

Week 2	Sun Feb 4, 2023	Mon Feb 5, 2024	Tue Feb 6, 2024	Wed Feb 7, 2024	Thur Feb 8, 2024	Fri Feb 9, 2024	Sat Feb 10, 2024
Soup	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day
Entrée 1	Egg Benedict	Hot Dog	Tuna Salad Sandwich	Grilled Rubeen Sandwich	Chicken Burger	Grilled Cheese w/Tomato	Toasted Club House Sandwich
Side	Hash Brown	Baked Beans	Marinated Vegetable Salad	Greek Salad	French Fries	Tossed Salad	Marinated Vegetable Salad
Entrée 2	Chicken Salad Sandwich w/Sliced Avocado	Baked Macaroni & Cheese	Assorted Cold Meat Plate	Cheese Blintzes	Crab Cakes	BBQ Pork on a Bun	Chicken Caesar Salad
Side	Potato Salad	Tossed Salad	Dinner Roll	Strawberry Sauce	Tossed Salad	Tossed Salad	Baked Croissant
Dessert	Date Square	Chocolate Pudding	Pear Halves	Lemon Square	Butterscotch Pudding	Whipped Jello	Tapioca Pudding
<b>Dinner</b>							
Appetizer	Cheese Plate	Tossed Green Salad	Carrot & Pineapple Salad	Spinach Salad w/Cranberry	Creamy Coleslaw	Greek Salad	Four Bean Salad
Entrée 1	Roast Beef Striploin	Ham Steak w/Pineapple	Pasta Night	Roast Leg of Veal	Chicken Cacciatore	Catch of the Day	Southern Fried Chicken
Side	Stuffed Baked Potato	O'Brian Potatoes	Garlic Toast	Scalloped Potatoes	Egg Noodles	Parsley Boiled Potatoes	Mashed Potatoes
Entrée 2	Butter Chicken	Catch of the Day	Turkey Picatta	Catch of the Day	Shepherd's Pie	Curried Lamb	Cabbage Roll w/Perogies
Side	Rice	O'Brian Potatoes	Mashed Potatoes	Scalloped Potatoes	Mashed Potatoes	Rice	Boiled Potatoes
Vegetable	Broccoli w/Hollandaise	Sliced Carrots	Sauerkraut	Herb Zucchini	Battons of Rutabaga	Steamed Parsnips	Cauliflower Polonaise
Vegetable	Mashed Rutabaga	Snap Peas	Garden Mixed Vegetables	Baked Yams	Green Peas w/Onions	Spinach	Corn on the Cob
Dessert	Pear Helene	Lemon Pie	Blueberry Cobbler	Ice Cream	Chef's Choice	Black Forest Cake	Cheese Cake

\* Menu item contains a Superfood.



Living Loving Local

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea

Choose Superfoods more often for optimal health - Apples, Avocado, Beans, Lentils, Beets, Blackberries, Bran, Oats, Broccoli, Cauliflower, Cherries, Cranberry, Eggs, Fatty Fish-Salmon, Nuts, Peaches, Raspberries, Spinach, Strawberries, Squash, Tomato & Yogurt

