

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> Emotional</p> <p> Intellectual</p> <p> Physical</p> <p> Purposeful</p> <p> Social</p> <p> Spiritual</p>	<p><b>Location Keys</b></p> <p>Country Kitchen CK</p> <p>Fireside Lounge FL</p> <p>Meet at Entrance E</p> <p>Patio P</p> <p>Theatre/Chapel TC</p>	<p><b>PINK - Services</b></p> <p><b>GREY - Vendors</b></p> <p><b>BLUE - Musical Entertainment</b></p> <p><b>ORANGE - Meetings</b></p> <p><b>GREEN - Outings</b></p> <p><b>PURPLE - Special Events</b></p>	<p>"Freedom is not worth having if it does not include the freedom to make mistakes."</p> <p>— Mohandas Gandhi</p>	<p><b>BEAUTIFUL YOU SALON &amp; SPA</b></p> <p>Make your hair and nail appointments with our Reception team.</p> <p><b>Salon Hours:</b> Wednesdays &amp; Thursdays starting @ 9:00am</p>	<p><b>TUCK SHOP</b></p> <p>Have you seen the new items we've added to the Tuck Shop? All items that you wish to purchase must be brought up to Reception to complete payment.</p> <p><b>Tuck Shop Hours:</b> Monday-Friday 1:00pm-4:00pm</p>	<p><b>Canada Day 1</b></p> <p>10:00  Busy Hands</p> <p>10:30  My Name Is...</p> <p>11:00  Weekend Workout</p> <p>1:30  Let's Dance!</p> <p>2:30  Snack Social</p> <p>3:00  <b>Canada Day Piano Party w/ Fern!</b></p> <p>4:00  Karaoke Night</p> <p>7:00  Classic TV Shows</p>
<p>10:00  Busy Hands <b>2</b></p> <p>10:30  Hand Exercises w/ Theraputty</p> <p>11:00  Communion w/ Tony &amp; Ursula [TC]</p> <p>11:00  Weekend Workout</p> <p>1:30  Ball Toss</p> <p>2:30  Snack Social</p> <p>3:00  Gardening on the Patio [P]</p> <p>4:00  Matching &amp; Sorting</p> <p>6:30  Movie Night</p>	<p>10:00  <b>Chiroprapist</b> <b>3</b></p> <p>10:00  Morning Walking Club</p> <p>10:30  Dominoes</p> <p>11:00  Stronger for Longer</p> <p>1:30  Planting on the Patio [P]</p> <p>2:30  Snack Social</p> <p>3:00  Simple Stretch Class</p> <p>4:00  Trivial Pursuit</p> <p>7:00  Chicken Soup for the Soul</p>	<p>10:00  Busy Hands <b>4</b></p> <p>10:30  Jigsaw Puzzles</p> <p>11:00  Art on the Patio</p> <p>1:30  <b>Music Therapy w/ Kristen</b></p> <p>2:30  Snack Social</p> <p>3:00  <b>Eco-Friendly Craft [CK]</b></p> <p>4:00  Sing Along w/ Suzie Q</p> <p>7:00  Evening Stroll</p>	<p>10:00  Morning Walking Club <b>5</b></p> <p>10:30  Guess the Picture</p> <p>11:00  Gentle Exercise</p> <p>1:00  Gardening Club</p> <p>1:30  Washer Toss</p> <p>2:30  Snack Social</p> <p>3:00  <b>Entertainment w/ Vocalist, Jay Vazquez! [CK]</b></p> <p>4:00  Scattergories</p> <p>7:00  I Love Lucy</p>	<p>10:00  Busy Hands <b>6</b></p> <p>10:30  Breakfast Scramble</p> <p>11:00  Fun &amp; Fitness</p> <p>1:30  Get Crafty!</p> <p>2:30  "Happy Hour" [P]</p> <p>3:00  Simple Stretch Class</p> <p>4:00  Armchair Travel</p> <p>7:00  Friendly Visits</p>	<p>10:00  Morning Walking Club <b>7</b></p> <p>10:30  Word Games</p> <p>11:00  Sit &amp; Be Fit!</p> <p>1:30  Balloon Badminton</p> <p>2:30  Snack Social</p> <p>3:00  Musical Bingo</p> <p>4:00  Famous Faces</p> <p>7:00  Chicken Soup for the Soul</p>	<p>10:00  Busy Hands <b>8</b></p> <p>10:30  Resolve the Riddle</p> <p>11:00  Weekend Workout</p> <p>1:30  Let's Dance!</p> <p>2:30  Snack Social</p> <p>3:00  You Be The Judge</p> <p>4:00  Karaoke Night</p> <p>7:00  Classic TV Shows</p>
