



INSPIRED SENIOR LIVING

June 2024 Memory Care Calendar Wintergreene Estates



INSPIRED SENIOR LIVING WITH

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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Senior's Month

Father's Day

Canada's National Indigenous Peoples Day

Senior's Month
National Men's Health Month
Alzheimer's Brain & Awareness Month
Pride Month

9:45 Fit Minds with Rylie (HAV)
10:00 Juice & Snack (HAV)
1:15 Go4Life Walking (HAV)
2:00 Sensory Hour (HAV)
2:00 Sing-Along with Suzanne Morley (B)
3:00 Colouring & Conversation (HAV)
6:00 Evening Outdoor Walk (Weather Permitting) (HAV)
6:30 Silver Screen: Resident Choice (HAV)

10:00 Juice & Snack (HAV) **2**
10:30 Church Service on TV (HAV)
11:00 Gospel Music Hour (HAV)
1:30 Go4Life Walking (HAV)
2:00 Sing-Along (HAV)
6:00 Ice Cream Social (HAV)
6:30 Sensory Hour (HAV)

10:00 Juice & Snack (HAV) **3**
10:30 Brain Games (HAV)
1:15 Can Fit Pro Exercises with Jolene (HAV)
2:00 Bingo (HAV)
6:30 Sensory Hour (HAV)
7:30 Reading Circle (HAV)

10:00 Juice & Snack (HAV) **4**
10:00 Music Therapy with Meghan (HAV)
1:15 Go4Life Walking (HAV)
2:00 Colouring & Conversation (HAV)
7:00 Entertainment: Billy Young (B)
7:30 Classical Music Hour (HAV)

10:00 Juice & Snack (HAV) **5**
10:30 Brain Games (HAV)
1:15 Can Fit Pro Exercises with Life Enrichment (HAV)
2:00 Sing-Along (HAV)
3:30 Table Top Bowling (HAV)
6:00 Evening Outdoor Walk (Weather Permitting) (HAV)
6:30 Sensory Hour (HAV)

10:00 Juice & Snack (HAV) **6**
10:30 Board Games (HAV)
1:15 Go4Life Walking (HAV)
2:00 Reading Circle (HAV)
6:00 Bingo (HAV)
6:30 Sensory Hour (HAV)

National Donut Day **7**
10:00 Juice & Snack (HAV)
10:30 Brain Games (HAV)
1:15 Can Fit Pro Exercises with Life Enrichment (HAV)
2:00 TV Classics: Resident Choice (HAV)
4:30 Living Loving Local Dinner: Strawberry (D)
6:30 Sensory Hour (HAV)

9:45 Fit Minds with Rylie (HAV) **8**
10:00 Juice & Snack (HAV)
1:15 Go4Life Walking (HAV)
2:00 Sensory Hour (HAV)
2:00 Entertainment: TFB (Taylor Fisher Blackstock) (B)
3:00 Colouring & Conversation (HAV)
6:00 Evening Outdoor Walk (Weather Permitting) (HAV)
6:30 Silver Screen: Resident Choice (HAV)

10:00 Juice & Snack (HAV) **9**
10:30 Church Service on TV (HAV)
11:00 Gospel Music Hour (HAV)
1:30 Go4Life Walking (HAV)
2:00 Sing-Along (HAV)
6:00 Ice Cream Social (HAV)
6:30 Sensory Hour (HAV)

National Men's Health Week **10**
10:00 Juice & Snack (HAV)
10:30 Brain Games (HAV)
1:15 Can Fit Pro Exercises with Jolene (HAV)
2:00 Bingo (HAV)
6:30 Sensory Hour (HAV)
7:30 Reading Circle (HAV)

10:00 Juice & Snack (HAV) **11**
10:00 Music Therapy with Meghan (HAV)
1:15 Go4Life Walking (HAV)
2:00 Colouring & Conversation (HAV)
3:00 Dog Therapy Visits with Karen & Mya (HAV)
7:30 Classical Music Hour (HAV)

10:00 Juice & Snack (HAV) **12**
10:30 Brain Games (HAV)
1:15 Can Fit Pro Exercises with Life Enrichment (HAV)
2:00 Sing-Along (HAV)
3:30 Balloon Volleyball (HAV)
6:00 Evening Outdoor Walk (Weather Permitting) (HAV)
6:30 Sensory Hour (HAV)
7:00 Entertainment: Kristian Wenaus (B)

10:00 Juice & Snack (HAV) **13**
10:30 Board Games (HAV)
1:15 Go4Life Walking (HAV)
2:00 Reading Circle (HAV)
6:00 Bingo (HAV)
6:30 Sensory Hour (HAV)
7:00 Entertainment: David Lowey (B)

10:00 Juice & Snack (HAV) **14**
10:00 Craft with Rylie: Suncatchers (HAV)
1:15 Can Fit Pro Exercises with Life Enrichment (HAV)
2:00 TV Classics: Resident Choice (HAV)
2:00 Catholic Mass & Anointing (P)
6:30 Sensory Hour (HAV)

