

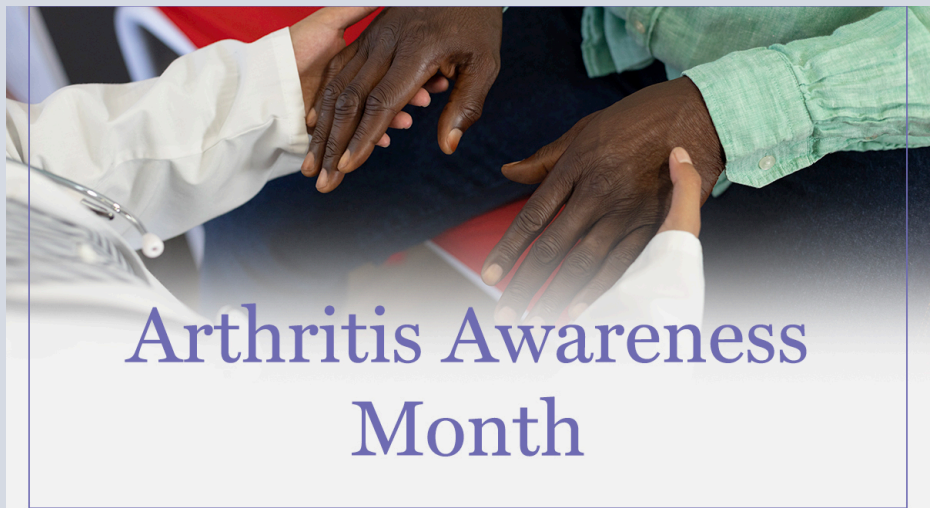


INSPIRED SENIOR LIVING

May 2024 Memory Care Calendar Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="text-align: center;">Arthritis Awareness Month</h2>						
			Mental Health Awareness Month 1 Arthritis Awareness Month 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:30 Balloon Volleyball (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 2 10:30 Board Games (HAV) 1:15 Go4Life Walking (HAV) 2:00 Reading Circle (HAV) 2:00 Entertainment: The Melodies (B) 6:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Lumsden Community Brass Band (B)	10:00 Juice & Snack (HAV) 3 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice (HAV) 4:30 Living Loving Local Dinner: Rhubarb (D) 6:30 Sensory Hour (HAV)	9:45 Fit Minds with Rylie (HAV) 4 10:00 Juice & Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Silver Screen: Resident Choice (HAV)
Cinco de Mayo 5 10:00 Juice & Snack (HAV) 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 4:30 Cinco de Mayo Dinner (D) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	National Nurse's Day 6 10:00 Juice & Snack (HAV) 10:00 Music Therapy with Meghan (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	10:00 Juice & Snack (HAV) 7 1:15 Go4Life Walking (HAV) 1:30 Armchair Travel with Rick Steves: Italy's Great Hill Towns (HAV) 2:00 Colouring & Conversation (HAV) 7:00 Entertainment: Heather Ross (B) 7:30 Classical Music Hour (HAV)	10:00 Juice & Snack (HAV) 8 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:30 Table Top Bowling (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 9 10:30 Board Games (HAV) 1:15 Go4Life Walking (HAV) 2:00 Reading Circle (HAV) 6:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Dale & Company (B)	10:00 Juice & Snack (HAV) 10 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Catholic Mass (P) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Boomtown (B)	9:30 Craft with Rylie: Paper Sunflowers (HAV) 11 10:00 Juice & Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Silver Screen: Resident Choice (HAV)
10:00 Juice & Snack (HAV) 12 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	10:00 Juice & Snack (HAV) 13 10:00 Music Therapy with Meghan (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Friendly Folk (B) 7:30 Reading Circle (HAV)	10:00 Juice & Snack (HAV) 14 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 3:00 Dog Therapy Visits with Karen & Maya (HAV) 7:15 Hillsdale Baptist Youth Group Visits (Last Visit Until Fall) (B) 7:30 Classical Music Hour (HAV)	10:00 Juice & Snack (HAV) 15 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:30 Balloon Volleyball (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Sensory Hour (HAV)	National Mimosa Day 16 10:00 Juice & Snack (HAV) 10:30 Board Games (HAV) 1:15 Go4Life Walking (HAV) 2:00 Reading Circle (HAV) 2:00 Entertainment: Jim Woytuik (HAV) 6:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Jim Harty (B)	