



INSPIRED SENIOR LIVING

August 2024

Carp Commons Retirement Village



INSPIRED SENIOR LIVING WITH

Sunday



FROM
JULY 26
to
AUG 11

Senior Verve Games

Monday



Tuesday

Carp Senior Olympics 2024: Event Overview

The Life Enrichment team has planned 2-weeks of full filled events and programs! **Upon registration**, each resident will receive a team color badge, which you can wear throughout the two weeks to represent your team.

Calendar & Scoring: Olympic Events will be marked on the calendar in green with "-Scored-" beside each activity. Each time an athlete on your team wins an event, your team will win a trophy and points for Gold, Silver, and Bronze. Trophies will be awarded after each event for the top rankings. You can follow along with **live updates** as your teammates win competitions. These rankings will be displayed on the lobby TV showing team standings after each event. **Registration and Opening Ceremony:** Friday, July 26th. Closing Ceremony and Medal Awards- Friday, August 9th. Looking forward to seeing you all there and celebrating the spirit of the Olympics together! Let the games begin! 🏆

Wednesday

Thursday

2024 Summer Paris Olympics! **1**
National Ice Cream Sandwich Day!
Olympic Theme Day: Team Canada! Wear with Pride

9:30 **Outing: Walmart Shopping Fernbank\$ (RSVP)**

10:30 Strength & Endurance Exercise Class (CK)

11:00 Sports and Olympic Trivia Contest! -Scored- (PB)

2:00 *Olympic Blindfolded Game Contest (Jill and Steph against each other) Come cheer them on -Scored-* (CK)

2:30 Ice Cream Sandwich Social! (PB)

3:00 Olympic Balloon Volleyball Competition - Scored- (T)

3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)

4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)

6:30 Wizard Card Game (PB)

7:00 Movie Night: Prefontaine(1997) (T)

Friday

2024 Summer Paris Olympics! **2**

10:15 **Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)**

10:30 Chair Yoga (CK)

1:30 Tai Chi Exercise Class (CK)

2:00 Guest Speaker with Dr. Chandross: 2024 Paris Olympics: "The History, the Athletes who will compete, the Venue and More!" - Scored for going- (PB)

3:00 Learn to Play Euchre! (PB)

3:00 Digital Orchestra Concert: "Schubert Marathon" – Part 1 (T)

3:15 Wine and Say Cheese Social (PB)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Olympic Themed Movie: Chariots of Fire (T)

Saturday

2024 Summer Paris Olympics! **3**

National Watermelon Day! We're celebrating on August 6th

8:00 Carp Farmers Market (8:00am-1:00pm) (G3F)

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T) (T)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:00 Outdoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)

10:30 Weekend Virtual Exercise (T)

1:30 Resident Run Bridge (T)

2:30 MUSICAL Bingo (PB)

7:00 Sport Movie Night: Without Limits(1998) (T)

2024 Summer Paris Olympics! **4**
White Wine Day

9:00 Exercise Class with Steven Ristow from the (LHIN) (CK)

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)

9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR)

9:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:30 Non- Denominational TV Church Service and Hymn Sing (T)

1:00 Afternoon Movie Matinee (T)

2:00 Resident Run: Rummikub in the Bar! (PB)

3:00 Meet me at the MoMA: Presentation and Discussion on "Tate Britain" (T)

7:00 Sunday Night Movie: Richard Newell(2019) (T)

2024 Summer Paris Olympics! **5**
Civic Holiday!

10:30 Strength & Endurance Exercise Class (CK)

2:00 *OLYMPIC B-I-N-G-O! * - Scored- (PB)

2:45 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Learn to Play Pool with Locks (PB)

7:00 Drama Movie Night: Breaking the Surface: The Greg Louganis Story(1997) (T)

2024 Summer Paris Olympics! **6**
Olympic Theme Day: Wear your Carp Commons and Verve Colours (Navy and Purple)

10:00 Carp Commons Men's Group! (B)

