

June 1st-7th



Lunch 11:30 A.M. -1:15 P.M.



Reception: 306-585-7100

Week 2	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6	Sunday 7
Soup	* Navy Bean	Chicken Rice	Cream of Mushroom	Carrot Coconut	Beef Pho Noodle Soup	Potato Leek	French Onion
Entrée 1	Grilled Chicken Caesar Salad Wrap	* Salmon Salad Sandwich	Lemon & Herb Shrimp on Greek Salad	* Egg Salad on Croissant	Soft Chicken Tacos with Lettuce, Cheese Salsa & Sour Cream	Turkey, Lettuce & Cranberry Mayo Sandwich	Cottage Cheese & Melon & Banana Bread Plate
Side	French Fries	Cucumber Dill Salad	Pita	Fresh Seasonal Fruit	Potato Wedges	Pineapple Coleslaw	-
Entrée 2	Beef & Cheese Ravioli with Alfredo Sauce	Pancakes with Peaches & Cream & Bacon	* Grilled Avocado Bacon and Swiss on Sourdough	* Texas Style Beef Chili Cornbread Muffin	Greek Dry Ribs	Green Goddess Chicken with a Vegetable & Quinoa Salad	* Fried Egg Ham Cheese Sandwich
Side	Garlic Bread	-	Spinach Salad with Sweet Onion Vinaigrette	-	House Salad	Breadstick	Homefried Potatoes & Fresh Fruit
Dessert	Nanaimo Bar	Black Cherry Ice Cream	Date Square	Banana Pudding with a Wafer Cookie	Churros & Ice Cream	Assorted Desserts	Buttertart Bar
Dinner 4:30 P.M. - 6:15 P.M.							
Appetizer	* Waldorf Salad	* Green Salad Blueberries Almonds Goat Cheese	Carrot Pineapple Raisin Salad	Salsa with Taco Chips	* Sweet & Sour Bean Salad	House Salad	Mixed Green Salad with Mandarins & Dried Cranberries
Entrée 1	* Baked Salmon Dill Sauce	Spaghetti & Meat Sauce	Roasted Pickerel with Lemon Dill Butter	Pork Schnitzle with Roasted Apples & Gravy	Beef Stew with Dumplings	Meatballs with Creamy Mushroom Gravy	Almond Crusted Sole with Lemon & Tartar
Side	Whipped Potatoes	Garlic Bread	Mashed Potatoes	Mini Roasted Red Potatoes	-	Rice Pilaf	Roasted Potatoes
Entrée 2	Braised Bratwurst with Sauerkraut	Breaded Chicken Parmesan with Tomato Sauce & Cheese	Beef Pot Roast with Pan Sauce	Roasted Garlic and Rosemary Chicken Thighs	Fish n' Chips with Tartar Sauce & Lemon	Maple BBQ Pork Chops	Oven Roasted Chicken Breast with Pesto Cream Sauce
Side	Whipped Potatoes	Spaghetti with Garlic Butter	Mashed Potatoes	Mini Roasted Red Potatoes	-	Rice Pilaf	Roasted Potatoes
Vegetable	Sweet Corn	Basil Buttered Cauliflower	Honey Dill Carrots	Mashed Turnips	Vegetable Medley	Sauteed Green Cabbage & Mushrooms	Roasted Candied Carrots
Vegetable	Baked Squash	Roasted Zucchini	Sugar Snap Peas	Roasted Beets	Dill Creamed Peas	* Green Beans Almondine	Orange Glazed Brussel Sprouts
Dessert	Lemon Meringue Pie	Tiramisu	Strawberry Shortcake	Cherry Tarts	Carrot Cake	Coconut Cream Pie	Orange Cake with Frosting

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health

Living Loving Local - Strawberry

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea