

**Lunch**

Week 2	Sun Dec 10, 2023	Mon Dec 11, 2023	Tue Dec 12, 2023	Wed Dec 13, 2023	Thur Dec 14, 2023	Fri Dec 15, 2023	Sat Dec 16, 2023
Soup	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day
Entrée 1	Eggs Benedict	Roast Beef Sandwich	Tuna Salad Sandwich	Baked Macaroni & Cheese	Western Sandwich	Egg Salad Sandwich	Sliced Turkey Sandwich
Side	Tater Tots	Potato Salad	Coleslaw Vinaigrette	Tossed Salad	Tater Tots	Marinated Vegetable	Cranberry Fluff
Entrée 2	Lobster Roll	French Toast	Baked Sausage Roll	Broiled Hot Dog	Grilled Crab Cakes	BBQ Pork on a Bun	Grilled Pancakes
Side	Potato Chips	Turkey Bacon	Greek Salad	Sweet Potato Fries	Tossed Salad	French Fries	Sausage
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

**Dinner**

Appetizer	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Entrée 1	Roast 1/4 Chicken w/Cranberry Sauce	Baked Meatloaf w/Hunter Sauce	Chicken Marengo	Sauteed Beef Tenderloin Tips w/Mushroom	Braised Beef Short Ribs	Catch of the Day	Grilled Veal Liver w/Onions
Side	Mashed Potatoes	Boiled Potatoes	Duchesse Potatoes	Lyonnais Potatoes	Baked Potato	Boiled Potatoes	Mashed Potatoes
Entrée 2	Lamb Chops w/Mint Jelly	Catch of the Day	Pasta Night	Catch of the Day	Ginger Chicken w/Rice & Spring Rolls	Chicken & Mushroom in a Puff Pastry	Baked French Canadian Tourtiere
Side	Mashed Potatoes	Boiled Potatoes	Garlic Toast	Lyonnais Potatoes	Rice	Boiled Potatoes	Mashed Potatoes
Vegetable	Baked Ratatouille	Carrots Batons	Baked Yams	Broccoli	Buttered Parsnips	Cauliflower	Garden Mixed Vegetables
Vegetable	Peas & Carrots	Sauerkraut	Green Beans w/Almonds	Harvard Beets	Baked Beans	Green Peas	Lima Beans
Dessert	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice

\* Menu item contains a Superfood.



Living Loving Local

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea

Choose Superfoods more often for optimal health - Apples, Avocado, Beans, Lentils, Beets, Blackberries, Bran, Oats, Broccoli, Cauliflower, Cherries, Cranberry, Eggs, Fatty Fish-Salmon, Nuts, Peaches, Raspberries, Spinach, Strawberries, Squash, Tomato &amp; Yogurt

# LUNCH



**Sun Dec 10, 2023**

## Soup of the day

*Soup of The Day*

## Entrée 1

*Eggs Benedict*

## Side

*Tater Tots*

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## Entrée 2

*Lobster Roll*

## Side

*Potato Chips*

## Dessert

*Assorted Desserts*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Sun Dec 10, 2023**

## Appetizer

*Chef's Choice*

## Entrée 1

*Roast 1/4 Chicken w/ Cranberry Sauce*

## Entrée 2

*Lamb Chops w/ Mint Jelly*

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## Starch

*Mashed Potatoes*

## Vegetables

*Baked Ratatouille*

*Peas & Carrots*

## Dessert

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH



**Mon Dec 11, 2023**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Roast Beef Sandwich*

## **Side**

*Potato Salad*

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## **Entrée 2**

*French Toast*

## **Side**

*Turkey Bacon*

## **Dessert**

*Assorted Desserts*

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full bar service available

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# DINNER



**Mon Dec 11, 2023**

## **Appetizer**

*Chef's Choice*

## **Entrée 1**

*Baked Meatloaf w/ Hunter Sauce*

## **Entrée 2**

*Catch of the Day*

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## **Starch**

*Boiled Potatoes*

## **Vegetables**

*Carrots Batons*

*Sauerkraut*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH



**Tue Dec 12, 2023**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Tuna Salad Sandwich*

## **Side**

*Coleslaw Vinegrette*

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## **Entrée 2**

*Baked Sausage Roll*

## **Side**

*Greek Salad*

## **Dessert**

*Assorted Desserts*

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full bar service available

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# DINNER



**Tue Dec 12, 2023**

## **Appetizer**

*Chef's Choice*

## **Entrée 1**

*Chicken Marengo*

## **Entrée 2**

*Pasta Night*

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## **Starch**

*Duchesse Potatoes*

## **Vegetables**

*Baked Yams*

*Green Beans w/ Almonds*

## **Dessert**

*Chef's Choice*

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full bar service available

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# LUNCH



**Wed Dec 13, 2023**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Baked Macaroni & Cheese*

## **Side**

*Tossed Salad*

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## **Entrée 2**

*Broiled Hot Dog*

## **Side**

*Sweet Potato Fries*

## **Dessert**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# DINNER



**Wed Dec 13, 2023**

## **Appetizer**

*Chef's Choice*

## **Entrée 1**

*Sauteed Beef Tenderloin Tips  
w/ Mushroom*

## **Entrée 2**

*Catch of the Day*

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## **Starch**

*Lyonnaise Potatoes*

## **Vegetables**

*Broccoli*

*Harvard Beets*

## **Dessert**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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**Foods**



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# LUNCH



**Thur Dec 14, 2023**

## **Soup of the Day**

*Soup of The Day*

## **Entrée 1**

*Western Sandwich*

## **Side**

*Tater Tots*

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## **Entrée 2**

*Grilled Crab Cakes*

## **Side**

*Tossed Salad*

## **Dessert**

*Assorted Desserts*

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full bar service available

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# DINNER



**Thur Dec 14, 2023**

## **Appetizer**

*Chef's Choice*

## **Entrée 1**

*Braised Beef Short Ribs*

## **Entrée 2**

*Ginger Chicken w/ Rice & Spring Rolls*

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## **Starch**

*Baked Potato*

## **Vegetables**

*Buttered Parsnips*

*Baked Beans*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH

**Fri Dec 15, 2023**

## Soup of the day

*Soup of The Day*

## Entrée 1

*Egg Salad Sandwich*

## Side

*Marinated Vegetable*

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## Entrée 2

*BBQ Pork on a Bun*

## Side

*French Fries*

## Dessert

*Assorted Desserts*

fruit juice, fresh brewed coffee, assorted teas  
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# DINNER

**Fri Dec 15, 2023**

## Appetizer

*Chef's Choice*

## Entrée 1

*Catch of the Day*

## Entrée 2

*Chicken & Mushroom in a Puff Pastry*

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## Starch

*Boiled Potatoes*

## Vegetables

*Cauliflower*

*Green Peas*

## Dessert

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH



**Sat Dec 16, 2023**

## **Soup of the Day**

*Soup of The Day*

### **Entrée 1**

*Sliced Turkey Sandwich*

### **Side**

*Cranberyy Fluff*

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### **Entrée 2**

*Grilled Pancakes*

### **Side**

*Sausage*

### **Dessert**

*Assorted Desserts*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Sat Dec 16, 2023**

## **Appetizer**

*Chef's Choice*

## **Entrée 1**

*Grilled Veal Liver w/ Onions*

## **Entrée 2**

*Baked French Canadian Tourtiere*

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## **Starch**

*Mashed Potatoes*

## **Vegetables**

*Garden Mixed Vegetables*

*Lima Beans*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

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### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

~ ~ ~

### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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