10:30 Gentle Exercise Class (Low Impact) (CK)

11:15 Strength & Stretch (Assisted Living) (2AR)

11:30 **Outing: Olympic Swimming at Richcraft Rec Centre\$-Scored- (RSVP)**

1:30 Resident Run Bridge (PB)

2:00 *Olympic Game Contest: The Price is Right - Travel to Paris (NEW) - Scored-* (T)

3:00 Ladies Friendship Circle (T)

3:00 Watermelon Mocktail and Cocktails & Fresh Watermelon Social in the Pub (G3F)

3:45 Let's Dance with a Zumba Class! (CK)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Drama Movie Night: Personal Best(1982) (T)

2024 Summer Paris Olympics! **7**

Hair Salon with Kelly\$ (SS)

9:30 The most talked about DAILY New York Times Wordle Game (T)

9:45 Guided Meditation w/Susan (T)

10:30 The Flour Power Baking Club (CK)

11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)

2:00 Drumfit Exercise Class! (T)

3:00 **Live Entertainment with Bob & Don (CK)**

4:00 Olympic Cup Stacking Competition & Half Price Happy Hour Social and Billiards: Peach Cocktails (PB)

6:30 Resident Run Evening Euchre (PB)

7:00 Movie Night: Your Pick! (T)

2024 Summer Paris Olympics! **8**
Olympic Theme Day: Wear your Athletic Gear!

9:30 **Outing: Walmart Shopping Fernbank\$ (RSVP)**

10:30 Strength & Endurance Exercise Class (CK)

11:00 Olympic Sports and History True or False Trivial- Scored- (T)

2:00 *Outdoor Olympic Triathlon Game! - Scored-* (OUTF)

2:30 Dog Therapy Pet Visits with Border Collie: Finn and Dog Dad: Jim * (LO)

3:00 Scrabble Games! (PB)

3:00 Afternoon Baked Goods by the Flour Power Baking Club! & Iced Peach Tea Social in the Pub (PB)

3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)

4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)

6:30 Wizard Card Game (PB)

7:00 Sport Movie Night: Race (2016) (T)

2024 Summer Paris Olympics! **9**
World Indigenous Day! (Wear Orange)

10:15 **Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)**

10:30 Chair Yoga (CK)

2:00 Vision Quest: A View of Canadian Indigenous Life History Presentation with Lianne Harris (T)

3:00 Carp Olympic Closing Ceremony & Medal and Podium Presentation -Which Team won Gold, Silver and Bronze- (PB)

3:15 Wine and Say Cheese Social (PB)

3:15 Learn to Play Euchre! (PB)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Friday Night You Pick Movie Night! (T)

2024 Summer Paris Olympics! **10**

8:00 Carp Farmers Market (8:00am-1:00pm) (G3F)

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T) (T)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:00 Outdoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)

10:30 Weekend Virtual Exercise (T)

1:30 Resident Run Bridge (T)

2:30 MUSICAL Bingo (PB)

7:00 Movie Night: The Boys in the Boat(2023) (T)

2024 Summer Paris Olympics! **11**

9:00 Exercise Class with Steven Ristow from the (LHIN) (CK)

9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)

9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR)

9:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:30 Non- Denominational TV Church Service and Hymn Sing (T)

1:00 Afternoon Movie Matinee (T)

2:00 Resident Run: Rummikub in the Bar! (PB)

2:30 Meet me at the MoMA: Painting and Art "Tate Britain" (ACW)

7:00 Sunday Night Classics: Kes(1969) (T)

Hair Salon with Kelly\$ (SS) **12**

10:30 Strength & Endurance Exercise Class (CK)

11:00 Canadian Canuckle & Wordle (T)

11:30 **Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)**

2:00 * B-I-N-G-O! * (PB)

2:45 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)

3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)

4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)

6:30 Learn to Play Pool with Locks (PB)

7:00 Mystery Movie Night: In a Lonely Place(1950) (T)

