



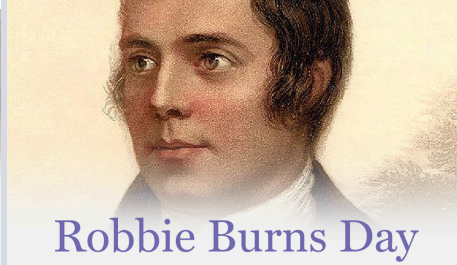


INSPIRED SENIOR LIVING

January 2026

Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 National Popcorn Day	 National Chocolate Cake Day	 Robbie Burns Day	<u>Locations Legend</u> Gardenside Lounge (GAR) Gardenside Dining Room (GDR) Rose Room (RR) Outing (Outi) Dogwood Room (DR) Fireside Lounge (FL) Residents Room (RES)	10:15 Exercise - New Year Stretching (GAR) 1 11:00 Word Games - Scramble Word (GAR) 2:00 Snowman, Ring Toss (GAR) 3:30 Sharing New Years Reflections/Goals.. (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 2 11:15 Music Connection with Lorri (RR) 11:15 Wordle Word Games (GAR) 2:00 Let's Play Bocce! (GAR) 4:00 Funny Friday Jokes and Stories (GAR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 3 11:00 Scents & Senses of Winter (GAR) 2:30 Let's Play Cornhole! (GAR) 4:00 Warm Drink Social (GAR) 6:30 Evening Movie (GAR)
10:00 Gentle Stretch Class (GAR) 4 11:00 Java Music Club (GAR) 2:00 Sunday Funday Bingo! (GDR) 4:00 Finish the Song Lyrics (GAR)	10:00 Morning Exercise : Movement Matters (GAR) 5 11:00 Giant Crosswords (GAR) 3:30 Roll-o-Trump Game! (GDR) 3:30 Let's Reminisce after New Years Celebration (GAR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 6 11:00 Trivia Tuesdays! (GAR) 3:00 Short Story Time (GAR) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 7 11:00 Morning Word Games (GAR) 2:00 Bingo (GDR) 3:30 Sing a Long (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 8 11:00 Farkle - Dice Game (GAR) 2:00 Creative Hands (GAR) 3:30 Elvis appreciation in honor of Elvis's Birthday (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 9 11:15 Music Connection with Lorri (RR) 11:15 Wordle Word Games (GAR) 2:30 Scenic Drive (Outi) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 10 11:15 Gentle Exercises (GAR) 2:30 Baking Winter Treats (GAR) 4:00 Tea and Treats (GAR) 6:30 Evening Movie (GAR)
11:00 Good News Network with Hailey! (GAR) 11 2:00 Sunday Funday Bingo! (GDR) 4:00 Cookie and Milk Social (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 12 11:00 Giant Crosswords (GAR) 2:00 Artful Moments (GAR) 3:30 Snowball Toss (GAR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 13 11:00 Trivia Tuesdays! (GAR) 2:30 January Birthday & Welcome Tea - Winter Wonderland Theme with Live music by Luke Stanford (GDR) 4:00 1:1 Visits with Life Enrichment Staff (RES) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Excercises (DR) 14 11:00 Morning Word Games (GAR) 2:00 Bingo (GDR) 3:30 ArmChair Travel: Off to Iceland (GAR) 6:30 Evening Movie (GAR)	10:00 Excercises (GAR) 15 11:00 Jeopardy (GAR) 2:00 Creative Hands (GAR) 3:30 Penny Ante Game (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 16 11:15 Music Connection with Lorri (RR) 11:15 Wordle Word Games (GAR) 2:30 Paper Craft Easy Olympic Bunting (GAR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 17 11:00 Farkle - Dice Game (GAR) 2:00 Giant Crosswords (GAR) 3:30 Balloon Badminton (GAR) 6:30 Evening Movie (GAR)
10:00 Gentle Stretch Class (GAR) 18 11:00 Java Music Club (GAR) 4:00 You Be the Judge (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 19 11:00 Giant Crosswords (GAR) 2:00 Roll-o-Trump Game! (GDR) 3:30 Popcorn Tasting (GAR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 20 11:00 Trivia Tuesdays! (GAR) 2:00 DrumFit (GAR) 3:30 Armchair Travel: Off to Turkey! (GAR) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 21 11:00 Morning Word Games (GAR) 2:00 Bingo (GDR) 3:30 Washer Toss Game (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 22 2:00 Creative Hands (GAR) 3:30 Great Debates-Discussion Group (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 23 11:15 Music Connection with Lorri (RR) 11:15 Wordle Word Games (GAR) 2:30 Scenic Drive (Outi) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 24 2:30 Meringue Art (RR) 4:00 Taste Testing (GAR) 6:30 Evening Movie (GAR)
Wear Your Plaids Today- Happy Robbie Burns Day 25 10:00 Morning Movement (GAR) 2:00 Performance by Sonore Music Society (FL) 4:00 Scottish Snacks and Warm Drink Social (GAR) 6:30 Evening Movie (GAR)	10:00 Excercises (GAR) 26 11:00 Giant Crosswords (GAR) 2:00 Who Wants to Be A Millionaire? (GAR) 3:30 Balloon Badminton (GAR) 6:30 Evening Movie (GAR)	10:00 Rise & Shine Exercises (GAR) 27 11:00 Trivia Tuesdays! (GAR) 3:30 Food for Thought: Leftovers! (GAR) 6:30 Evening Manicures (GAR) 6:30 Evening Movie (GAR)	10:00 Gentle Excercises (GAR) 28 11:00 Morning Word Games (GAR) 2:00 Bingo (GDR) 3:30 Fun in Florida and Disney Magic (GAR) 6:30 Evening Movie (GAR)	10:00 Morning Exercise (GAR) 29 11:00 FitMinds (FL) 2:00 'The Price Is Right' Game (GAR) 3:30 Artfull Enrichment - (Art Program) (GAR) 6:30 Evening Movie (GAR)	9:45 Mostly Music with Lorri (GAR) 30 11:15 Music Connection with Lorri (RR) 11:15 Wordle Word Games (GAR) 2:00 Roll - O - Trump (GAR) 3:15 Happy Hour (DR) 6:30 Evening Movie (GAR)	10:00 Piano Music with Mabon (GAR) 31 2:30 Birdwatching in your own backyard: Discussion (GAR) 3:30 Listers: A Glimpse Into Extreme Birdwatching Documentary (GAR) 6:30 Evening Movie (GAR)