
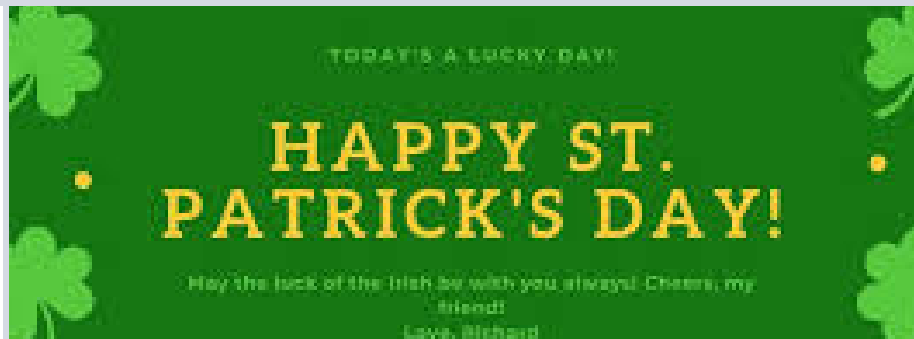


March 2021

Courtyard Gardens

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 9:00 Deliver Monthly Calendars to Resident rooms, RES</p> <p>10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:00 Wii Game, DR</p> <p>3:00 Color Me Calm, DR</p> <p>3:30 Giant Crosswords, DR</p>	<p>2 10:00 Armchair Yoga (Virtual), DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>2:30 Happy Hour - Small Group, DR</p> <p>3:30 Happy Hour - Small Group, DR</p> <p>6:30 On The Big Screen Tonight:</p>	<p>3 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:30 Music Works with Lorri-Virtual, DR</p> <p>2:00 Roving Reporter - Linda, RES</p> <p>3:00 Scattergories, DR</p>	<p>4 10:30 FIT MINDS, DR</p> <p>1:00 Afternoon Walks, FL</p> <p>2:00 Bingo, DR</p> <p>7:00 Bingo, DR</p>	<p>5 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:00 Trivia, DR</p> <p>3:30 Martin Adcock-Virtual Concert, DR</p>	<p>6 10:00 Roll - O - Trump Game, DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>1:30 Wellness Clinic, ANA</p> <p>2:00 Name That Tune, DR</p> <p>3:30 Bananagams, DR</p>
<p>7 10:00 Armchair Yoga Video, DR</p> <p>11:00 Catholic Mass (Virtual), DR</p> <p>2:00 United Church Service (Virtual), DR</p>	<p>8 <i>International Women's Day, WB</i></p> <p>10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:00 Afternoon Stroll, FL</p> <p>2:00 Discussion Group- Role of Women in Society, DR</p> <p>3:30 Giant Crosswords, DR</p>	<p>9 10:00 Armchair Yoga (Virtual), DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>2:30 Vaccination Vacation Happy Hour, DR</p> <p>3:30 Vaccination Vacation Happy Hour, DR</p> <p>6:30 On The Big Screen Tonight: Daniel O'Donnell Music Concert, DR</p>	<p>10 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:00 MoMa Lecture and Discussion, DR</p> <p>3:00 Wii Game, DR</p>	<p>11 10:30 FIT MINDS, DR</p> <p>1:00 Afternoon Walks, FL</p> <p>2:00 Bingo, DR</p> <p>7:00 Bingo, DR</p>	<p>12 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:00 Trivia, DR</p> <p>3:30 Music of Daniel O'Donnell (Video), DR</p>	<p>13 10:00 Roll - O - Trump Game, DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>1:30 Wellness Clinic, ANA</p> <p>2:00 Artworks with Allison, DR</p>
<p>14 9:00 Foot Care Services, BEA</p> <p>10:00 Armchair Yoga Video, DR</p> <p>11:00 Catholic Mass (Virtual), DR</p> <p>1:30 Pacific Chamber Music Academy Concert- Virtual, DR</p>	<p>15 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:00 Wii Game, DR</p> <p>1:00 Afternoon Stroll, FL</p> <p>2:00 Roving Reporter - Linda, RES</p> <p>3:30 Giant Crosswords, DR</p>	<p>16 10:00 Armchair Yoga (Virtual), DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>2:30 St. Patrick's Day- Virtual Concert, DR</p> <p>3:30 St.Patrick's Day- Virtual