



Lunch

May 13-19	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Potato & Apple Soup	Coconut Curry Chicken Soup	New England Clam Chowder	*Tomato Basil Soup	Curried Cauliflower Soup	Country Vegetable & Bean Soup	Beef & Vegetable Soup
Entrée 1	Turkey Salad Sandwich	Roast Beef & Cheddar Sandwich	Canadian Club Sandwich	*Salmon Salad Sandwich	Tomato & Cucumber Sandwich	*Egg Salad Sandwich	Scrambled Eggs & Bacon
side	Spring Green Salad	Cucumber Dill Salad	Caesar Salad	Seasoned Potato Wedges	Mixed Green Salad	Spinach & Mandarin Salad	Beans & Toast
Entrée 2	*Fresh Fruit & Egg Plate	Crab Macaroni & Cheese	Quiche Lorraine	Mushroom Swiss Burger	BBQ Chicken Pizza	Perogies & Garlic Sausage	Banana Chocolate Pancakes
Side	Fresh Baked Scone	Cucumber Dill Salad	Caesar Salad	Seasoned Potato Wedges	Mixed Green Salad	Spinach & Mandarin Salad	Fresh Fruit Salad
Dessert	Profiteroles	Assorted Desserts	Chocolate Pudding	Banana Split	Butter Tart Bar	Vanilla Jelly Roll	Ice Cream Salad

Dinner

Soup	Ham & Vegetable Soup	French Onion Soup	Cream of Broccoli Soup	Sweet Onion & Lentil Soup	Minestrone Soup	Golden Mushroom Soup	Cream of Celery Soup
Salad	Chilled Chow Mein Salad	*Mixed Bean & Feta Salad	Carrot & Pineapple Salad	* Caprese Salad	Shredded Coleslaw	Beet & Goat Cheese Salad	Waldorf Salad
Entrée 1	Honey Garlic Fried Beef	Citrus Baked Sole Filet	Penne Pasta Primavera	Roasted Pork Picatta	Grilled Italian Sausage	Breaded Veal Schnitzel	Braised Baby Beef Liver
Side	Crispy Spring Roll	Scalloped Potatoes	Garlic Bread	Fragrant Vegetable Rice Pilaf	Crispy French Fries	Herb Mashed Potatoes	Baked Potato & Sour Cream
Entrée 2	Lemon Ginger Sautéed Shrimp	Dijon & Herb Pork Medallion	Lamb Shepherds Pie	Marinated Chicken Thighs	Beer Battered Cod Loin	Chicken Coq Au Vin	Orange & Rosemary Baked Ham
Side	Crispy Spring Roll	Scalloped Potatoes	Buttered Mashed Potatoes	Fragrant Vegetable Rice Pilaf	Crispy French Fries	Herb Mashed Potatoes	Baked Potato & Sour Cream
Vegetable	Egg Fried Rice	Buttered Corn	Green Garden Peas	Steamed Carrot Coins	Yellow Wax Beans	Grilled Asparagus	*Steamed Broccoli
Vegetable	Stir Fried Vegetables	*Sweet Roasted Red Beets	*Steamed Cauliflower	* Lemon Broccoli	*Roasted Zucchini	*Balsamic Roast Tomato	Honey Glazed Carrots
Dessert	Mocha Mousse Cake	German Chocolate Cake	Red Velvet Cake	Mini Apple Raisin Pie	Cinnamon Raisin Rice Pudding	Pineapple Carrot Loaf	Banana Cream Pie

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local
Asparagus & Rhubarb

Breakfast - Daily menu choices - Hard Boiled Eggs, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea

Menu subject to change due to product availability