



INSPIRED SENIOR LIVING

# December 2023 Memory Care Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>MONDAY</b> <b>DEC 25</b></p> <p><b>Christmas Day</b></p>	 <p><b>SUNDAY</b> <b>DEC 31</b></p> <p><b>New Years Eve</b></p>				<p>10:00 Juice &amp; Snack (HAV) <b>1</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:30 Netflix Series: Life On Our Planet Ep. 5 (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Month of Giving <b>2</b></p> <p>10:00 Music Therapy with Meghan (Rescheduled Date) (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>2:00 Entertainment: Two-Step (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Family Switch (HAV)</p>
<p>10:00 Juice &amp; Snack (HAV) <b>3</b></p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>4</b></p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>5</b></p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Christmas Craft with Donna: Paper Christmas Tree (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Billy Young (B)</p>	<p>10:00 Juice &amp; Snack (HAV) <b>6</b></p> <p>10:00 Entertainment: St. Mary School Christmas Concert (Grades 3 &amp; 8) (B)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>Hanukkah <b>7</b></p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Entertainment: SaskTel Choir (B)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Hanukkah <b>8</b></p> <p>National Brownie Day</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Catholic Mass (P)</p> <p>2:30 Netflix Series: Life On Our Planet Ep. 6 (HAV)</p> <p>4:30 Living Loving Local Dinner: Cranberry (D)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Hanukkah <b>9</b></p> <p>9:45 Fit Minds (No Rylie Today) (HAV)</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Deck the Halls (HAV)</p>
<p>Hanukkah <b>10</b></p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>2:30 Sing-Along with Sheila and Bill Quick (B)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>Hanukkah <b>11</b></p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>2:00 Entertainment: Hymn Sing Ministry Christmas Program (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Board Games (HAV)</p>	<p>Hanukkah <b>12</b></p> <p>Gingerbread House Day</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring &amp; Conversation (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Jim Woytuik (B)</p>	<p>Hanukkah <b>13</b></p> <p>12 Days of Christmas 'Tis the Season!: Wear Your Red &amp; Green Attire</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p>	<p>Hanukkah <b>14</b></p> <p>12 Days of Christmas Christmas Celebration Dinner Theme: Dress to Impress</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>10:30 Bingo (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Table Top Bowling (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Regina Mandolin Orchestra (B)</p>	<p>Hanukkah <b>15</b></p> <p>12 Days of Christmas National Ugly Christmas Sweater Day: Wear Your Ugliest Christmas Sweaters</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Can Fit Pro Exercises (HAV)</p> <p>2:00 Entertainment: Jim Woytuik (HAV)</p> <p>3:00 Interdenominational Church Service (B)</p> <p>6:30 Sensory Hour (HAV)</p>	<p>12 Days of Christmas Candy Cane Lane: Wear Red &amp; White Attire</p> <p>9:45 Christmas Craft with Rylie: Paper Penguin's (HAV)</p> <p>10:00 Juice &amp; Snack (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sparty (nails and hair) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Movie Night: Operation Christmas Drop (HAV)</p>



