

MENTAL
HEALTH
FOCUS
WEEK

KEEP THE
CONVERSATION
GOING



Bell
Let's Talk



CBT
Associates

FRIDAY, JANUARY 26TH, 2024 | 2:00 PM



Mental Health & Wellness: Cognitive Behavioural Therapy

Friday, January 26th, 2024
Group Presentation | 2:00 PM


CANTERBURY PLACE
RETIREMENT RESIDENCE