






INSPIRED SENIOR LIVING

September 2023 Memory Care Wintergreene Estates



INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>World Alzheimer's Month</p>		 <p>Grandparent's Day</p>				
						
<p>10:00 Coffee Party (HAV) 3</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Labour Day 4</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Music Therapy with Meghan (HAV) 5</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>2:00 Art Therapy with Rita (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Kristian Wenaus (B)</p>	<p>National Read a Book Day (P) 6</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Coffee Party (HAV) 7</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Balloon Volleyball (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>National Preparedness Month 1</p> <p>10:00 Coffee Party (HAV)</p> <p>10:00 Artful Enrichment with Rylie: Fall Decorations (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: The Crown S4. Ep. 9 (HAV)</p> <p>4:30 Living Loving Local Dinner: Pear (D)</p> <p>6:00 Sensory Hour (HAV)</p>	<p>International Bacon Day 2</p> <p>9:45 Fit Minds (HAV)</p> <p>10:00 Coffee Party (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Work It (HAV)</p>
<p>10:00 Coffee Party (HAV) 3</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Labour Day 4</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Music Therapy with Meghan (HAV) 5</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>2:00 Art Therapy with Rita (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Kristian Wenaus (B)</p>	<p>National Read a Book Day (P) 6</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Coffee Party (HAV) 7</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Balloon Volleyball (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Stand Up to Cancer Day 8</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: The Crown S4. Ep. 10 (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Jimmy's Old Time Radio Show (B)</p>	<p>9:45 Fit Minds (HAV) 9</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>2:00 Sing-Along with Bill Quick & Joan Schneider (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: The Sapphires (HAV)</p>
<p>National Grandparents Day (EB) 10</p> <p>10:00 Coffee Party (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 11</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>World Alzheimer's Month 12</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Dale & Company (B)</p>	<p>10:00 Coffee Party (HAV) 13</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Coffee Party (HAV) 14</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>1:30 Pumpkin Apple Stamp Craft with Rylie (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Regina Heritage Fiddlers (B)</p>	<p>10:00 Coffee Party (HAV) 15</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: The Crown S5. Ep. 1 (HAV)</p> <p>3:00 Interdenominational Church Service (B)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Oktoberfest Begins 16</p> <p>9:45 Fit Minds (HAV)</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>2:00 Open House (2:00-4:00 PM) (EB)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Monty Python & The Holy Grail (HAV)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Coffee Party (HAV) 17</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 18</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Music Therapy with Meghan (HAV) 19</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>2:00 Art Therapy with Rita (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment- Ken Nagel's Musical Buddies (B)</p>	<p>10:00 Coffee Party (HAV) 20</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Coffee Party (HAV) 21</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Entertainment: Heather Ross (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>No LE Staff Today 22</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Balloon Volleyball (HAV)</p> <p>2:30 Netflix Series: The Crown S5. Ep. 2 (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>9:45 Fit Minds (HAV) 23</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>2:00 Sing-Along with Bill Quick & Joan Schneider (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Happiness for Beginners (HAV)</p>
<p>10:00 Coffee Party (HAV) 24</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 25</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Music Therapy with Meghan (HAV) 26</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Billy Young (B)</p>	<p>10:00 Coffee Party (HAV) 27</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>National Strawberry Cream Pie Day 28</p> <p>10:00 Coffee Party (HAV)</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Balloon Volleyball (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 29</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: The Crown S5. Ep. 3 (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Amigos (B)</p>	<p>Orange Shirt Day (in honour of the children who lost their lives at Residential Schools) 30</p> <p>9:45 Fit Minds (HAV)</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Miss Congeniality (HAV)</p>



Be Social

Locations Legend

Haven House (HAV)
Bistro (B)
Entire Building (EB)

Dining Room (D)
Prairie Schooner (P)

Calendar Legend

Outing
Special Program
Sign up Required *
Theme Day
Living, Loving, Local
Signature Program
Highlight