

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>New Year's Day 1</b> 10:00 🌿 Exercises [DR] 2:00 🧠 News Stories of 2019 [DR] 3:30 🧠 Scattergories- Word Game 6:45 🎮 Pokeno [DR]	<b>Remember to Sign up for Shopping Bus 2</b> 9:30 🚌 Shopping Bus to Blundell Centre 10:30 🎵 Java Music Club with Coffee Social [DR] 1:00 📖 Life Enrichment Planning Meeting [DR] 6:45 🎮 Bingo (10 quarters) [DR]	10:00 ☀️ Catholic Communion [CRM] <b>3</b> 11:00 🌿 Exercises [DR] 2:00 🗣️ Resident Forum [DR] 3:30 🎉 Happy Hour with Brian Zalo [DR]	10:00 Exercises [DR] <b>4</b> 11:00 🧠 Word Games [DR] 1:30 🌿 Go4 Life Walking Club 1:30 🧠 Wellness Clinic 2:00 🚌 Scenic Drive
2:00 ☀️ <b>Presbyterian Church Service [DR]</b> <b>5</b> 3:00 🎮 Bridge [CRM]	9:00 🦶 <b>Foot Care Services</b> <b>6</b> 10:00 🌿 Exercises [DR] 11:00 😊 Piano Music w/ Diane [FL] 1:30 🎮 Wii Game [DR] 3:30 🧠 Giant Crosswords [DR] 6:45 🎮 Cribbage [CRM]	10:00 ☀️ Yoga for Seniors Video [DR] <b>7</b> 2:00 🧶 Knit, Stitch and Visit [DR] 2:00 🚌 Scenic Drive 3:00 🗣️ Amplifon Hearing Consultants [CRM] 3:00 🧠 FIT MINDS [DR] 3:00 😊 Manicures with Sarah 6:45 🎮 Rummy [CRM]	10:00 🌿 Exercises [DR] <b>8</b> 11:00 🎵 Music Works w/ Lorri [DR] 2:00 🧠 Meet Me at the MoMA (Painting Class) [DR] 3:00 ☀️ Piano Music with Mabon [FL] 6:45 🎮 Pokeno [DR]	<b>Remember to Sign up for Shopping Bus 9</b> 10:00 🌿 Go4 Life Walking Club 10:00 🗣️ Health Talks- Topic "Indigestion or Reflux" [DR] 2:00 🚌 Shopping Bus to Seafair Shopping Centre 6:45 🎮 Bingo (10 quarters) [DR]	10:00 ☀️ Catholic Mass [CRM] <b>10</b> 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:00 🎉 Happy Hour with Jennifer Lauren performing [FL]	10:00 Exercises [DR] <b>11</b> 11:00 🧠 Word Games [DR] 1:30 🌿 Go4 Life Walking Club 1:30 🧠 Wellness Clinic 2:00 🎮 Roll - O - Trump Game [DR] 3:30 🎵 Java Music Club and Coffee Social [DR]
2:00 ☀️ <b>Hymn Sing Video [DR]</b> <b>12</b> 3:00 🎮 Bridge [CRM]	10:00 🌿 Exercises [DR] <b>13</b> 11:00 🛒 Carda Creations Clothing Sale [DR] 11:00 😊 Piano Music w/ Diane [FL] 2:00 🚒 Emergency Preparedness Presentation [DR] 3:30 🧠 Giant Crosswords [DR] 6:45 🎮 Cribbage [CRM]	10:00 Pick up Audio Tapes and Books <b>14</b> 10:00 ☀️ Yoga for Seniors Video [DR] 2:30 🎉 January Birthday & Welcome Tea w/ Elvis Presley Theme [DR] 6:45 🎮 Rummy [CRM]	10:00 🌿 Exercises [DR] <b>15</b> 11:00 🎵 Music Works w/ Lorri [DR] 2:00 🧠 Meet Me at the MoMA (Discussion) [DR] 3:00 ☀️ Piano Music with Mabon [FL] 4:00 Drop off Audio Tapes and Books 6:45 🎮 Pokeno [DR]	<b>Remember to Sign up for Shopping Bus 16</b> 10:00 🌿 Go4 Life Walking Club 10:30 🗣️ Food Forum [DR] 2:00 🚌 Shopping Bus to Ironwood Plaza 6:45 🎮 Bingo (10 quarters) [DR]	10:00 ☀️ Catholic Communion [CRM] <b>17</b> 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 🎉 Happy Hour w/ Peter G performing [DR]	10:00 Exercises [DR] <b>18</b> 11:00 🧠 Word Games [DR] 1:30 🌿 Go4 Life Walking Club 1:30 🧠 Wellness Clinic 2:00 🚌 Scenic Drive 3:30 🎮 Roll - O - Trump Game [DR]
