

**Starch** 

Scalloped Potatoes

**Vegetables** 

Acorn Squash

Lima Beans

**Dessert** 

Green Tea Ice Cream

fruit juice, fresh brewed coffee, assorted teas full bar service available







**INSPIRED SENIOR LIVING** 



fruit juice, fresh brewed coffee, assorted teas full bar service available

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## Mon Apr 24, 2023

Soup of the day

Soup of The Day

Entrée 1

Cold Seafood Platter

**Side** 

Potato Salad

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Entrée 2

Hamburger on Bun **Side** 

Tater Tots

**Dessert** 

Assorted Desserts

fruit juice, fresh brewed coffee, assorted teas full bar service available

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## DINNER

## Mon Apr 24, 2023

## **Appetizer**

Chef's Choice

### Entrée 1

Beef Petite Tenders w/Wild Mushroom Sauce

Entrée 2

Catch of the Day

Starch

Mashes Potatoes

**Vegetables** 

Vichy of Carrots Snap Peas

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available

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## Tue Apr 25, 2023

## Soup of the day

Soup of The Day

Entrée 1

Hot Dog

<u>Side</u>

French Fries

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## Entrée 2

Egg Salad Sandwich
Side

Sliced Fruit

### **Dessert**

Assorted Desserts

## DINNER



**Appetizer** 

Chef's Choice

Entrée 1

Beef Meatball Stroganoff

Entrée 2

Pasta Night

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## Starch

Egg Noodles

**Vegetables** 

Baked Yams Baby Bok Choy

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available







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Wed Apr 26, 2023

Soup of the day

Soup of The Day

Entrée 1

Ham & Asparagus

**Side** 

Tater Tots

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Entrée 2

Tuna Salad Sandwich

Side

Apple & Raisin Slaw

**Dessert** 

Assorted Desserts

# DINNER

Wed Apr 26, 2023

**Appetizer** 

Chef's Choice

Entrée 1

Chicken Souvlaki

Entrée 2

Catch of the Day

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**Starch** 

**Boiled Potatoes** 

**Vegetables** 

Green Beans

Mexican Corn

**Dessert** 

Chef's Choice

Fruit Juice, Fresh Brewed Coffee, Assorted Teas Full Bar Service Available







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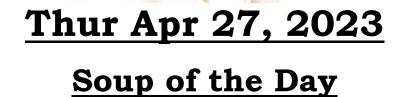
Fruit Juice, Fresh Brewed Coffee, Assorted Teas Full Bar Service Available

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Soup of The Day

Entrée 1

Turkey & Cranberry Wrap

**Side** 

Marinated Vegetables

Entrée 2

Shrimp Caesar Salad

<u>Side</u>

Croissant

**Dessert** 

Assorted Desserts

fruit juice, fresh brewed coffee, assorted teas full bar service available







# DINNER



**Appetizer** 

Chef's Choice

Entrée 1

Chicken Cordon Bleu

Entrée 2

Braised Lamb Shank w/Mint Jelly

Starch

Lyonnaise Potatoes

**Vegetables** 

Swiss Chard Baked Squash

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available

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Fri Apr 28, 2023

Soup of the day

Soup of The Day

Entrée 1

BBQ Pork on a Bun

Side

Onion Rings

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Entrée 2

Toasted Waffles

Side

Sausage

**Dessert** 

Assorted Desserts

DINNER

Fri Apr 28, 2023

**Appetizer** 

Chef's Choice

Entrée 1

Grilled Turkey Cutlet w/Mushroom Sauce

Entrée 2

Catch of the Day

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Starch

Rice

**Vegetables** 

Peas & Carrots

Baked Cauliflower

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available

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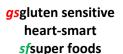




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Sat Apr 29, 2023

Soup of the Day

Soup of The Day

Entrée 1

Toasted BLT Sandwich

<u>Side</u>

Potato Wedges

Entrée 2

Crab Cakes

<u>Side</u>

Tossed Salad

**Dessert** 

Assorted Desserts

# DINNER

Sat Apr 29, 2023

**Appetizer** 

Chef's Choice

Entrée 1

Roasted Pork

Entrée 2

Butter Chicken w/Naan Bread

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Starch

O'Brien Potatoes

**Vegetables** 

Jardiniere of Vegetables

Sauteed Spinach

**Dessert** 

Chef's Choice

fruit juice, fresh brewed coffee, assorted teas full bar service available



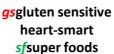




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### **ALTERNATIVE MENU**



### Build your own Caesar Salad

Shrimp, Calamari, Chicken Breast

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### **Build your own Omelette**

Ham, Mushroom, Shrimp, Fresh Herbs, Cheese

#### Fresh Fruit Plate

With Cottage Cheese







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