



INSPIRED SENIOR LIVING

March 2026

Carp Commons Retirement Village



INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Afternoon Games on the Smart Board (T)</p> <p>7:00 Sunday Classic Movie: The Great Dictator (1940) (T)</p>	<p>10:00 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP) 2</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Canadian Canuckle & Wordle (T)</p> <p>1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL)</p> <p>2:00 * B-I-N-G-O! * (PB)</p> <p>2:45 Hand and Foot Card Game (CK)</p> <p>3:00 Happy Hour on the Life Enrichment Team (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Resident Run: Games Night: Quiddler Game Night (CK)</p> <p>7:00 Documentary Movie: John Candy - I Like Me (2025) (T)</p>	<p>9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP) 3</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength & Stretch (Assisted Living) (2AR)</p> <p>1:30 Resident Run: Bridge (PB)</p> <p>2:00 Artful Workshop to Display at the Open House: Flamingo Seashell Painting (ACW)</p> <p>2:00 Manicure and Hand Massages (Sign up with Life Enrichment) (SS)</p> <p>3:00 Hot or Iced Matcha and Pistachio Bakery Social! (PB)</p> <p>3:45 Zumba Exercise Class (CK)</p> <p>4:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Crime Movie Night: The Untouchables (1987) (T)</p>	<p>Hair Salon with Kelly\$ (SS) 4</p> <p>9:45 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 The Flour Power Baking Club (CK)</p> <p>10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (PB)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Bluesy Swing Duo! (CK)</p> <p>4:00 Half Price Happy Hour Social: Signature Drink - Maple Cocktail (PB)</p> <p>6:30 Resident Run: 6 Hand Euchre (CK)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>10:00 Anglican Church Service with Rector Bob Albert (In-person) with support dog Chloe (T) 5</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Cranium Crunches Word Anagrams (T)</p> <p>2:00 *Fitminds Stay Sharp Brain Health* (ACW)</p> <p>2:30 P-O-K-E-N-O (Mix Between Bingo and Poker) (PB)</p> <p>3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK)</p> <p>3:15 Stuart Mclean & Vinyl Cafe host of CBC Radio program in the Theatre (T)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>6:30 Resident Run Game Night: Wizard (CK)</p> <p>7:00 Comedy Movie: Best in Show (2000) (T)</p>	<p>Cruise Week 6</p> <p>Cruise Week Port: Mexico (Known for their Tacos & Tequila)</p> <p>Cruise Week Theme Day: Tacky Tourist Day!</p> <p>10:00 Resident Run: Wake and Walk - Get your body moving- (LO)</p> <p>10:30 Chair Yoga with Penny (CK)</p> <p>10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)</p> <p>2:00 Deck Game: Euchre Tournament (PB)</p> <p>2:45 Mexican Deck Game: Swing the Pinata with Staff and Residents (PB)</p> <p>2:45 Cruise Week Opening: Passport Pick Up (PB)</p> <p>3:00 Tiki Bar: Margaritas in Margaritaville, Cerveza, Chips, Salsa and Guacamole (PB)</p> <p>3:30 Cruise Entertainment: Los Posianos Mariachi Band (PB)</p> <p>7:00 Mexican Movie: Coco (2017) (T)</p>	<p>Cruise Week 7</p> <p>Cruise Week Port: Jamaica (Known for their Reggae Music and Jerk Cuisine)</p> <p>Cruise Week Theme Day: CRUISE CREW DAY/ NAUTICAL DAY (Navy and Blue)</p> <p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK)</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 Weekend Virtual Exercise (T)</p> <p>1:00 Cruise Week Open House with Eddie on the Steel Drum and Tiki Bar: Rum Punch & Caribbean Sangria! (GF)</p> <p>6:30 Resident Run: Five Crowns Card Game (PB)</p> <p>7:00 Jamaican Movie: Bob Marley-One Love (2024) (T)</p>
