



INSPIRED SENIOR LIVING

June 2026

White Cliffe Terrace Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>NATIONAL INDIGENOUS HISTORY MONTH 1</p> <p>9:00 Puzzle Pack Pick Up (RECE)</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>11:00 Crossword Challenge (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:15 Shopping Outing: Giant Tiger (Sign-Up Required) (OUT)</p> <p>2:30 Pipecleaner Flowers Craft Workshop w/ Loretta (CR)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>2</p> <p>10:00 Seated Exercise Class (MPR)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>11:00 Active Games: Ring Toss! (GFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:30 Backgammon with Bryan (MT2F)</p> <p>6:00 \$2 Texas Hold'Em Poker Night (TFL)</p>	<p>3</p> <p>9:15 Tai Chi with Patrick (MPR)</p> <p>10:00 Artfull Enrichment Paint Tutorial: A Field of Daisies (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Town Hall Meeting (MPR)</p> <p>3:30 Seated Drum Fit Exercise (MPR)</p> <p>6:00 Indigenous Movie Night: The Angry Inuk (Documentary) (MT2F)</p>	<p>4</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Afternoon Tunes with Darren Bailey (MPR)</p> <p>3:00 Scrabble Game (TFL)</p> <p>5:45 Meet Me At the MoMa: Sip n' Paint Night (CR)</p>	<p>5</p> <p>DONUT DAY</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>11:00 Coffee and Scattogories (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:10 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 \$1 Blackjack (TFL)</p> <p>6:00 Vintage Movie Night: Breakfast At Tiffany's (MT2F)</p>	<p>6</p> <p>10:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>10:30 Sit and Stretch (MPR)</p> <p>11:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Crafter's Corner: Indigenous Painting (CR)</p> <p>2:00 Astronomy Series with Derek (MT2F)</p> <p>3:00 Rick Steves Travelouge (MT2F)</p> <p>3:15 Colouring Club (TFL)</p> <p>4:30 LLL Dinner: Strawberry (DRGF)</p>
<p>7</p> <p>10:00 Anglican Church Service (CHA)</p> <p>10:30 Word Games and Trivia (BIS)</p> <p>11:00 Jigsaw Puzzle Challenge (TFL)</p> <p>1:00 Java Music Singalong Club (TFL)</p> <p>2:00 Green Thumb Gardening Group (TER)</p> <p>3:30 Hymn Sing (MT2F)</p>	<p>8</p> <p>9:00 Puzzle Pack Pick Up (RECE)</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>11:00 Crossword Challenge (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:30 Resident Survey Launch Party! (DRGF)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>9</p> <p>10:00 Seated Exercise Class (MPR)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>10:30 Clarington Library Book Drop Off (GFL)</p> <p>11:00 Active Games: Ring Toss! (GFL)</p> <p>12:00 Tuck Shop Table (GFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Scenic Drive (Sign-Up Required) (OUT)</p> <p>3:30 Backgammon with Bryan (MT2F)</p> <p>6:00 \$2 Texas Hold'Em Poker Night (TFL)</p>	<p>10</p> <p>9:15 Seated Yoga with Emily (MPR)</p> <p>10:00 Artfull Enrichment Paint Tutorial: Parrot Painting (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:30 Ambassador Club Meeting - All Welcome! (TFL)</p> <p>3:30 Seated Drum Fit Exercise (MPR)</p> <p>6:00 Andre Rieu Concert Night: Bahrain 2024 (MT2F)</p>	<p>11</p> <p>9:30 Breakfast Outing: McDonald's (Sign-Up