



INSPIRED SENIOR LIVING




# June 2024

## White Cliffe Terrace Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Pride Month</b></p>	 <p><b>Father's Day</b></p>	 <p><b>Canada's National Indigenous Peoples Day</b></p>				
<p><b>9:00 Resident-Run Go 4 Life Walk (AF) 2</b></p> <p><b>10:00 Anglican Church Service (CHA)</b></p> <p><b>10:30 Resident-Run Adult Colouring (BIS)</b></p> <p><b>1:30 Movie Matinee: Keeping Mum (Comedy) (MT2F)</b></p> <p><b>2:00 Resident-Run Euchre Players Unite! (TFL)</b></p> <p><b>3:30 DrumFit (MT2F)</b></p> <p><b>4:15 Pre-Dinner Trivia (GFL)</b></p> <p><b>5:30 Resident-Run Shuffleboard &amp; Billiards (BRLL)</b></p>	<p><b>9:00 Resident-Run Jigsaw Puzzle Challenge (TFL) 3</b></p> <p><b>10:00 Falls Prevention Exercise Class (MT2F)</b></p> <p><b>1:00 Bingo (TFL)</b></p> <p><b>2:00 Afternoon Tunes with James Skarnikat (PAT)</b></p> <p><b>3:30 Meet Me @ The MoMA, learn about the artist (BIS)</b></p> <p><b>3:45 Meet Me @ The MoMA, inspired art (BIS)</b></p> <p><b>6:00 Resident-Run Card Games (TFL)</b></p>	<p><b>NATIONAL CHEESE DAY 4</b></p> <p><b>9:30 Outing: The Big Apple &amp; Lunch (Sign-Up Required) (RECE)</b></p> <p><b>10:30 Rosary Group with Shirley (CHA)</b></p> <p><b>10:30 DrumFit (MT2F)</b></p> <p><b>1:00 Resident-Run Go 4 Life Walk (PAT)</b></p> <p><b>2:00 Resident-Run Dominoes (TFL)</b></p> <p><b>4:15 Pre-Dinner Trivia (GFL)</b></p> <p><b>6:00 Movie Night: Irish Wish (Romance) (MT2F)</b></p>	<p><b>8:30 Resident-Run News Group (GFL) 5</b></p> <p><b>9:15 Tai Chi (MT2F)</b></p> <p><b>10:45 Green Thumb Gardening Group (CR)</b></p> <p><b>1:00 Bingo (TFL)</b></p> <p><b>1:00 Tuck Shop (Suite to Suite) (STS)</b></p> <p><b>2:15 Java Music Singalong Club (BIS)</b></p> <p><b>3:00 Happy Hour: Root beer Floats (BIS)</b></p> <p><b>5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)</b></p>	<p><b>10:30 Seated Exercise with Tanya (MT2F) 6</b></p> <p><b>10:30 Artfull Enrichment (CR)</b></p> <p><b>1:00 Resident-Run Bible Conversational Group (TFL)</b></p> <p><b>1:00 Outing: Oshawa Botanical Gardens (Sign-Up Required) (OUT)</b></p> <p><b>2:30 Resident-Run Go 4 Life Walk (PAT)</b></p> <p><b>3:30 Fit Minds: Stay Sharp (TFL)</b></p> <p><b>6:00 Resident-Run Billiards Night (BRLL)</b></p>	<p><b>10:00 Falls Prevention Exercise Class (MT2F) 7</b></p> <p><b>10:30 Roman Catholic Service (CHA)</b></p> <p><b>1:00 Bingo (TFL)</b></p> <p><b>2:00 Mini-Manicures (Sign-Up Required) (TFL)</b></p> <p><b>3:00 Resident-Run Tea Social (BIS)</b></p> <p><b>4:15 Pre-Dinner Trivia (GFL)</b></p> <p><b>6:00 DJ Disco Night (GFL)</b></p>	<p><b>9:00 Puzzle Pack Pick Up (RECE) 8</b></p> <p><b>9:00 Resident-Run Go 4 Life Walk (AF)</b></p> <p><b>9:30 Shuffleboard (BRLL)</b></p> <p><b>10:30 Word Games (BIS)</b></p> <p><b>1:00 Active Games on the Patio (PAT)</b></p> <p><b>2:00 Resident-Run Jigsaw Puzzle Challenge (TFL)</b></p> <p><b>3:30 Board Games (TFL)</b></p> <p><b>6:00 Movie Night: Smokey and The Bandit (Classic) (MT2F)</b></p>
<p><b>9:00 Resident-Run Go 4 Life Walk (AF) 9</b></p> <p><b>10:00 Anglican Church Service (CHA)</b></p> <p><b>10:30 Resident-Run Adult Colouring (BIS)</b></p> <p><b>1:00 Movie Matinee: A Knight's Tale (Action) (MT2F)</b></p> <p><b>2:00 Resident-Run Euchre Players Unite! (TFL)</b></p> <p><b>3:30 DrumFit (MT2F)</b></p> <p><b>4:15 Pre-Dinner Trivia (GFL)</b></p> <p><b>5:30 Resident-Run Shuffleboard &amp; Billiards (BRLL)</b></p>	<p><b>10:00 Falls Prevention Exercise Class (MT2F) 10</b></p> <p><b>10:30 Go 4 Life Walk with Tanya (PAT)</b></p> <p><b>1:00 Paint Video Tutorial &amp; Mocktails (Sign-Up Required) (BIS)</b></p> <p><b>2:00 Resident-Run Jigsaw Puzzle Challenge (TFL)</b></p> <p><b>2:00 Afternoon Movie &amp; Popcorn: Breakfast at Tiffany's (Classic) (MT2F)</b></p> <p><b>3:00 Blackjack with Tanya (TFL)</b></p> <p><b>6:00 Bingo with Sharon (TFL)</b></p>	<p><b>9:30 Resident-Run Cribbage (BIS) 11</b></p> <p><b>10:30 Rosary Group with Shirley (CHA)</b></p> <p><b>10:30 DrumFit (MT2F)</b></p> <p><b>10:30 Clarington Library Visits (GFL)</b></p> <p><b>1:00 Resident-Run Go 4 Life Walk (PAT)</b></p> <p><b>2:00 Afternoon Tunes with Sean Roberts (PAT)</b></p> <p><b>4:15 Pre-Dinner Trivia (GFL)</b></p> <p><b>6:00 Movie Night: Red Eye (Thriller) (MT2F)</b></p>	<p><b>8:30 Resident-Run News Group (GFL) 12</b></p> <p><b>9:15 Seated Yoga with Emily (MT2F)</b></p> <p><b>10:00 Shopping Outing: Canadian Tire (Sign-Up Required) (OUT)</b></p> <p><b>10:45 Green Thumb Gardening Group (CR)</b></p> <p><b>1:00 Bingo (TFL)</b></p> <p><b>2:15 Java Music Singalong Club (BIS)</b></p> <p><b>3:00 Happy Hour: Daquiri's (BIS)</b></p> <p><b>5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)</b></p>	<p><b>10:30 Seated Exercise with Tanya (MT2F) 13</b></p> <p><b>10:30 Artfull Enrichment (CR)</b></p> <p><b>1:00 Resident-Run Bible Conversational Group (TFL)</b></p> <p><b>1:30 "Stories From The Land" Documentary Series in Recognition of National Indigenous History Month (MT2F)</b></p> <p><b>2:30 Resident-Run Go 4 Life Walk (PAT)</b></p> <p><b>3:30 Fit Minds: Stay Sharp (TFL)</b></p> <p><b>6:00 Resident-Run Billiards Night (BRLL)</b></p>	<p><b>9:30 Outing: Bowmanville Farmer's Market (Sign-Up Required) (OUT) 14</b></p> <p><b>10:00 Falls Prevention Exercise Class (MT2F)</b></p> <p><b>10:30 Roman Catholic Service (CHA)</b></p> <p><b>1:00 Bingo (TFL)</b></p> <p><b>3:00 Resident-Run Tea Social (BIS)</b></p> <p><b>4:15 Pre-Dinner Trivia (GFL)</b></p> <p><b>6:00 Movie Night: Book Club (Comedy) (MT2F)</b></p>	<p><b>9:00 Puzzle Pack Pick Up (RECE) 