



INSPIRED SENIOR LIVING

January 2024 Memory Care Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 No Life Enrichment Staff Today (HAV) 10:00 Juice & Snack (HAV) 1:15 Can Fit Pro Exercises: No Jolene Today (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:30 Board Games (HAV)	10:00 Juice & Snack (HAV) 2 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation with Jolene (HAV) 3:30 Table Top Bowling (HAV) 6:30 Sensory Hour (HAV) 7:30 Classic Music Hour (HAV)	10:00 Juice & Snack (HAV) 3 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Mini Manicures with Life Enrichment (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	National Trivia Day 4 10:00 Juice, Snack & Current Events with Jolene (HAV) 10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) 2:00 Volunteer 1-1 Visits (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Heather Ross (B)	10:00 Juice & Snack (HAV) 5 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice (HAV) 3:00 Go Fish with Jolene (HAV) 4:30 Living Loving Local Dinner: Carrots (D) 6:30 Sensory Hour (HAV)	9:45 Fit Minds with Rylie (HAV) 6 10:00 Juice & Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Hair Harmony (hairstyling refresh) (HAV) 6:30 Sensory Hour (HAV) 7:30 Silver Screen: Resident Choice (HAV)
10:00 Juice & Snack (HAV) 7 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	Elvis Presley's Birthday 8 10:00 Juice & Snack (HAV) 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 6:00 Netflix Movie Night: Elvis (HAV) 6:30 Sensory Hour (HAV) 7:15 Entertainment: Jamie Gass (Elvis Tribute) (B)	10:00 Juice & Snack (HAV) 9 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation with Jolene (HAV) 3:30 Balloon Volleyball (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Jim Harty (B) 7:30 Classic Music Hour (HAV)	10:00 Juice & Snack (HAV) 10 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Mini Manicures with Life Enrichment (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	10:00 Juice, Snack & Current Events (HAV) 11 10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) 2:00 Entertainment: Matt Polsfut (HAV) 3:00 Volunteer 1-1 Visits *Time Change Today* (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice, Snack & Current Events (HAV) 12 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Catholic Mass (P) 2:00 TV Classics: Resident Choice (HAV) 3:00 Coffee Filter Snowman Craft with Rylie (HAV) 6:30 Sensory Hour (HAV)	9:45 Fit Minds with Rylie (HAV) 13 10:00 Juice, Snack & Current Events (HAV) 1:15 Go4Life Walking (HAV) 2:00 Hair Harmony (hairstyling refresh) (HAV) 6:30 Sensory Hour (HAV) 7:30 Silver Screen: Resident Choice (HAV)
10:00 Juice, Snack & Current Events (HAV) 14 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	National Hat Day: Wear Your Favorite Hat Today! 15 Martin Luther King Jr. Day 10:00 Juice, Snack & Current Events (HAV) 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Friendly Folk (B) 7:30 Board Games (HAV)	10:00 Juice, Snack & Current Events (HAV) 16 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation with Jolene (HAV) 3:30 Table Top Bowling (HAV) 6:30 Sensory Hour (HAV) 7:30 Meet Me at the MoMa: Stan Douglas (printout) (HAV) 7:30 Classic Music Hour (HAV)	10:00 Juice, Snack & Current Events (HAV) 17 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Mini Manicures with Life Enrichment (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	10:00 Juice, Snack & Current Events (HAV) 18 10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) 2:00 Volunteer 1-1 Visits (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Ken Nagel's Musical Buddies (B)	National Popcorn Day 19 10:00 Juice, Snack & Current Events (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice feat. Freshly Popped Pocron (HAV) 3:00 Interdenominational Church Service (B) 6:30 Sensory Hour (HAV)	9:45 Fit Minds with Rylie (HAV) 20 10:00 Juice, Snack & Current Events (HAV) 1:15 Go4Life Walking (HAV) 2:00 Hair Harmony (hairstyling refresh) (HAV) 6:30 Sensory Hour (HAV) 7:30 Silver Screen: Resident Choice (HAV)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Juice, Snack & Current Events (HAV) 21 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice, Snack & Current Events (HAV) 22 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: Dale & Company (B) 6:30 Sensory Hour (HAV) 7:30 Board Games (HAV)	10:00 Juice, Snack & Current Events (HAV) 23 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation with Jolene (HAV) 3:30 Balloon Volleyball (HAV) 6:30 Sensory Hour (HAV) 7:15 Hillsdale Baptist Youth Group Visits (B) 7:30 Classic Music Hour (HAV)	10:00 Juice, Snack & Current Events (HAV) 24 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 2:30 Walker Safety Talk with Tom from Motion (P) 3:00 Mini Manicures with Life Enrichment (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	Robbie Burns Day 25 10:00 Juice, Snack & Current Events (HAV) 10:30 Bingo (HAV) 1:15 Go4Life Walking (HAV) 2:00 Volunteer 1-1 Visits (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice, Snack & Current Events (HAV) 26 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Catholic Mass *Location Change Today* (W) 2:00 TV Classics: Resident Choice (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Jerry & the Attrics (B)	National Chocolate Cake Day 27 9:45 Fit Minds with Rylie (HAV) 10:00 Juice, Snack & Current Events (HAV) 1:15 Go4Life Walking (HAV) 2:00 Hair Harmony (hairstyling refresh) (HAV) 6:30 Sensory Hour (HAV) 7:30 Silver Screen: Resident Choice (HAV)
10:00 Juice, Snack & Current Events (HAV) 28 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice, Snack & Current Events (HAV) 29 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 2:00 Entertainment: Call it Yesterday (B) 6:30 Sensory Hour (HAV) 7:30 Board Games (HAV)	10:00 Juice, Snack & Current Events (HAV) 30 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation with Jolene (HAV) 3:30 Table Top Bowling (HAV) 6:30 Sensory Hour (HAV) 7:30 Meet Me at the MoMa: Jean-Paul Rioppelle (printout) (HAV) 7:30 Classic Music Hour (HAV)	National Hot Chocolate Day 31 10:00 Hot Chocolate, Cookies & Current Events (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:00 Mini Manicures with Life Enrichment (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Billarney (B) 7:30 Reading Circle (HAV)			

MONDAY
JAN 15

Martin Luther King Jr. Day

Be Grateful

Locations Legend

- Haven House (HAV)
- Bistro (B)
- Prairie Schooner (P)
- Dining Room (D)
- Wascana Way - 3rd FL. (W)

Calendar Legend

- Outing
- Special Program
- Sign up Required *
- Theme Day
- Living, Loving, Local
- Signature Program
- Highlight