

April 6th-12th



Lunch 11:30 A.M. - 1:15 P.M.



Reception 306-585-7100

Week 6	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11	Sunday 12
Soup	Italian Wedding	Sausage, Potato & Kale Soup	Chicken Rice	Seafood Chowder	Borscht with Sour Cream	* Cream of Tomato	Chicken Gumbo
Entrée 1	Black Forest Ham, Lettuce, Pesto Aoli & Swiss Cheese Sandwich	Chicken Salad Sandwich on Whole Wheat	* Egg Salad on Croissant	BBQ Beef Swiss & Pickled Red Onions on a Bun	Spinach & Feta Pastry	Double Grilled Cheese Sandwich	Granola & Yogurt Parfait with Fruit Salad
Side	Carrot Pineapple Raisin Salad	Fresh Seasonal Fruit	Celery Sticks with Cheeze Whiz	French Fries & Pickles	Cranberry, Carrot, Apple & Lettuce Salad with Toasted Pumpkin Seeds	Vinaigrette Apple Coleslaw	—
Entrée 2	Crispy Cod Nuggets with Tartar Sauce & Lemon Wedges	Tempura Shrimp on Warm Quinoa Salad	Baked Beans & Wieners	Italian Sausage, Spinach, Carmelized Onion Pizza	Reuben Sandwich on Rye	Mac' N Cheese with Stewed Tomatoes & Bacon Bits	Scrambled Eggs & Bacon
Side	French Fries	5 Spiced Wonton Crisps	Garlic Buns	Caesar Salad	Onion Rings	Garlic Bread	Hashbrowns and Toast
Dessert	Cheese Cake with Strawberry Sauce	Peaches & Ice Cream	Cherry Tarts	Peanut Butter Confetti Bars	Rainbow Jello	Chocolate Fudge Brownies	Ice Cream Drumsticks
Dinner 4:30 P.M. - 6:15 P.M. LLL EGG DINNER							
Appetizer	Garden Salad	* Guacamole with Taco Chips	Mixed Green Salad with Mandarins & Dried Cranberries	Spinach Dip with Crackers	Egg Roll with Plum Sauce	* Broccoli Salad	Creamy Cucumber Salad
Entrée 1	Greek Style Dry Ribs with Caesar Salad & Garlic Toast	Roasted Pickerel with Lemon Dill Butter	Blueberry & Rosemary Braised Beef Flank Steak with a Demi Gravy	Coconut Crusted Tilapia Pineapple Salsa	BBQ Pork & Veggie Egg Foo Yung (Omelete)	Liver & Onions with Bacon & Gravy	Roast Pork with Gravy
Side	Steamed Rice	Roasted Sweet Potatoes	Chive Mashed Potatoes	Santa Fe Style Roasted Baby Potatoes	Fried Rice	Mashed Potatoes	Roasted Potatoes
Entrée 2	Chicken Cordon Bleu with Gravy	French Onion Beef Brisket	* Hunter's Chicken Thigh (Tomato Mushroom Onion)	Beef Lasagna	Tempura Orange Chicken	Potato & Chive Crusted Cod Remoulade Sauce	Garlic Rosemary Chicken Breast
Side	Steamed Rice	Roasted Sweet Potatoes	Chive Mashed Potatoes	Italian Bread	Fried Rice	Mashed Potatoes	Roasted Potatoes
Vegetable	Peas & Carrots	Braised Red Cabbage	* Broccoli	Roasted Cauliflower	Stir Fry Vegetables	* Seasoned Beets	Carrot Coins
Vegetable	—	* Green Beans Almondine	Buttered Corn	Basil Roasted Zucchini & Tomatoes	—	Dill Creamed Peas	Buttered Parsnips
Dessert	Nanaimo Bar	National Coffee Cake Day Apple Cinnamon Coffee Cake	Assorted Pies	Rice Pudding	Almond Custard Tarts	Sponge Cake with Mixed Berries & Whipped Cream	Saskatoon Pie

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local - Eggs

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea