



INSPIRED SENIOR LIVING

# August 2024

## White Cliffe Terrace Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>MONDAY</b> <b>AUG 5</b> <b>Civic Holiday</b></p>	 <p><b>WEDNESDAY</b> <b>AUG 28</b> <b>National Red Wine Day</b></p>					
<p>Watch the Paris Summer Olympic Games (BIS) <b>4</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>9:00 Resident-Run Go 4 Life Walk (AF)</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>10:00 Anglican Church Service (CHA)</p> <p>1:00 Movie Matinee: Thelma and Louise (Adventure) (MT2F)</p> <p>2:00 Resident-Run Euchre Players Unite! (TFL)</p> <p>2:00 Senior Olympics - Ping Pong Catch (BIS)</p> <p>3:30 DrumFit (MT2F)</p> <p>4:10 Senior Olympics - Name That Sport (GFL)</p> <p>6:00 Resident-Run Shuffleboard (BRLL)</p>	<p>Watch the Paris Summer Olympic Games (BIS) <b>5</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>CIVIC HOLIDAY</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>9:30 Senior Olympics - Soccer (TER)</p> <p>10:30 Artfull Enrichment: Summer Olympics Ring Art (CR)</p> <p>1:00 Bingo (TFL)</p> <p>4:00 Dice Game (BIS)</p> <p>6:00 Resident-Run Jigsaw Puzzle Challenge (TFL)</p>	<p>Watch the Paris Summer Olympic Games (BIS) <b>6</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>10:30 Senior Olympics - Drum Fit (MT2F)</p> <p>10:30 Clarington Library Visits (GFL)</p> <p>12:15 Tuck Shop Table (GFL)</p> <p>1:00 Afternoon Movie &amp; Popcorn: Crazy, Stupid Love (Comedy) (MT2F)</p> <p>1:30 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:00 Senior Olympics - Bocce (TER)</p> <p>4:00 Go4Life Walk with Tanya (GFL)</p> <p>6:00 Resident-Run Billiards Night (BRLL)</p>	<p>Watch the Paris Summer Olympic Games (BIS) <b>7</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>8:30 Resident-Run News Group (GFL)</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>9:15 Senior Olympics - Seated Yoga with Emily (MT2F)</p> <p>10:15 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Java Music Singalong Club (BIS)</p> <p>3:00 Happy Hour: Fruit Tingle Cocktail (BIS)</p> <p>3:45 Senior Olympics - Ring Toss (TER)</p> <p>4:10 Game Show Games: What's My Line? (GFL)</p> <p>5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)</p>	<p>Watch the Paris Summer Olympic Games (BIS) <b>8</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>10:30 Senior Olympics - Seated Exercise and Beach Volley with Tanya (MT2F)</p> <p>11:15 Tri-Bond Trivia (BIS)</p> <p>1:00 Resident-Run Bible Conversational Group (TFL)</p> <p>1:00 Outing to Dairy Queen (Sign-Up Required) (OUT)</p> <p>3:00 Senior Olympics - Fencing &amp; Happy Hour with Janine (BIS)</p> <p>3:30 Wheel of Fortune (BIS)</p> <p>4:00 Senior Olympic Challenge - Go4Life Walk with Tanya (GFL)</p> <p>6:00 Movie Night: Gifted Hands (Drama) (MT2F)</p>	<p>Watch the Paris Summer Olympic Games (BIS) <b>9</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>9:00 Shopping Outing: Dollar Stores (OUT)</p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>11:00 Senior Olympics - Basketball (MPR)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 Senior Olympics - Bean Bag Challenge (TER)</p> <p>4:00 Jeopardy Game! (BIS)</p> <p>7:00 Resident-Run Dominoes (TFL)</p>	<p>Watch the Paris Summer Olympic Games (BIS) <b>10</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>9:00 Puzzle Pack Pick Up (RECE)</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>9:30 Senior Olympics - Shuffleboard Challenge (BRLL)</p> <p>10:30 Active Games on the Terrace (TER)</p> <p>1:00 Quiddler (BIS)</p> <p>2:00 Afternoon Tunes with Janette Desousa (TER)</p> <p>3:30 Senior Olympics - Bottle to Bottle Challenge (TER)</p> <p>6:00 Movie Night: The Giver (Sci-Fi) (MT2F)</p>
