



Courtyard onnection

Assisted Living | October 2022

A few words from Camila,

Dear Residents & Family,
As the weather is changing, all living beings are in transition as well, especially the trees. With it, comes the change of the leaves bringing many memories of warmth, hearty food, and family gatherings.

For this month, we have prepared a special program for you to enjoy. Please come and join me for a taste of Brazil and be sure to learn about the diversity and the amazing tastes and flavors.

Thanksgiving is right around the corner and there is so much to be thankful for, if you'd like to join your loved one for a meal during the holidays, please let our reception staff know. We'd love to have you!

I want to say that it has been a pleasure working at Courtyard Gardens and I am looking forward to continuing our partnership.



Active Aging Week October 3rd – October 9th

Active Aging Week challenges society's diminished expectations of aging by showing that regardless of age or health conditions, adults over the age of 50 can live as fully as possible in all areas of life.

Halloween Events

Hot Apple Cider Social: Saturday, October 29th 3:30 p.m.

Halloween Matinee – The Munsters & Monsters Munchies:

Sunday, October 30th 3:00 p.m.

Halloween Mystery Party and Social: October 31st 2:30 p.m.



Oktoberfest Party w/ Franz Gerber

Saturday, October 8th
2:30 p.m.
Dogwood Room

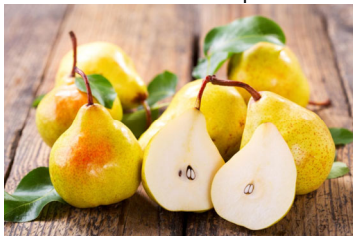


Resident Flu Clinic!

Tuesday, October 11th
9 am – 12 pm
Please wait in your suites, residents will be called down

DINING DELIGHTS AT CYG

Join us, as we highlight & feature our love for pears!



We invite you to visit and attend any of our featured dining events with friends and family. Stay for a meal in our private dining room!

Make a reservation anytime!
604-273-1225

FEATURED LIFE ENRICHMENT EVENTS IN OCTOBER

- ❖ Men's Group: Old Time Radio, Detective Hour - **Saturday, October 1st 3:00 p.m.**
- ❖ Drum Fit Program w/ Charlene - **Tuesday, October 4th 3:30 p.m.**
- ❖ New Corn Hole Game – **Wednesday, October 5th 2:00 p.m.**
- ❖ **Civic Election Advanced Polling Station – Thursday, October 6th 10:00 a.m.**
- ❖ Shopping Bus to Lansdowne Mall (T&T and Dollar Store) – **Thursday, October 6th 1:30 p.m.**
- ❖ Exercise: Be Fit Not Frail - **Friday, October 7th 10:00 a.m.**
- ❖ Live Music w/ Music Variations - **Friday, October 7th 2:00 p.m.**
- ❖ Lunch Outing to River House Marina – **Tuesday, October 11th 11:00 a.m.**
- ❖ Brazilian Travelogue and Treat Sampling by Camila – **Wednesday, October 12th 2:00 p.m.**
- ❖ Live Music w/ Ben Dunhill – **Friday, October 14th 2:00 p.m.**
- ❖ Shopping Trip to Semiahmoo Mall – **Thursday, October 20th 11:00 a.m.**
- ❖ Dawali Documentary & Indian Sweets – **Monday, October 24th 3:00 p.m.**
- ❖ Artworks Class – **Wednesday, October 26th 2:00 p.m.**
- ❖ Live Music w/ Peter Williams – **Friday, October 28th 2:00 p.m.**
- ❖ Halloween Mystery Party & Social – **Monday, October 31st 2:30 p.m.**

