



## Lunch

Week 2	Sun Apr 7, 2024	Mon Apr 8, 2024	Tue Apr 9, 2024	Wed Apr 10, 2024	Thur Apr 11, 2024	Fri Apr 12, 2024	Sat Apr 13, 2024
Soup	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day	Soup of The Day
Entrée 1	Toasted Waffles w/ Fruit Sauce	Chicken Wings	Tuna Salad Sandwich	Sliced Turkey Sandwich	Broiled Hamburger	Egg Salad Sandwich	Toasted BLT Sandwich
Side	Grilled Ham	Oriental Fried Rice	Vegetable Salad	Pasta Salad	Onion Rings	Potato Salad	Yam Fries
Entrée 2	Farmers Omelet	Sliced Smoked Meat on Rye	Baked Quiche	Peameal Bacon & Fried Egg on English Muffin	Vegetable Club	Grilled Potato Pancakes	Chef's Salad
Side	Tater Tots	Coleslaw & Pickles	Tomato Aspic	Chickpea Salad	Mediterranean Orzo Salad	Sausage	Cheese Biscuit
Dessert	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts

## Dinner

Appetizer	French Onion Soup	Tossed Salad	Marinated Vegetable Salad	Cottage Cheese & Pineapple	Chiffon Lettuce w/ Shrimp	Butter Lettuce Salad	Caesar Salad
Entrée 1	Roast Beef Striploin w/ Peppercorn Sauce	Roasted Pork w/ Apple Sauce	Chicken Coq Au ' Vin	Braised Beef Pot Roast	BBQ Chicken Legs	Catch of the Day	Breaded Veal Cutlet
Side	O'Brien Potatoes	Scalloped Potatoes	Rice	Spätzle	Stuffed Baked Potato	Rice	Delmonico Potato
Entrée 2	Chicken Stir Fry	Catch of the Day	Pasta Night	Catch of the Day	Beef Stir Fry	Beef Bourguignon	Cabbage Roll Platter
Side	Steamed Rice	Spanish Rice	Garlic Toast	Duchesse Potatoes	Rice	Rice	Perogies
Vegetable	Broccoli	Peas & Carrots	Steamed Cabbage	Lima Beans	Baked Beans	Swiss Chard	Wax Beans w/Brussels
Vegetable	Mexican Corn	Baked Squash	Battered Baby Carrots	Jardiniere	Garden Mixed Vegetables	Cauliflower	Baked Squash
Dessert	Ice Cream	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice

\* Menu Item Contains a Superfood.



Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea



Living Loving Local

Choose Superfoods more often for optimal health - Apples, Avocado, Beans, Lentils, Beets, Blackberries, Bran, Oats, Broccoli, Cauliflower, Cherries, Cranberry, Eggs, Fatty Fish-Salmon, Nuts, Peaches, Raspberries, Spinach, Strawberries, Squash, Tomato &amp; Yogurt

# LUNCH



**Sun Apr 7, 2024**

## **Soup of The Day**

*Soup of The Day*

### **Entrée 1**

*Toasted Waffles w/ Fruit Sauce*

### **Side**

*Grilled Ham*

### **Entrée 2**

*Farmers Omelet*

### **Side**

*Tater Tots*

### **Dessert**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted teas  
Full Bar Service Available

**GS** - Gluten Sensitive  
Heart-Smart  
**SF** - Super Foods



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# DINNER



**Sun Apr 7, 2024**

## **Appetizer:**

*French Onion Soup*

## **Entrée 1:**

*Roast Beef Striploin w/ Peppercorn Sauce*

## **Entrée 2:**

*Chicken Stir Fry*

## **Starch:**

*O'Brien Potatoes*

## **Vegetables:**

*Broccoli*

*Mexican Corn*

## **Dessert:**

*Ice Cream*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# LUNCH



**Mon Apr 8, 2024**

**Soup of the Day:**

*Soup of The Day*

**Entrée 1:**

*Chicken Wings*

**Side:**

*Oriental Fried Rice*

**Entrée 2:**

*Sliced Smoked Meat on Rye*

**Side:**

*Coleslaw & Pickles*

**Dessert:**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted teas  
Full Bar Service Available

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# DINNER



**Mon Apr 8, 2024**

**Appetizer:**

*Tossed Salad*

**Entrée 1:**

*Roasted Pork w/ Apple Sauce*

**Side:**

*Scalloped Potatoes*

**Entrée 2:**

*Catch of the Day*

**Starch:**

*Spanish Rice*

**Vegetables:**

*Peas & Carrots*

*Baked Squash*

**Dessert:**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
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# LUNCH