<p>Watch the Paris Summer Olympic Games (BIS) <b>11</b></p> <p>SENIOR SUMMER OLYMPICS CONTINUE</p> <p>9:00 Resident-Run Go 4 Life Walk (AF)</p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>10:00 Anglican Church Service (CHA)</p> <p>1:00 Movie Matinee: Blue Hawaii (Musical) (MT2F)</p> <p>2:00 Resident-Run Euchre Players Unite! (TFL)</p> <p>2:00 Sunshine Social (TER)</p> <p>3:30 DrumFit (MT2F)</p> <p>4:15 Pre-Dinner Trivia (GFL)</p> <p>6:00 Resident-Run Shuffleboard (BRLL)</p>	<p>8:30 Resident-Run Jigsaw Puzzle Challenge (TFL) <b>12</b></p> <p>9:15 Summer Olympics Medal Tally (GFL)</p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>10:30 Book Club (TFL)</p> <p>1:00 Video Concert: Andre Rieu (MT2F)</p> <p>2:15 Meet Me @ The MoMA, learn about the artist (BIS)</p> <p>2:30 Meet Me @ The MoMA, inspired art (BIS)</p> <p>4:00 Chair Zumba (MT2F)</p> <p>6:00 Bingo with Sharon (TFL)</p>	<p>10:30 Rosary Group with Shirley (CHA) <b>13</b></p> <p>10:30 Drum Fit (MT2F)</p> <p>11:15 Password Trivia Game (GFL)</p> <p>12:15 Tuck Shop Table (GFL)</p> <p>1:00 Afternoon Movie &amp; Popcorn: Wonder Woman (Action) (MT2F)</p> <p>2:00 Afternoon Tunes with Leigh Kemp (TER)</p> <p>4:15 Go4Life Walk (GFL)</p> <p>6:00 Resident-Run Billiards Night (BRLL)</p>	<p>8:30 Resident-Run News Group (GFL) <b>14</b></p> <p>9:15 Tai Chi (MT2F)</p> <p>10:15 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Java Music Singalong Club (BIS)</p> <p>3:00 Happy Hour: Blueberry Lemonade (BIS)</p> <p>3:45 Move to the Music! Exercise (MT2F)</p> <p>4:10 Game Show Games: What's My Line? (GFL)</p> <p>4:30 Living, Loving, Local Dinner featuring Blueberry Dessert (DRGF)</p> <p>5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)</p>	<p>10:30 Seated Exercise with Tanya (MT2F) <b>15</b></p> <p>11:15 Tri-Bond Trivia (BIS)</p> <p>1:00 Resident-Run Bible Conversational Group (TFL)</p> <p>1:00 Shopping Outing: Walmart (Sign-Up Required) (OUT)</p> <p>2:00 Artfull Enrichment (CR)</p> <p>3:00 Living, Loving, Local Happy Hour: Blueberry Treats with Janine (BIS)</p> <p>3:30 Wheel of Fortune (BIS)</p> <p>4:15 Go4Life Walk with Tanya (GFL)</p> <p>6:00 Movie Night: The Miracle Season (Drama) (MT2F)</p>	<p>10:00 Falls Prevention Exercise Class (MT2F) <b>16</b></p> <p>10:30 Roman Catholic Service (CHA)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 Tea Social &amp; Jokes (BIS)</p> <p>3:30 Washer Toss Challenge (TER)</p> <p>4:00 Jeopardy Game! (BIS)</p> <p>6:00 DJ Disco Night (GFL)</p> <p>7:00 Resident-Run Dominoes (TFL)</p>	<p>9:00 Puzzle Pack Pick Up (RECE) <b>17</b></p> <p>9:30 Shuffleboard (BRLL)</p> <p>10:30 Active Games on the Terrace (TER)</p> <p>1:00 \$1 Blackjack with Tanya (TFL)</p> <p>2:00 Sunshine Social (TER)</p> <p>3:30 Magnetic Chess (TFL)</p> <p>6:00 Movie Night: Monster-In-Law (Comedy) (MT2F)</p>