<p>Cruise Week 8</p> <p>Cruise Week Port: Aruba (Known for Year-Round Sunshine and Designer Shopping)</p> <p>Cruise Week Theme Day: CARIBBEAN DAY (Bright Colours and Floral Prints)</p> <p>Day Light Savings Time *Spring Forward*</p> <p>10:00 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Cruise Wake Up: Calming Ocean Sounds Meditation (T)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>2:00 Island Music Drumfit (T)</p> <p>2:00 Deck Game: Rummikub in the Bar! (PB)</p> <p>3:00 Tiki Bar Cocktail Hour: Aruba Ariba (PB)</p> <p>7:00 Aruba Movie: The Mighty Quinn (1989) (T)</p>	<p>Cruise Week 9</p> <p>Cruise Week Port: Belize (Known for the Iconic Blue Hole for Scuba Diving and Unique Wildlife)</p> <p>Cruise Week Theme Day: Wear your Beach Attire!</p> <p>10:00 Outing: Ocean Swimming at Richcraft Centre\$ (RSVP)</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Name that Tune: Carribean Theme (T)</p> <p>1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL)</p> <p>2:00 Deck Game: CRUISIN INTO Seaside B-I-N-G-O! (PB)</p> <p>2:00 Tie-Dye Summer Hats or a Tote Bag for Sun Safety (ACW)</p> <p>2:45 Hand and Foot Card Game (CK)</p> <p>3:00 Cruise Entertainer/Performer: Belly Dancer - Randi Rouge (PB)</p> <p>3:30 Tiki Bar Cocktail Hour in the Cruise Pub: Belizean Cocktail (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Resident Evening Deck Game: Quiddler Game Night (CK)</p> <p>7:00 Belize Movie: The Mosquito Coast (1986) (T)</p>	<p>Cruise Week 10</p> <p>Cruise Week Port: Turks and Caicos Islands (Known for Beautiful Beaches and Vibrant Marine Life)</p> <p>Cruise Week Theme Day: Poolside (Resort Style and Sunhats)</p> <p>9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP)</p> <p>9:30 Caribbean Sunshine Fresh Fruit Bowls and Fresh Orange Juice! (PB)</p> <p>10:00 Shopping on the Cruise Vendor: Maggie's Designs (GF)</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:00 Caribbean and Travel Jeopardy (T)</p> <p>1:30 Resident Run: Bridge (PB)</p> <p>2:00 Caribbean Chef Demo & Tasting (CK)</p> <p>3:00 Meet the Live Exotic Reptiles and Mammals from Meet the Keepers! (CK)</p> <p>4:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>4:00 Tiki Bar Cocktail Hour in the Cruise Pub: Strawberry Daiquiris or Pina Coladas (PB)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Island Movie: Overboard (1987) (T)</p>	<p>Cruise Week 11</p> <p>Hair Salon with Kelly\$ (SS)</p> <p>Cruise Week Port: Bahamas (Known for their Casinos, Vibrant Culture & Easy-going Lifestyle)</p> <p>Cruise Week Theme Day: ALL White Day!</p> <p>10:00 Shopping on the Cruise Vendor: Anna's Travelling Shop (GF)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (PB)</p> <p>10:30 Baking Bahama Island Cookie Bars (CK)</p> <p>2:00 Deck Game: Beach Volleyball (Residents against Staff) (MP)</p> <p>3:00 Live Entertainment with Arlene Quinn on the Cruise! (CK)</p> <p>4:00 Ship Day: Making Sea-Shell Bracelets and Necklaces (PB)</p> <p>6:30 Casino Night in the Bahamas with (All In Ottawa Casino) with Dealers (New Company this Year) (PB)</p> <p>7:00 Tiki Bar Cocktail Evening in the Cruise Pub: Bahama Mama (PB)</p>	<p>Cruise Week 12</p> <p>Cruise Week Port: Back in Canada</p> <p>Cruise Attire: Wear Red and White Proud</p> <p>9:30 Outing: Carlingwood Mall Shopping\$ (RSVP)</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Canadian Word in a Word Game on the Smart Board (T)</p> <p>11:30 Tiki Bar Cocktail Hour in the Lobby: Caesars 11:30am and 12:30pm & Hand in your Passports! (LO)</p> <p>2:00 *Fitminds Stay Sharp Brain Health* (ACW)</p> <p>2:30 P-O-K-E-N-O (Mix Between Bingo and Poker) (PB)</p> <p>3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK)</p> <p>3:15 Stuart Mclean & Vinyl Cafe host of CBC Radio program in the Theatre (T)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>6:30 Resident Run Game Night: Wizard (CK)</p> <p>7:00 Canadian Movie: The Grey Fox (1982) (T)</p>	<p>10:00 Resident Run: Wake and Walk - Get your body moving- (LO) 13</p> <p>10:30 Chair Yoga with Penny (CK)</p> <p>10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)</p> <p>2:00 In-person Guest Speaker Mireille: Presentation on Dehydration in Seniors (T)</p> <p>3:00 Wine and Cheese Social (PB)</p> <p>3:00 Euchre Fridays! (PB)</p> <p>7:00 Friday Night You Pick Movie Night! (T)</p>	<p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK) 14</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 Weekend Virtual Exercise (T)</p> <p>1:30 Resident Run Bridge (T)</p> <p>2:30 Musical Bingo (PB)</p> <p>6:30 Resident Run: Five Crowns Card Game (PB)</p> <p>7:00 Award Winning Movie Night: Catch Me If You Can (2002) (T)</p>
<p>10:00 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) 15</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:30 Afternoon Irish Movie: Waking Ned Devine (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Piano Music with Ilene (MP)</p> <p>7:00 Sunday Classic Movie: Barbed Wire (1952) (T)</p>	<p>10:00 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP) 16</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Canadian Canuckle & Wordle (T)</p> <p>1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL)</p> <p>2:00 * B-I-N-G-O! * (PB)</p> <p>2:45 Hand and Foot Card Game (CK)</p> <p>3:00 Happy Hour on the Life Enrichment Team (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Resident Run: Games Night: Quiddler Game Night (CK)</p> <p>7:00 Documentary Movie Night: Let the Good Times Roll (1973) (T)</p>	<p>Happy St. Patricks Day! *WEAR GREEN* 17</p> <p>9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP)</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:00 Truth or Blarney Irish Trivia (T)</p> <p>1:30 Resident Run: Bridge (PB)</p> <p>2:00 Food for Thought Meeting with Rob, Darren and Tyler and Hayley (T)</p> <p>2:00 Artful Workshop: Lucky Charm Painting (ACW)</p> <p>3:00 Irish Pub Hour: Join us for Green Beer and Irish Cheese for St. Patty's! (PB)</p> <p>3:45 Zumba Exercise Class (CK)</p> <p>4:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>7:00 Live Music for St. Patrick's Day with the Lyon Street Celtic Band (CK)</p>	<p>Hair Salon with Kelly\$ (SS) 18</p> <p>9:45 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 The Flour Power Baking Club (CK)</p> <p>10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (PB)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Jumpin Jimmy! (CK)</p> <p>4:00 Half Price Happy Hour Social: Signature Drink - Maple Cocktail (PB)</p> <p>6:30 Resident Run: 6 Hand Euchre (CK)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>10:00 United Church Service with Rev. Neil Wallace (In-person) (T) 19</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>10:30 Exercise Class (Assisted Living) (2AR)</p> <p>10:30 Outing: Casino and Lunch at the Hard Rock Casino\$ (RSVP)</p> <p>11:00 List it Word Game (T)</p> <p>2:00 *Fitminds Stay Sharp Brain Health* (ACW)</p> <p>2:30 Tena Products Guest Speaker (T)</p> <p>3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>6:30 Resident Run Game Night: Wizard (CK)</p> <p>7:00 Comedy Movie: Talladega Nights: The Ballad of Ricky Bobby (2006) (T)</p>	<p>First Day of Spring! 20</p> <p>10:00 Resident Run: Wake and Walk - Get your body moving- (LO)</p> <p>10:30 Chair Yoga with Penny (CK)</p> <p>10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)</p> <p>2:00 Lianne Harris History Presentation: Amazing Woman (T)</p> <p>3:00 Euchre Fridays! (PB)</p> <p>3:00 Spring Cocktail and Treats (PB)</p> <p>7:00 Friday Night You Pick Movie Night! (T)</p>	<p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK) 21</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 Weekend Virtual Exercise (T)</p> <p>1:30 Resident Run Bridge (T)</p> <p>2:30 Musical Bingo (PB)</p> <p>6:30 Resident Run: Five Crowns Card Game (PB)</p> <p>7:00 Award Winning Movie Night: One Life (2023) (T)</p>




