



INSPIRED SENIOR LIVING

# November 2023 Memory Care Wintergreene Estates



INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>National Family Caregivers Month</b></p>			<p>National Family Caregivers Month <b>1</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Can Fit Pro Exercises (HAV) 2:00 Sing-Along (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>2</b></p> <p>10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) <b>2:00 Remembrance Day Service (B)</b> 6:30 Sensory Hour (HAV) 7:00 Entertainment: Garnet &amp; Jean Ripplinger *NEW* (B)</p>	<p>National Sandwich Day <b>3</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Can Fit Pro Exercises (HAV) 2:30 Netflix Series: Life On Our Planet Ep. 1 (HAV) <b>4:30 Living Loving Local Dinner: Honey (D)</b> 6:30 Sensory Hour (HAV)</p>	<p>9:45 Fit Minds (HAV) <b>4</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sparty (nails and hair) (HAV) 6:30 Sensory Hour (HAV) 7:30 Movie Night: My Girl (HAV)</p>
<p>10:00 Juice &amp; Snack (HAV) <b>5</b></p> <p>10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>6</b></p> <p>1:15 Can Fit Pro Exercises (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:30 Board Games (HAV)</p>	<p>10:00 Music Therapy with Meghan (HAV) <b>7</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Colouring &amp; Conversation (HAV) 2:00 Art Therapy with Rita (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Kristian Wenaus (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>8</b></p> <p>1:15 Can Fit Pro Exercises (HAV) 2:00 Sing-Along (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>9</b></p> <p>10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) 2:00 Artful Enrichment: Potato Poppy Craft (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Memory 'Laine (B)</p>	<p>10:00 Lorraine Elliot Craft Sale (10 AM-2 PM) (F) <b>10</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Can Fit Pro Exercises (HAV) 2:00 Catholic Mass (P) 2:30 Netflix Series: Life On Our Planet Ep. 2 (HAV) 6:30 Sensory Hour (HAV)</p>	<p>Remembrance Day <b>11</b></p> <p>9:45 Fit Minds (HAV) 10:00 Juice &amp; Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sparty (nails and hair) (HAV) 6:30 Sensory Hour (HAV) 7:30 Movie Night: The Adam Project (HAV)</p>
<p>Diwali <b>12</b></p> <p>10:00 Juice &amp; Snack (HAV) 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)</p>	<p>World Kindness Day <b>13</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Can Fit Pro Exercises (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:30 Board Games (HAV)</p>	<p>National Diabetes Month <b>14</b></p> <p>10:00 Juice &amp; Snack (HAV) 10:00 Music Therapy with Meghan *LAST DAY* (HAV) 1:15 Go4Life Walking (HAV) 2:00 Colouring &amp; Conversation (HAV) 2:00 Entertainment: Jim Harty (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: The Nightingales Wartime Tribute (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>15</b></p> <p>1:15 Can Fit Pro Exercises (HAV) 2:00 Sing-Along (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>16</b></p> <p>10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) 2:00 Table Top Bowling (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Amigos (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>17</b></p> <p>1:15 Can Fit Pro Exercises (HAV) 2:30 Netflix Series: Life On Our Planet Ep. 3 (HAV) 3:00 Interdenominational Church Service (B) 6:30 Sensory Hour (HAV)</p>	<p>9:45 Fit Minds (No Rylie Today) (HAV) <b>18</b></p> <p>10:00 Juice &amp; Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sparty (nails and hair) (HAV) 6:30 Sensory Hour (HAV) 7:30 Movie Night: DreamGirls (HAV)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Juice &amp; Snack (HAV) <b>19</b></p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>5:00 110th Grey Cup Championship Game @ Tim Hortons Field in Hamilton (P)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>20</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>21</b></p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring &amp; Conversation (HAV)</p> <p>2:00 Art Therapy with Rita *LAST DAY* (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Polka Power Gus (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>22</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>23</b></p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Bean Bag Toss (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Jerry &amp; the Attrics (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>24</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Catholic Mass (P)</p> <p>2:30 Netflix Series: Life On Our Planet Ep. 4 (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>9:45 Fit Minds (HAV) <b>25</b></p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Barbara...The Music...The Mem'ries...The Magic! (HAV)</p>
<p><b>National Cake Day (EB) 26</b></p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>27</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>28</b></p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring &amp; Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Jim Woytuik (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>29</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>30</b></p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Balloon Volleyball (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: David Lowey (B)</p>	<p><b>Remembrance Day</b></p>	

**SUNDAY**  
**NOV 12**

**Diwali**

**Be Grateful**

**Locations Legend**

Haven House (HAV)	Dining Room (D)
Bistro (B)	Fireplace Lounge (F)
Prairie Schooner (P)	Entire Building (EB)

**Calendar Legend**

- Outing
- Special Program
- Sign up Required \*
- Theme Day
- Living, Loving, Local
- Signature Program
- Highlight