# LUNCH

Sun Feb 4, 2023

## Soup of the day

*Soup of The Day*

## Entrée 1

*Egg Benedict*

## Side

*Hash Brown*

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## Entrée 2

*Chicken Salad Sandwich w/ Sliced*

*Avocado*

## Side

*Potato Salad*

## Dessert

*Date Square*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER

Sun Feb 4, 2023

## Appetizer

*Cheese Plate*

## Entrée 1

*Roast Beef Striploin*

## Entrée 2

*Butter Chicken*

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## Starch

*Stuffed Baked Potato*

## Vegetables

*Broccoli w/ Hollandaise*

*Mashed Rutabaga*

## Dessert

*Pear Helene*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH

**Mon Feb 5, 2024**

## Soup of the day

*Soup of The Day*

## Entrée 1

*Hot Dog*

## Side

*Baked Beans*

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## Entrée 2

*Baked Macaroni & Cheese*

## Side

*Tossed Salad*

## Dessert

*Chocolate Pudding*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER

**Mon Feb 5, 2024**

## Appetizer

*Tossed Green Salad*

## Entrée 1

*Ham Steak w/ Pineapple*

## Entrée 2

*Catch of the Day*

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## Starch

*O'Brian Potatoes*

## Vegetables

*Sliced Carrots*

*Snap Peas*

## Dessert

*Lemon Pie*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH



**Tue Feb 6, 2024**

## **Soup of the day**

*Soup of The Day*

## **Entrée 1**

*Tuna Salad Sandwich*

## **Side**

*Marinated Vegetable Salad*

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## **Entrée 2**

*Assorted Cold Meat Plate*

## **Side**

*Dinner Roll*

## **Dessert**

*Pear Halves*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Tue Feb 6, 2024**

## **Appetizer**

*Carrot & Pineapple Salad*

## **Entrée 1**

*Pasta Night*

## **Entrée 2**

*Turkey Picatta*

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## **Starch**

*Mashed Potatoes*

## **Vegetables**

*Sauerkraut*

*Garden Mixed Vegetables*

## **Dessert**

*Blueberry Cobbler*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH

Wed Feb 7, 2024

## Soup of the day

*Soup of The Day*

## Entrée 1

*Grilled Rubeen Sandwich*

## Side

*Greek Salad*

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## Entrée 2

*Cheese Blintzes*

## Side

*Strawberry Sauce*

## Dessert

*Lemon Square*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# DINNER

Wed Feb 7, 2024

## Appetizer

*Spinach Salad w/ Cranberry*

## Entrée 1

*Roast Leg of Veal*

## Entrée 2

*Catch of the Day*

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## Starch

*Scalloped Potatoes*

## Vegetables

*Herb Zucchini*

*Baked Yams*

## Dessert

*Ice Cream*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# LUNCH



**Thur Feb 8, 2024**

## **Soup of the Day**

*Soup of The Day*

## **Entrée 1**

*Chicken Burger*

## **Side**

*French Fries*

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## **Entrée 2**

*Crab Cakes*

## **Side**

*Tossed Salad*

## **Dessert**

*Butterscotch Pudding*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Thur Feb 8, 2024**

## **Appetizer**

*Creamy Coleslaw*

## **Entrée 1**

*Chicken Cacciatore*

## **Entrée 2**

*Shepherd's Pie*

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## **Starch**

*Egg Noodles*

## **Vegetables**

*Battons of Rutabaga  
Green Peas w/ Onions*

## **Dessert**

*Chef's Choice*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH

**Fri Feb 9, 2024**

## Soup of the day

*Soup of The Day*

## Entrée 1

*Grilled Cheese w/ Tomato*

## Side

*Tossed Salad*

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## Entrée 2

*BBQ Pork on a Bun*

## Side

*Tossed Salad*

## Dessert

*Whipped Jello*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER

**Fri Feb 9, 2024**

## Appetizer

*Greek Salad*

## Entrée 1

*Catch of the Day*

## Entrée 2

*Curried Lamb*

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## Starch

*Rice*

## Vegetables

*Steamed Parsnips*

*Spinach*

## Dessert

*Black Forest Cake*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# LUNCH



**Sat Feb 10, 2024**

**Soup of the Day**

*Soup of The Day*

**Entrée 1**

*Toasted Club House Sandwich*

**Side**

*Marinated Vegetable Salad*

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**Entrée 2**

*Chicken Caesar Salad*

**Side**

*Baked Croissant*

**Dessert**

*Tapioca Pudding*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# DINNER



**Sat Feb 10, 2024**

## **Appetizer**

*Four Bean Salad*

## **Entrée 1**

*Southern Fried Chicken*

## **Entrée 2**

*Cabbage Roll w/ Perogies*

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## **Starch**

*Mashed Potatoes*

## **Vegetables**

*Cauliflower Polonaise*

*Corn on the Cob*

## **Dessert**

*Cheese Cake*

fruit juice, fresh brewed coffee, assorted teas  
full bar service available

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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

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### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

~ ~ ~

### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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