9:30 **Outing: Shopping Walmart Fernbank\$ (RSVP)** **13**

10:00 Carp Commons Men's Group! (B)

10:30 Gentle Exercise Class (Low Impact) (CK)

11:15 Strength & Stretch (Assisted Living) (2AR)

1:30 Resident Run Bridge (PB)

1:45 **In-Person Guest Speaker: Part 2 AI with Richard (T)**

3:00 Ladies Friendship Circle (T)

3:00 Frozen Yogurt Cones Social (PB)

3:45 Let's Dance with a Zumba Class! (CK)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

6:30 Resident Run Play Shuffleboard (PB)

7:00 Drama Movie Night: Manhattan(1979) (T)

9:30 The most talked about DAILY New York Times Wordle Game (T) **14**

9:45 Guided Meditation w/Susan (T)

10:30 The Flour Power Baking Club (CK)

11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)

2:00 Drumfit Exercise Class! (T)

3:00 **Live Entertainment with Jammed Fingers (CK)**

4:00 Half Price Happy Hour Social and Billiards: Peach Cocktails (PB)

6:30 Resident Run Evening Euchre (PB)

7:00 Movie Night: Your Pick! (T)

10:00 Church Service(In-person) (T) **15**

10:30 Strength & Endurance Exercise Class (CK)

10:30 **Outing (Theatre Show): Upper Canada Playhouse Presents: "Leaving Marjorie Bliss" \$28.00 APPROX plus Lunch\$ (RSVP)**

11:00 Group Cranium Crunches (T)

2:00 *Fitminds Stay Sharp Brain Health* (ACW) (PB)

2:00 Learn to Play Pass the Ace with Jill (NEW) (PB)

3:00 Scrabble Games! (PB)

3:00 Afternoon Baked Goods by the Flour Power Baking Club! & Iced Peach Tea Social in the Pub (PB)

3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)

4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)

6:30 Wizard Card Game (PB)

7:00 Romance Movie Night: Tootsie(1982) (T)

10:15 **Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)** **16**

10:30 Chair Yoga (CK)

1:30 Tai Chi Exercise Class (CK)

2:00 **In-Person Guest Speaker: Dementia Society (T)**

3:00 Learn to Play Euchre! (PB)

3:00 Digital Orchestra Concert: "Schubert Marathon" – Part 2 (T)

3:15 Wine and Say Cheese Social (PB)

4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)

7:00 Friday Night You Pick Movie Night! (T)

8:00 Carp Farmers Market (8:00am-1:00pm) (G3F) **17**

9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)

9:30 The most talked about DAILY New York Times Wordle Game (T) (T)

10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)

10:00 Outdoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)

10:30 Weekend Virtual Exercise (T)

1:30 Resident Run Bridge (T)

2:30 MUSICAL Bingo (PB)

