

COURTYARD GARDENS

	BREAKFAST	LUNCH	DINNER
S U N D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Navy Bean Soup Corned Beef on Rye Quinoa Salad ALT: Eggs Benedict Hash browns & Toast Apple Danish	Cucumber, Carrot & Red Onion Salad Roast Beef with au Jus Yorkshire Pudding Baked Potato & Sour Cream Carrots Seasoned Beets ALT: Haddock with Pimento Hollandaise Sauce Strawberry Romanoff
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
M O N D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Chef's Choice Mac & Cheese w/ Garlic Bread Tossed Salad ALT: Crispy Chicken Caesar Salad Garlic Bread Assorted Bars	Seafood Salad Beef Stir Fry Steamed Rice Stir Fry Vegetables ALT: Chicken Pot Pie Rice Pudding
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
T U E S D A Y	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Chicken Noodle Soup Chicken Salad Sandwich on Whole Wheat Spring Salad ALT: Sausage Link & Scrambled Eggs Hash browns & Toast Custard with Blueberries	Bruschetta Chicken Breast Corsica Bell Pepper & Onion Sauce Parslied Boiled Potatoes Cauliflower / Peas ALT: Sole Viennoise w/ Tartar Sauce Toffee Pudding Cake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
W E D N E S D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Cream of Asparagus Soup Fresh Fruit Plate Cottage Cheese & Scone ALT: Crab Salad on Croissant Chocolate Chunk Brownie	Garlic Cheese Bread Pork Schnitzel Gravy Parisienne Potatoes Seasoned Broccoli Sautéed Red & Yellow Peppers ALT: Boneless Short Rib au Jus Pecan Pie
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
T H U R S D A Y	Juices Stewed Prunes Hot & Cold Cereals Sausage Eggs Toast / Assorted Jams	Tomato Rice Soup Monte Cristo Sandwich Marinated Cucumber & Tomato Salad ALT: Chef's Special Banana Cake	Sausage Roll Meat Lasagna & Garlic Bread Mashed Potatoes Roasted Carrots / Seasoned Peas ALT: Catch of the Day Niçoise Carrot Cake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
F R I D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Potato Leek Soup Filet of Fish on Bun Creamy Coleslaw ALT: Grilled Chicken Breast on Greek Salad Garlic Bread Lemon Macaroon Bar	Beet & Onion Salad BBQ Baby Back Ribs Baked Potato & Sour Cream Buttered Corn / Zucchini ALT: Stuffed Peppers Warm Apple Crisp
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
S A T U R D A Y	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Cream of Vegetable Soup Turkey Burger French Fries ALT: Mushroom Ravioli w/ Garlic Bread Caesar Salad Ice Cream Bar	Smoke Salmon Pinwheels Honey Garlic Beef Brisket Potatoes Steamed Cabbage / Baby Carrots ALT: Roast Chicken Leg Lemon Meringue Pie
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request