

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Emotional Intellectual Physical Purposeful Social Spiritual	<b>Location Keys</b> Activity Room AR Country Kitchen CK Fireside Lounge FL Meet at Entrance E Salon/Spa S Theatre/Chapel TC	<b>PINK - Services</b> <b>GREY - Vendors</b> <b>BLUE - Musical Entertainment</b> <b>ORANGE - Meetings</b> <b>PURPLE - Holidays</b> <b>GREEN - Outings</b>	<p>“Let us be grateful to people who make us happy. They are the charming gardeners who make our souls blossom.”</p> <p>– Marcel Proust</p>	<b>BEAUTIFUL YOU SALON &amp; SPA</b> Make your hair and nail appointments with our Reception team.  <b>Salon Hours:</b> <b>Thursdays starting @ 9:00am</b>	<b>TUCK SHOP</b> Have you seen the new items we've added to the Tuck Shop? All items that you wish to purchase must be brought up to Reception to complete payment.  <b>Tuck Shop Hours:</b> <b>Monday-Friday 1:00pm-4:00pm</b>	<b>April Fools Day 1</b> 10:00  Busy Hands 10:30  Morning Stretch 11:30  Buzz Word 1:00  Clean Up After Lunch 1:30  10 Pin Bowling 2:30  Snack Break 3:00  Sorting & Matching 4:00  Categories 6:00  Clean Up After Dinner 6:30  Classic TV Shows 7:00  Evening Stroll 7:30  Snack Time
10:00  Busy Hands 2 10:30  Morning Stretch 11:30  Hand Exercises w/ Thera-putty 1:00  Clean Up After Lunch 1:30  Noodle Sports 2:30  Snack Break 3:00  Entertainment w/ Pianist Dan Clahane! [FL] 4:00  Giant Crosswords 6:00  Clean Up After Dinner 6:30  Movie & Popcorn Night 7:00  Evening Stroll	10:00  Busy Hands 3 10:00  Chiropodist [S] 10:30  Wake Up & Walk 11:30  Finish the Phrase 1:00  Clean Up After Lunch 1:30  Ring Toss 2:30  Snack Break 3:00  Blue Jay Home Opener Game! [TC] 3:00  Simple Stretch Class 4:00  Armchair Travel to... 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 4 10:30  Fun & Fitness 11:30  True or False? 1:00  Clean Up After Lunch 1:30  Chair Soccer 2:30  Snack Break 4:00  Sing-a-long 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 5 10:30  Fun & Fitness 11:30  Trivia Time 1:00  Clean Up After Lunch 1:30  Bean Bag Toss 2:30  Snack Break 3:00  Entertainment w/ Flutist, Laura Nashman! [CK] 3:00  Friendly Visits 4:00  Board Games 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 6 10:30  Wake Up & Walk 11:30  Dominoes 1:00  Clean Up After Lunch 1:30  Crafter-noon 2:30  Snack Break 3:00  Scottish Country Dancing Performance [CK] 3:00  Simple Stretch Class 4:00  Hangman 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 7 10:30  Fun & Fitness 11:30  Match the Mates 1:00  Clean Up After Lunch 1:30  Ladder Ball 2:30  Snack Break 3:00  Karaoke 4:00  Reach for a Memory 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 8 10:30  Morning Stretch 11:30  Buzz Word 1:00  Clean Up After Lunch 1:30  10 Pin Bowling 2:30  Snack Break 3:00  Sorting & Matching 4:00  Categories 6:00  Clean Up After Dinner 6:30  Classic TV Shows 7:00  Evening Stroll