Required) (OUT)</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Online Safety Presentation by Clarington Library (MT2F)</p> <p>3:00 Scrabble Game (TFL)</p> <p>5:45 Meet Me At the MoMa: Sip n' Paint Night (CR)</p>	<p>12</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>11:00 Coffee and Scattogories (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:10 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 \$1 Blackjack (TFL)</p> <p>6:00 DJ Disco Night (GFL)</p>	<p>13</p> <p>10:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>10:30 Sit and Stretch (MPR)</p> <p>11:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Crafter's Corner: Pride Tie Dye (CR)</p> <p>2:00 Travelouge with Mike (BIS)</p> <p>3:00 Wonders of the World Travelouge (MT2F)</p> <p>3:15 Colouring Club (TFL)</p>
<p>14</p> <p>10:00 Anglican Church Service (CHA)</p> <p>10:30 Word Games and Trivia (BIS)</p> <p>11:00 Jigsaw Puzzle Challenge (TFL)</p> <p>1:00 Java Music Singalong Club (TFL)</p> <p>2:00 Green Thumb Gardening Group (TER)</p> <p>3:30 Hymn Sing (MT2F)</p>	<p>15</p> <p>9:00 Puzzle Pack Pick Up (RECE)</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>11:00 Crossword Challenge (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:15 Shopping Outing: White Feather Farms (Sign-Up Required) (OUT)</p> <p>3:00 Rainbow Pride Happy Hour (BIS)</p> <p>6:00 Jigsaw Puzzle Challenge (TFL)</p>	<p>16</p> <p>10:00 Seated Exercise Class (MPR)</p> <p>10:30 Rosary Group with Shirley (CHA)</p> <p>11:00 Active Games: Ring Toss! (GFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Outing: Oshawa Botanical Gardens (Sign-Up Required) (OUT)</p> <p>3:30 Backgammon with Bryan (MT2F)</p> <p>6:00 \$2 Texas Hold'Em Poker Night (TFL)</p>	<p>17</p> <p>9:15 Seated Exercise Class (MPR)</p> <p>10:00 Artfull Enrichment Paint Tutorial: (CR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:00 Outdoor Games and Social (TER)</p> <p>3:30 Seated Drum Fit Exercise (MPR)</p> <p>6:00 Pride Movie Night: The Secret Love (Documentary) (MT2F)</p>	<p>18</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>11:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>1:00 Resident-Run Bible Study (TFL)</p> <p>1:15 Knitters & Knatters Club (CR)</p> <p>2:00 Monthly Birthday Party with Eric Lambier (TER)</p> <p>3:00 Scrabble Game (TFL)</p> <p>5:45 Meet Me At the MoMa: Sip n' Paint Night (CR)</p>	<p>19</p> <p>10:00 Falls Prevention Exercise Class (MPR)</p> <p>10:30 Roman Catholic Service (CHA)</p> <p>11:00 Coffee and Scattogories (BIS)</p> <p>1:00 \$1 Bingo (TFL)</p> <p>2:10 Fit Minds: Stay Sharp (TFL)</p> <p>3:00 \$1 Blackjack (TFL)</p> <p>6:00 Vintage Movie Night: Cocoon (MT2F)</p>	<p>20</p> <p>10:00 Go 4 Life Walk: Join a group or walk individually (AF)</p> <p>10:30 Sit and Stretch (MPR)</p> <p>11:00 Mini-Manicures (Sign-Up Required) (TFL)</p> <p>1:00 Crafter's Corner: Dream Catcher's (CR)</p> <p>2:00 Carpentry with Kosta (CR)</p> <p>3:00 Rick Steves Travelouge (MT2F)</p> <p>3:15 Colouring Club (TFL)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FATHER'S DAY 21 10:00 Anglican Church Service (CHA) 11:00 Jigsaw Puzzle Challenge (TFL) 11:30 Special Father's Day BBQ Lunch (Sign-Up Required for Guests) (DRGF) 1:00 Afternoon Tunes with Joe Thistel (TER) 2:00 Putting Practice (TER) 3:30 Hymn Sing (MT2F)	ICE CREAM SODA DAY 22 9:00 Puzzle Pack Pick Up (RECE) 10:00 Falls Prevention Exercise Class (MPR) 10:00 Mini-Manicures (Sign-Up Required) (TFL) 11:00 Crossword Challenge (BIS) 1:00 \$1 Bingo (TFL) 2:15 Shopping Outing: Dollarama (Sign-Up Required) (OUT) 3:00 \$2 Happy Hour: Ice Cream Soda with Dancel (BIS) 6:00 Jigsaw Puzzle Challenge (TFL)	10:00 Seated Exercise Class (MPR) 23 10:30 Rosary Group with Shirley (CHA) 11:00 Active Games: Ring Toss! (GFL) 12:00 Tuck Shop Table (GFL) 1:15 Knitters & Knatters Club (CR) 2:00 Outing: Canadian Automotive Museum (Sign-Up Required) (OUT) 3:30 Backgammon with Bryan (MT2F) 6:00 \$2 Texas Hold'Em Poker Night (TFL)	9:15 Seated Yoga with Emily (MPR) 24 10:00 Artfull Enrichment Paint Tutorial: (CR) 11:00 Go 4 Life Walk: Join a group or walk individually (AF) 11:00 Vendor: Zabs Comfort Footwear Sale (GFL) 1:00 \$1 Bingo (TFL) 2:00 Outdoor Games and Social (TER) 3:30 Seated Drum Fit Exercise (MPR) 6:00 Movie Night: Calendar Girls (MT2F)	9:30 Breakfast Outing: Tim Hortons (Sign-Up Required) (OUT) 25 10:00 Falls Prevention Exercise Class (MPR) 11:00 Go 4 Life Walk: Join a group or walk individually (AF) 1:00 Resident-Run Bible Study (TFL) 1:15 Knitters & Knatters Club (CR) 2:00 Java Music Singalong Club (TFL) 3:00 Scrabble Game (TFL) 5:45 Meet Me At the MoMa: Sip n' Paint Night (CR)	10:00 Falls Prevention Exercise Class (MPR) 26 10:30 Roman Catholic Service (CHA) 11:00 Coffee and Scategories (BIS) 1:00 \$1 Bingo (TFL) 2:10 Fit Minds: Stay Sharp (TFL) 3:00 \$1 Blackjack (TFL) 6:00 Andre Rieu Concert: 100 Years of Strauss (MT2F)	10:00 Go 4 Life Walk: Join a group or walk individually (AF) 27 10:30 Sit and Stretch (MPR) 11:00 Mini-Manicures (Sign-Up Required) (TFL) 1:00 Crafter's Corner: "Macrame" Rainbow (CR) 2:00 Neighbourhood Stroll With Judy (Meet at Reception) (OUT) 3:00 Wonders of the World Travelouge (MT2F) 3:15 Colouring Club (TFL)
10:00 Anglican Church Service (CHA) 28 10:30 Word Games and Trivia (BIS) 11:00 Jigsaw Puzzle Challenge (TFL) 1:00 Java Music Singalong Club (TFL) 2:00 Green Thumb Gardening Group (TER) 3:30 Hymn Sing (MT2F)	9:00 Puzzle Pack Pick Up (RECE) 29 10:00 Falls Prevention Exercise Class (MPR) 10:00 Mini-Manicures (Sign-Up Required) (TFL) 11:00 Crossword Challenge (BIS) 1:00 \$1 Bingo (TFL) 2:15 Shopping Outing: Walmart (Sign-Up Required) (OUT) 3:00 \$2 Happy Hour & Treats with Dancel (BIS) 6:00 Jigsaw Puzzle Challenge (TFL)	10:00 Seated Exercise Class (MPR) 30 10:30 Rosary Group with Shirley (CHA) 11:00 Active Games: Ring Toss! (GFL) 1:15 Knitters & Knatters Club (CR) 2:00 Afternoon Tunes with Rosita Stone (MPR) 3:30 Backgammon with Bryan (MT2F) 6:00 \$2 Texas Hold'Em Poker Night (TFL)	<p>Indigenous Peoples Day</p>		<p>Father's Day</p>	



Locations Legend

Third Floor Lounge (TFL)
 Multi Purpose Room, Lower Level (MPR)
 Craft Room, Lower Level (CR)
 Movie Theatre, Second Floor (MT2F)

Locations Legend

Bistro, Ground Floor (BIS)
 Chapel, Lower Level (CHA)
 All Floors (AF)
 Outing (OUT)

Ground Floor Lobby (GFL)
 Terrace, Ground Floor (TER)
 Reception (RECE)
 Dining Room, Ground Floor (DRGF)

Calendar Legend

Outing
 Special Program
 Cruise Week
 Living, Loving, Local
 Signature Program