INSPIRED SENIOR LIVING

March 2026

Carp Commons Retirement Village



INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) 22</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Piano Music with Ilene (MP)</p> <p>7:00 Sunday Classic Movie: The Goodby Girl (1977) (T)</p>	<p>National Chip & Dip Day! 23</p> <p>10:00 Outing: Swimming at Richcraft Recreation Centre\$ (RSVP)</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Canadian Canuckle & Wordle (T)</p> <p>1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL)</p> <p>2:00 * B-I-N-G-O! * (PB)</p> <p>2:45 Hand and Foot Card Game (CK)</p> <p>3:00 Happy Hour and Chip & Dip Social (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Resident Run: Games Night: Quiddler Game Night (CK)</p> <p>7:00 Monday Mystery Movie: Rebecca (2020) (T)</p>	<p>National Cocktail Day! 24</p> <p>Theatre Booked for Staff Training (T)</p> <p>9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP)</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength & Stretch (Assisted Living) (2AR)</p> <p>1:30 Resident Run: Bridge (PB)</p> <p>2:00 Crafters Corners: Painting Eggs (ACW)</p> <p>2:00 Spring Manicures and Hand Massages (Sign up with Life Enrichment) (SS)</p> <p>3:00 Cocktail/Mocktail Mixing Mixology (PB)</p> <p>3:45 Zumba Exercise Class (CK)</p> <p>4:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Crime Movie Night: Inside Man (2006) (T)</p>	<p>Hair Salon with Kelly\$ (SS) 25</p> <p>Greek Independence Day!</p> <p>9:45 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 The Flour Power Baking Club (CK)</p> <p>10:30 The Knotty Knitters and Crocheting Coffee Social Group: Making Newborn Hats for The Ottawa Hospital (PB)</p> <p>11:00 Vendor: Scott's Shoe Store (GF)</p> <p>2:00 Drumfit Exercise Class! (T)</p> <p>3:00 Live Entertainment with Peter Foret! (CK)</p> <p>4:00 Greek Ozo and Greek Apps: Olives, Feta and Pita and Tzatziki! (PB)</p> <p>6:30 Resident Run: 6 Hand Euchre (CK)</p> <p>7:00 Movie Night: Your Pick! (T)</p>	<p>10:30 Strength & Endurance Exercise Class with Steve (CK) 26</p> <p>10:30 Exercise Class (Assisted Living) (2AR)</p> <p>10:30 Outing: Scenic Drive and Lunch at Maple Sugar Shack\$ (RSVP)</p> <p>11:00 Name that Tune (T)</p> <p>2:00 *Fitminds Stay Sharp Brain Health* (ACW)</p> <p>2:30 P-O-K-E-N-O (Mix Between Bingo and Poker) (PB)</p> <p>3:00 Afternoon Baked Goods Social by the Flour Power Baking Club (CK)</p> <p>3:15 Stuart Mclean & Vinyl Cafe host of CBC Radio program in the Theatre (T)</p> <p>3:30 Resident Singing Group: Music Organizer: Joanne, Choir Leader: Locks and Mary: Piano (CK)</p> <p>4:00 Tech Help with Life Enrichment(RSVP with LE) (STS)</p> <p>6:30 Resident Run Game Night: Wizard (CK)</p> <p>7:00 Comedy Movie: Sweet Home Alabama (2002) (T)</p>	<p>10:00 Resident Run: Wake and Walk - Get your body moving- (LO) 27</p> <p>10:30 Chair Yoga with Penny (CK)</p> <p>10:30 Memory Care Scenic Country Drive 