15</b></p> <p><b>9:00 Resident-Run Go 4 Life Walk (AF)</b></p> <p><b>9:30 Shuffleboard (BRLL)</b></p> <p><b>10:30 Word Games (BIS)</b></p> <p><b>1:00 Active Games on the Patio (PAT)</b></p> <p><b>2:00 Resident-Run Jigsaw Puzzle Challenge (TFL)</b></p> <p><b>3:30 Board Games (TFL)</b></p> <p><b>6:00 Movie Night: Mother of the Bride (Comedy) (MT2F)</b></p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>FATHER'S DAY 16</b> 9:00 Resident-Run Go 4 Life Walk (AF) 10:00 Anglican Church Service (CHA) 10:30 Resident-Run Adult Colouring (BIS) 11:30 Special Father's Day BBQ Lunch (Sign-Up Required for Guests) (PAT) 1:00 Movie Matinee: Indiana Jones and the Kingdom of the Crystal Skull (Adventure) (MT2F) 2:00 Afternoon Tunes with Janette Desousa (PAT) 3:30 DrumFit (MT2F) 4:15 Pre-Dinner Trivia (GFL) 5:30 Resident-Run Shuffleboard & Billiards (BRLL)	<b>17</b> 10:00 Falls Prevention Exercise Class (MT2F) 10:30 Go 4 Life Walk with Tanya (PAT) 1:00 Bingo (TFL) 1:00 Afternoon Movie & Popcorn: Diana-The Musical (MT2F) 2:00 Resident-Run Jigsaw Puzzle Challenge (TFL) 3:15 Meet Me @ The MoMA, learn about the artist (BIS) 3:45 Meet Me @ The MoMA, inspired art (BIS) 6:00 Resident-Run Card Games (TFL)	<b>18</b> 9:30 Resident-Run Cribbage (BIS) 10:30 Rosary Group with Shirley (CHA) 10:30 DrumFit (MT2F) 1:00 Resident-Run Go 4 Life Walk (PAT) 1:30 Scenic Drive (Sign-Up Required) (OUT) 2:00 Resident-Run Dominoes (TFL) 4:15 Pre-Dinner Trivia (GFL) 6:00 Movie Night: Flyboys (Action) (MT2F)	<b>19</b> NATIONAL MARTINI DAY 8:30 Resident-Run News Group (GFL) 9:15 Tai Chi (MT2F) 10:45 Green Thumb Gardening Group (CR) 1:00 Bingo (TFL) 1:00 Tuck Shop (Suite to Suite) (STS) 2:15 Java Music Singalong Club (BIS) 3:00 Happy Hour: Martini's (BIS) 5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)	<b>20</b> 9:30 Outing: Port Perry Waterfront (Sign-Up Required) (OUT) 10:30 Artfull Enrichment (CR) 1:00 Resident-Run Bible Conversational Group (TFL) 1:30 "Stories From The Land" Documentary Series in Recognition of National Indigenous History Month (MT2F) 2:30 Resident-Run Go 4 Life Walk (PAT) 3:30 Fit Minds: Stay Sharp (TFL) 6:00 Resident-Run Billiards Night (BRLL)	<b>21</b> NATIONAL INDIGENOUS PEOPLE'S DAY 10:00 Falls Prevention Exercise Class (MT2F) 10:00 Avon Sale (GFL) 10:30 Roman Catholic Service (CHA) 1:00 Bingo (TFL) 2:00 Mini-Manicures (Sign-Up Required) (TFL) 3:00 Resident-Run Tea Social (BIS) 4:15 National Indigenous People's Day Trivia (GFL) 6:00 DJ Disco Night (GFL)	<b>22</b> 9:00 Puzzle Pack Pick Up (RECE) 9:00 Resident-Run Go 4 Life Walk (AF) 9:30 Shuffleboard (BRLL) 10:30 Word Games (BIS) 10:30 Seated Exercise with Tanya (MT2F) 1:00 Active Games on the Patio (PAT) 2:00 Resident-Run Jigsaw Puzzle Challenge (TFL) 2:00 Swingeasy Performs (DRGF) 3:30 Board Games (TFL) 6:00 Movie Night: The Buddy Holly Story (Classic) (MT2F)