10:00  Busy Hands 9 10:30  Morning Stretch 11:30  Hand Exercises w/ Thera-putty 1:00  Clean Up After Lunch 1:30  Noodle Sports 2:30  Snack Break 3:00  Resident Sing-a-long [TC] 4:00  Giant Crosswords 6:00  Clean Up After Dinner 6:30  Movie & Popcorn Night 7:00  Evening Stroll	10:00  Busy Hands 10 10:30  Wake Up & Walk 11:30  Finish the Phrase 1:00  Clean Up After Lunch 1:30  Ring Toss 2:30  Snack Break 3:00  Simple Stretch Class 4:00  Armchair Travel to... 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 11 10:30  Fun & Fitness 11:30  True or False? 1:00  Clean Up After Lunch 1:30  Chair Soccer 2:30  Snack Break 3:00  Let's Bake! 4:00  Sing-a-long 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 12 10:30  Fun & Fitness 11:30  Trivia Time 1:00  Clean Up After Lunch 1:30  Bean Bag Toss 2:30  Snack Break 3:00  Entertainment w/ Pianist, Patricia Duffy! [CK] 3:00  Friendly Visits 4:00  Board Games 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 13 11:30  Dominoes 1:00  Clean Up After Lunch 1:30  Crafter-noon 2:30  Snack Break 3:00  Simple Stretch Class 4:00  Hangman 6:00  Clean Up After Dinner 7:00  Evening Stroll	<b>Good Friday 14</b> 10:00  Busy Hands 11:30  Match the Mates 1:00  Clean Up After Lunch 1:30  Ladder Ball 2:30  Snack Break 3:00  Karaoke 4:00  Reach for a Memory 5:00  Easter Dinner featuring the LLL Ingredient of the Month 6:00  Clean Up After Dinner 7:00  Evening Stroll	10:00  Busy Hands 15 10:30  Morning Stretch 11:30  Buzz Word 1:00  Clean Up After Lunch 1:30  10 Pin Bowling 2:30  Snack Break 3:00  Sorting & Matching 4:00  Categories 6:00  Clean Up After Dinner 6:30  Classic TV Shows 7:00  Evening Stroll

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy Birthday Iris! 16</b> <b>Easter Sunday</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Morning Stretch 11:30 🌿 Hand Exercises w/ Thera-putty 1:00 🧘 Clean Up After Lunch 1:30 🌿 Noodle Sports 3:00 🧠 Giant Crosswords 4:00 😊 <b>Music Therapy w/ Joe Thomson!</b> 6:00 🧘 Clean Up After Dinner 6:30 😊 Movie &amp; Popcorn Night 7:00 🌿 Evening Stroll</p>	<p><b>Easter Monday 17</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Wake Up &amp; Walk 11:30 🧠 Finish the Phrase 1:00 🧘 Clean Up After Lunch 1:30 🌿 Ring Toss 2:30 🧑‍🍳 Snack Break 3:00 🌿 Simple Stretch Class 4:00 🧑‍🍳 Armchair Travel to... 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>18</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Fun &amp; Fitness 11:30 🧠 True or False? 1:00 🧘 Clean Up After Lunch 1:30 🌿 Chair Soccer 2:30 🧑‍🍳 Snack Break 3:00 🧑‍🍳 Let's Bake! 4:00 😊 Sing-a-long 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>19</b></p> <p>8:30 🧑‍🍳 <b>Management Makes Breakfast! [CK]</b> 10:00 🧘 Busy Hands 11:30 🧠 Trivia Time 1:00 🧘 Clean Up After Lunch 1:30 🌿 Bean Bag Toss 2:30 🧑‍🍳 Snack Break 3:00 😊 <b>Entertainment w/ One Man Big Band, Jay Franco! [CK]</b> 3:00 🧑‍🍳 Friendly Visits 4:00 🧠 Board Games 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>20</b></p> <p>10:00 🧘 Busy Hands 11:30 🧠 Dominoes 1:00 🧘 Clean Up After Lunch 1:30 🌿 <b>Outing to Erindale Park [E]</b> 1:30 🧘 Crafter-noon 2:30 🧑‍🍳 Snack Break 3:00 🌿 Simple Stretch Class 4:00 🧠 Hangman 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>21</b></p> <p>10:00 🧘 Busy Hands 11:30 🧠 Match the Mates 1:00 🧘 Clean Up After Lunch 1:30 🌿 Ladder Ball 2:30 🧑‍🍳 Snack Break 3:00 😊 Karaoke 4:00 🧑‍🍳 Reach for a Memory 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>22</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Morning Stretch 11:30 🧠 Buzz Word 1:00 🧘 Clean Up After Lunch 1:30 🌿 10 Pin Bowling 2:30 🧑‍🍳 Snack Break 3:00 🧠 Sorting &amp; Matching 4:00 🧘 Clean Up After Dinner 6:30 😊 Classic TV Shows 7:00 🌿 Evening Stroll</p>