10:15am-11:30am (RSVP)</p> <p>2:00 In-Person Guest Speaker: Frank Hitchens: "You are Here" (T)</p> <p>3:00 Wine and Cheese Social (PB)</p> <p>3:00 Euchre Fridays! (PB)</p> <p>7:00 Friday Night You Pick Movie Night! (T)</p>	<p>9:00 Late Breakfast with Life Enrichment Oatmeal Bar! (CK) 28</p> <p>9:30 The most talked about DAILY New York Times Wordle Game (T)</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>10:30 Weekend Virtual Exercise (T)</p> <p>1:30 Resident Run Bridge (T)</p> <p>2:30 Musical Bingo (PB)</p> <p>6:30 Resident Run: Five Crowns Card Game (PB)</p> <p>7:00 Award Winning Movie Night: High Anxiety (1977) (T)</p>
<p>10:00 Church Service - St. Paul's United Church (Off-site, Walking Distance) (VILL) 29</p> <p>10:00 Brain Puzzle Package Pick-up in the Country Kitchen! (CK)</p> <p>10:30 Church Service- St. James Anglican (Off-site, walking distance) (VILL)</p> <p>10:30 Non- Denominational TV Church Service and Hymn Sing (T)</p> <p>1:30 Afternoon Movie Matinee (T)</p> <p>2:00 Resident Run: Rummikub in the Bar! (PB)</p> <p>3:00 Afternoon Games on the Smart Board (T)</p> <p>7:00 Sunday Classic Movie: All About Eve (1950) (T)</p>	<p>Outing: Swimming at Richcraft Recreation Centre\$ (RSVP) 30</p> <p>10:30 Strength & Endurance Exercise Class with Steve (CK)</p> <p>11:00 Canadian Canuckle & Wordle (T)</p> <p>1:30 St. John's Dog Therapy Visit with Susan Reid and Kira (Library) (LL)</p> <p>2:00 * B-I-N-G-O! * (PB)</p> <p>2:45 Hand and Foot Card Game (CK)</p> <p>3:00 Happy Hour on the Life Enrichment Team (PB)</p> <p>4:15 Tech Help with Life Enrichment (RSVP with LE) (STS)</p> <p>6:30 Resident Run: Games Night: Quiddler Game Night (CK)</p> <p>7:00 Documentary Movie: Arnold (2023) (T)</p>	<p>9:30 Outing: Walmart Shopping, Fernbank\$ (RSVP) 31</p> <p>10:00 Carp Commons Men's Group! (B)</p> <p>10:30 Gentle Exercise Class (Low Impact) (CK)</p> <p>11:15 Strength & Stretch (Assisted Living) (2AR)</p> <p>12:15 Read between the Wines Book Club Lunch and Discussion: "Secrete Daughter" (T)</p> <p>1:30 Resident Run: Bridge (PB)</p> <p>2:00 LIVE PRICE IS RIGHT GAME *NEW* Household Items (T)</p> <p>3:00 Artful Workshop: Spring Rabbits Acrylic Painting (ACW)</p> <p>3:00 Spring Manicures and Hand Massages (Sign up with Life Enrichment) (SS)</p> <p>3:45 Zumba Exercise Class (CK)</p> <p>4:00 Resident Run: Go 4 Life Walking Club (LO)</p> <p>6:30 Learn to Play Pool with Locks (PB)</p> <p>7:00 Action Movie Night: American Made (2017) (T)</p>			 <p>St. Patrick's Day</p>	

Calendar Legend

- Outing
- Special Program
- Vendor
- Cruise Week
- Living, Loving, Local
- Signature Program
- Highlight



Be Welcomed

Locations Legend

Theatre (T)	Salon/Spa (SS)
Country Kitchen (CK)	Library/Lounge (LL)
Pub/Bistro (PB)	Boardroom (B)
Meet in the Lobby (LO)	2nd Floor Activity Room (2AR)
Outing (RSVP)	Ground Floor (GF)
IN THE VILLAGE (VILL)	Multipurpose Room (MP)
Suite-to-Suite (STS)	
Art and Craft Workshop (ACW)	