

# COURTYARD GARDENS

	BREAKFAST	LUNCH	DINNER
<b>SUNDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Minestrone Soup Assorted Sandwich on White Tossed Salad ALT: Spinach & Mushroom Quiche Tossed Salad Nanaimo Bar	Guacamole with Taco Chips Filet of Salmon Florentine Roasted Red Potatoes Brussel Sprouts / Baked Squash ALT: Pork Tenderloin Dijonnaise Tiramisu
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
<b>MONDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Beef Noodle Soup Tuna Salad on Multigrain Cucumber Dill Salad ALT: Honey Garlic Chicken Wings Butterscotch Pudding with Spice Apples	Heirloom Tomato Salad w/ Portobello Mushroom Beef Meatloaf Scalloped Potatoes Carrot Coins Sautéed Bok Choy ALT: Baked Ham w/ Pineapple Salsa Fruit Cobbler
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
<b>TUESDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	French Canadian Pea Soup Fresh Fruit Plate Cottage Cheese & Corn Muffin ALT: Fried Egg Ham Cheese Sandwich Salad Date Square	Broccoli Salad Pork Chops with Apple Sauce Mashed Potatoes Corn, Beet and Pea Medley ALT: Pesto Chicken Breast Ambrosia Salad
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
<b>WEDNESDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Chicken Noodle Soup Western Omelet Hash browns & Toast ALT: Chef's Special Maple Pecan Danish	Egg Roll with Plum Sauce Shepherd's Pie Brussel Sprouts Ratatouille ALT: Shrimp Brochette Chive Beurre Blanc Brown & White Rice Key Lime Pie
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
<b>THURSDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Sausage Eggs Toast / Assorted Jams	Cream of Mushroom Soup Chicken Salad Sandwich on Whole Wheat ALT: Roasted Vegetable & Feta Quiche Tossed Salad Chocolate Vanilla Parfait	Chickpea Salad Chicken a L'Orange Parslied Boiled Potatoes Cauliflower Seasoned Broccoli ALT: Roast Beef au Jus Warm Bread Pudding
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
<b>FRIDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Tomato Vegetable Soup Beef Cheddar Sandwich on Whole Wheat Greek Salad ALT: Ham Mac & Cheese Lemon Pound Cake	House Salad Salmon with Olive Salsa Home Fried Potatoes Sugar Snap Peas / Yellow Beets ALT: Chef's Special Rice Pudding
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
<b>SATURDAY</b>	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Seafood Chowder Salmon Salad Sandwich Orange & Spinach Salad ALT: All Dressed Nathan's Hot Dog French Fries Macaroon Madness Bar	Brie Pear and Honey Crostini Tuscan Roast Pork Loin Parisienne Potatoes Zucchini Buttered Corn ALT: Beef Pot Pie Chocolate Cake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request

**WEEK 1 April 28 – May 4**

**PLEASE PLACE YOUR ORDER FOR TRAY SERVICE  
BY 10:30 A.M. FOR LUNCH AND 4:00 P.M. FOR DINNER**