<p>10:00  Busy Hands <b>9</b></p> <p>10:30  Hand Exercises w/ Theraputty</p> <p>11:00  Communion w/ Tony &amp; Ursula [TC]</p> <p>11:00  Weekend Workout</p> <p>1:30  Ball Toss</p> <p>2:30  Snack Social</p> <p>3:00  <b>Entertainment w/ Guitarist, Donald Lawless! [CK]</b></p> <p>4:00  Matching &amp; Sorting</p> <p>6:30  Movie Night</p>	<p>10:00  Morning Walking Club <b>10</b></p> <p>10:30  Dominoes</p> <p>11:00  Stronger for Longer</p> <p>1:30  Planting on the Patio [P]</p> <p>2:30  Snack Social</p> <p>3:00  Simple Stretch Class</p> <p>4:00  Trivial Pursuit</p> <p>7:00  Chicken Soup for the Soul</p>	<p>10:00  Busy Hands <b>11</b></p> <p>10:30  Jigsaw Puzzles</p> <p>11:00  Art on the Patio</p> <p>1:30  Chairbics</p> <p>2:30  Snack Social</p> <p>3:00  Baking Club</p> <p>4:00  Sing Along w/ Suzie Q</p> <p>7:00  Evening Stroll</p>	<p>10:00  Morning Walking Club <b>12</b></p> <p>10:30  Guess the Picture</p> <p>11:00  Gentle Exercise</p> <p>1:00  Gardening Club [P]</p> <p>1:30  Washer Toss</p> <p>2:30  Snack Social</p> <p>3:00  <b>Entertainment w/ Pianist, Patricia Duffy! [FL]</b></p> <p>4:00  Scattergories</p> <p>7:00  I Love Lucy</p>	<p>10:00  Busy Hands <b>13</b></p> <p>10:30  Breakfast Scramble</p> <p>11:00  Fun &amp; Fitness</p> <p>1:30  Get Crafty!</p> <p>2:30  "Happy Hour" [P]</p> <p>3:00  Simple Stretch Class</p> <p>4:00  Armchair Travel</p> <p>7:00  Friendly Visits</p>	<p>10:00  Morning Walking Club <b>14</b></p> <p>10:30  Word Games</p> <p>11:00  Sit &amp; Be Fit!</p> <p>1:30  Balloon Badminton</p> <p>2:30  Snack Social</p> <p>3:00  Musical Bingo</p> <p>3:30  Drinks &amp; Sing Along w/ Gloria [P]</p> <p>7:00  Chicken Soup for the Soul</p>	<p><b>Happy Birthday Joan! 15</b></p> <p>10:00  Busy Hands</p> <p>10:30  Resolve the Riddle</p> <p>11:00  Weekend Workout</p> <p>1:30  Let's Dance!</p> <p>2:30  Snack Social</p> <p>3:00  You Be The Judge</p> <p>4:00  Karaoke Night</p> <p>7:00  Classic TV Shows</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 🏊 Busy Hands <b>16</b></p> <p>10:30 🏃 Hand Exercises w/ Theraputty</p> <p>11:00 ☀️ Communion w/ Tony &amp; Ursula [TC]</p> <p>11:00 🏃 Weekend Workout</p> <p>1:30 🏃 Ball Toss</p> <p>2:30 🍷 Snack Social</p> <p>3:30 😊 Sing-a-long w/ Joe Thomson!</p> <p>4:00 🧠 Matching &amp; Sorting</p> <p>6:30 😊 Movie Night</p>	<p>10:00 🏊 Morning Walking Club <b>17</b></p> <p>10:30 🧠 Dominoes</p> <p>11:00 🏃 Stronger for Longer</p> <p>1:30 🏊 Planting on the Patio [P]</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🏃 Simple Stretch Class</p> <p>4:00 🧠 Trivial Pursuit</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p>10:00 🏊 Busy Hands <b>18</b></p> <p>10:30 🧠 Jigsaw Puzzles</p> <p>11:00 😊 Art on the Patio</p> <p>1:30 😊 Music Therapy w/ Kristen</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🏊 Baking Club</p> <p>4:00 😊 Sing Along w/ Suzie Q</p> <p>7:00 🏃 Evening Stroll</p>	<p>10:00 🏊 Morning Walking Club <b>19</b></p> <p>10:30 🧠 Guess the Picture</p> <p>11:00 🏃 Gentle Exercise</p> <p>1:00 🏊 Gardening Club [P]</p> <p>1:30 🏃 Washer Toss</p> <p>2:30 🍷 Snack Social</p> <p>3:00 😊 Entertainment w/ One Man Band, Steve Angel! [CK]</p> <p>4:00 🧠 Scattergories</p> <p>7:00 😊 I Love Lucy</p>	<p>10:00 🏊 Busy Hands <b>20</b></p> <p>10:30 🧠 Breakfast Scramble</p> <p>11:00 🏃 Fun &amp; Fitness</p> <p>1:30 😊 Get Crafty!