

**Lunch**

Week 2	Sun Jan 07, 2023	Mon Jan 08, 2024	Tue Jan 09, 2024	Wed Jan 10, 2024	Thur Jan 11, 2024	Fri Jan 12, 2024	Sat Jan 13, 2024
Soup	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day
Entrée 1	Farmers Omelette	French Toast	Grilled Cheese Sandwich	Turkey Salad Sandwich	Philly Steak on a Bun	Toasted Club House	Grilled Reuben Sandwich
Side	Tater Tots	Sausage	Marinated Vegetable Salad	Cranberry Fluff Salad	Steak Fries	Caesar Salad	Sliced Fruit
Entrée 2	Salmon Salad Sandwich	Broiled Hamburger	Shrimp Caesar Salad	Baked Cannelloni	Oriental Salad	Seafood Croissant	Sliced Black Forest Ham on Croissant
Side	Cucumber Salad	French Fries	Croissant	Garlic Toast	Bistro Bun	Caesar Salad	Coleslaw
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

**Dinner**

Appetizer	Tossed Garden Salad	Mixed Pickles & Olives	Vegetable Crudites w/Dip	Cottage Cheese & Pineapple	Caesar Salad	Claremont Salad	Bean Salad
Entrée 1	Roast Chicken w/Pan Gravy	English Style Corned Beef w/Cabbage	Turkey Picatta w/Marinara Sauce	Roast Pork w/Apple Sauce	Ginger Beef w/Steamed Rice	Catch of the Day	BBQ Chicken Legs
Side	Baked Mashed Potatoes	Parsley Boiled Potatoes	Rice	Delmonico Potatoes	Steamed Rice	Boiled Potatoes	Croquette Potatoes
Entrée 2	Lamb Kebab	Catch of the Day	Pasta Night	Catch of the Day	Cabbage Roll & Perogy Platter	English Bangers & Mash	Veal Chasseur w/Rice
Side	Baked Mashed Potatoes	Parsley Boiled Potatoes	Garlic Toast	Delmonico Potatoes	Perogies	Mashed Potatoes	Rice
Vegetable	Roasted Brussel Sprouts	Baked Butternut Squash	Broccoli Hollandaise	Steamed Parsnips	Steamed Cabbage	Stuffed Zucchini	Baked Cauliflower
Vegetable	Candied Yams	Cabbage	Mexican Corn	Spinach	Carrot Battons	Jardiniere of Vegetables	Sugar Snap Peas
Dessert	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice

\* Menu item contains a Superfood.



Living Loving Local

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea

Choose Superfoods more often for optimal health - Apples, Avocado, Beans, Lentils, Beets, Blackberries, Bran, Oats, Broccoli, Cauliflower, Cherries, Cranberry, Eggs, Fatty Fish-Salmon, Nuts, Peaches, Raspberries, Spinach, Strawberries, Squash, Tomato &amp; Yogurt

# LUNCH



**Sun Jan 07, 2023**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Farmers Omelette*

## **Side**

*Tater Tots*

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## **Entrée 2**

*Salmon Salad Sandwich*

## **Side**

*Cucumber Salad*

## **Dessert**

*Assorted Desserts*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Sun Jan 07, 2023**

## **Appetizer**

*Tossed Garden Salad*

## **Entrée 1**

*Roast Chicken w/ Pan Gravy*

## **Entrée 2**

*Lamb Kebab*

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## **Starch**

*Baked Mashed Potatoes*

## **Vegetables**

*Roasted Brussel Sprouts*

*Candied Yams*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH

**Mon Jan 08, 2024**

## Soup of the day

*Soup of The Day*

## Entrée 1

*French Toast*

## Side

*Sausage*

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## Entrée 2

*Broiled Hamburger*

## Side

*French Fries*

## Dessert

*Assorted Desserts*

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# DINNER

**Mon Jan 08, 2024**

## Appetizer

*Mixed Pickles & Olives*

## Entrée 1

*English Style Corned Beef w/ Cabbage*

## Entrée 2

*Catch of the Day*

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## Starch

*Parsley Boiled Potatoes*

## Vegetables

*Baked Butternut Squash*

*Cabbage*

## Dessert

*Chef's Choice*

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# LUNCH



**Tue Jan 09, 2024**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Grilled Cheese Sandwich*

## **Side**

*Marinated Vegetable Salad*

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## **Entrée 2**

*Shrimp Caesar Salad*

## **Side**

*Croissant*

## **Dessert**

*Assorted Desserts*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Tue Jan 09, 2024**

## **Appetizer**

*Vegetable Crudites w/ Dip*

## **Entrée 1**

*Turkey Picatta w/ Marinara Sauce*

## **Entrée 2**

*Pasta Night*

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## **Starch**

*Rice*

## **Vegetables**

*Broccoli Hollandaise*

*Mexican Corn*

## **Dessert**

*Chef's Choice*

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# LUNCH

**Wed Jan 10,2024**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Turkey Salad Sandwich*

## **Side**

*Cranberry Fluff Salad*

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## **Entrée 2**

*Baked Cannelloni*

## **Side**

*Garlic Toast*

## **Dessert**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# DINNER

**Wed Jan 10,2024**

## **Appetizer**

*Cottage Cheese & Pineapple*

## **Entrée 1**

*Roast Pork w/ Apple Sauce*

## **Entrée 2**

*Catch of the Day*

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## **Starch**

*Delmonico Potatoes*

## **Vegetables**

*Steamed Parsnips*

*Spinach*

## **Dessert**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# LUNCH



**Thur Jan 11, 2024**

## **Soup of the Day**

*Soup of The Day*

## **Entrée 1**

*Philly Steak on a Bun*

## **Side**

*Steak Fries*

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## **Entrée 2**

*Oriental Salad*

## **Side**

*Bistro Bun*

## **Dessert**

*Assorted Desserts*

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full bar service available

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# DINNER



**Thur Jan 11, 2024**

## **Appetizer**

*Caesar Salad*

## **Entrée 1**

*Ginger Beef w/ Steamed Rice*

## **Entrée 2**

*Cabbage Roll & Perogy Platter*

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## **Starch**

*Steamed Rice*

## **Vegetables**

*Steamed Cabbage*

*Carrot Battons*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH

**Fri Jan 12, 2024**

## Soup of the day

*Soup of The Day*

## Entrée 1

*Toasted Club House*

## Side

*Caesar Salad*

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## Entrée 2

*Seafood Croissant*

## Side

*Caesar Salad*

## Dessert

*Assorted Desserts*

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# DINNER

**Fri Jan 12, 2024**

## Appetizer

*Claremont Salad*

## Entrée 1

*Catch of the Day*

## Entrée 2

*English Bangers & Mash*

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## Starch

*Boiled Potatoes*

## Vegetables

*Stuffed Zucchini*

*Jardiniere of Vegetables*

## Dessert

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH



**Sat Jan 13, 2024**

## **Soup of the Day**

*Soup of The Day*

### **Entrée 1**

*Grilled Reuben Sandwich*

### **Side**

*Sliced Fruit*

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### **Entrée 2**

*Sliced Black Forest Ham on Croissant*

### **Side**

*Coleslaw*

### **Dessert**

*Assorted Desserts*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Sat Jan 13, 2024**

## **Appetizer**

*Bean Salad*

## **Entrée 1**

*BBQ Chicken Legs*

## **Entrée 2**

*Veal Chasseur w/ Rice*

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## **Starch**

*Croquette Potatoes*

## **Vegetables**

*Baked Cauliflower*

*Sugar Snap Peas*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

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### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

~ ~ ~

### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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