

COURTYARD GARDENS

	BREAKFAST	LUNCH	DINNER
S U N D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Cream Broccoli Soup Baby Shrimp Salad on Croissant Quinoa Salad ALT: Chicken Mushroom on Patty Shell Caramel Sea Salt Ice Cream	Tossed Salad Roast Beef / Gravy Baked Potato & Sour Cream Seasoned Beets Key West Vegetables ALT: Doria Catch of the Day Pumpkin Pie
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
M O N D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Vegetable & Quinoa Soup Executive Salad Plate Warm Dinner Roll ALT: Baked Beans & Wieners Toast / House Salad Tapioca Pudding	Spring Greens Strawberry Goat Cheese Salad Honey Dijon Chicken Steamed Rice Diced Carrots / Sugar Snap Peas ALT: Sweet & Sour Pork Vanilla Caramel Swirl Cake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
T U E S D A Y	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Country Vegetable Soup Cheese Tortellini Alfredo w/ Garlic Bread Tossed Salad ALT: Pastrami on Rye w/ Grainy Mustard Aioli Date Square	Broccoli Salad French Onion Beef Brisket Mashed Potatoes Braised Red Cabbage Brussel Sprouts ALT: Baked Salmon w/ Dill Sauce Blueberry Pie
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
W E D N E S D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	French Lentil Soup Mushroom & Cheese Omelet Citrus Pasta Salad ALT: Salmon Salad Sandwich Tripleberry Bar	Beet & Onion Salad Honey Hoisin Pork Chops Parmentiere Potatoes Seasoned Broccoli Sautéed Red & Yellow Peppers ALT: Roast Chicken Thigh w/ Rotisserie Sauce Assorted Desserts
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
T H U R S D A Y	Juices Stewed Prunes Hot & Cold Cereals Sausage Eggs Toast / Assorted Jams	Cream of Cauliflower Soup BLT Sandwich French Fries ALT: Cheese Souffle Salad & Toast Maple Danish	Corn & Black Bean Salad Turkey Divan Mashed Potatoes Roasted Carrots Seasoned Peas ALT: Meat Lasagna w/ Garlic Bread Peach Cobbler
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
F R I D A Y	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Beef Vegetable Chowder Filet of Fish on Bun Creamy Coleslaw ALT: Curried Chicken Salad Plate Warm Dinner Roll Coconut Macaroon	House Salad BBQ Baby Back Ribs Baked Potato & Sour Cream Buttered Corn Zucchini ALT: Potato & Chive Crusted Cod w/ Remoulade Sauce Tiramisu
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
S A T U R D A Y	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Cream of Celery Soup BBQ Beef on Onion Bun Caesar Salad ALT: Tuna Melt Banana Pudding	Veggie Sticks & Hummus Beef Stroganoff on Egg Noodles Potatoes Sautéed Swiss Chard / Stuffed Tomato ALT: Spinach & Ricotta Manicotti w/ Garlic Bread Black Forest Cake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request

WEEK 2 February 17 - 23

**PLEASE PLACE YOUR ORDER FOR TRAY SERVICE
BY 10:30 A.M. FOR LUNCH AND 4:00 P.M. FOR DINNER**