



INSPIRED SENIOR LIVING

April 2026

White Cliffe Terrace Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>April Fool's Day</p>		<p>APRIL FOOL'S DAY 1</p> <p>9:15 Seated Yoga with Emily (MPR)</p> <p>10:00 Artfull Enrichment Paint Tutorial: Egg Cutout Card (CR)</p> <p>11:00 April Fool's Riddles and Jokes (GFL)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Java Music Singalong Club (TFL)</p> <p>3:30 Seated Drum Fit Exercise (MPR)</p> <p>6:00 \$2 Texas Hold'Em Poker Night (TFL)</p>	<p>9:30 Shopping Outing: Michael's (Craft Store) Sign-Up Required (OUT) 2</p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Town Hall Meeting (MPR)</p> <p>3:00 Scrabble Game (TFL)</p> <p>4:00 Trivia & Word Games (BIS)</p> <p>6:00 Sip n' Paint Night (CR)</p>	<p>GOOD FRIDAY 3</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>10:30 Easter Egg Scavenger Hunt (Meet in the Lobby) (AF)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 \$1 Blackjack (TFL)</p> <p>4:00 Brainteasing Riddles (BIS)</p> <p>6:00 Vintage Movie Night: Carousel (1956) (MT2F)</p>	<p>10:00 Go 4 Life Walk: Join a group or walk individually (AF) 4</p> <p>10:30 Sit and Stretch (MPR)</p> <p>11:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Crafter's Corner: Easter Ears Painting (CR)</p> <p>2:00 Scrabble Game (TFL)</p> <p>3:00 Wonders of The Seas Cruise Ship Tour (MT2F)</p> <p>3:15 Colouring Club (TFL)</p>
<p>EASTER SUNDAY 5</p> <p>10:00 Anglican Church Service (CHA)</p> <p>11:00 Jigsaw Puzzle Challenge (TFL)</p> <p>11:30 Easter Brunch (DRGF)</p> <p>1:00 Egg Toss Game (TER)</p> <p>2:00 Easter Egg Painting (CR)</p> <p>3:30 Hymn Sing (MT2F)</p> <p>6:00 Rick Steve's European Easter Documentary (MT2F)</p>	<p>EASTER MONDAY 6</p> <p>9:00 Puzzle Pack Pick Up (RECE)</p> <p>10:30 Seated Drum Fit Exercise (MPR)</p> <p>11:00 Easter Trivia (BIS)</p> <p>1:00 \$1 Bingo with Sharon (TFL)</p> <p>2:00 Mini-Manicures (TFL)</p> <p>3:00 Easter Treats Social with Dancel (BIS)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>NATIONAL COFFEE CAKE DAY 7</p> <p>10:00 Seated Exercise Class (MPR)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>11:00 Active Games: Ring Toss! (GFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:30 Backgammon with Bryan (MT2F)</p> <p>4:00 Brainteasing Riddles (BIS)</p> <p>6:00 Musical Movie Night: The Sound of Music (1965) (MT2F)</p>	<p>9:15 Tai Chi with Patrick (MPR) 8</p> <p>10:00 Artfull Enrichment Paint Tutorial: DIY Scratch Art (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Java Music Singalong Club (TFL)</p> <p>3:30 Seated Drum Fit Exercise (MPR)</p> <p>6:00 \$2 Texas Hold'Em Poker Night (TFL)</p>	<p>9:30 Shopping Outing: Dollarama (Sign-Up Required) (OUT) 9</p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>11:00 Jewellery Sale: Little Black Dress (GFL)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:30 Ambassador Club Meeting - All Welcome! (TFL)</p> <p>3:00 Scrabble