





INSPIRED SENIOR LIVING

December 2022 Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>10:00 Catholic Mass on TV (GAR) 4</p> <p>10:30 Thelma on Piano (GAR)</p> <p>11:00 Christmas Sing-a-long (GAR)</p> <p>3:00 Christmas Sing-a-long (GAR)</p>	<p>9:30 Morning Walks (GARD) 5</p> <p>10:00 Chair Exercises (GAR)</p> <p>1:30 Pine Cone Tree Craft (GAR)</p> <p>2:30 Java Music Club (GAR)</p> <p>3:30 Carpet Bowling (GAR)</p>	<p>10:00 Chair Exercises (GAR) 6</p> <p>2:00 Pair Up Activity (GAR)</p> <p>2:30 Virtual Reality Games (GARD)</p> <p>6:30 Evening Manicures (GAR)</p>	<p>10:00 Let's Play Bocce! (GAR) 7</p> <p>11:00 Morning Word Games (GAR)</p> <p>2:00 Bingo (FL)</p> <p>2:00 1 on 1 visits with Life Enrichment Staff (RES)</p> <p>3:30 1:1 Mobility (GARD)</p>	<p>10:00 Stretch Class (GAR) 1</p> <p>10:30 1:1 Shadow Box Project with Wendy J - Marlene Hart (RES)</p> <p>2:00 Crafty Crafters: Christmas Card Creations! (GAR)</p> <p>3:30 All About Poinsettias (GAR)</p>	<p>9:45 Music Therapy Session with Lorri (GAR) 2</p> <p>11:00 Eggnog Laughter Hour: Jokes and Trivia (GAR)</p> <p>11:00 1 on 1 Music Therapy Sessions with Lorri (RES)</p> <p>3:30 Introduction to Christmas Glass Painting (GAR)</p>	<p>10:00 Piano Performance by Mabon (GAR) 3</p> <p>11:00 Christmas Caroling (GAR)</p> <p>2:30 Christmas Food Creations- Grinch Kabobs (RR)</p> <p>3:30 1 on 1 visits (RES)</p>
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<p>10:00 Catholic Mass on TV (GAR) 11</p> <p>10:30 Thelma on Piano (GAR)</p> <p>11:00 Dominoes Tournament (GAR)</p> <p>1:30 Virtual Reality Games (GARD)</p> <p>2:30 Drumfit (GAR)</p>	<p>9:30 Morning Walks (GARD) 12</p> <p>10:00 Chair Exercises (GAR)</p> <p>2:00 Artfull Enrichment Class (GARD)</p> <p>3:30 Who or What Am I ? (GARD)</p>	<p>10:00 Chair Exercises (GAR) 13</p> <p>11:00 Christmas Story (GAR)</p> <p>3:00 Afternoon Manicures (GARD)</p>	<p>10:00 Drumfit (GAR) 14</p> <p>11:00 Morning Word Games (GAR)</p> <p>2:00 Bingo (FL)</p> <p>2:00 1 on 1 visits with Life Enrichment Staff (RES)</p>	<p>10:00 Christmas Word Games (GAR) 15</p> <p>10:30 Shadow Box Project (RES)</p> <p>10:30 Let's Play Petanque! (GAR)</p> <p>2:30 Christmas Celebration w/ Caminando Carolers performing (GDR)</p>	<p>9:45 Christmas Caroling with Lorri EVERYONE JOIN IN! (GAR) 16</p> <p>11:00 Reading The Daily Chronicles (GAR)</p> <p>11:00 1 on 1 Music Therapy Sessions with Lorri (RES)</p> <p>2:30 Wrap It Up! Workshop (GAR)</p>	<p>10:00 Piano Performance by Mabon (GAR) 17</p> <p>11:00 12 Days of Christmas & Meaning (GAR)</p>

