



Lunch

April 29- May 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	*Garden Bean Minesrtone	Chicken & Rice Soup	*Butternut Squash & Apple Soup	Lemon Orzo & Chicken Soup	Sweet Potato & Chive Soup	*Minestrone Soup	Loaded Potato Soup
Entrée 1	Peameal Bacon B.L.T	Deluxe Hamburger	Turkey & Brie Sandwich	Grilled Apple & Cheese Sandwich	Tuna Salad Sandwich	Spring Green Salad with Chicken	Eggs Benedict
side	Garden Salad	Sweet Potato Fries	Beet & Sweet Onion Bun	Mixed Greek Salad	Potato & Deviled Egg Salad	Sweet Potato Bun	Hashbrowns
Entrée 2	Lemon Pepper Chicken Wings	Poached Eggs Avocado Toast	Smoked Salmon Bagel	Fried Calamari & Tzatziki	BBQ Chicken Quesadilla	Grilled Ham & Swiss Sandwich	Apple Cinnamon French Toast
Side	Vegetable Sticks	Sweet Potato Fries	Romaine & Mandarin Salad	Mixed Greek Salad	Potato & Deviled Egg Salad	Spring Green Salad	Fresh Fruit Salad
Dessert	Tapioca Pudding	Assorted Desserts	Rhubard Compote & Ice Cream	Baklava	Vanilla Cream Roll	Assorted Desserts	Ice Cream Sundae

Dinner

Soup	*Tomato & Fennel Soup	*Potato & Spinach Soup	Salmon & Dill Chowder	Roasted Pepper & Tomato Soup	Ham & Barley Soup	Cream of Mushroom Soup	Cream of Asparagus Soup
Salad	Baby Sweet Pepper Salad	Cranberry Cheese Phyllo	Kale & Romaine Caesar Salad	Dill Cucumber Salad	Shredded Coleslaw	Chickpea Salad	*Beet & Apple Salad
Entrée 1	Beef & Mushroom Pot Pie	Four Cheese Ravioli	Soy & Ginger Glazed Cod Loin	Dijon & Rosemary Roast Pork Loin	Grilled Sausage on a Bun	Spinach & Cheese Cannelloni	Bacon Wrapped Beef Tenderloin
Side	Roasted Sweet Potato	Garlic Bread	Fragrant Rice Pilaf	Scallop Potatoes	Crispy French Fries	Garlic Bread	Herb Mashed Potatoes
Entrée 2	New Orleans Style Cajun Basa Filet	Texas Slow Roasted Pork Butt	Baked Penne Carbonara	Marinated Chicken Thighs	Beer Battered Cod Loin	Thyme Roasted Pork Tenderloin	Almond Crusted Salmon Filet
Side	Roasted Sweet Potato	Garlic Roasted Potato Wedges	Fragrant Rice Pilaf	Scallop Potatoes	Crispy French Fries	O'Brien Potatoes	Herb Mashed Potatoes
Vegetable	Yellow Wax Beans	Sugar Snap Peas	Sauteed Red Peppers	White Wine Garlic Spinach	Buttered Corn	*Lemon Broccoli	*Cauliflower Gratin
Vegetable	*Sauteed Dilled Zucchini	Roasted Cauliflower	Garlic Buttered Green Beans	Carrot Puree	Green Mushy Peas	*Slow Roasted Tomato	Roasted Honey Carrots
Dessert	Red Wine Poached Pears	Orange Citrus Cake	Lemonicious Bar	Pineapple Upside Down Cake	Mini Blackberry Tart	Country Carrot Cake	Pecan Pie

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local

Eggs & Lamb

Breakfast - Daily menu choices - Hard Boiled Eggs, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea

Menu subject to change due to product availability