Game (TFL)</p> <p>4:00 Trivia & Word Games (BIS)</p> <p>6:00 Sip n' Paint Night (CR)</p>	<p>10:00 Falls Prevention Exercise Class (MPR) 10</p> <p>10:00 Crafter's Corner: Beaded Jewelry (CR)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Afternoon Tunes with Janette Desousa (MPR)</p> <p>4:00 Brainteasing Riddles (BIS)</p> <p>6:00 Vintage Movie Night: Grease (1978) (MT2F)</p>	<p>10:00 Go 4 Life Walk: Join a group or walk individually (AF) 11</p> <p>10:30 Colouring Club (TFL)</p> <p>1:00 Resident Run Fit Minds: Stay Sharp (TFL)</p> <p>2:00 Resident-Run Scrabble Game (TFL)</p> <p>3:00 25 Greatest Natural Wonders of the World Documentary (MT2F)</p> <p>4:30 LLL Dinner: Lamb (DRGF)</p>
<p>10:00 Anglican Church Service (CHA) 12</p> <p>11:00 Jigsaw Puzzle Challenge (TFL)</p> <p>1:00 Card & Board Games (TFL)</p> <p>2:00 Billiards & Shuffleboard Games (BRLL)</p> <p>3:30 Hymn Sing (MT2F)</p> <p>6:00 National Geographic: What is the Typhoon Alley? (MT2F)</p>	<p>9:00 Puzzle Pack Pick Up (RECE) 13</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>11:00 Crossword Challenge (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>3:00 \$2 Happy Hour & Treats with Dancel (BIS)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>10:00 Seated Exercise Class (MPR) 14</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>10:30 Clarrington Library Visit (GFL)</p> <p>11:00 Active Games: Ring Toss! (GFL)</p> <p>12:00 Tuck Shop Table (GFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:30 Backgammon with Bryan (MT2F)</p> <p>6:00 FANTASIA! Musical Film Night (MT2F)</p>	<p>9:15 Seated Yoga with Emily (MPR) 15</p> <p>10:00 Artfull Enrichment Paint Tutorial: Abstract Sheep (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Java Music Singalong Club (TFL)</p> <p>3:00 Durham Storytellers Short Story Reading! (MPR)</p> <p>6:00 \$2 Texas Hold'Em Poker with Mansi (TFL)</p>	<p>10:00 Falls Prevention Exercise Class (MT2F) 16</p> <p>10:00 Meet Me @ The MoMA: Painting Class (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>11:00 Vendor: Zabs Comfort Footwear Sale (GFL)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Seated Drum Fit Exercise (MPR)</p> <p>3:00 Scrabble Game (TFL)</p> <p>4:00 Trivia & Word Games (BIS)</p>	<p>10:00 Falls Prevention Exercise Class (MPR) 17</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 Resident-Run Blackjack with Les (TFL)</p> <p>4:00 Brainteasing Riddles (BIS)</p> <p>6:00 DJ Disco Night (GFL)</p>	<p>10:00 Go 4 Life Walk: Join a group or walk individually (AF) 18</p> <p>10:30 Sit and Stretch (MPR)</p> <p>11:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Crafter's Corner: Pipecleaner Flowers (CR)</p> <p>2:30 Neighbourhood Stroll With Judy (Meet at Reception) (OUT)</p> <p>3:00 Guyana, South America: Where Jungle Rivers Meet the Atlantic Documentary (MT2F)</p> <p>3:15 Colouring Club (TFL)</p> <p>6:00 Resident-Run Scrabble Game (TFL)</p>