</p> <p>2:30 🍷 "Happy Hour" [P]</p> <p>3:00 🏃 Simple Stretch Class</p> <p>4:00 🧠 Armchair Travel</p> <p>7:00 😊 Friendly Visits</p>	<p>10:00 🏊 Morning Walking Club <b>21</b></p> <p>10:30 🧠 Word Games</p> <p>11:00 🏃 Sit &amp; Be Fit!</p> <p>1:30 🏃 Balloon Badminton</p> <p>2:30 🍷 Snack Social</p> <p>3:00 😊 Musical Bingo</p> <p>4:00 🧠 Famous Faces</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p><b>Happy Birthday Merv! 22</b></p> <p>10:00 🏊 Busy Hands</p> <p>10:30 🧠 Resolve the Riddle</p> <p>11:00 🏃 Weekend Workout</p> <p>1:30 😊 Let's Dance!</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🧠 You Be The Judge</p> <p>4:00 😊 Karaoke Night</p> <p>7:00 🍷 Classic TV Shows</p>
<p>10:00 🏊 Busy Hands <b>23</b></p> <p>10:30 🏃 Hand Exercises w/ Theraputty</p> <p>11:00 ☀️ Communion w/ Tony &amp; Ursula [TC]</p> <p>11:00 🏃 Weekend Workout</p> <p>1:30 🏃 Ball Toss</p> <p>2:30 🍷 Snack Social</p> <p>3:30 😊 Entertainment w/ Pianist, Dan Clahane! [FL]</p> <p>4:00 🧠 Matching &amp; Sorting</p> <p>6:30 😊 Movie Night</p>	<p>10:00 🏊 Morning Walking Club <b>24</b></p> <p>10:30 🧠 Dominoes</p> <p>11:00 🏃 Stronger for Longer</p> <p>1:30 🏃 Outing: Scenic Drive &amp; Stop for Ice Cream [E]</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🏃 Simple Stretch Class</p> <p>4:00 🧠 Trivial Pursuit</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p>10:00 🏊 Busy Hands <b>25</b></p> <p>10:30 🧠 Jigsaw Puzzles</p> <p>11:00 😊 Art on the Patio</p> <p>1:30 🏃 Chairobics</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🏊 Baking Club</p> <p>4:00 😊 Sing Along w/ Suzie Q</p> <p>7:00 🏃 Evening Stroll</p>	<p>10:00 🏊 Morning Walking Club <b>26</b></p> <p>10:30 🧠 Guess the Picture</p> <p>11:00 🏃 Gentle Exercise</p> <p>1:00 🏊 Gardening Club [P]</p> <p>1:30 🏃 Washer Toss</p> <p>2:30 🍷 Snack Social</p> <p>3:00 😊 Sing-a-long w/ Marie Gogo! [FL]</p> <p>4:00 🧠 Scattergories</p> <p>7:00 😊 I Love Lucy</p>	<p>10:00 🏊 Busy Hands <b>27</b></p> <p>10:30 🧠 Breakfast Scramble</p> <p>11:00 🏃 Fun &amp; Fitness</p> <p>1:30 😊 Get Crafty!</p> <p>2:30 🍷 "Happy Hour" [P]</p> <p>3:00 🏃 Simple Stretch Class</p> <p>4:00 🧠 Armchair Travel</p> <p>7:00 😊 Friendly Visits</p>	<p>10:00 🏊 Morning Walking Club <b>28</b></p> <p>10:30 🧠 Word Games</p> <p>11:00 🏃 Sit &amp; Be Fit!</p> <p>1:30 🏃 Balloon Badminton</p> <p>2:30 🍷 Snack Social</p> <p>3:00 😊 Musical Bingo</p> <p>3:30 🍷 Drinks &amp; Sing Along w/ Gloria</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p>10:00 🏊 Busy Hands <b>29</b></p> <p>10:30 🧠 Resolve the Riddle</p> <p>11:00 🏃 Weekend Workout</p> <p>1:30 😊 Let's Dance!</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🧠 You Be The Judge</p> <p>4:00 😊 Karaoke Night</p> <p>7:00 🍷 Classic TV Shows</p>
<p>10:00 🏊 Busy Hands <b>30</b></p> <p>10:30 🏃 Hand Exercises w/ Theraputty</p> <p>11:00 ☀️ Communion w/ Tony &amp; Ursula [TC]</p> <p>11:00 🏃 Weekend Workout</p> <p>1:30 🏃 Ball Toss</p> <p>2:30 🍷 Snack Social</p> <p>3:00 😊 Entertainment w/ Frank Baggetta [CK]</p> <p>4:00 🧠 Matching &amp; Sorting</p> <p>6:30 😊 Movie Night</p>	<p>10:00 🏊 Morning Walking Club <b>31</b></p> <p>10:30 🧠 Dominoes</p> <p>11:00 🏃 Stronger for Longer</p> <p>1:30 🏊 Planting on the Patio [P]</p> <p>2:30 🍷 Snack Social</p> <p>3:00 🏃 Simple Stretch Class</p> <p>4:00 🧠 Trivial Pursuit</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p><b>150</b> CANADA 1867-2017 <i>Memory Care</i></p>				