<p><b>23</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Morning Stretch 11:30 🌿 Hand Exercises w/ Thera-putty 1:00 🧘 Clean Up After Lunch 1:30 🌿 Noodle Sports 2:30 🧑‍🍳 Snack Break 3:00 😊 <b>Entertainment w/ Jay Vazquez! [CK]</b> 4:00 🧠 Giant Crosswords 6:00 🧘 Clean Up After Dinner 6:30 😊 Movie &amp; Popcorn Night 7:00 🌿 Evening Stroll</p>	<p><b>24</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Wake Up &amp; Walk 11:30 🧠 Finish the Phrase 1:00 🧘 Clean Up After Lunch 1:30 🌿 Ring Toss 2:30 🧑‍🍳 Snack Break 3:00 🌿 Simple Stretch Class 4:00 🧑‍🍳 Armchair Travel to... 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>25</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Fun &amp; Fitness 11:30 🧠 True or False? 1:00 🧘 Clean Up After Lunch 1:30 🌿 Chair Soccer 2:30 🧑‍🍳 Snack Break 3:00 🧑‍🍳 Let's Bake! 4:00 😊 Sing-a-long 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>26</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 <b>Yoga w/ Asha [AR]</b> 11:30 🧠 Trivia Time 1:00 🧘 Clean Up After Lunch 1:30 🌿 Bean Bag Toss 2:30 🧑‍🍳 Snack Break 3:00 🧑‍🍳 Happy Hour! 4:00 🧠 Board Games 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>27</b></p> <p>10:00 🧘 Busy Hands 11:30 🧠 Dominoes 1:00 🧘 Clean Up After Lunch 1:30 🧘 Crafter-noon 2:30 🧑‍🍳 Snack Break 3:00 🌿 Simple Stretch Class 4:00 🧠 Hangman 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>28</b></p> <p>10:00 🧘 Busy Hands 11:30 🧠 Match the Mates 1:00 🧘 Clean Up After Lunch 1:30 🌿 Ladder Ball 2:30 🧑‍🍳 Snack Break 3:00 😊 Karaoke 4:00 🧑‍🍳 Reach for a Memory 6:00 🧘 Clean Up After Dinner 7:00 🌿 Evening Stroll</p>	<p><b>29</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Morning Stretch 11:30 🧠 Buzz Word 1:00 🧘 Clean Up After Lunch 1:30 🌿 10 Pin Bowling 2:30 🧑‍🍳 Snack Break 3:00 😊 <b>Performance by the Indigo Chimes WITH OUR RESIDENTS! [CK]</b> 4:00 🧠 Categories 6:00 🧘 Clean Up After Dinner 6:30 😊 Classic TV Shows 7:00 🌿 Evening Stroll</p>
<p><b>30</b></p> <p>10:00 🧘 Busy Hands 10:30 🌿 Morning Stretch 11:30 🌿 Hand Exercises w/ Thera-putty 1:00 🧘 Clean Up After Lunch 1:30 🌿 Noodle Sports 2:30 🧑‍🍳 Snack Break 3:00 😊 <b>Entertainment w/ Guitarist, Bill Hay! [CK]</b> 4:00 🧠 Giant Crosswords 6:00 🧘 Clean Up After Dinner 6:30 😊 Movie &amp; Popcorn Night 7:00 🌿 Evening Stroll</p>	<p style="text-align: center;"><b>Artful Aging Week</b></p> <p style="text-align: center;">AAW is a new Verve Senior Living initiative that inspires our Residents to engage with the arts! The arts provide us with improved health and well-being, and an outlet to connect with others. The purpose of this week is to provide Residents with a number of different opportunities to express themselves and be creative. Let's explore something new! I hope you'll join us at one or ALL of the exciting events we're hosting during Artful Aging Week. <b>These events will take place from April 25-29.</b> Please see the calendar located at Reception for more information.</p>					
<p style="text-align: center;"><i>April showers</i></p> <p style="text-align: center;"><i>Bring May flowers</i></p>						