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# December 2023

## Memory Care

### Wintergreene Estates



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>12 Days of Christmas</i> <b>17</b>  <b>Season of Light: Wear Christmas Decorations</b>            10:00 Juice &amp; Snack (HAV)            10:30 Church Service on TV (HAV)            11:00 Gospel Music Hour (HAV)            1:30 Go4Life Walking (HAV)            2:00 Sing-Along (HAV)            6:00 Ice Cream Social (HAV)            6:30 Sensory Hour (HAV)</p>	<p><i>12 Days of Christmas</i> <b>18</b>  <b>Tree Toppers: Wear Christmas Headwear</b>            10:00 Juice &amp; Snack (HAV)            1:15 Can Fit Pro Exercises (HAV)            2:00 Bingo (HAV)            6:30 Sensory Hour (HAV)            7:30 Board Games (HAV)</p>	<p><i>12 Days of Christmas</i> <b>19</b>  <b>Christmas Warmth: Flannels and Plaid</b>            10:00 Juice &amp; Snack (HAV)            1:15 Go4Life Walking (HAV)            2:00 Christmas Craft with Donna: Paper Elf's (HAV)            6:30 Sensory Hour (HAV)            7:00 Entertainment: Capo (B)</p>	<p><i>12 Days of Christmas</i> <b>20</b>  <b>Christmas Vacation: Wear Vacation Clothing i.e. Hawaiian Shirt</b>            Staff Christmas Door Contest Voting (P)            10:00 Juice &amp; Snack (HAV)  <b>10:00 Entertainment: St. Mary School Christmas Concert (Grades 1 &amp; 7) (B)</b>            1:15 Can Fit Pro Exercises (HAV)            2:00 Sing-Along (HAV)            6:30 Sensory Hour (HAV)            7:30 Reading Circle (HAV)</p>	<p><i>12 Days of Christmas</i> <b>21</b>  <b>Staff Christmas Door Contest Voting (P)</b>  <b>Elf Day: Hats, Stripes, Glitter, Pointy Ears, etc.</b>            10:00 Juice &amp; Snack (HAV)            10:30 Bingo (HAV)            1:15 Go4Life Walking (HAV)  <b>2:00 Entertainment: Christmas Carolers (B)</b>            6:30 Sensory Hour (HAV)  <b>7:00 Entertainment: Gail (soloist) *NEW* (B)</b></p>	<p><i>12 Days of Christmas</i> <b>22</b>  <b>Staff Christmas Door Contest Voting (P)</b>  <b>Ho! Ho! Ho!: Wear a Santa Hat or Shirt</b>            10:00 Juice &amp; Snack (HAV)            1:15 Can Fit Pro Exercises (HAV)            2:30 Netflix Series: Life On Our Planet Ep. 7 (HAV)            6:30 Sensory Hour (HAV)  <b>7:00 Entertainment: Boomtown (B)</b></p>	<p><i>12 Days of Christmas</i> <b>23</b>  <b>Staff Christmas Door Contest Voting (P)</b>  <b>Rudolph Day: Wear Red Attire and Your Best Antlers</b>            9:45 Fit Minds (HAV)            10:00 Juice &amp; Snack (HAV)  <b>10:00 Music Therapy with Meghan (Rescheduled Date) (HAV)</b>            1:15 Go4Life Walking (HAV)            2:00 Sparty (nails and hair) (HAV)  <b>2:00 Entertainment: Meghan &amp; Brenda Bowman *NEW* (B)</b>            6:30 Sensory Hour (HAV)  <b>7:30 Movie Night: Scrooge: A Christmas Carol (HAV)</b></p>
<p><i>12 Days of Christmas</i> <b>24</b>  <b>Christmas Eve (EB)</b>  <i>'Twas The Night Before Christmas: Wear Your Christmas Pajamas</i>            10:00 Juice &amp; Snack (HAV)            10:30 Church Service on TV (HAV)            11:00 Gospel Music Hour (HAV)            1:30 Go4Life Walking (HAV)            2:00 Sing-Along (HAV)            6:00 Ice Cream Social (HAV)            6:30 Sensory Hour (HAV)</p>	<p><b>Christmas Day (EB) 25</b>  <b>No Life Enrichment Staff Today</b>  <b>Wear Christmas Attire Today</b>            10:00 Juice &amp; Snack (HAV)            1:15 Can Fit Pro Exercises (HAV)            2:00 Bingo (HAV)            6:30 Sensory Hour (HAV)            7:30 Board Games (HAV)</p>	<p><b>Boxing Day 26</b>  <b>No Life Enrichment Staff Today</b>  <b>Salon Closed Today (SAL)</b>            Kwanzaa            10:00 Juice &amp; Snack (HAV)            1:15 Go4Life Walking (HAV)            2:00 Colouring &amp; Conversation (HAV)            6:30 Sensory Hour (HAV)</p>	<p><b>27</b>            10:00 Juice &amp; Snack (HAV)            1:15 Can Fit Pro Exercises (HAV)            2:00 Sing-Along (HAV)            6:30 Sensory Hour (HAV)            7:30 Reading Circle (HAV)</p>	<p><b>28</b>            10:00 Juice &amp; Snack (HAV)            10:30 Bingo (HAV)            1:15 Go4Life Walking (HAV)  <b>2:00 Bean Bag Toss (HAV)</b>            6:30 Sensory Hour (HAV)  <b>7:00 Entertainment: Amigos (B)</b></p>	<p><b>29</b>            10:00 Juice &amp; Snack (HAV)            1:15 Can Fit Pro Exercises (HAV)            2:30 Netflix Series: Life On Our Planet Ep. 8 (HAV)            6:30 Sensory Hour (HAV)</p>	<p><b>30</b>            9:45 Fit Minds (HAV)            10:00 Juice &amp; Snack (HAV)            1:15 Go4Life Walking (HAV)            2:00 Sparty (nails and hair) (HAV)            6:30 Sensory Hour (HAV)  <b>7:30 Movie Night: What a Girl Wants (HAV)</b></p>
<p><b>New Year's Eve 31</b>            10:00 Juice &amp; Snack (HAV)            10:30 Church Service on TV (HAV)            11:00 Gospel Music Hour (HAV)            1:30 Go4Life Walking (HAV)            2:00 Sing-Along (HAV)            6:00 Ice Cream Social (HAV)            6:30 Sensory Hour (HAV)  <b>7:00 Entertainment: New Year's Eve with SRW Trio (B)</b></p>	<p style="text-align: center;"><b>Locations Legend</b></p> <p>Haven House (HAV)      Entire Building (EB)            Bistro (B)                Dining Room (D)            Prairie Schooner (P)      Salon (SAL)</p>					<p style="text-align: center;"><b>Calendar Legend</b></p> <p>Outing            Special Program            Sign up Required *            Theme Day            Living, Loving, Local            Signature Program            Highlight</p>
<p><b>Be Grateful</b></p>						