



INSPIRED
SENIOR LIVING

Dec 22 – 28, 2025

Wintergreene Estates



INSPIRED SENIOR LIVING WITH

Monday 22

Red & Green Day
Weekly Activity Challenge Due
Date: Twas the Night Before Christmas Word Search (P)
Resident Voting for Staff Christmas Door Decorating Contest (P)
No Brain Games Today
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
10:30 Can Fit Pro Exercise Class (F)
2:00 Grasslands Shopping (V)
2:00 Fit Minds in Harbour House (HAR)
2:00 Entertainment: Men Who Like to Sing from Broadway Terrace *Rescheduled* (B)
2:30 TD Bank (V)
3:00 Southland Mall (V)
3:00 Christmas Storytime & Hot Chocolate with Amy (F)
6:45 Board Games & More! (P)

Tuesday 23

Resident Voting for Staff Christmas Door Decorating Contest (P)
Elves & Helpers Day: Dress like Santa's helpers with stripes, aprons, or pointy hats
9:00 Tuesday Morning Coffee Party (B)
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
10:00 Christmas Cheer with Annette (B)
10:30 Fit Minds *Time Change Today* (P)
1:30 Card Bingo (HER)
1:30 Whist Game * (P)
1:30 Can Fit Pro Low Impact Exercise Class *Time Change Today* (W)
2:00 BMO/CIBC Banks (V)
2:00 Rosary (E)
2:00 Entertainment: Christmas Carols with Gary Diebel & Friends (B)
2:30 Co-op Grocery Store (V)
3:00 Techy Tuesdays (Phone Life Enrichment for assistance) (IS)
3:00 Grasslands Shopping (V)
3:00 Fit Minds in Heritage House (HER)
6:30 Classic Christmas Movie Night: White Christmas (P)

Wednesday 24

Resident Voting for Staff Christmas Door Decorating Contest (P)
Christmas Eve
National Egg Nog Day (B)
Holiday Best Day: Wear your more festive outfits to celebrate!
Christmas Scavenger Hunt (MAI)
9:30 Shuffleboard League (9:30 AM - 3:30 PM; check your schedules) (P)
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
10:30 Can Fit Pro Exercise Class (F)
2:00 Co-op Grocery Store (V)
2:00 Can Fit Pro Low Impact Exercise Class (W)
2:30 Royal & Scotia Banks (V)
2:30 Egg Nog & Cookie Social (B)
3:00 Conexus Credit Union (V)
3:45 Christmas Trivia with Prizes (P)
6:45 Bridge Game * (P)
7:00 Crokinole (BN)

Thursday 25

Christmas Day
Salon Closed Today
No Van Service Today
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
1:30 Classic Christmas Movie Matinee: It's a Wonderful Life (P)
6:30 Classic Christmas Movie Night: A Christmas Carol (P)
7:00 Crokinole (BN)



Friday 26

Salon Closed Today
No Van Service Today
Kwanzaa
Boxing Day
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
10:00 Can Fit Pro Exercise Class (F)
10:00 Current Events Video Presentation: Making a Killing (P)
1:30 Bingo *Rescheduled from Monday; double payout* (P)
3:15 Monthly Birthday Party (P)
6:30 Netflix Documentary: Selena y Los Dinos: A Family's Legacy (P)

Saturday 27

Kwanzaa
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
1:00 Hooked on Pins & Needles (Everyone Welcome) (W)
2:00 Entertainment: The Retro Rascals (B)
6:30 Movie Night (Comedy): Enough Said (P)



Sunday 28

Kwanzaa
National Card Playing Day
10:00 Go 4 Life Walking (Resident run; indoors or outdoors any time of day) (EB)
10:00 Sunday Morning Coffee Party (B)
10:30 Archdiocese of Regina Catholic Mass Livestream (P)
1:30 Craft with Debra (HER)
1:30 Sunday Fun-Day Outing with Len: CozyHaus for Coffee & Desserts* (V)
1:30 Open Card Games (P)
2:00 Billiards (PHL)
6:30 Movie Night (Drama): Harriet (P)

Locations Legend

Prairie Schooner (P)
Van Service (V)
Bistro (B)
Entire Building (EB)
Fireplace Lounge (F)
Wascana Way - 3rd FL. (W)
Heritage House (HER)
Breakfast Nook (BN)

Harbour House (HAR)
Education Room - 2nd Fl. (E)
In Suite (IS)
Main Floor (MAI)
Private Dining Room (PD)
Library (LB)
Pool Hall Lounge (PHL)

May holiday cheer fill
your home with
warmth and happiness.
Merry Christmas!

News:

Staff Christmas Door Contest: pick up your voting sheets from the top tray on the Prairie Schooner bar and return to the bottom tray, face down when complete. We encourage you to see the doors in person but there will be a poster board on the bulletin board beside the shuffleboard table with pictures of all participating doors to refer back to. You are voting for 1st, 2nd, and 3rd place. Votes will be tallied by Reception later this week with winners announced after. We enjoy tapping into our Christmas creativity for this annual contest and appreciate you taking the time to see our doors and vote.
Christmas Cheer with Annette: Join Annette in the Bistro at 10:00 a.m. on Tuesday, December 23rd for some cider, Christmas cookies, and chats. See you there! Fit Minds will move to 10:30 a.m. today for those residents that would like to attend both activities.
Current Events: will look a bit different this week. Join the group in the Prairie Schooner on Friday, December 26th at 10:00 a.m. for a special video presentation of "Making a Killing". Thank you to the Jeanette and Gary for organizing.

Calendar Legend

Outing
Special Program
Sign up Required *
Theme Day
Signature Program
Highlight