7:00 Award Winning Films: The Aviator (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Exercise Class with Steven Ristow from the (LHIN) (CK) 18</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR)</p> <p>9:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:00 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Meet me at the MoMA: Presentation and Discussion on Artist "Elizabeth Blackadder" (T)</p> <p>7:00 Sunday Night Classics: The Bad News Bears(1976) (T)</p>	<p>Hair Salon with Kelly\$ (SS) 19</p> <p>10:30 Strength & Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle & Wordle (T)</p> <p>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 * B-I-N-G-O! * (PB)</p> <p>2:45 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Comedy Movie Night: Playtime(1967) (T)</p>	<p>National Potato Day! CANADIAN FAST PITCH CHAMPIONSHIP in the Carp Fairgrounds 20</p> <p>9:30 Outing: Walmart Shopping Fernbank\$ (RSVP)</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength & Stretch (Assisted Living) (2AR)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 Live Artful Presentation and Discussion: "Controversial Art" A guide will tour attendees through a meticulously curated virtual gallery showcasing a variety of captivating artworks * (ACW)</p> <p>3:00 Ladies Friendship Circle (T)</p> <p>3:00 Potato Chip and Dip Tasting Social & Presentation (PB)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Resident Run Play Shuffleboard (PB)</p> <p>7:00 Drama Movie Night: All About Eve(1950) (T)</p>	<p>CANADIAN FAST PITCH CHAMPIONSHIP in the Carp Fairgrounds 21</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>9:45 Guided Meditation w/Susan (T)</p> <p>10:30 The Flour Power Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 *Fitminds Stay Sharp Brain Health* (ACW)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Peach Cocktails (PB)</p> <p>6:30 Resident Run Evening Euchre (PB)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>CANADIAN FAST PITCH CHAMPIONSHIP in the Carp Fairgrounds 22</p> <p>10:30 Strength & Endurance Exercise Class (CK)</p> <p>11:00 Evolving Years of Fashion Presentation and Discussion with Jill (New) (T)</p> <p>11:00 Outing: Lunch at Generations Inn on the Lake in Carleton Place and Visit to the New Bakery in Carleton Place (RSVP)</p> <p>2:00 Guest Speaker: Vraifriend (Virtual Reality) *NEW* (T)</p> <p>3:00 Scrabble Games! (PB)</p> <p>3:00 Afternoon Baked Goods by the Flour Power Baking Club! & Iced Peach Tea Social in the Pub (PB)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>6:30 Wizard Card Game (PB)</p> <p>7:00 Romance Movie Night: Shakespeare in Love (1998) (T)</p>	<p>CANADIAN FAST PITCH CHAMPIONSHIP in the Carp Fairgrounds 23</p> <p>10:30 Chair Yoga (CK)</p> <p>10:30 Exercise Class (Assisted Living) (2AR)</p> <p>11:00 Giant Group Crossword(Assisted Living) (2AR)</p> <p>2:00 In-person Guest Speaker(Mireille): Presentation on Arthritis (T)</p> <p>3:00 Learn to Play Euchre! (PB)</p> <p>3:00 Digital Orchestra Concert: "Schubert Marathon" – Part 3 (T)</p> <p>3:15 Wine and Say Cheese Social (PB)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 Friday Night You Pick Movie Night! (T)</p>	<p>CANADIAN FAST PITCH CHAMPIONSHIP in the Carp Fairgrounds 24</p> <p>8:00 Carp Farmers Market (8:00am-1:00pm) (G3F)</p> <p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Outdoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)</p> <p>10:30 Weekend Virtual Exercise (T)</p> <p>1:30 Resident Run Bridge (T)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 Award Winning Films: Sense & Sensibility (T)</p>