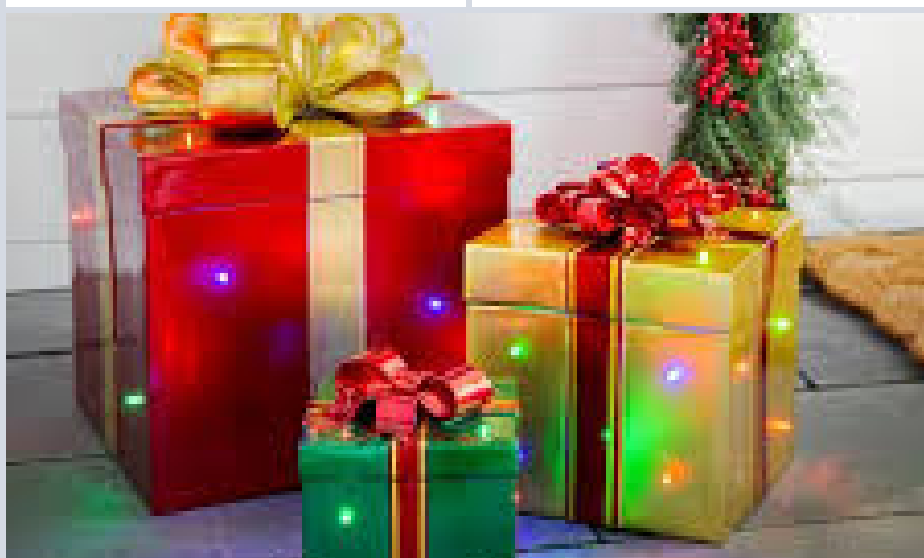


INSPIRED SENIOR LIVING

December 2022 Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 Catholic Mass on TV (GAR) 10:30 Thelma on Piano (GAR) 11:00 Categories Game (GAR) 1:30 Drumfit (GAR) 2:30 1:1 with Mona (GARD)	19 Hanukkah 9:30 Morning Walks (GARD) 10:00 Chair Exercises (GAR) 11:00 The Daily Chronicles (GAR) 2:00 Artfull Enrichment (GAR) 3:30 Let's Play Bocce! (GAR)	20 Hanukkah 10:00 Chair Exercises (GAR) 2:30 Gardenside Birthday Gathering (GDR) 6:30 Christmas Manicures (GAR)	21 Hanukkah 10:00 Christmas Baking 'The Best Short Bread Ever!!!' (RR) 2:00 Bingo (FL) 2:00 1 on 1 visits with Life Enrichment Staff (RES) 3:30 Carols Cookies and Tea (GAR)	22 Hanukkah 10:45 Flamingo Ring Toss (GAR) 11:00 All About Oranges - Tasting Required! (GAR) 3:30 Roll a Christmas Story Game (GAR)	23 Hanukkah 10:00 Chair Exercises (GAR) 11:00 Reading The Daily Chronicles (GAR) 2:30 Christmas Sing-a-long (GAR) 3:30 1:1 with Mona (GARD)	24 Hanukkah 10:00 Piano Performance by Mabon (GAR) 11:00 Gentle Exercise (GAR) 3:00 Christmas Video - Helen Siemens - Christmas and other favorites (GAR)
25 Hanukkah Merry Christmas	26 Hanukkah Boxing Day 10:00 Hot Chocolate with Concerts In Care (GAR) 11:00 Boxing Day Reminiscing (GARD) 3:00 Artfull Enrichment (GAR)	27 10:00 Chair Exercises (GAR) 10:30 New Years Scrabble Word Games (GAR) 3:30 Shadow Box Project (RES)	28 11:00 Morning Word Games (GAR) 2:00 Bingo (FL) 2:00 1 on 1 visits with Life Enrichment Staff (RES) 3:30 North Pole Adventures (Documentary) & Hot Chocolate (GAR)	29 10:00 Let's Play Bocce! (GAR) 11:00 Short Stories (GAR) 2:00 1:1 with Mona (GARD) 3:00 Shadow Box Projects (RES)	30 10:00 Chair Exercises (GAR) 11:00 Reading The Daily Chronicles (GAR) 2:30 You Be The Judge & International Coffee (DR) 3:30 What the New Year Means to Me (GARD)	31 New Year's Eve 10:00 Piano Performance by Mabon (GAR) 10:00 Horse Shoes in the Round (GAR) 2:30 New Year's Eve Celebration (DR)



Be Festive

Dimensions Of Wellness Legend

- Emotional
- Physical
- Intellectual
- Social
- Spiritual
- Purposeful
- Sensory

Locations Legend

- Gardenside Lounge (GAR)
- Gardenside (GARD)
- Residents Room (RES)
- Fireside Lounge (FL)
- Gardenside Dining Room (GDR)
- Rose Room (RR)
- Dogwood Room (DR)