



# Gardenside Gazette



October 2022

## A few words from Camilia:

Dear Residents & Family,  
As the weather is changing, all living beings are in transition as well, especially the trees. With it, comes the change of the leaves bringing many memories of warmth, hearty food, and family memories.

For this month, we have prepared a special program for you to enjoy. Please come and join me for a taste of Brazil and be sure to learn about the diversity and the amazing tastes and flavors.

Thanksgiving is right around the corner and there is so much to be thankful for, if you'd like to join your loved one for a meal during the holidays, please let our reception staff know. We'd love to have you!

I want to say that it has been a pleasure working at Courtyard Gardens and I am looking forward to continuing our partnership.



## A few words from Ana:

I have a few announcements this month.

Our flu clinic will be held on October 11<sup>th</sup> for our residents and staff. We will also be starting renovations of Gardenside residents' bathrooms sometime in October; we will let families know when their loved one's bathroom will be worked on.

I would like to welcome a new care aid to our team. Let's give Sylvia a warm welcome!

Nursing care aid students will come on Sept. 27<sup>th</sup> and will be here for the next 4 weeks. We always welcome students as our residents always receive extra one on one time when students are here.

Please see below for a link to our weekly menu & activities:

<https://www.verveseniorliving.com/courtyard-gardens/>



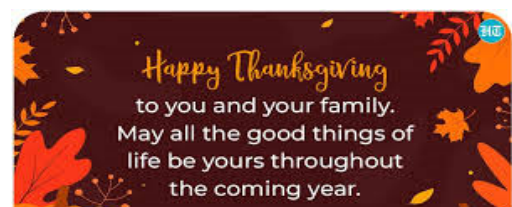
If you have any questions or concerns regarding your loved one, please contact Ana, Health Care Coordinator at

604-273-1225 or

[hcc.cyg@verveseniorliving.com](mailto:hcc.cyg@verveseniorliving.com)

Families are welcome to bring your loved ones to the Gardenside Garden or Courtyard in upstairs 1<sup>st</sup> floor

All visitors are allowed at long-term care and seniors' assisted living facilities if they meet the visitation requirements



## FEATURED LIFE ENRICHMENT EVENTS IN OCTOBER

- \* Active Aging Week – October 3<sup>rd</sup> – 9<sup>th</sup>
- \* Piano Performance by Volunteer Mabon - Every Saturdays at 10:00am
- \* Music Therapy Session – Every Wednesdays at 9:45am
- \* Signature Drum fit Program – October 6<sup>th</sup>, 13<sup>th</sup>, 28<sup>th</sup> at 10:00am
- \* Thanksgiving Pie Social – Monday, October 10<sup>th</sup> at 2:30pm
- \* Scenic Drive – Fridays, October 14<sup>th</sup> and 21<sup>st</sup> at 2:00pm
- \* Autumn Birthday Tea Party – October 13<sup>th</sup> at 2:30pm
- \* All About Apples Tasting Required – Tuesday, October 25<sup>th</sup> at 3:30pm
- \* Halloween Food Creation -Dracula's Denture – Friday, October 28<sup>th</sup> at 2:00pm
- \* Halloween Hand & Face Painting – Thursday, October 27<sup>th</sup> at 2:00pm
- \* Halloween Hot Chocolate & Social – Sunday, October 30<sup>th</sup> at 2:30pm