<p>CANADIAN FAST PITCH CHAMPIONSHIP in the Carp Fairgrounds 25</p> <p>National Banana Split Day! We're going to Celebrated on Tuesday</p> <p>9:00 Exercise Class with Steven Ristow from the (LHIN) (CK)</p> <p>9:30 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>9:30 Exercise Class with Steven Ristow from the (LHIN) (2AR)</p> <p>9:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:00 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>2:30 Meet me at the MoMA: Painting and Art on Artisit "Elizabeth Blackadder" (ACW)</p> <p>7:00 Sunday Night Classics: Twister(1996) (T)</p>	<p>Hair Salon with Kelly\$ (SS) 26</p> <p>10:30 Strength & Endurance Exercise Class (CK)</p> <p>11:00 Canadian Canuckle & Wordle (T)</p> <p>11:30 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>2:00 * B-I-N-G-O! * (PB)</p> <p>2:45 Hand and Foot Card Game- Learn to Play- (Thelma is Teaching) (CK)</p> <p>3:00 Happy Hour on the Life Enrichment Team and Billiards (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Comedy Movie Night: The Hudsucker Proxy(1994) (T)</p>	<p>National Banana Split Day Celebration 27</p> <p>9:30 Outing: Walmart Shopping Fernbank\$ (RSVP)</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength & Stretch (Assisted Living) (2AR)</p> <p>1:30 Resident Run Bridge (PB)</p> <p>2:00 *Artful Enrichment Painting Workshop: 60s Squishy Flowers* (ACW)</p> <p>3:00 Ladies Friendship Circle (T)</p> <p>3:00 Ice Cream Sundae Bar and Healthy Banana Boats! (PB)</p> <p>3:45 Let's Dance with a Zumba Class! (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>6:30 Resident Run Play Shuffleboard (PB)</p> <p>7:00 Drama Movie Night: The Count of Monte Cristo (2002) (T)</p>	<p>9:30 The most talked about DAILY New York Times Wordle Game (T) 28</p> <p>9:45 Guided Meditation w/Susan (T)</p> <p>10:30 The Flour Power Baking Club (CK)</p> <p>11:00 The Knotty Knitters and Crocheting Coffee Social Group (LL)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Good Vibes Trio (CK)</p> <p>4:00 Half Price Happy Hour Social and Billiards: Peach Cocktails (PB)</p> <p>6:30 Resident Run Evening Euchre (PB)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>11:00 Strength & Endurance Exercise Class (CK) 29</p> <p>11:00 Outing: Arnprior/Braeside Food Truck\$ (RSVP)</p> <p>11:00 Living Loving Local Peach and August Trivia (T)</p> <p>2:00 *Fitminds Stay Sharp Brain Health* (ACW)</p> <p>2:00 Learn to Play Pass the Ace (NEW) (PB)</p> <p>3:00 Scrabble Games! (PB)</p> <p>3:00 Afternoon Baked Goods by the Flour Power Baking Club! & Iced Peach Tea Social in the Pub (PB)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>6:30 Wizard Card Game (PB)</p> <p>7:00 Romance Movie Night: From Here to Eternity(1953) (T)</p>	<p>10:15 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP) 30</p> <p>10:30 Chair Yoga (CK)</p> <p>2:00 Guest Speaker(Lorne): Demystifying Nutrition & Healthy Food for our Brains (T)</p> <p>3:00 Learn to Play Euchre! (PB)</p> <p>3:00 Digital Metropolitan Opera Orchestra: "CARMEN" (T)</p> <p>3:15 Wine and Say Cheese Social (PB)</p> <p>3:30 Latin Chair Dancing with Michael (CK)</p> <p>4:00 Go 4 Life Walking Club (Sign up with Life Enrichment) (LO)</p> <p>7:00 Friday Night You Pick Movie Night! (T)</p>	<p>8:00 Carp Farmers Market (8:00am-1:00pm) (G3F) 31</p> <p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (PB)</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T) (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Outdoor Go 4 Life Walking Club- Sign up with Life Enrichment (LO)</p> <p>10:30 Weekend Virtual Exercise (T)</p> <p>1:30 Resident Run Bridge (T)</p> <p>2:30 MUSICAL Bingo (PB)</p> <p>7:00 Award Winning Films: The Green Book(2018) (T)</p>

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program
- Entertainment
- *Now a *45 Min Program *



Programming Updates

To better accommodate all our activities and ensure residents have time to settle in before the next program, some programs will now be 45 minutes instead of 1 hour. This adjustment allows residents to take a seat and enjoy a short break before the more popular programs begin. Programs marked with an * will be shortened to 45 minutes to create sufficient time between sessions. We hope this change helps with managing back-to-back programs that are too close together.

Locations Legend

- Theatre (T)
- Pub/Bistro (PB)
- Country Kitchen (CK)
- Outing (RSVP)
- Meet in the Lobby (LO)
- 2nd Floor Activity Room (2AR)
- Suite-to-Suite (STS)
- IN THE VILLAGE (VILL)
- Art and Craft Workshop (ACW)
- Gazebo(3rd Floor) (G3F)
- Boardroom (B)
- Salon/Spa (SS)
- Library/Lounge (LL)
- Outfront (OUTF)