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<p>9:00 Resident-Run Go 4 Life Walk (AF) <b>18</b></p> <p>10:00 Anglican Church Service (CHA)</p> <p>1:00 Movie Matinee: King Arthur (Fantasy) (MT2F)</p> <p>2:00 Resident-Run Euchre Players Unite! (TFL)</p> <p>2:00 Sunshine Social (TER)</p> <p>3:30 DrumFit (MT2F)</p> <p>4:15 Pre-Dinner Trivia (GFL)</p> <p>6:00 Resident-Run Shuffleboard (BRLL)</p>	<p>10:00 Falls Prevention Exercise Class (MT2F) <b>19</b></p> <p>10:30 Book Club (TFL)</p> <p>1:00 Bingo (TFL)</p> <p>2:00 Afternoon Tunes with Jon (TER)</p> <p>3:00 Video Concert: Concerts in Care (MT2F)</p> <p>3:15 Artfull Enrichment Paint Video Tutorial (BIS)</p> <p>4:00 Chair Zumba (MT2F)</p> <p>6:00 Resident-Run Jigsaw Puzzle Challenge (TFL)</p>	<p>10:30 Rosary Group with Shirley (CHA) <b>20</b></p> <p>10:30 Drum Fit (MT2F)</p> <p>11:15 Password Trivia Game (GFL)</p> <p>12:15 Tuck Shop Table (GFL)</p> <p>1:00 Afternoon Movie &amp; Popcorn: Mountain Queen (Documentary) (MT2F)</p> <p>1:30 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:00 Scrabble (TFL)</p> <p>4:15 Go4Life Walk with Tanya (GFL)</p> <p>6:00 Resident-Run Billiards Night (BRLL)</p>	<p>8:30 Resident-Run News Group (GFL) <b>21</b></p> <p>9:15 Seated Yoga with Emily (MT2F)</p> <p>10:15 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Java Music Singalong Club (BIS)</p> <p>3:00 Happy Hour: Mermaid Water Cocktail (BIS)</p> <p>3:30 Food Forum Meeting with Janine (DRGF)</p> <p>3:45 Move to the Music! Exercise (MT2F)</p> <p>4:10 Game Show Games: What's My Line? (GFL)</p> <p>5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)</p>	<p>10:30 Seated Exercise with Tanya (MT2F) <b>22</b></p> <p>11:15 Tri-Bond Trivia (BIS)</p> <p>1:00 Resident-Run Bible Conversational Group (TFL)</p> <p>2:00 Monthly Birthday Party with Eric Lambier (MPR)</p> <p>3:00 Happy Hour Treats with Janine (BIS)</p> <p>3:30 Wheel of Fortune (BIS)</p> <p>4:15 Go4Life Walk with Tanya (GFL)</p> <p>6:00 Movie Night: Thunderforce (Action) (MT2F)</p>	<p>10:00 Falls Prevention Exercise Class (MT2F) <b>23</b></p> <p>10:30 Roman Catholic Service (CHA)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 Happy Hour &amp; Sunshine Social (TER)</p> <p>3:30 Washer Toss Challenge (TER)</p> <p>4:00 Jeopardy Game! (BIS)</p> <p>6:00 \$1 Blackjack with Tanya (TFL)</p> <p>7:00 Resident-Run Dominoes (TFL)</p>	<p>9:00 Puzzle Pack Pick Up (RECE) <b>24</b></p> <p>9:30 Shuffleboard (BRLL)</p> <p>10:30 Artfull Enrichment: Beaded Jewellery (BIS)</p> <p>1:00 Quiddler (BIS)</p> <p>2:00 Sunshine Social (TER)</p> <p>3:30 Magnetic Chess (TFL)</p> <p>6:00 Movie Night: The Other End of The Line (Romance) (MT2F)</p>