INSPIRED SENIOR LIVING


April 2026

White Cliffe Terrace Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Anglican Church Service (CHA) 19</p> <p>10:30 Word Games and Trivia (BIS)</p> <p>11:00 Jigsaw Puzzle Challenge (TFL)</p> <p>1:00 Card & Board Games (TFL)</p> <p>2:00 Seated Drum Fit Exercise (MPR)</p> <p>3:30 Hymn Sing (MT2F)</p> <p>6:00 National Geographic: Pyramids and King Tut (MT2F)</p>	<p>9:00 Puzzle Pack Pick Up (RECE) 20</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>11:00 Crossword Challenge (BIS)</p> <p>1:00 \$1 Bingo with Sharon (TFL)</p> <p>2:15 Shopping Outing: Giant Tiger (Sign-Up Required) (OUT)</p> <p>3:00 \$2 Happy Hour & Treats with Dancel (BIS)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>CRUISE WEEK CONTINUES! PORT OF CALL: BELIZE 21</p> <p>9:30 Caribbean Flags Scavenger Hunt! (Meet at Reception) (AF)</p> <p>10:00 Seated Exercise Class with Caribbean Tunes (MPR)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>10:30 Travelogue to Belize (MT2F)</p> <p>11:00 Animal Towel Folding (BIS)</p> <p>1:15 Creative Club! Seashell Picture Frames (CR)</p> <p>3:30 Tiki Bar! Belizan Cocktail & Hot Coconut Game (BIS)</p> <p>6:00 Cruise Movie Night: Like Father (MT2F)</p>	<p>PORT OF CALL: SAINT MARTIN 22</p> <p>9:15 Tai Chi with Patrick (MPR)</p> <p>9:30 Beach Bag Scavenger Hunt! (Meet at Reception) (AF)</p> <p>10:00 Artfull Enrichment Paint Tutorial: Beachy Starfish (CR)</p> <p>10:30 Travelogue to Saint Martin (MT2F)</p> <p>11:00 Gemini Jewellery Sale (GFL)</p> <p>11:00 Caribbean Themed Name That Tune (MT2F)</p> <p>1:00 Caribbean Prize Bingo (TFL)</p> <p>2:00 Java Music Singalong Club (TFL)</p> <p>3:30 Tiki Bar! Pina Coladas (BIS)</p> <p>6:00 Crusie Poker Night! Texas Hold'Em Poker Night (TFL)</p>	<p>PORT OF CALL: THE BAHAMAS 23</p> <p>9:30 Sunglasses Scavenger Hunt! (Meet at Reception) (AF)</p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>10:30 Travelogue to The Bahamas (MT2F)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club: Seaside Bandana (CR)</p> <p>3:30 Tiki Bar! Bahama Mamas & Dart Golf (BIS)</p> <p>4:00 Caribbean Trivia! (GFL)</p> <p>6:00 Sip n' Paint Night: Caribbean Flamingos (CR)</p>	<p>CRUISE WEEK ENDS! PORT OF CALL: CANADA 24</p> <p>9:30 Rubber Duck Scavenger Hunt! (Meet at Reception) (AF)</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>10:30 Fit Minds: Canadian Quiz (TFL)</p> <p>11:00 Deck Game: Resident vs Staff Jenga (BIS)</p> <p>1:00 Caribbean Prize Bingo (TFL)</p> <p>2:00 Monthly Birthday Party with Eric Lambier (MPR)</p> <p>3:30 Tiki Bar! Canadian Brew (BIS)</p> <p>6:00 Cruise Movie Night: Out to Sea (MT2F)</p>	<p>10:00 Go 4 Life Walk: Join a group or walk individually (AF) 25</p> <p>10:30 Colouring Club (TFL)</p> <p>2:00 Resident-Run Scrabble Game (TFL)</p> <p>2:30 Discovery with Derek: Dinosaur Fossils (MT2F)</p> <p>3:30 Wonders of Phillipines Documentary (MT2F)</p>
<p>10:00 Anglican Church Service (CHA) 26</p> <p>11:00 Jigsaw Puzzle Challenge (TFL)</p> <p>1:00 Card & Board Games (TFL)</p> <p>2:00 Billiards & Shuffleboard Games (BRLL)</p> <p>3:30 Hymn Sing (MT2F)</p> <p>6:00 National Geographic: Mystery of the Broken Seal - Kingdom of the Mummies (MT2F)</p>	<p>ARTFULL ENRICHMENT WEEK 27</p> <p>9:00 Puzzle Pack Pick Up (RECE)</p> <p>10:00 White Cliffe Art Show (ALL DAY!) (GFL)</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:00 White Cliffe Community Mural - Paint with us! (GFL)</p> <p>11:00 Crossword Challenge (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:15 Outing: Station Art Gallery, Whitby (OUT)</p> <p>3:00 \$2 Happy Hour & Treats with Dancel (BIS)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>ARTFULL ENRICHMENT WEEK 28</p> <p>10:00 Seated Exercise Class (MPR)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>11:00 History of Art Quiz (BIS)</p> <p>12:00 Tuck Shop Table (GFL)</p> <p>1:15 Creative Club! Pottery Making (CR)</p> <p>2:00 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:30 Backgammon with Bryan (MT2F)</p> <p>4:00 Art Appreciation Videos: Renaissance & Vincent Van Gogh's Starry Night Explained (MT2F)</p>	<p>ARTFULL ENRICHMENT WEEK 29</p> <p>9:15 Seated Yoga with Emily (MPR)</p> <p>10:00 Artfull Enrichment Paint Tutorial: Pastel Fruit Vase (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Wine, Cheese n' Paint Social (MPR)</p> <p>6:00 \$2 Texas Hold'Em Poker (TFL)</p>	<p>ARTFULL ENRICHMENT WEEK 30</p> <p>9:30 Shopping Outing: White Feather Farms (Sign-Up Required) (OUT)</p> <p>10:00 Falls Prevention Exercise Class (MT2F)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Creative Club! Paper Butterflies and Origami (CR)</p> <p>3:00 Scrabble Game (TFL)</p> <p>4:00 Art History Trivia (BIS)</p> <p>6:00 Sip n' Paint Night (CR)</p>	 <p>Easter</p>	



Third Floor Lounge (TFL)
 Movie Theatre, Second Floor (MT2F)
 Multi Purpose Room, Lower Level (MPR)
 Bistro, Ground Floor (BIS)

Locations Legend

Craft Room, Lower Level (CR)
 All Floors (AF)
 Ground Floor Lobby (GFL)
 Chapel, Lower Level (CHA)
 Outing (OUT)

Reception (RECE)
 Dining Room, Ground Floor (DRGF)
 Billiards Room, Lower Level (BRLL)
 Terrace, Ground Floor (TER)

Calendar Legend

Outing
 Special Program
 Cruise Week
 Living, Loving, Local
 Signature Program