National Pizza Party Day 17 10:00 Juice & Snack (HAV) 10:30 Spring Walk with Rylie (OUT) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice (HAV) 3:00 Interdenominational Church Service (B) 6:30 Sensory Hour (HAV)	9:45 Fit Minds with Rylie (HAV) 18 10:00 Juice & Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Silver Screen: Resident Choice (HAV)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Juice & Snack (HAV) 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	20 Victoria Day 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Haven Staff (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	21 10:00 Juice & Snack (HAV) 10:00 Music Therapy with Meghan (HAV) 1:15 Go4Life Walking (HAV) 1:30 Armchair Travel with Rick Steves Naples and Pompeii (HAV) 2:00 Colouring & Conversation (HAV) 7:30 Classical Music Hour (HAV)	22 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:30 Table Top Bowling (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Billarney (B)	23 10:00 Juice & Snack (HAV) 10:30 Board Games (HAV) 1:15 Go4Life Walking (HAV) 2:00 Reading Circle (HAV) 6:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Jerry & the Attrics (B)	24 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice (HAV) 2:00 Catholic Mass (P) 6:30 Sensory Hour (HAV) 7:00 Children's Piano Recital (B)	25 9:45 Fit Minds with Rylie (HAV) 10:00 Juice & Snack (HAV) 1:15 Go4Life Walking (HAV) 2:00 Sensory Hour (HAV) 3:00 Colouring & Conversation (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Silver Screen: Resident Choice (HAV)
26 10:00 Juice & Snack (HAV) 10:30 Church Service on TV (HAV) 11:00 Gospel Music Hour (HAV) 1:30 Go4Life Walking (HAV) 2:00 Sing-Along (HAV) 6:00 Ice Cream Social (HAV) 6:30 Sensory Hour (HAV)	27 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Jolene (HAV) 2:00 Bingo (HAV) 6:30 Sensory Hour (HAV) 7:30 Reading Circle (HAV)	28 National Hamburger Day 10:00 Juice & Snack (HAV) 10:00 Music Therapy with Meghan (HAV) 1:15 Go4Life Walking (HAV) 2:00 Colouring & Conversation (HAV) 3:00 Dog Therapy Visits with Karen & Maya (HAV) 7:00 Entertainment: Gail Posehn (Soloist) (B) 7:30 Classical Music Hour (HAV)	29 National Senior Health & Fitness Day 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 Sing-Along (HAV) 3:30 Balloon Volleyball (HAV) 6:00 Evening Outdoor Walk (Weather Permitting) (HAV) 6:30 Sensory Hour (HAV)	30 10:00 Juice & Snack (HAV) 10:30 Board Games (HAV) 1:15 Go4Life Walking (HAV) 2:00 Reading Circle (HAV) 6:00 Bingo (HAV) 6:30 Sensory Hour (HAV)	31 National Smile Day 10:00 Juice & Snack (HAV) 10:30 Brain Games (HAV) 1:15 Can Fit Pro Exercises with Life Enrichment (HAV) 2:00 TV Classics: Resident Choice (HAV) 6:30 Sensory Hour (HAV) 7:00 Entertainment: Amigos (B)	



Locations Legend

Haven House (HAV)	Prairie Schooner (P)
Bistro (B)	Outside (OUT)
Dining Room (D)	

Calendar Legend

- Outing
- Special Program
- Sign up Required *
- Theme Day
- Signature Program
- Highlight