concert, DR</p> <p>6:30 On The Big Screen Tonight: Undiscovered Vistas - Ireland Clash of the Coasts (documentary) , DR</p>	<p>17 <i>St.Patrick's Day, WB</i></p> <p>10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:30 Irish Coffee Social, DR</p>	<p>18 10:30 FIT MINDS, DR</p> <p>1:00 Afternoon Walks, FL</p> <p>2:00 Bingo, DR</p> <p>7:00 Bingo, DR</p>	<p>19 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:00 Trivia- All Things Irish, DR</p> <p>3:30 Roberto Risman -Virtual Performance, DR</p>	<p>20 10:00 Roll - O - Trump Game, DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>1:30 Wellness Clinic, ANA</p> <p>2:00 New Game! Tombola - (Italian type Bingo), DR</p> <p>3:30 Who or What Am I?, DR</p>
<p>21 10:00 Armchair Yoga Video, DR</p> <p>11:00 Catholic Mass (Virtual), DR</p> <p>2:00 United Church Service (Virtual), DR</p> <p>2:00 Roving Reporter - Linda, RES</p>	<p>22 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:00 March Birthday & Welcome Tea, DR</p> <p>3:30 Giant Crosswords, DR</p>	<p>23 10:00 Armchair Yoga (Virtual), DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>2:30 Happy Hour - Small Group, DR</p> <p>3:30 Happy Hour - Small Group, DR</p> <p>6:30 On The Big Screen Tonight: Springtime in the Rockies (Movie), DR</p>	<p>24 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:30 Music Works with Lorri - Virtual, DR</p> <p>3:00 Men's Social Hour, DR</p>	<p>25 10:30 FIT MINDS, DR</p> <p>1:00 Afternoon Walks, FL</p> <p>2:00 Bingo, DR</p> <p>7:00 Bingo, DR</p>	<p>26 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>2:00 Trivia, DR</p> <p>3:30 Celtic Fiddler Performance- Virtual, DR</p>	<p>27 10:00 Roll - O - Trump Game, DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>1:30 Wellness Clinic, ANA</p> <p>2:00 Spring Painting Class (Make Organic Seed Packages), DR</p>
<p>28 10:00 Armchair Yoga Video, DR</p> <p>11:00 Catholic Mass (Virtual), DR</p> <p>2:00 United Church Service (Virtual), DR</p>	<p>29 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:00 Wii Game, DR</p> <p>1:00 Afternoon Stroll, FL</p> <p>1:30 Trio Bike Taxi Rides, MEE</p> <p>3:30 Giant Crosswords, DR</p>	<p>30 10:00 Armchair Yoga (Virtual), DR</p> <p>11:00 Daily Chronicles and Word Game Packages- Residents pick up, DR</p> <p>2:30 Happy Hour - Small Group, DR</p> <p>3:30 Happy Hour - Small Group, DR</p> <p>6:30 On The Big Screen Tonight: Naledi - A Baby Elephant's Tale (true-life story), DR</p>	<p>31 10:00 Exercises, DR</p> <p>11:00 Exercises, DR</p> <p>1:30 Life Stories Board Game, DR</p> <p>3:30 What's the Scoop: Ice Cream Social, DR</p>			<p><u>Locations Legend</u></p> <p>Dogwood Room, DR</p> <p>Fireside Lounge, FL</p> <p>Residents Room, RES</p> <p>Ana's Office, ANA</p> <p>Whole Building, WB</p> <p>Beauty Salon, BEA</p> <p>Meet in Lobby, MEE</p>