9:45 Fit Minds with Rylie (HAV) **15**
10:00 Juice & Snack (HAV)
1:15 Go4Life Walking (HAV)
2:00 Sensory Hour (HAV)
3:00 Colouring & Conversation (HAV)
6:00 Evening Outdoor Walk (Weather Permitting) (HAV)
6:30 Silver Screen: Resident Choice (HAV)



INSPIRED SENIOR LIVING

June 2024

Memory Care Calendar

Wintergreene Estates



INSPIRED SENIOR LIVING WITH Verve

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|---|
| <p>Father's Day 16</p> <p>10:00 Juice & Snack (HAV)</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 17</p> <p>10:30 Brain Games (HAV)</p> <p>1:15 Can Fit Pro Exercises with Jolene (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p> | <p>Wear Blue in Support of Men's Mental Health 18</p> <p>10:00 Juice & Snack (HAV)</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>7:00 Entertainment: Elaine Oster (B)</p> <p>7:30 Classical Music Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 19</p> <p>10:30 Brain Games (HAV)</p> <p>1:15 Can Fit Pro Exercises with Life Enrichment (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>3:30 Table Top Bowling (HAV)</p> <p>6:00 Evening Outdoor Walk (Weather Permitting) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 20</p> <p>10:30 Board Games (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Reading Circle (HAV)</p> <p>6:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Regina Heritage Fiddlers (B)</p> | <p>Canada's National Indigenous Peoples Day 21</p> <p>10:00 Juice & Snack (HAV)</p> <p>10:30 Brain Games (HAV)</p> <p>1:15 Can Fit Pro Exercises with Life Enrichment (HAV)</p> <p>2:00 TV Classics: Resident Choice (HAV)</p> <p>3:00 Interdenominational Church Service (B)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Student Violin Recital (B)</p> | <p>9:45 Fit Minds with Rylie (HAV) 22</p> <p>10:00 Juice & Snack (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sensory Hour (HAV)</p> <p>3:00 Colouring & Conversation (HAV)</p> <p>6:00 Evening Outdoor Walk (Weather Permitting) (HAV)</p> <p>6:30 Silver Screen: Resident Choice (HAV)</p> |
| <p>10:00 Juice & Snack (HAV) 23</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 24</p> <p>10:30 Brain Games (HAV)</p> <p>1:15 Can Fit Pro Exercises with Jolene (HAV)</p> <p>2:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:30 Reading Circle (HAV)</p> | <p>10:00 Juice & Snack (HAV) 25</p> <p>10:00 Music Therapy with Meghan (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Colouring & Conversation (HAV)</p> <p>3:00 Dog Therapy Visits with Karen & Mya (HAV)</p> <p>7:00 Entertainment: Suzanne Morley (B)</p> <p>7:30 Classical Music Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 26</p> <p>10:30 Brain Games (HAV)</p> <p>1:15 Can Fit Pro Exercises with Life Enrichment (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>3:30 Balloon Volleyball (HAV)</p> <p>6:00 Evening Outdoor Walk (Weather Permitting) (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 27</p> <p>10:30 Board Games (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Entertainment: Matt Polsfut (HAV)</p> <p>6:00 Bingo (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> | <p>10:00 Juice & Snack (HAV) 28</p> <p>10:30 Brain Games (HAV)</p> <p>1:15 Can Fit Pro Exercises with Life Enrichment (HAV)</p> <p>2:00 TV Classics: Resident Choice (HAV)</p> <p>2:00 Catholic Mass (P)</p> <p>6:30 Sensory Hour (HAV)</p> <p>7:00 Entertainment: Amigos (B)</p> | <p>9:45 Fit Minds with Rylie (HAV) 29</p> <p>10:00 Juice & Snack (HAV)</p> <p>1:15 Go4Life Walking (HAV)</p> <p>2:00 Sensory Hour (HAV)</p> <p>3:00 Colouring & Conversation (HAV)</p> <p>6:00 Evening Outdoor Walk (Weather Permitting) (HAV)</p> <p>6:30 Silver Screen: Resident Choice (HAV)</p> |
| <p>10:00 Juice & Snack (HAV) 30</p> <p>10:30 Church Service on TV (HAV)</p> <p>11:00 Gospel Music Hour (HAV)</p> <p>1:30 Go4Life Walking (HAV)</p> <p>2:00 Sing-Along (HAV)</p> <p>6:00 Ice Cream Social (HAV)</p> <p>6:30 Sensory Hour (HAV)</p> | | | | <p><u>Locations Legend</u></p> <p>Haven House (HAV) Prairie Schooner (P)</p> <p>Bistro (B) Dining Room (D)</p> | | <p><u>Calendar Legend</u></p> <p>Outing</p> <p>Special Program</p> <p>Sign up Required *</p> <p>Theme Day</p> <p>Signature Program</p> <p>Highlight</p> |