2:00 ☀️ <b>Lutheran Church Service [DR]</b> <b>19</b> 3:00 🎮 Bridge [CRM] 3:30 🎵 Young Musicians and Artists performing [DR]	10:00 🌿 Exercises [DR] <b>20</b> 11:00 😊 Piano Music w/ Diane [FL] 1:30 🎮 Wii Game [DR] 2:00 🧠 Charades with Linda [FL] 3:30 🧠 Giant Crosswords [DR] 6:45 🎮 Cribbage [CRM]	10:00 ☀️ Yoga for Seniors Video [DR] <b>21</b> 12:00 🚌 Lunch Outing to Danny's Chinese Restaurant 2:00 🧶 Knit, Stitch and Visit [DR] 3:00 🧠 FIT MINDS 3:00 😊 Manicures with Sarah 6:45 🎮 Rummy [CRM]	10:00 🌿 Exercises [DR] <b>22</b> 11:00 🎵 Music Works w/ Lorri [DR] 2:00 🧠 Armchair Travel to Poland w/ Amanda [DR] 3:00 ☀️ Piano Music with Mabon [FL] 3:30 🎉 Men's Social Hour [DR] 6:45 🎮 Pokeno [DR]	<b>Remember to Sign up for Shopping Bus 23</b> 10:00 🌿 Go4 Life Walking Club 10:30 ☀️ Anglican Church Service [CRM] 10:30 🎵 Java Music Club and Coffee Social [DR] 2:00 🚌 Shopping Bus- Richmond Centre 3:30 🗣️ You Be The Judge [DR] 6:45 🎮 Bingo (10 quarters) [DR]	10:00 ☀️ Catholic Communion [CRM] <b>24</b> 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 🎉 Happy Hour with Scottish Theme [DR]	<b>Robbie Burns Day/ Chinese New Year 25</b> 10:00 Exercises [DR] 11:00 🧠 Word Games [DR] 1:30 🌿 Go4 Life Walking Club 1:30 🧠 Wellness Clinic 2:00 🧠 Armchair Travel to Scotland [DR] 4:00 🎉 Addressing the Haggis w/ Piper John Ralston [DR] 4:45 🎮 Robbie Burns Dinner
10:30 🎵 Java Music Club and Coffee Social <b>26</b> 2:00 ☀️ <b>United Church Service [DR]</b> 3:00 🎮 Bridge [CRM]	9:00 🦶 <b>Foot Care Services</b> <b>27</b> 10:00 🌿 Exercises [DR] 11:00 😊 Piano Music w/ Diane [FL] 1:30 🎮 Wii Game [DR] 2:00 🧠 Charades with Linda [FL] 3:30 🧠 Giant Crosswords [DR] 6:45 🎮 Cribbage [CRM]	10:00 ☀️ Yoga for Seniors Video [DR] <b>28</b> 2:00 🧶 Knit, Stitch and Visit [DR] 2:00 🚌 Scenic Drive 3:00 🧠 FIT MINDS 4:45 🎉 Chinese New Year Dinner 6:45 🎮 Rummy [CRM]	10:00 🌿 Exercises [DR] <b>29</b> 11:00 🎵 Music Works w/ Lorri [DR] 2:00 🧠 TED TALKS [DR] 3:00 ☀️ Piano Music with Mabon [FL] 6:45 🎮 Pokeno [DR]	10:00 🌿 Go4 Life Walking Club <b>30</b> 10:30 😊 Java Music Club and Coffee Social [DR] 2:00 🎮 Roll - O - Trump [DR] 3:30 🧠 Scattergories Game [DR] 6:45 🎮 Bingo (10 quarters) [DR]	10:00 ☀️ Catholic Communion [CRM] <b>31</b> 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 🎉 Happy Hour [DR]	