

COURTYARD GARDENS

	BREAKFAST	LUNCH	DINNER
SUNDAY	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams		Beef Vegetable Soup Butter Chicken With Naan Bread and Rice Baby Carrots & French Green Beans ALT: Ham and Swiss on Marble Rye Tossed Green Salad Cherry Cheesecake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
MONDAY	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Hearty Scotch Broth Soup Hot Roast Beef Sandwich Scallop Tomato ALT: Mushroom Frittata Scalloped Tomatoes Warm Apple Crisp	Red & Green Cabbage Salad Turkey a la King in Tart Shell Mashed Potatoes Yellow Waxed Beans Seasoned Broccoli ALT: Vegetarian Lasagna Garlic Bread Assorted Desserts
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
TUESDAY	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Egg Drop Soup Beef Burger w/ Lettuce, Tomato, Onion Pickle Home fried Potatoes ALT: Poached Egg & Sausage Link Ice Cream & Chocolate Sauce	Sausage Roll Spaghetti & Meatballs w/ Garlic Bread House Salad ALT: Baked Haddock Lemon Basil Cream Sauce Steamed Rice Buttered Corn / Butternut Squash Carrot Cake
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
WEDNESDAY	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Chicken Gumbo Sweet Pepper Feta Pasta w/ Garlic Bread ALT: Turkey Club Sandwich Cranberry Spinach Salad Fresh Watermelon	Smoked Salmon Mousse Veal Saltimbocca Mini Roasted Potatoes Braised Red Cabbage / Green Beans Almondine ALT: Pork Chop with Mushroom Sauce Orange Cake with Frosting
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
THURSDAY	Juices Stewed Prunes Hot & Cold Cereals Sausage Eggs Toast / Assorted Jams	Butternut Squash Soup Egg Salad on Multigrain Beet & Onion Salad ALT: Sausage and Cheddar Roll Mango Coconut Smoothie	Spinach Dip w/ Pita BBQ Chicken Whipped Potatoes Seasoned Peas Parslied Cauliflower ALT: Beef Stew Lemon Meringue Pie
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
FRIDAY	Juices Stewed Prunes Hot & Cold Cereals Bacon Eggs Toast / Assorted Jams	Tomato Bisque Canadian Club Sandwich Kale and Apple Salad ALT: Chili con Carne Carne Cornmeal Muffin Fresh Local Strawberries	Sweet & Sour Bean Salad Fish n' Chips w/ Tartar Sauce Creamy Coleslaw ALT: Mushroom Ravioli Tomato Sauce w/ Garlic Bread & Caesar Salad Peach Melba
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request
SATURDAY	Juices Stewed Prunes Hot & Cold Cereals Eggs Toast / Assorted Jams	Minestrone Soup Chicken Mango Salad ALT: Belgian Waffles & Sausage Link Fresh Fruit Cup Butter tart Bar	Marachiere Salad Pork Tenderloin w/ Robert Sauce O' Brien Potatoes Roasted Candied Carrots Green & Gold Beans ALT: Lamb Stew w/ Garlic Bread Assorted Desserts
	Milk available upon request	Milk available upon request	Milk and Whole Wheat Bread available upon request

WEEK 2 June 16-22

**PLEASE PLACE YOUR ORDER FOR TRAY SERVICE
BY 10:30 A.M. FOR LUNCH AND 4:00 P.M. FOR DINNER**