



Lunch

Week 6	Monday December 26	Tuesday December 27	Wednesday December 28	Thursday December 29	Friday December 30	Saturday December 31	Sunday January 1
Soup	* Tomato Basil Soup	* Apple Leek Butternut	* Cream of Broccoli	French Canadian Pea Soup	Tomato & Red Pepper Soup	Beef Vegetable	Chef's Choice
Entrée 1	Roast Beef Sandwich with Horseradish Aioli	Italian Pasta Primavera	Peameal Bacon on Potato Roll with Lettuce, Tomato	* Smoked Salmon Croissant with Cream Cheese	BLT Sandwich	Spinach & Mushroom Quiche	Honey Garlic Chicken Wings
side	Tossed Salad	Garden Salad	House Salad	* Spinach Salad	Cucumber Dill Salad	Caesar Salad	Mixed Green Salad
Entrée 2	Creamy Mac & Cheese	Chef's Special	Shrimp & Avocado Salad	Turkey Club	Seafood Salad Plate	Turkey and Cranberry Wrap	Sloppy Joes
Side	Garlic Bread	Garden Salad	Dinner Roll	* Spinach Salad	Dinner Roll	Caesar Salad	Mixed Green Salad
Dessert	Tripleberry Bar	Ice Cream	Mango Coconut Smoothie	Caramel Coffee Cake Muffin	Assorted Desserts	* Apple Turnover	Assorted Desserts

Dinner

Appetizer	Green Salad, Sesame Vinaigrette	House Salad	* Spanokopita with Tzatziki Sauce	Tomato and Cucumber Salad	* Orzo & Spinach Salad	Shrimp & Avocado Crostini	Cucumber Carrot and Red Onion Salad
Entrée 1	Sweet Chili Chicken	Lamb Pot Pie	Cabbage Rolls in Tomato Sauce	Chicken Cacciatore	Chef's Special	* Salmon with Olive Salsa	English Bangers Onion Gravy
Side	Steamed Rice	Mashed Potatoes	Lyonnais Potatoes	Baked Potato	Rice Pilaf	Whipped Potatoes	Mashed Potatoes
Entrée 2	Honey Hoisin Pork Chops	* Tuna and Cheese Casserole	BBQ Chicken	Four Cheese Ravioli Marinara Sauce	Garlic Rosemary Chicken	Roast Beef Striploin w/ Red Wine Demi	Moroccan Beef Stew
Side	Steamed Rice	Garlic Bread	Lyonnais Potatoes	Garlic Bread	Rice Pilaf	Whipped Potatoes	Mashed Potatoes
Vegetable	*Cauliflower	Roasted Parsnips	Buttered Corn	Roasted Carrots	Seasonal Vegetables	* Seasoned Beets	Sauteed Spinach
Vegetable	Sauteed Bok Choy	Seasoned Peas	Sauteed Red & Yellow Peppers	Green & Gold Beans	Roasted Squash	* Broccoli	*Cauliflower
Dessert	Boston Cream Pie	Pecan Pie	Assorted Desserts	Lemon Steusel Cake & Blueberry Sauce	Baked Custard	Salted Caramel Cheesecake	Sticky Toffee Pudding

* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea. Bacon on Saturdays and Sundays, Sausages on Tuesdays and Wednesdays

Meal times: Breakfast 7:30-9:00 a.m.; Lunch First Seating 11:45-12:30, Second Seating 12:30-1:15; Dinner First Seating 4:45-5:30, Second Seating 5:30-6:15