**Tue Apr 9, 2024**

**Soup of the Day:**

*Soup of The Day*

**Entrée 1:**

*Tuna Salad Sandwich*

**Side:**

**Entrée 2:**

*Baked Quiche*

**Side:**

*Tomato Aspic*

**Dessert:**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted teas  
Full Bar Service Available

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# DINNER



**Tue Apr 9, 2024**

## **Appetizer:**

*Marinated Vegetable Salad*

## **Entrée 1:**

*Chicken Coq Au ' Vin*

## **Side:**

*Rice*

## **Entrée 2:**

*Pasta Night*

## **Starch:**

*Garlic Toast*

## **Vegetables:**

*Steamed Cabbage*

*Battered Baby Carrots*

## **Dessert:**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# LUNCH

  
**Wed Apr 10,2024**

## **Soup of the Day:**

*Soup of The Day*

## **Entrée 1:**

*Sliced Turkey Sandwich*

## **Side:**

## **Entrée 2:**

*Peameal Bacon & Fried Egg on English*

*Muffin*

## **Side:**

*Chickpea Salad*

## **Dessert:**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted teas  
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# DINNER

  
**Wed Apr 10,2024**

## **Appetizer:**

*Cottage Cheese & Pineapple*

## **Entrée 1:**

*Braised Beef Pot Roast*

## **Side:**

*Spätzle*

## **Entrée 2:**

*Catch of the Day*

## **Starch:**

*Duchesse Potatoes*

## **Vegetables:**

*Lima Beans*

*Jardiniere*

## **Dessert:**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
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# LUNCH



**Thur Apr 11, 2024**

**Soup of the Day:**

*Soup of The Day*

**Entrée 1:**

*Broiled Hamburger*

**Side:**

**Entrée 2:**

*Vegetable Club*

**Side:**

*Mediterranean Orzo Salad*

**Dessert:**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted teas  
Full Bar Service Available

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# DINNER



**Thur Apr 11, 2024**

## **Appetizer:**

*Chiffon Lettuce w/ Shrimp*

## **Entrée 1:**

*BBQ Chicken Legs*

## **Side:**

*Stuffed Baked Potato*

## **Entrée 2:**

*Beef Stir Fry*

## **Starch:**

*Rice*

## **Vegetables:**

*Baked Beans*

*Garden Mixed Vegetables*

## **Dessert:**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# LUNCH



**Fri Apr 12, 2024**

**Soup of the Day:**

*Soup of The Day*

**Entrée 1:**

*Egg Salad Sandwich*

**Side:**

*Potato Salad*

**Entrée 2:**

*Grilled Potato Pancakes*

**Side:**

*Sausage*

**Dessert:**

*Assorted Desserts*

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# DINNER



**Fri Apr 12, 2024**

**Appetizer:**

*Butter Lettuce Salad*

**Entrée 1:**

*Catch of the Day*

**Entrée 2:**

*Beef Bourguignon*

**Starch:**

*Rice*

**Vegetables:**

*Swiss Chard*

*Cauliflower*

**Dessert:**

*Chef's Choice*

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# LUNCH



**Sat Apr 13, 2024**

**Soup of the Day:**

*Soup of The Day*

**Entrée 1:**

*Toasted BLT Sandwich*

**Side:**

*Yam Fries*

**Entrée 2:**

*Chef's Salad*

**Side:**

*Cheese Biscuit*

**Dessert:**

*Assorted Desserts*

Fruit Juice, Fresh Brewed Coffee, Assorted teas  
Full Bar Service Available

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# DINNER



**Sat Apr 13, 2024**

**Appetizer:**

*Caesar Salad*

**Entrée 1:**

*Breaded Veal Cutlet*

**Entrée 2:**

*Cabbage Roll Platter*

**Starch:**

*Perogies*

**Vegetables:**

*Wax Beans w/ Brussels*

*Baked Squash*

**Dessert:**

*Chef's Choice*

Fruit Juice, Fresh Brewed Coffee, Assorted Teas  
Full Bar Service Available

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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

~ ~ ~

### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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# ALTERNATIVE MENU



## LUNCH

### Build your own Caesar Salad

*Shrimp, Calamari, Chicken Breast*

~ ~ ~

### Build your own Omelette

*Ham, Mushroom, Shrimp, Fresh Herbs, Cheese*

### Fresh Fruit Plate

With Cottage Cheese



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