<b>23</b> 9:00 Resident-Run Go 4 Life Walk (AF) 10:00 Anglican Church Service (CHA) 10:30 Resident-Run Adult Colouring (BIS) 1:30 Movie Matinee: City Slickers (Comedy) (MT2F) 2:00 Resident-Run Euchre Players Unite! (TFL) 3:30 DrumFit (MT2F) 4:15 Pre-Dinner Trivia (GFL) 5:30 Resident-Run Shuffleboard & Billiards (BRLL)	<b>24</b> 10:00 Falls Prevention Exercise Class (MT2F) 10:30 Go 4 Life Walk with Tanya (PAT) 1:00 Paint Video Tutorial & Mocktails (Sign-Up Required) (BIS) 2:00 Resident-Run Jigsaw Puzzle Challenge (TFL) 2:00 Afternoon Movie & Popcorn: The Best Exotic Marigold Hotel (Comedy) (MT2F) 3:00 Blackjack with Tanya (TFL) 6:00 Bingo with Sharon (TFL)	<b>25</b> 9:30 Resident-Run Cribbage (BIS) 10:30 Rosary Group with Shirley (CHA) 10:30 DrumFit (MT2F) 1:00 Resident-Run Go 4 Life Walk (PAT) 2:00 Resident-Run Dominoes (TFL) 4:15 Pre-Dinner Trivia (GFL) 6:00 Movie Night: Las Vegas (Comedy) (MT2F)	<b>26</b> 8:30 Resident-Run News Group (GFL) 9:15 Seated Yoga with Emily (MT2F) 10:00 Shopping Outing: Walmart (Sign-Up Required) (OUT) 10:45 Green Thumb Gardening Group (CR) 1:00 Bingo (TFL) 2:15 Java Music Singalong Club (BIS) 3:00 Happy Hour: Club Cocktail's (BIS) 5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)	<b>27</b> 10:30 Seated Exercise with Tanya (MT2F) 10:30 Artfull Enrichment (CR) 1:00 Resident-Run Bible Conversational Group (TFL) 2:00 Monthly Birthday Party with Eric Lambier (DRGF) 3:00 Resident-Run Go 4 Life Walk (PAT) 3:30 Fit Minds: Stay Sharp (TFL) 6:00 Resident-Run Billiards Night (BRLL)	<b>28</b> 10:00 Falls Prevention Exercise Class (MT2F) 10:30 Roman Catholic Service (CHA) 1:00 Bingo (TFL) 2:15 Ambassador Club Meeting (TFL) 3:00 Resident-Run Tea Social (BIS) 4:15 Pre-Dinner Trivia (GFL) 6:00 Movie Night: Security (Action) (MT2F)	<b>29</b> 9:00 Puzzle Pack Pick Up (RECE) 9:00 Resident-Run Go 4 Life Walk (AF) 9:30 Shuffleboard (BRLL) 10:30 Word Games (BIS) 1:00 Active Games on the Patio (PAT) 2:00 Resident-Run Jigsaw Puzzle Challenge (TFL) 3:30 Board Games (TFL) 6:00 Movie Night: The Legend of Tarzan (Adventure) (MT2F)
<b>30</b> 9:00 Resident-Run Go 4 Life Walk (AF) 10:00 Anglican Church Service (CHA) 10:30 Resident-Run Adult Colouring (BIS) 1:00 Movie Matinee (MT2F) 2:00 Resident-Run Euchre Players Unite! (TFL) 3:30 DrumFit (MT2F) 4:15 Pre-Dinner Trivia (GFL) 5:30 Resident-Run Shuffleboard & Billiards (BRLL)			<b>Locations Legend</b> Third Floor Lounge (TFL) Movie Theatre, Second Floor (MT2F) Bistro, Ground Floor (BIS) Ground Floor Lobby (GFL) Patio, Ground Floor (PAT) Billiards Room, Lower Level (BRLL) Chapel, Lower Level (CHA)		<b>Calendar Legend</b> Outing Special Program Living, Loving, Local Signature Program	