

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 31 All programs are limited to a maximum of 5 residents! 10:00 ☀️ Catholic Mass Service on TV [DR] 2:00 ☀️ United Church Service on TV [DR]			😊 Emotional 🧠 Intellectual 🌿 Physical 🤝 Purposeful 👥 Social ☀️ Spiritual		All programs are limited to a maximum of 5 residents! 1 New Year's Day	All programs are limited to a maximum of 5 residents! 2 10:00 🌿 Physical Games Activities [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 1:30 🤝 Wellness Clinic 2:00 ☀️ Java Music Club [DR]
All programs are limited to a maximum of 5 residents! 3 10:00 ☀️ Catholic Mass Service on TV [DR] 2:00 ☀️ United Church Service on TV [DR]	All programs are limited to a maximum of 5 residents! 4 10:30 👥 One on One visits 1:30 🌿 Wii Game [DR] 2:00 😊 Adult Coloring [DR] 3:30 🧠 Crosswords [DR]	All programs are limited to a maximum of 5 residents! 5 10:00 🌿 Armchair Yoga [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 3:00 🌿 Happy Hour Room Service 6:30 🌿 On the Big Screen Tonight! Musical: 'Holiday Inn' [DR]	All programs are limited to a maximum of 5 residents! 6 10:00 🌿 Exercises [DR] 11:30 🌿 Exercises [DR] 1:00 😊 Music Works with Lorri - Virtual [DR] 2:30 🧠 Meet Me at MoMa - Lecture [DR]	All programs are limited to a maximum of 5 residents! 7 10:30 🧠 FIT MINDS [DR] 2:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 2:30 😊 Hot Apple Cider to Go! - Pick up in Fireside Lounge [FL] 3:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 7:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR]	All programs are limited to a maximum of 5 residents! 8 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 😊 Jennifer Lauren - Virtual Concert [DR]	All programs are limited to a maximum of 5 residents! 9 10:00 🌿 Roll-O-Trump Active Game [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 1:30 🤝 Wellness Clinic 2:00 😊 Life Stories [DR]
All programs are limited to a maximum of 5 residents! 10 10:00 ☀️ Catholic Mass Service on TV [DR] 2:00 ☀️ United Church Service on TV [DR]	All programs are limited to a maximum of 5 residents! 11 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 1:30 🌿 Wii Game [DR] 3:30 🧠 Crosswords [DR]	All programs are limited to a maximum of 5 residents! 12 10:00 🌿 Armchair Yoga [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 3:00 🌿 Happy Hour Room Service 6:30 🌿 On the Big Screen Tonight! Documentary: 'Reindeer Family & Me' [DR]	All programs are limited to a maximum of 5 residents! 13 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 1:00 😊 Music Works with Lorri - Virtual [DR] 3:30 🧠 20 Questions [DR]	All programs are limited to a maximum of 5 residents! 14 10:30 🧠 FIT MINDS [DR] 2:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 3:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 7:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR]	All programs are limited to a maximum of 5 residents! 15 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 😊 Peter G - Virtual Concert [DR]	All programs are limited to a maximum of 5 residents! 16 10:00 🌿 Physical Games Activities [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 1:30 🤝 Wellness Clinic 2:00 🌿 Let's Play 'Would You Rather?' [DR] 3:30 🧠 Who, What or Where Am I? [DR]
All programs are limited to a maximum of 5 residents! 17 10:00 ☀️ Catholic Mass Service on TV [DR] 2:00 ☀️ United Church Service on TV [DR]	All programs are limited to a maximum of 5 residents! 18 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 2:30 🌿 January Birthday & Welcome Tea - Invitation Event [DR]	All programs are limited to a maximum of 5 residents! 19 10:00 🌿 Armchair Yoga [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 3:00 🌿 Happy Hour Room Service 6:30 🌿 On the Big Screen Tonight! Movie: 'A Dog's Way Home' [DR]	All programs are limited to a maximum of 5 residents! 20 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 1:00 😊 Music Works with Lorri - Virtual [DR] 2:30 😊 Meet Me at MoMa - Art Class [DR]	All programs are limited to a maximum of 5 residents! 21 10:30 🧠 FIT MINDS [DR] 2:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 3:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 7:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR]	All programs are limited to a maximum of 5 residents! 22 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 😊 Brian Zalo - Virtual Concert [DR]	All programs are limited to a maximum of 5 residents! 23 10:00 🌿 Roll-O-Trump Active Game [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 1:30 🤝 Wellness Clinic 2:00 ☀️ Java Music Club [DR]
All programs are limited to a maximum of 5 residents! 24 10:00 ☀️ Catholic Mass Service on TV [DR] 2:00 ☀️ United Church Service [DR]	All programs are limited to a maximum of 5 residents! 25 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 1:30 🌿 Wii Game [DR] 2:00 😊 Adult Coloring [DR] 3:30 🧠 Crosswords [DR]	All programs are limited to a maximum of 5 residents! 26 10:00 🌿 Armchair Yoga [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 2:00 🌿 Happy Hour Room Service 6:30 🌿 On the Big Screen Tonight! Movie: 'The Shop Around the Corner' [DR]	All programs are limited to a maximum of 5 residents! 27 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 1:00 😊 Music Works with Lorri - Virtual [DR] 3:30 🧠 Scattergories Word Game [DR]	All programs are limited to a maximum of 5 residents! 28 10:30 🧠 FIT MINDS [DR] 2:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 3:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR] 7:00 🌿 Bingo - 5 people, by invitation: All players must bring 10 quarters! [DR]	All programs are limited to a maximum of 5 residents! 29 10:00 🌿 Exercises [DR] 11:00 🌿 Exercises [DR] 2:00 🧠 Trivia [DR] 3:30 😊 Music Variations Trio - Virtual Concert [DR]	All programs are limited to a maximum of 5 residents! 30 10:00 🌿 Roll A Trump [DR] 11:00 🧠 Daily Chronicles and Word Games - residents can pick up from Dogwood Room [DR] 1:30 🤝 Wellness Clinic 2:00 😊 Express Yourself! 3:30 🧠 Bananagrams