



INSPIRED
SENIOR LIVING

October 2023 Memory Care Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>National Seniors Day 1</p> <p>10:00 Coffee Party (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Active Aging Week (EB) 2</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>Active Aging Week (EB) 3</p> <p>Oktoberfest Ends</p> <p>Global Diversity Awareness Month</p> <p>10:00 Coffee Party (HAV)</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Polka Power Gus (B)</p>	<p>Active Aging Week (EB) 4</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>Active Aging Week (EB) 5</p> <p>10:00 Coffee Party (HAV)</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:30 Trivia: Pumpkin Theme (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Elvis Tribute Artist Bruce Andrew Stewart *NEW* (B)</p>	<p>Active Aging Week (EB) 6</p> <p>World Smile Day</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: The Crown (HAV)</p> <p>4:30 Living Loving Local Dinner: Pumpkin (D)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Active Aging Week (EB) 7</p> <p>9:45 Fit Minds (HAV)</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>3:00 Thanksgiving Craft with Rylie (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Love at First Sight (HAV)</p>
<p>Active Aging Week (EB) 8</p> <p>10:00 Coffee Party (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Thanksgiving Day 9</p> <p>No LE Staff Today</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>World Mental Health Day 10</p> <p>10:00 Coffee Party (HAV)</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>2:00 Art Therapy with Rita (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: SRW Trio (B)</p>	<p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Coffee Party (HAV) 12</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:30 Decorating Pumpkins (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 13</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Catholic Mass (P)</p> <p>2:30 Netflix Series: The Crown (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>National Dessert Day 14</p> <p>9:45 Fit Minds (HAV)</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>2:00 Entertainment: Celebration Singers (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Netflix Documentary: Harley & Katya (HAV)</p>
<p>10:00 Coffee Party (HAV) 15</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 16</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>2:00 Entertainment: Call It Yesterday (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>Breast Cancer Awareness Month: Wear Pink Today 17</p> <p>10:00 Coffee Party (HAV)</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 18</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Pumpkin Spice Timbit & Tim Hortons Coffee Party (HAV) 19</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Entertainment: Marilyn Phillips (HAV)</p> <p>4:00 Pumpkin Bowling with Rylie (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 20</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: The Crown (HAV)</p> <p>3:00 Interdenominational Church Service (B)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>National Apple Day 21</p> <p>9:45 Fit Minds (HAV)</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>3:00 Artful Enrichment: Yarn Pumpkins with Rylie (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Blue Miracle (HAV)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Coffee Party (HAV) 22</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Coffee Party (HAV) 23</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Coffee Party (HAV) 24</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>2:00 Art Therapy with Rita (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Ken Nagel's Musical Buddies (B)</p>	<p>10:00 Coffee Party (HAV) 25</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Coffee Party (HAV) 26</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:30 Activity Sheets: Pumpkin Theme (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Jerry & the Attrics (B)</p>	<p>10:00 Coffee Party (HAV) 27</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Catholic Mass (P)</p> <p>2:30 Netflix Series: The Crown (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Boomtown (B)</p>	<p>9:45 Fit Minds (HAV) 28</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Netflix Documentary: Shania Twain: Not Just a Girl (HAV)</p>
<p>Grandparents Day 29</p> <p>10:00 Coffee Party (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Global Diversity Awareness Month 30</p> <p>10:00 Coffee Party (HAV)</p> <p>1:15 Can Fit Pro Exercises- No Jolene Today (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>Halloween 31</p> <p><i>Wear Your Halloween Costumes or Orange & Black Attire</i></p> <p>10:00 Coffee Party (HAV)</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Larry, Cup O' Joe's & What's Her Name feat. Halloween Desserts (B)</p>	<p>MONDAY OCT 9</p>		<p>MONDAY OCT 3</p>	



Be Grateful

Locations Legend

Haven House (HAV)
Bistro (B)
Entire Building (EB)

Prairie Schooner (P)
Dining Room (D)

Calendar Legend

Outing
Special Program
Sign up Required *
Theme Day
Living, Loving, Local
Signature Program
Highlight