<p>9:00 Resident-Run Go 4 Life Walk (AF) <b>25</b></p> <p>10:00 Anglican Church Service (CHA)</p> <p>1:00 Movie Matinee: National Velvet (Classic) (MT2F)</p> <p>2:00 Resident-Run Euchre Players Unite! (TFL)</p> <p>2:00 Sunshine Social (TER)</p> <p>3:30 DrumFit (MT2F)</p> <p>4:15 Pre-Dinner Trivia (GFL)</p> <p>6:00 Resident-Run Shuffleboard (BRLL)</p>	<p>NATIONAL DOG DAY <b>26</b></p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>10:30 Book Club (TFL)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Meet Me @ The MoMA, learn about the artist (BIS)</p> <p>2:30 Meet Me @ The MoMA, inspired art (BIS)</p> <p>3:00 Special Dog Visitors (TER)</p> <p>4:00 Chair Zumba (MT2F)</p> <p>6:00 Evening Dance with Cocktails and Entertainment by Andy Decampos (DRGF)</p> <p>7:00 Resident-Run Skip-Bo (TFL)</p>	<p>10:30 Rosary Group with Shirley (CHA) <b>27</b></p> <p>10:30 Drum Fit (MT2F)</p> <p>11:15 Password Trivia Game (GFL)</p> <p>12:15 Tuck Shop Table (GFL)</p> <p>1:00 Afternoon Movie &amp; Popcorn: The Call of The Wild (Drama) (MT2F)</p> <p>3:00 Scrabble (TFL)</p> <p>4:15 Go4Life Walk with Tanya (GFL)</p> <p>6:00 Resident-Run Billiards Night (BRLL)</p>	<p>NATIONAL RED WINE DAY <b>28</b></p> <p>8:30 Resident-Run News Group (GFL)</p> <p>9:15 Tai Chi (MT2F)</p> <p>10:15 Fit Minds: Stay Sharp (TFL)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Java Music Singalong Club (BIS)</p> <p>3:00 Happy Hour: Red Wine Sangria (BIS)</p> <p>3:45 Move to the Music! Exercise (MT2F)</p> <p>4:10 Game Show Games: What's My Line? (GFL)</p> <p>5:30 Resident-Run Jigsaw Puzzle Challenge (TFL)</p>	<p>10:30 Seated Exercise with Tanya (MT2F) <b>29</b></p> <p>11:15 Tri-Bond Trivia (BIS)</p> <p>1:00 Resident-Run Bible Conversational Group (TFL)</p> <p>1:00 Outing to Station Gallery in Whitby (Sign-Up Required) (OUT)</p> <p>2:00 Artfull Enrichment (CR)</p> <p>3:00 Happy Hour Treats with Janine (BIS)</p> <p>3:30 Wheel of Fortune (BIS)</p> <p>4:15 Go4Life Walk with Tanya (GFL)</p> <p>6:00 Movie Night: The King's Daughter (Fantasy) (MT2F)</p>	<p>10:00 Falls Prevention Exercise Class (MT2F) <b>30</b></p> <p>10:00 Avon Sale (GFL)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>1:00 Bingo (TFL)</p> <p>2:15 Ambassador Club Meeting (TFL)</p> <p>3:00 \$1 Blackjack with Tanya (TFL)</p> <p>3:30 Washer Toss Challenge (TER)</p> <p>4:00 Jeopardy Game! (BIS)</p> <p>6:00 DJ Disco Night (GFL)</p> <p>7:00 Resident-Run Dominoes (TFL)</p>	<p>9:00 Puzzle Pack Pick Up (RECE) <b>31</b></p> <p>9:30 Shuffleboard (BRLL)</p> <p>10:30 Active Games on the Terrace (TER)</p> <p>1:00 Quiddler (BIS)</p> <p>2:00 Afternoon Tunes with Rosita Stone (TER)</p> <p>3:30 Magnetic Chess (TFL)</p> <p>6:00 Movie Night: Blackfish (Documentary) (MT2F)</p>



**Locations Legend**

Third Floor Lounge (TFL)	Outing (OUT)
Bistro, Ground Floor (BIS)	Reception (RECE)
Movie Theatre, Second Floor (MT2F)	All Floors (AF)
Ground Floor Lobby (GFL)	Multi Purpose Room, Lower Level (MPR)
Terrace, Ground Floor (TER)	Craft Room, Lower Level (CR)
Chapel, Lower Level (CHA)	Dining Room, Ground Floor (DRGF)
Billiards Room, Lower Level (BRLL)	

**Calendar Legend**

Outing
Special Program
Living, Loving, Local
Signature Program